



50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews ~ September 7, 2016
Worshipping Together Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr



Image: www.facebook.com/ncnaacp/

“Forward Together” Rev. Cathy Rion Starr, Co-Minister and Worship Associate, Susan Spaniol - In this election season and on this anniversary of 9/11/01, how can we not get sucked into the polarizing muck of politics, but rather focus on moving forward together? "Forward Together" is a slogan from North Carolina's Moral Monday Movement, which is a "new fusion civil rights movement, a 'big tent,' in which black and white, gay and straight, rich and poor,

old and young, Republicans and Democrats are all welcome." Let us together, in this "big tent" Meeting House, strive to be part of such a "big tent" movement forward.

Immediately following worship, please join us outside for a rededication of our Peace Pole.



September 18, 2016, 10:30am: "I Am One Thing. I Am Many Things. I Am Water. This is my dance through our world."--Thomas Locker - Join our Revs., Heather and Cathy, for our Annual Ingathering and Water Ceremony Service. Remember to gather some water representing your summertime reflections and refreshments, whether they be at your own sink, a nearby park, or someplace far away, symbolic, or particularly meaningful. What's important about this service is our returning to be with one another again after summer breaks from routine, and our sharing with one another about how our spirit has been touched and nourished. Join us. All are welcome. Image: www.brookfieldnow.com

Important Survey from our Congregational Strategic Planning Team!

Whether you come regularly to the Meeting House or just keep up with us via our newsletter, we are interested in hearing from you. Would you please respond to this Survey by September 25 at the latest (earlier would be great!)? Your input will be helpful to us as we undertake a Strategic Planning process and map out our future for the next 3-5 years and beyond. As the Board identified last year, there is a need for some fresh thinking about our coming years as a congregation. We want to hear from you!

<https://www.surveymonkey.com/r/K8Y2WYZ>

If you'd like to have a conversation about this survey, call or e-mail Tom Richardson (see his contact information in your USH Directory or respond to this E-news to ask for it. Thanks!) There will also be paper copies available on Sunday mornings--please ask for them if you have trouble finding them.

Thanks so much for your participation. --Your USH Strategic Planning Team, Tom Richardson, Sherry Manetta, Kate Gervais, Jack Almeida, Virginia DeLima, and Rev. Heather.

E-News Contributors Please Take Note: The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

In This Week's Enews:

Sunday Service Recap | RE News You Can Use

2016 Programs for Adults and Families: Are You New to USH? - 2 New SGM's Starting in the Fall

Upcoming Special Events and Other News:

A Note from our Revs | Oral History Workshop at USH | Join the USH Choir | Meet Community Minister, Erica Richmond, Under The Stairs | The Many Colors of a WOMAN FREE Jazz Festival at USH | Sunday Welcome Volunteers Needed | Defying the Nazis Movie: Sunday, September 25, at 12:15 pm at USH

<https://t.e2ma.net/message/2thot/iizqvp> - largercommunityUpcoming Special Events & News in the Larger Community

D.U.E. Justice Coalition with Rev. Dr. William Barber at CCSU Sept. 8th | New World Concert Trio Sept. 11th | Forrest Church Award Invitation

Check out our online Calendar for Upcoming Events:

<http://www.ushartford.com/events/>

To submit a Calendar Request, please cut and paste the FORM at the end of the E-News into an email and send to calendarchanges@ushartford.com

(Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email corrections to calendarchanges@ushartford.com - Thank you!)



Sunday Service Recaps by Kayla Costenoble - Joy – Finding It, Holding It, and Knowing You Deserve It - September 4, 2016 - It was a warm-but-not-hot Sunday on September 4, 2016. It was bright, sunny and beautiful. It was Labor Day weekend, when we don't have to work. And Pulpit Guest Patrice Fitzgerald gave us "permission to feel joy." Together with her husband, Richard Leslie, our pulpit guests told their stories, read poems, sang, and made us really feel good.

Richard said that every time he stands on the pulpit, he looks up and is thankful for the people who made our beautiful church. "Joy can come to you unexpectedly," he said, and told of a day he and his son went kite flying. With twice the amount of string normally on the kite—400 feet—it soon belonged to the Oregon coast. It became a moment to stop what you are doing, realize the reality of what you are doing and find the serendipity and mystery in joy. Although our egos make it difficult to find joy, Richard said, you can find it by taking ordinary things, like brushing your teeth, and giving your whole attention to it. It will not only provide joy, but can also make you a better listener and give you "focus and second-sight."

