



## UNITARIAN SOCIETY OF HARTFORD

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Revs. Cathy & Heather Rion Starr

**USH-Enews Week of July 12, 2015**



Watercolor by Marye Gail Harrison

### **Worshipping Together Since 1830 - Sunday Service 10:30 AM**

Speaker: Marye Gail Harrison - “Marye, Marye how does our spiritual garden grow?”  
**Sermon for July 19 on the 3rd UU principle: Acceptance of one another and encouragement to spiritual growth in our congregations.** - “In the last 25 years so much has been discovered in science that I am joyfully reeducating myself about astronomy and neuroscience. I have shared my interest in the cosmos and in the brain that changes itself at other times in this pulpit. Part of our new knowledge is thanks to new technology – the Hubble Space Telescope and the MRI. We have learned about the beginnings of the universe, galaxies, black holes, super novas, planets in other solar systems that might support life. Also we now understand the brain is amazingly plastic even after trauma, that our more newly evolved neo-cortex brain can modulate our biases toward suspicion and negativity patterned in our ancient reptilian brain thus encouraging peace with others. But what about the spiritual realm? What technology is helping us continue to understand of the meaning of life? Have our spiritual, meaning making questions and answers changed in our life times? What role does our USH congregation have in our search? Is there anything new in religion as there is in science? What does the cutting edge say to us?” Our USH member guest speaker,

Marye Gail Harrison, has been a UU since the 1970's. And she has also explored other spiritual paths, including being trained at the Spiritual Life Center as a Spiritual Director 12 years ago. She writes poetry, sketches, paints the cosmos and loves to read about science and about spirituality.

**Board Business:** The Board has appointed two people to fill vacancies on the Nominating and Leadership Development Committee. I am very pleased to announce the committee members are:

Ron Friedman  
Diana Hermann  
Judy Sullivan  
Chris Wilt



Their first task will be nominating people to fill vacancies on the Endowment Committee and then they will begin crafting a program that broadens leadership opportunities throughout USH. I want to thank each of them for their willingness to serve USH in this capacity. Please give them your support.

Members of the Board will be available to meet under the stairs after worship on July 26. Come chat with us and give us your comments or ask your questions. All are welcome! -- **Virginia de Lima**

### **August Small Group Ministry**

There are three spaces left in the August Small Group meeting at Linda Ericson-Ebel's home in West Hartford. Ron Friedman will be the facilitator. The group will meet three Tuesdays in August, (August 4, 11, 18) and once in September (Sept 1) from 7:00-9:00 PM. If you would like to be part of this group, contact Janice Newton at 860.677.1121 or by email, janicecnewton(at sign)gmail.com. - **Submitted by the Programs for Adults and Families Sub-Council**

**RE News You Can Use!** - This summer the nursery will continue to be available every Sunday morning from 10:15-11:45AM for infants and toddlers.

For the remaining children and youth, we are continuing our Harry Potter series. Please come grab a wand and join us. You will have a magical time!!

If your sub-council or committee is planning on meeting this summer during the week or after service, please remember to contact the DRE at least one week in advance if child care is needed for your participants. **Rayla D. Mattson** - Director of Religious Education Unitarian Society of Hartford 860-233-9897 ext 104 860-839-5001 - cell only check my email on Tuesday, Wednesday, Thursday and Sunday cell.

If you need to reach me outside of those times, please feel free to text or call my cell.





### **Kids Keep Growing**

The Hartford Public Schools require that children wear uniforms – each school has its own colors. Uniforms minimize demands for clothes that are in vogue “Mom I want my air Jordan’s!” and create a sense of community.

Uniforms can be a financial burden on families and KIDS KEEP GROWING! What a child wore in first grade may be too small by third grade. The Backpack and Uniform program of The Village for Families and Children helps families buy the right colors and sizes for their students. Help kids return to school neatly dressed and feeling good about themselves.



Please mail your checks to Brian Mullen at the Meeting House made out to USH with “Backpack & Uniform Program” in the memo line. You can also use the envelopes at church for cash or checks, indicating your name and “Backpack & Uniform Program” on the envelope or on the memo line of your check. Donations are due by Wednesday August 12th. Please help our young friends begin the new school year with the knowledge of our continued support and care.

