



50 Bloomfield Avenue, Hartford, CT 06105
 Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
 or call for appointment

USH-Enews ~ November 9, 2016
 Worshipping Together Since 1830
 Sunday Service 10:30 AM
 Revs. Cathy & Heather Rion Starr

Image: <http://www.lifeandrugby.co.za/>

Worship Service, Sunday, November 13, 2016: 10:30 AM ~ "So...What, Now?" Rev. Heather Rion Starr, Co-Minister and Worship Associate, Margaret Leicach.

How do we long-term respond & meaningfully engage with what is, not short-term react & panic? How do we make sense out of Tuesday's election, putting it in larger perspective and move forward with hope? Join us for the healing power of song, spirit and community.

"A congregant just asked "Cathy, what can I do to bring even a little joy into this world today?" ~ Here's what I said: Find 10 trees that are beautiful. Look up laughter yoga and lead 2 other people in it. Cry your heart out first if you need to. Make time for a small child in your life who lives in the present. Make a list of all the terrific things about the election yesterday (Eg, some awesome folks won!). Move your body. Make art. Call a friend. Read ridiculous fiction. Read stories of resilient resistors from the past. Let yourself feel what you're feeling. Reach out to folks who have damn good reason to be scared. Create beauty. There's a start. ~ Rev. Cathy



Post-Election Healing Space: November 9 @ 5:00 pm - 8:00 PM ~ In the wake of one of the most contentious, divisive elections in memory, you are invited to come take sanctuary in community as we begin to move forward beyond this election. We will gather in the Chapel for whatever you

may need – song, silence, sharing, celebration, meditation, or even perhaps protest planning.

Come if your heart needs it.

Come if you are feeling alone.

Come if you want to talk.

Come if you want to be in silence with others.

Come into community as we begin to move forward together into a new presidency.

Children and adults of all ages welcome. USH is wheelchair accessible and accessible by multiple bus routes.

A note from Rev. Cathy: End of Life Planning, Black Lives Matter signs, and lots of love: I write this not knowing what the election results are, but knowing that whatever happens, we will come together in community tonight (I'll be in the chapel from 5-8pm Wednesday, 11/9 for whatever you need), and Sunday after Sunday, week after week -- we are a community that will continue to nourish spirits and renew our democracy regardless! Be gentle with yourselves, reach out to a friend, note the beauty of the fall colors and the people around you, and go gently this week.

Many thanks to Rev. Erica for leading the End of Life Planning conversation last Sunday, to our 20s/30s group for opening up their brunch to folks of all ages, and to the 25 of you who attended! We are hearing from some of you about the wonderful conversations and the challenges that you are wrestling with as you look at these forms, and we want you to know that Rev Heather and I are available to support you as you continue to work on the forms or if they're bringing up feelings, worries, or concerns that you'd like to talk about. Please do reach out to us if you need an ear or a hand to hold. **Whether or not you attended, we encourage you to fill out our USH Thoughtful Endings Planning Document here or here.** If you need the user and password please contact Linda Clark: ushlindaclark(at sign)gmail.com. As an incentive, I'll have a treat for each of you who either gives me a copy of your USH form or tells me that you've done yours and prefer to keep it at home if you tell me by the end of November! (And, well, after that too.....)

Robin and I replaced our Black Lives Matter lawn signs not once, but twice last weekend! Our signs have now been taken 17 times, and we will continue to put them up until every Black life is respected -- and indeed, every life of every race is respected. I am grateful to Gloria Francesca Mengual and team for their leadership in the "Waking Up White" book reading and look forward to sharing in

the next conversation here at USH on Sunday, November 20th. **Sending love to all of you, Rev. Cathy**

This is a very important practice. Live your daily life in a way that you never lose yourself. When you are carried away with your worries, fears, cravings, anger, and desire, you run away from yourself and you lose yourself. The practice is always to go back to oneself. – quote and art: Thich Nhat Hanh



Help Us Create Community at the Meeting House on Christmas Day

Christmas Day is a Sunday this year. Are you going to be here in the area on Christmas Day, without other morning plans or commitments? Would you be interested in helping create a simple worship service and community energy here on Christmas morning? Rebecca Pacuk, our Choir Director, is available to help with music. The morning could take many forms--meditation, story, simple breakfast, singing, poetry sharing. We could have a shared Christmas meal if we have people to organize it. Please let us know if you would like to be here and/or can help in any way on Christmas morning. Will you be coming? -- **Rev.**

Heather, revheather(at sign) ushartford.com, RevCathy, revcathy(at sign) ushartford.com -Image: www.zazzle.com



All Are Welcome: Joint UCWH and USH Thanksgiving 1PM. You are all invited to Thanksgiving in Fiske Hall at the Universalist Church on Fern Street in West Hartford, especially if family are not celebrating with you. Donna Lieben has volunteered to prepare the Turkey. **We ask, if you are able, please bring a dish to share. If you need a ride, contact**

the Fern Street UU office (860-233-3669x106) and we will make an arrangement. (Image: ohmyveggies.com)

Please Note, there will be no E-News Thanksgiving Week, November 23. Next week's E-News, November 16, will be a double issue.