Patrice acknowledged that our New England Puritanism can make it hard to find joy and feel we deserve to be happy. We don't have to be happy every moment and don't have to be outside our real life to feel joy. She urged us to "look at life every day and think of our moments of joy and happiness" which will allow us to recognize and share these moments. She described such a recent moment when five members and a guitarist from the USH's choir visited our late long-time member Sid Garvais. "We were singing him out," she said, and as they sang, they got better and better, the room lightened, and they were transformed by joy, even in the presence of death. Their final song was "Amazing Grace." Sid died later that night.

Patrice read Anne Sexton's "Welcome Morning." Some words:

There is joy in all:

in the hair I brush each morning,

in the Cannon towel, newly washed,

that I rub my body with each morning,

in the chapel of eggs I cook each morning,

in the outcry from the kettle that heats my coffee each morning,

in the spoon and the chair that cry "hello there, Anne"

each morning...

Richard read David Budbill's "The First Green of Spring." Some words:

Out walking in the swamp picking cowslip, marsh marigold,
 this sweet first green of spring. Now sautéed in a pan melting
 to a deeper green that ever they were alive, this green, this life...
 And even though we know we are growing old, we are dying, we
 will never be young again, we also know we're still right here
 now, today, and oh my! don't these greens taste good.

Worship Associate Rick Tsukada led us in Mary Oliver's responsive reading 536 (our Hymnal offers so much!) "Morning Poem:"

Each morning the world is created...
 each pond with its blazing lilies is a prayer heard and answered lavishly,
 every morning,
 whether or not you have ever dared to be happy,
 whether or not you have ever dared to pray.

Patrice read Li-Young Lee's "From Blossoms":

There are days we live as if death were nowhere in the background:
 from joy to joy to joy, from wing to wing,
 from blossom to blossom to impossible blossom, to sweet impossible
 blossom.

Richard sang "Silent Noon," a poem written by Dante Rossetti and set to music by Ralph Vaughan Williams in 1903:

...So this wing'd hour is dropt to us from above. Oh! Clasp we to our
 hears, for deathless dower, This close-companioned inarticulate hour
 when twofold silence was the song of love.

Pi-Hsun delighted us with, among other pieces, two by Doug Hammer: "Sunrise" and "The Dance." Patrice, reminding us that today was Pi-Shun's last performance for our summer services, thanked her for her beautiful music.

Led by Patrice and Richard, we sang "What a Wonderful World" as our closing song/benediction. It was indeed a joyful Sunday.

RE News You Can Use! - This week, Sunday, September 11th, the nursery will be available from 10:15-11:45am for the morning worship service.

The children and youth will meet in the Fellowship Hall for an activity.

The DRE is still in need of teachers and assistants for the 3rd-5th grade class. If you have any interest, please contact her at dre@ushartford.com or 860-839-5001. **Rayla D. Mattson - Director of Religious Education Unitarian Society of Hartford** 860-233-9897 ext 104 860-839-5001 – cell I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



2016 Programs for Adults and Families

Be sure to read about the Oral History Workshop October 13! Stop by the Programs Table Sunday for more information or to sign up for this program and other fall offerings. There are two fall Small Group Ministries available, the Tuesday, September 20 Lunch Bunch, and the Friday, October 14 Pizza and Movie Night. Meditation and Dharma Gathering and Authentic Connection & Communication (An NVC Practice Group) will

begin Wednesday, September 14. Plan to

attend the Ken Burns Documentary “Denying the Nazis: The Sharps’ War” in Fellowship Hall, September 25. You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at sign\)gmail.com](mailto:janicecnewton(at sign)gmail.com) to register or for program information.

Programs

USH Book Club: Thursday, September 8, 5:30 PM.

Small Group Ministry: Wednesdays, 1:30 – 3:30 PM, starting September 21.

Small Group Ministry: Tuesdays, 7:00 – 9:00 PM, beginning October 11.

Oral History Workshop: Thursday, October 13, 1:00 – 3:00 PM.

Ballroom Dance: Thursdays, 6:00 – 8:00 PM.

Friday Pizza and Movie Night, October 14, featuring “North by Northwest”.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann (860-461-0908).

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM begins September 14.

Authentic Connection & Communication:

An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM, begins September 14.

20s/30s Brunch: Sundays after worship ~ Meets at 12 pm in the USH Library,

Open to existing members, friends, newcomers, and visitors in their 20's and 30's. **Contact: Stephanie Briggs (stephanie.e.briggs@gmail.com / (860) 716-1920**



Are you new to USH? Or have you been coming for a while?