**Joanne Orlando, Liaison to The Village for**

**Families and Children jrporlando@cox.net (860) 657-371**



**Pulpit Guest Gerald Dillenback on July 12th**

**Topic: Compassionate Seeds Flower as Polycultural Justice**

**2nd Principle: Justice, equity, and compassion in human relations.**

**There was singing and dancing to some Reggae, a good choice for the middle of Hot July!  
Photo by Harriet Gardner**

**Soliciting 2015 Fall Programs for Adults and Families** - It’s not too early to think about including your program, workshop, or event in the listing of the 2015 Fall Programs for Adults and Families.

This listing will be available at the USH website in September. On Sundays, when the Programs Table resumes on a regular basis, there will be handouts for your course, event, etc. at the **Programs Table**, for visitors as well as for members and friends.

Registration for your program, course, etc. and any required payment can also be done at the Programs Table.

To obtain a **Program Proposal** form, you may go to <http://www.ushartford.com/> From the Spiritual Life pull down menu (on the left side of the home page), click on Adult Programs. In the first paragraph, click on download the form in **Microsoft Word**. (We are bringing up a new website, so this procedure may change during the summer) The form is also available at the USH office. Please attach a detailed paragraph in Microsoft Word (if possible) about the program to the completed Proposal Form that can be used for promotion. Please email the completed Proposal to Janice Newton.

You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com), for more information about the programs.

### **Programs:**

USH Ballroom Dance Lessons: Thursdays, 10 weeks starting June 18, 6:00 – 7:30 PM, \$75.00.

Small Group Ministry: Tuesday evenings August 4, 11, 18, and September 1 at 7- 9 PM.

TaiChi: Wednesdays, 5:30 – 7:00 PM. Beginners welcome.

Emei Qigong: Tuesdays, Beginning Learners: 6:15 PM, Cultivation: 6:30 PM, Deeper Learning and Understanding: 7:15 PM.

Emei Qigong: Wednesdays, Tutorial: 4:45 PM, Internal Cultivation/Practice: 5:00 PM

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication:  
An NVC Practice Group, Wednesdays, 7:15 PM.

### **Heartfelt Goodbye and Thank you -**

I'm sure this will be as much a surprise to you as it was to me. In late May I went to Colorado where 2 children live plus another daughter who lives in Kansas near the Colorado border. We found a retirement community in Castle Rock where one daughter lives. They had only one unit available. I had to pay for the month of June in order to be accepted. So in less than 6 weeks with the help of my children I packed up, and had the furniture moved to CO. It should arrive the end of the week. My WH house has a deposit paid, but still needs an inspection and final sale. I will miss the the UU Church and all the wonderful members and excellent Ministers. I will treasure my time with you all. I wished there had been a longer time to say farewell.

All the best to you all - **Jo-Anne Clark**



## CALLING ALL USH GARDENERS



Our recent USH plant sale generated a buzz among the gardeners among our congregation and has everyone wishing they could see everyone else's garden! For that reason, two of us, Martha Bradley and Diane Cadrain, are gauging interest in the idea of a USH garden tour, a series of Open Garden days to be held on two or three weekends NEXT June, 2016. (The number of days would depend on the amount of participation). Those who are willing to participate would commit to a certain day and would expect garden visitors from the congregation on that day. We chose June because gardens are at their

loveliest at that time, and garden enthusiasm is riding high (at least until the dog days set in).

Right now, we're trying to get a sense of the amount of interest in the congregation. If this sounds like something you would like to do, either as a gardener, or as a garden tourist, please contact:

**Diane Cadrain, [diane.cadrain@snet.net](mailto:diane.cadrain@snet.net), or (860) 233-8766**

**Martha Bradley, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com), or (860) 657-9140** Thank you!



## Garden Party @ Twilight



Local celebrity chefs compete for your heart. Tasting-size dishes served from the griddle to your plate. Connecticut and Hartford Grown ingredients. (herbivores welcome) Your friends lounge under KNOX's signature tent as you sip wine and take in tunes. A silent and live auction highlights Hartford's culinary, environmental, and entrepreneurial scene. Will there be a secret ingredient or a friendly competition, perhaps? That's a secret, and it's one of many!

