

A Month of Sundays at USH

~ a repeating cycle of service styles ~

Unitarian Universalists experience the sacred with an array of spiritual expressions. Our “Month of Sundays” invites our visitors, members and friends to experience both traditional and perhaps less familiar styles of worship in a cycle of services that is repeated monthly. The offerings of our unique and talented musicians and choir raise the spirit of worship and reflect the possibilities of the Sunday hour.

First Sunday: features a contemplative mood with organ or piano music, silence and the opportunity for inward reflection.

Second and Fourth Sundays: a traditional service with presentations by the full chancel choir and occasional soloists and traditional hymnody led by our cantor. The music and content-based sermon is typical of services that have been offered at USH for many years.

Third Sunday: features a less formal, more interactive, community-based service style. Sermon content is spread throughout the hour rather than condensed into a 20 minute segment entitled ‘sermon’, and varied musical styles include opportunities for congregational singing with our cantor. We are also invited to gather before the service for "morning songs", starting in the sanctuary at 10:20 AM, or to stay on for a 30-minute chapel sing, featuring favorite hymns, beginning 30 minutes after the service ends. Lots of opportunities for engagement by all!

Fifth Sunday: features guest musicians and guest speakers, musically accompanied by our associate music director.

Our Music Director and USH members who sing in the choir may surprise us occasionally on a Sunday other than the second or fourth. Guest musicians and speakers may pop up on a non-fifth Sunday, just to keep us on our toes!

This is our vision and ideal for a Month of Sundays; we will vary from the schedule for holidays or other special Sundays. We believe you will enjoy the pattern of our Months of Sundays and hope that you’ll continue to find surprising and sacred moments on any given Sunday.