Whether you are new or have been here for a longer period of time, we have an opportunity for you to connect with others in the congregation in a deep and meaningful way. It is Small Group Ministry. Some even call it small group listening. It is a chance to share your thoughts, feelings and experiences with a group of 8-10 others over a period of 8 sessions. It is not a discussion group. We start with a reading and then answer several questions related to that reading. It can be a chance for significant self-discovery. It is also an opportunity to get to know others in a small, confidential setting. It is an especially wonderful way for all of us to get to know others well and to feel more integrated into the USH community.

There are 2 groups that are forming:

*** Tuesdays , 7-9 PM in West Hartford. Ron Friedman, facilitator; Kathie Ferguson, hostess. Starts Oct. 11**

*** Wednesdays, 1:30-3:30 PM in Hartford. Ginny Allen, facilitator; Bruce Robbins, host. Starts Sept. 21.**

Please sign up soon at the Programs table or by contacting Janice Newton (860.677.1121) or email her at janicecnewton(at sign)gmail.com to register or for program information.

Upcoming Special Events and Other News

A Note from Our Revs: We sadly share with you that quiet presence and supporter of USH, Ted Space, died unexpectedly on Friday afternoon, September 2. There will not be a service. Sympathy cards to his wife Martha Collins may be sent to his address: 59 Prospect Street, Bloomfield CT, 06002

ORAL HISTORY WORKSHOP - We are delighted to host Bruce Stave, PhD, distinguished professor emeritus, former director of UConn's Oral History office and his wife Sondra who will present a 2-hour workshop Thursday, October 13, 1:00-3:00 PM on how to do an oral history. Among his many accolades, Bruce Stave was featured as one of Connecticut's premier story tellers in the September issue of Hartford magazine. Both Staves are wonderful speakers who will tell us how to prepare and interview family, friends, church members, or others. They will show us how to determine topics, ask the right questions, and gather the simple equipment needed. Don't miss this interesting and unusual opportunity! Fee: \$15 **Sign up at the Programs Table or contact Janice Newton at [janicecnewton\(atsign\)gmail.com](mailto:janicecnewton(atsign)gmail.com) Submitted by Judy Robbins**



Do you love to sing? Have you ever thought about joining the USH Choir? Well now is the year to turn that thought into a reality! The USH choir is an incredibly fun way to make beautiful music with some truly incredible people. Best of all, this year we will be rehearsing on Sunday mornings at 9 am before church with only one weeknight rehearsal per month, drastically limiting the time commitment needed to participate. We will be having an opening potluck and sing through on September 7th at Patrice Fitzgerald and Richard Leslie's home at 7 pm. If you have ever considered joining our group, we would love to see you there to laugh and sing together! **If you have any questions or would simply like more information, please feel free to contact our Choir Director Rebecca Pacuk at rgpacuk@gmail.com. (Formal music training is not required)**



Would You Like to be Part of a Great Team? - How about the USH Sunday Welcome Team? Please contact Linda Clark (at: [ushlindaclark \[at\] gmail \[dot\] com](mailto:ushlindaclark[at]gmail[dot]com), or phone the office at 860-233-9897 or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. It's what makes USH outstanding in its open and friendly atmosphere to help first-time and newcomers feel welcome, find their way around our Meeting House, and want to return.

NEW LOCATION!!!! Lunch Bunch to Meet: We will meet at Concetta's in Bloomfield at noon on Tuesday, September 20th. Please let me (Janice) know by noon on Wednesday, September 14th if you will be joining us.

To register for the September lunch, contact me at 860/212-6923 or [janicecnewton\(atsign\)gmail.com](mailto:janicecnewton(atsign)gmail.com) or see Nancy Reed or me at the Programs Table during Fellowship Hour on Sundays. We will order from the menu and will be given separate checks. I am always extremely happy to hear from you sooner rather than later! This will be our first gathering at Concetta's Italian Restaurant, 22 Mountain Avenue, Bloomfield We will continue to meet at noon on the third Tuesday of the month ~ September through November and January through June. The December Women's Alliance/Lunch Bunch Christmas party will be at

the Meeting House on a date to be decided. I hope you will be able to join us on September 20th. - **Janice Newton**



Meals for Yamel and Family - Yamel Fernandez, a member of our Society's wonderful Nursery Care team, is expecting a child in mid-September. Please consider providing her family of four meals for the first two weeks after her return from the hospital. (Start date is a "guesstimate.")