Rayla Mattson is now also serving as our Rentals Manager. For new rental requests to use space at USH, please contact her at: dre@ushartford.com or 860-839-5001. For Rates and Rental Application, go here.

E-News Contributors Please Take Note: The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

In This Week's Enews:

Sunday Service Recap | RE News You Can Use

Church Business News: A Message from the Board, Stewardship, and the Revs.
B & G Update

Festival of the Season - December 3, 2016: Reservation Form Available Here.
It's Closer Than You Think!

2016 Programs for Adults and Families: Check out the many offerings
throughout the year

Upcoming Special Events and Other News: Learn More About the Syrian Family
USH is Co-sponsoring | Waking Up White Meeting Nov. 20th at USH |

Upcoming Special Events & News in the Larger Community: Kristallnacht |
Greater Hartford Multi-Faith Prayer Breakfast | First Annual Symposium on
Mental Health Awareness

Missed Last Week's Enews? Click Here:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed
or find a link on the USH Facebook Page Here.

Check out our online Calendar for Upcoming
Events:<http://www.ushartford.com/events/>

To submit a Calendar Request, please cut and paste the FORM at the end of the
E-News into an email and send to: calendarchanges@ushartford.com

Please look at the calendar the day you email a request to reserve space to
make sure the space is available. This will help me to avoid double booking
rooms. **Thank you. ~Linda**

Please double check the calendar for your event 1 to 2 weeks prior to make sure
it's correctly posted. Email corrections to calendarchanges@ushartford.com -
Thank you!

USH STAFF <http://www.ushartford.com/about-us/staff/>



UUUSH & YOU

3 Sunday sessions
(Oct 23, Nov 6 & 20)
12:00-1:30 pm

Followed up with a
Membership Sunday on December 11th

A Path to Membership

Free child care provided.

Rev. Heather will be present for these sessions.

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

Sign up at the Programs Table or contact Brian Harvey at bharvey@ushartford.com

- Submitted by Brian Harvey

Sunday Service Recap by Kayla Costenoble

“In Search of Renewal”

November 6, 2016

Photos: Harriet Gardner



“Let us practice voting as a sacred ritual,” Rev. Cathy suggested during the November 6, 2016, USH service. Although most of her words pertained to the almost-here Presidential election (The opening words of her sermon were “All right folks; two days”), some also referred to the more distant (June 2017) choosing and voting among the three women campaigning to become president of the Unitarian Universalist Association (UUA). Rev. Cathy confessed her feelings toward “this long and painful (presidential) campaign” included fear, anxiety, unwillingness to talk about it, and “despair over the state of our democracy.”

The word “renewal” in the sermon’s title is not one we usually associate with winter, often a time to just get by. But Rev. Cathy urged us to seek out one another to renew our hope and our spirits. “What renewal does your spirit need right now?” she asked. We must continue to practice democracy in our faith and in our government, deal with despair, cultivate hope, awe and wonder, and preach connection.

Returning from a recent ministers’ retreat in New Hampshire, where she “found renewal,” Rev. Cathy described following a large delivery vehicle for many miles, unable to see any description of what it was. Finally able to pass, she read its message: “May contain political promise.” When no one in the congregation could guess what this meant, she told us it was a septic service truck. Laughter is a wonderful antidote. So are some of the words of poets and writers we are fortunate to hear during our services. Like these from Mary Oliver’s “Wild Geese.

”Tell me about your despair, yours, and I will tell you mine.

Meanwhile, the world goes on...

Whoever you are, no matter how lonely,
 the world offers itself to your imagination,
 calls to you like the wild geese, harsh and exciting—
 over and over announcing your place
 in the family of things.

Joining more than 120 others at the recent ministers’ retreat, Rev. Cathy realized anew that “We are all responsible for the election of our leaders; they govern by our consent.” Which is, of course, one of our guiding principles: “the right of conscience and the use of the democratic process within our congregation and in society at large.” She listened to the three UUA presidential candidates, all women, selected the one she strongly agreed with, and will be working hard to get her elected. These women shared a feminist commitment and hope to display more discernment and less politics. Rev. Cathy said she is “grateful for those who take on the yoke of leadership.”