KNOX's signature fundraising event takes a bold step forward. We've moved the event to a larger space, a larger garden, and a great variety of chefs. For those GOING BIG, Take a VIP tour at 6 pm of our Watkinson Community Garden, complete with refreshments and appetizers. This garden is twice the size of a football field, and rarely toured by the public. With a history spanning over 40 years, the soil holds the history of urban agriculture.

At the Garden Party @ Twilight, it's all about the local food and the people behind it.

Tickets:

\$75 – Please arrive at 7 pm

\$125 VIP – Please arrive at 6 pm

\$600 for a Table for 8 – Please arrive at 7 pm

\$1,000 for a VIP Table for 8 – Please arrive at 6 pm

Itinerary:

6 PM – VIP Tour of Garden with Champagne and Appetizers

7 PM – Dinner & Silent Auction

8:30 PM – Speaker & Live Auction

10 PM – Event Ends

Location:

Watkinson Garden @ Unitarian Society of Hartford

50 Bloomfield Avenue, Hartford, CT 06105

Free Parking Available

Purchase Tickets:

<http://knoxhartford.org/knox-events/garden-party/>

\* VIP Ticket

Price: \$125.00

Includes special tour of Watkinson Community Garden with Appetizers & Drinks

\* Dinner Only

Price: \$75.00

\* Table for 8 (Includes 8 Dinner-Only Tickets)

Price: \$600.00

\* VIP Table for 8 (Includes 8 VIP Tickets)

Price: \$1,000.00

Includes special tour of Watkinson Community Garden with Appetizers & Drinks for 8



**Larry Lunden to lead series of easy walks this summer- They should be fun and social. They are scheduled for July 19 and 25.**

**See this web site for the details:<http://www.meetup.com/Hartford-Area-Hiking/> USH folks are invited to come along.**

# ArtAround the West End

**CALL TO WEST END ARTISTS** - There's still time! Still time to plan your exhibits for ArtAround the West End 2015. This year's event will take place the last weekend in September, with the opening exhibition and reception scheduled for Friday, September 25th, to be followed by two days of open studio exhibits on the 26th and 27th. The event welcomes all artists who live, work, worship and study in Hartford's West End neighborhood. It's also time to contact Cathy Bates at [cathy@cbates.com](mailto:cathy@cbates.com) or sign up on the event website at [www.artaroundthewestend.com](http://www.artaroundthewestend.com)

## Hiroshima-Nagasaki Remembrance A Call for Nuclear Weapon Abolition



August 6th 5:30 – 9 pm  
Unitarian Society Meeting House  
50 Bloomfield Avenue, Hartford, CT  
[www.hopeoutloud.org](http://www.hopeoutloud.org)

USH is please to host this pertinent and poignant event for the second consecutive year. Please join us in a shared call for the abolition of nuclear weapons and promoting vision of a nuclear-free world. Doors open at 5:30 pm Potluck at 6 pm -- Please bring food to share Program of music, speakers and poetry begins at 6:30 pm Candle-lighting Ceremony at 8 pm (outdoors, as weather permits) Info: 860-561-1897; [www.hopeoutloud.org](http://www.hopeoutloud.org) Sponsors: Hope Out Loud, No Nukes/No War, Unitarian Society of Hrtford, UN Association of CT

**Hello Everyone!**

**I have been responding to received emails for Enews submissions with the following reply:**

**Got it, thank you**

**(no need to reply-just letting you know it didn't go to spam or I found it in spam and that it will make it to the Enews!)**

**I may not respond on the same day that I receive your email, but I will respond to it. If I have not responded to it by Wednesday 10am, please check your spam box to see if it landed there. Othwise please let me know. Thank you!**

**-Linda Clark, Office Administrator**

**The deadline for USH-Enews submissions will be Wednesdays at 8:30 AM**

**Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com)**

**Please note in the subject line, USH-Enews.**

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Nuts and Bolts:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement of spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.