To list the date and elements of your meal, click on:

<http://www.TakeThemAMeal.com>

Recipient Last Name: Fernandez Password: 6152

Warm thanks! Deb Meny

**Meet Community Minister, Erica Richmond,
UnderThe Stairs**

11:30am-12:15pm on September 11th

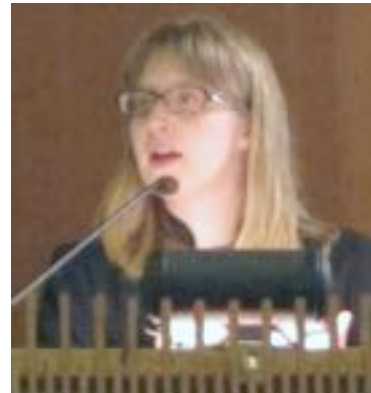
Please stop by to meet her, to ask her about her work, and learn about this new affiliation.

Erica Richmond Ordination

Saturday, September 24th at 2 pm at the First Parish-Unitarian Universalist in Brookline.

(382 Walnut Street, Brookline, MA 02445)

Erica Richmond is a Community Minister and Chaplain at Hartford Hospital. She is a member of the USH community and thrilled to be deepening that relationship. Join the Revs. and others in a daytrip to Brookline to participate in Erica's ordination. She would be delighted to see representatives from her Hartford community there. For more info. contact: RevHeather



THE MANY COLORS of a W*O*M*A*N XXXVI

FREE JAZZ FESTIVAL

SATURDAY, SEPTEMBER 24, 8 PM

The Unitarian Society of Hartford - 29 year celebration of jazzwomen – the longest running jazz festival showcasing the music and women of jazz.\

Featured acts to date (August 1):

Mathis'AFRIKAN AMERIKAN JAZZ New Millennium All Stars: RICKY ALFONSO trumpet; BILL ARNOLD drums; JIM DAGGS bass; DAWN DUMAS voice; MELANIE DYER viola; JOANNE JAMES djimbe; YASUYO KIMURA percussions; MAXINE MARTIN tenor; NYSHEA McCAULEY voice; MICHELLE McFARLAND voice; DAWN McKINLEY voice; LINDA PRESGRAVE piano; DOTTI ANITA TAYLOR flute/voice; LYNN TRACEY guitar; DEBORAH WEISZ trombone; MARK WHITECAGE alto sax; the Bertha Hope Trio with Kim Clarke, bass and Lucianna F Padmore, drums; and MORE TO BE ADDED.

Co-sponsored by MCW, Inc. and Unitarian Society of Hartford , 501-C-3 non profit organizations. Contact for more information: Nikki Mathis - 860.231-0663

-Submitted by Ed Savage

Funded in part by MCW, Inc., Ensworth Charitable Foundation, Bank of America, N.A., Trustee, Evelyn W. Preston Memorial Trust Fund, Bank of America, N.A., Trustee

Supported by The Greater Hartford Arts Council's United Arts Campaign; Media Sponsor Inquiring News, AccessTV.org, Smith Wiley & Co., Leslie Manselle Arts, Sankofa Kuumba Consortium, Byron and Carla Dean, Cull Books; Listed in Chamber Music magazine Directory of Festivals, Spring issue, p. 48 (a publication of Chamber Music America) SPONSORS INVITED 860.231-0663 MCW, Inc. is a 501 © 3 Non Profit Organization



Defying the Nazis: The Sharps' War (1 hr, 15 min) tells of a daring rescue mission led by Waitstill and Martha Sharp, a Unitarian minister and his wife from Wellesley, Massachusetts, who left their two young children behind to help save hundreds of imperiled political dissidents and Jewish refugees fleeing the Nazi occupation across Europe.

A remarkable film will have its premier on PBS on September 20 and also will be shown at USH on Sunday, September 25, at 12:15 pm.

Join us after the 9/25 service for a delicious bowl of soup prepared by John and our youth group. Families, please plan to attend; child care will be available. A brief discussion/debrief of the movie, its impact on each of us and how it is relevant within the context of today's world circumstances, will take place at USH right after the film ends. If you have any questions, please contact Janice Newton at janicecnewton@gmail.com or Gloria Francesca Mengual at gloriafmengual@gmail.com. Hope to see you there!

Upcoming Special Events and News in the Larger Community



August 31, 2016

Hello Dear Sisters and Brothers of Faith!

I've been engaged in ministry on the front lines of the movement for social justice, connecting the Moral Monday movement with the movement for Black Lives. This movement has called me not only to continue in the prophetic preaching and teaching with houses of worship and temples of faith, but also to the streets in the act of sacred activism in places like Ferguson, Baltimore, Hartford, New Haven, Bridgeport and beyond...the work of faith that is rooted in the deepest concerns for God's human family.