During the service, USH President John Brancato gave us both good and bad financial news. The good news concerns substantial gifts to the USH endowment--\$18,000 from Janice Williams and \$100,000 from Sid and Betty Garvais. Proposed use of these funds, in addition to adding substantially to the endowment, includes \$13,000 from Janice’s gift for children’s playground equipment. And, from the Garvais gift, \$5000 for a new piano for Fellowship Hall and \$10,000 for General Assembly scholarships.

But the endowment money cannot be used as part of the operating budget. So the bad news is the \$10,000 short fall for the 2016-2017 operating budget,

because leaders for special events (such as silent auction, special music) have not been found for this fiscal year. USH members received an "autumn request" letter this week asking for an additional \$100 to help make up the difference.

I wonder what would happen if more offerings during Sunday services could be as invigorating and stimulating as this Sunday's was. As the choir, backed by a drum and a tambourine, belted out the Beatles' "Revolution," the ushers—and many members of the congregation—danced up and down the aisles of the Sanctuary. Here are some of the words from that 1968 song in which John Lennon voiced uncertainty about destructive change. You say you want a revolution

Well, you know

We all want to change the world...

But when you talk about destruction

Don't you know that you can count me out...

But if you want money for people with minds that hate

All I can tell you brother you have to wait.



RE News You Can Use!



Hartford made a presentation to the Youth Group to help

This Sunday, November 13, the nursery will be open from 10:15-11:45am for morning worship. There will be a Time For All Ages followed by a one room activity in the Fellowship Hall. We will be making love packets for the local homeless. Please feel free to donate toiletries, snacks or new socks. Thank you.



Semeka and Diona from Hands on powerful High School deepen and

personalize our understanding of the homeless in our community and around us. As we move forward with a renewed sensitivity to these issues, please support the Youth Group in the following endeavors to support the homeless over the next few weeks and months:

1. Drop off plastic bags so we can continue to make plastic mats (see below for an example to which we will aspire!!) for the homeless
2. Donate to our efforts on Sunday, November 20, 2016 after the Youth Group Overnight Sleepout in order to raise funds for “My Sister’s Place” - a homeless shelter for women and children to keep safe from domestic violence
3. Contribute to our Holiday Drive for Warm Clothes and Necessities: Hands on Hartford needs the following, BRAND NEW (no used items) items for all genders including: store bought unopened socks, toothbrushes and toothpaste and other toiletries, and feminine products. Starting the Sunday after Thanksgiving, you can deposit your offerings under the Christmas tree in the foyer. We will have large, decorated boxes for your gifts!
4. And of course, don’t forget to support our monthly Soup Sundays! This November, we are tentatively scheduled for the LAST Sunday in November, following Thanksgiving. Please watch for further updates. - **Submitted by Nina Elgo**

Rayla D. Mattson ~ Director of Religious Education, Unitarian Society of Hartford 860-233-9897 ext 104 860-839-5001 – cell

I only check my email on Tuesday, Wednesday, Thursday and Sunday.

If you need to reach me outside of those times, please feel free to text or call my cell.



Church Business News:

Dear USH Members and Friends, We hope you are enjoying the beautiful New England fall as well as the many wonderful things happening at our Unitarian Society of Hartford. Energizing worship services, our dedicated staff, our growing Religious Education program, ongoing opportunities to engage in social justice and service work, rites of passage from celebrating birth to honoring the dead, and so many meaningful ways to practice alongside and learn from one another—it is good to be co-creating community.

For the past several years, our Society has done an exceptional job raising funds through special events (concerts, auctions, etc) that were enjoyable, entertaining,

and fun. For example, last year the proceeds from the Auction and the Performing Arts Series were over \$10,000. In addition, the past five years an anonymous donor household generously matched the money raised from these fundraising events, resulting in significant income that was applied to annual operating expenses.

For this year, the Board anticipated a similar amount from fundraising events when we developed the budget. However, to date we have been unable to secure the leadership for these large happenings, despite our best efforts to recruit leaders. As a result we are facing a \$10,000 budget shortfall for the current fiscal year.

To address this gap, the Board is requesting a special autumn contribution of \$100 from individuals and families who are able to do so. For many of us, this amount is similar to what we would have spent at fundraising events and is tax deductible as well. Closing this deficit will allow us to carry through on important goals we established during this year's Stewardship campaign, like providing more of our employees with compensation that is within the Unitarian Universalist Association's Fair Compensation Guidelines.

Will you please consider making this special \$100 Autumn Contribution to the Society by November 26. We understand that some members are not in a position to give this amount right now and some are stretched just to meet their personal expenses. Contributions larger or less than \$100 will also be gratefully received. Please make your checks payable to USH and note 'Autumn Request' in the memo line so we know how to credit your account. If you have questions regarding this special request, please contact Phil Gardner, Society Treasurer, or any other member of the USH Board.

Thank you for your commitment and generosity! In faith and love,

Phil Gardner, Treasurer, on behalf of your Board of Trustees

Peter Meny, Stewardship Committee Chair

Revs. Cathy and Heather Rion Starr, Co-Ministers



Building and Grounds Update ~ The Building and Grounds Committee has been working for almost a year to upgrade the Meeting House's communication systems. The first problem we had to address was a highly unreliable Internet connection. Loss of connectivity was frequent (sometimes three times a day) and long lasting. For example, our staff was without any Internet

connection for two weeks last December/January. This caused considerable frustration and loss of productivity, as they had to rely on their personal smartphones to access the Internet. Time was lost calling tech support and explaining the problems to the technicians who came out to fix things. Eventually we determined that Frontier was not going to be able to provide a long lasting solution to the breakdowns.

In June we switched from Frontier to Comcast to be our Internet provider. Since then reliability has improved dramatically so that 'dropped' Internet connections are seldom and short-lived. Valuable staff time has not been lost do to dropped connections and the need to call in technicians.

After taking care of the Internet problem we turned our attention to the phone system. Our existing phone system was purchased in 2002 and was second-hand when we bought it. To give you an idea how dated the system is, it uses floppy discs to store data! Voicemail is virtually unusable and staff has had to rely on their own cellphones to receive messages.

The good news is that a twenty-first century phone system is on the way! B&G has authorized the purchase of a new system out of its yearly budget for making

capital improvements to the building. By December 1 we will have a VOIP (voice over internet protocol) system including new phone sets and software that will allow the staff to communicate efficiently and easily. New features will help them receive and make calls and retrieve messages wherever they are. Now it will be much easier for USH members, friends and others to communicate with the staff.

We are all eagerly anticipating this long overdue upgrade! Thank you so much for your continued patience and understanding as we go through this transition. - Submitted by Peter Meny

Congregational Workshop/Hearing Loop

FYI's November 13 @ 12:00 pm - 2:00 pm

There will be a free congregational workshop

about our hearing loop and hearing aids including a free hearing test, Under the Stairs

from Noon to 2:00 on November 13th, 2016. **Please contact Bill LaPorte-Bryan with any questions. There is no child care for this event.**



Jack Felix, a licensed audioprosthologist, will lead this meeting and answer questions about hearing aids and the new hearing loop in the Sanctuary. A free hearing test will be available after the meeting for anyone who wants one. Jack will give you the results on the spot and, if you're interested in investigating the possibility that a hearing aid might be helpful, you can take them along with you to any place you want to go to find out.



Unitarian Society of Hartford seeks a Religious Education & Ministers' Assistant

Position Description

The Religious Education (RE) & Ministers' Assistant will work two Sundays a month with the Religious Education Program supporting the Director of Religious Education (DRE) by setting up classrooms, tracking attendance, supporting teachers and being the "face" of RE when the DRE is away or unavailable. The Assistant will also provide administrative and filing support to the Co-Ministers.

Pay: \$13/hour for an expected 3 hours weekly. This position is non-exempt and eligible for overtime.

Reports to: The Director of Religious Education, primarily, in coordination with the Co-Ministers.

To apply: Send an email with the subject "RE & Ministers Assistant" with a cover letter, resume, and three references related to your skill and experience, to dre@ushartford.com. Preference given to applications received by November 8, 2016.

The Unitarian Society of Hartford is an Equal Opportunity Employer. USH hires without regard to gender, race, sexual orientation or national origin. USH is a friendly and active liberal religious congregation. Learn more about us on our website, www.ushartford.com and Here.

FESTIVAL OF THE SEASON RESERVATION FORM For Printer Friendly Version go [HERE](#)



FESTIVAL OF THE SEASON

DECEMBER 3, 2016

3:30 p.m.– 7:30 p.m.

MARK YOUR CALENDAR FOR

the 39th ANNUAL FESTIVAL OF THE SEASON!

Join us for USH's annual holiday festival to kick off the holiday season with the warmth and fellowship of this community

Beloved crafts for all generations

Gingerbread House making

Wreath decorating

Cookie decorating

Holiday Boutique with proceeds to USH

Dreidel games and prizes

Coffee House music in chapel

Afternoon refreshments and snacks

Visits with Santa

Caroling and Messages of the season

SUGGESTED PRICE \$10 for ADULTS / \$20 FOR FAMILIES

No one turned away for lack of funds.