Our friend, brother and colleague, The Rev. Dr. William Barber, II is coming to Connecticut, September 8th to deliver an address regarding the work of our shared faith traditions with public policies rooted in the moral values of justice and fairness. He has led the call for faith leaders like yourselves to become fusion-movement leaders that we together may freshen the great wellsprings of our democracy based on past moral movements and great progressive victories in our history. On September 8th, Rev. Barber will join us for a revival and call to action beginning at 6:30 pm on the campus of Central Connecticut State University (CCSU), Welte Auditorium.

I am writing to you today to invite you personally to be a part of a very unique opportunity for us as clergy and faith leaders, to be in solidarity with Rev. Dr. Barber prior to the revival meeting. We've asked him to share in a more informal time with faith leaders from across our state in conversation. That will take place on the same day, at 4 pm on CCSU's campus, the major lecture hall in the Vance Academic Building.

Lastly, one of the next steps coming out of Rev. Dr. Barber's visit will be a call for us to turn up on Monday, September 12th at the State Capitol. I'd like for you to save that date from 11 am to 2 pm, to be in solidarity with hundreds of others across the country. There is more to come on this.

I'd love to hear from you. If you'd RSVP via email of your willingness to participate, I'd be really grateful to you. And, if you have further questions/queries/concerns, please don't hesitate to reach out to me directly, email, moralmondayct@gmail.com or phone 860.402.7884.

Peace,

+JS

Bishop John Selders, Co-Founder

Moral Monday CT

D.U.E. JUSTICE COALITION
DIVERSITY • UNITY • EQUALITY

Take Back Connecticut!

Thursday, Sept 8th ~ 6:30PM

CT Central State University ~ New Britain

Join Us in Our Call To Action

Keynote Speaker:
Rev. Dr. William Barber



Greetings to the Unitarian Society of Hartford,

I'm writing to invite you to an exciting and historic upcoming event at All Souls Unitarian Congregation in NYC:

The prestigious Forrest Church Award for Humanitarian Service is presented annually in memory of late Rev. Dr. Forrest Church to

an individual/s who demonstrate courage, influence and selfless in the betterment of our world. Previous recipients are listed <https://t.e2ma.net/click/2thot/iizqvp/iyzloehere>

This year the award will honor the co-founders of the #BlackLivesMatter movement, Alicia Garza, Patrisse Cullors and Opal Tometi. We recognize the great influence that the #BlackLivesMatter movement

has in raising public consciousness of the injustices facing People of Color domestically and internationally, and in activating support for racial justice.

The award ceremony is free and open to the public, followed by a catered reception. It will be held at 6:30 pm on Thursday, September 15th in the All Souls sanctuary at 1157 Lexington Avenue in Manhattan. Seating is limited, and doors open at 5:45pm – we encourage attendees to arrive early.

Please let me know if you have any questions about this event, or would like additional information. Attached are an event flier and press release which you can use to share this event with your networks. The Facebook page for the event is here - feel free to pass that along as well.

We hope you can join us and/or spread the word to others.

Thank you in advance!

Leesha (Seble) Alemu, Welcoming and New Membership Coordinator

(212) 535-5530, x121 leesha@allsoulsnyc.org

The Unitarian Church of All Souls, 1157 Lexington Avenue, New York, NY 10075



**New World Trio concert French Revival and Triumph
Sunday, September 11, 2016 • 3:00 pm**

Sonata for Violin and Cello [1927] Maurice Ravel

Sonata in A Major for Violin and Piano Cesar Franck

Trio in G Minor, Op. 3

Ernest Chausson

Tickets: Series Subscription: \$60 | General Admission: \$25 | Students with id: \$15 | Children 12 and under: no charge

Sarah Porter Memorial Hall, First Church of Christ, Congregational

75 Main Street, Farmington, Connecticut

Anhared Stowe, violin; Peter Zay, cello; Pi-Hsun shih, piano

Weekly Reminders:

Hello USH Gardeners! Thanks to all those of you who have done some weeding and tending this summer, of any of the USH Gardens--the Memorial Garden, Pet Memorial Garden, or Community Garden plot and Labyrinth.

Please sign up on the SignupGenius if you wish to help out:

<http://www.signupgenius.com/go/20f094cfa92ba1f49-ushgardeners>

We are moving forward, bit-by-bit! Thanks to all for your patience and participation. Come down and walk the red labyrinth path if you haven't already!

Warmly, Heather



The USH Wish List

Hello Everyone! There are some items that we could really use at USH:

2 Microphone Stands (like this one pictured)

2 Floor Length Mirrors

New collapsible functional easels

Staples gift cards

Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

Special Note: Hi Everyone! Please check the online calendar to make sure the Room and Time you wish to reserve is still available before you make a request. This will help in planning your event.

Thank you! Linda Clark, Office Administrator

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line, "USH-Enews". Thank you for your submission!

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.