Delicious potluck dinner and the traditional 12 Days of Christmas zany sing-a-long!

Reservation Forms available on USH blog website, in the Enews, and in Fellowship Hall

VOLUNTEERS NEEDED FOR EVERYTHING!!!

You may sign up online by clicking on this link <http://signup.com/go/ceoGBz>

or email or connect with Sara Cassidy or Nina Elgo after services. We cannot do this without you!

CHAIRPERSONS

Sarah Cassidy (sarahcassidy27@gmail.com; 631-338-1357)

Nina Elgo (ninaelgo@comcast.net)

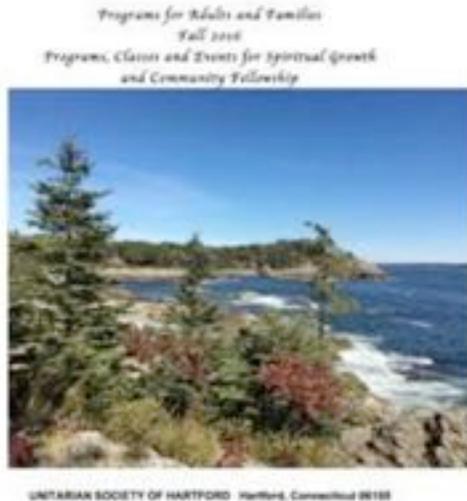
DONATIONS TO FOS NEEDED!!

CHRISTMAS WREATH ORNAMENT donations!! Are you downsizing or have holiday decorations which you can contribute to our wreath decorating craft? We can use small ornaments and pine cones (ideally unbreakable and of a size that will fit on a wreath), ribbons, etc....Please drop off on the table in Margaret Fuller, the Chancel Arts room. Contact: Kathie Ferguson: kwfinteriors@sbcglobal.net

DON'T FOIST YOUR EXTRA HALLOWEEN CANDY ON COLLEAGUES AND FRIENDS

Save and donate to FOS to use to decorate the Gingerbread Houses!

Please drop off in the Youth Group Room.



2016 Programs for Adults and Families

A new program will start in January, “Living Your Faith – An Interfaith Journey.” Stop by the Programs Table Sunday for information about this program and others offered at USH.

The Fall 2016 Programs for Adults and Families catalog is available online. Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and then Adult & Family Programs. In the bottom right corner, click on Adult Programs Catalog 9/16/16.

You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at sign\)gmail.com](mailto:janicecnewton(at sign)gmail.com) to register or for program information.

Programs

Friday Pizza and Movie Night: November 11, featuring “North by Northwest.”

USH Book Club: Thursday, December 8, 5:30 PM.

Living Your Faith – An Interfaith Journey: Wednesdays, 7:30 – 9:00 PM, January 10 – June 13 (every other week).

Ballroom Dance: Thursdays, 6:00 – 8:00 PM.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann 860-461-0908.

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM.



Every Sunday after worship – 12:00 PM
20s/30s Sunday Brunch

The 20's/30's Group is hosting a weekly brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Food will be provided but guests are encouraged to bring something additional to share.

* Please let me know by Friday afternoon if you plan to join us so that we can be sure to have enough food for everyone. - Stephanie Briggs (860) 716-1920

In The Library
 @ The Meeting House

RSVP to
 Stephanie.e.briggs@gmail.com

We look forward to seeing you!

Upcoming Special Events and Other News



SYRIAN REFUGEE PROJECT UPDATE: SUNDAY, NOV 20 at 12:15 at USH

Want to know how the Al Asmi family from Syria is doing? Hear about the great NPR interview?

Here are a few teasers: They have been in the United States for five months now and are really doing quite well. After six weeks, we were able to help Fadi, the father, to secure a job He recently was awarded a salary increase Eman, the mother, has been shopping Hamdi, the eight-year-old son enthusiastically attended Farah, the two-year-old daughter, has charmed . . . and baby

Nour Sham is now seven months old.

To learn more of the exciting details about this family, attend a Sunday, November 20 program sponsored by the USH Women's Alliance at 12:15 in Fellowship Hall. The program is free for guests and all friends and members of USH (no reservations required), designed to further communication among us.

The Youth Group will be selling soup in Fellowship Hall after the service, and/or you may bring a sandwich from home to tide you over until the presentation.

Over 20 USH people are helping in this warm, important, multi-faceted project; some will be sharing information during this program. Members of nine congregations and partner retirement life centers (Seabury and Duncaster) are also involved in supporting the family. An amazing collaboration, through hours and hours of effort by many volunteers. Questions? Leave a message at 860-693-4269. - **Submitted by Nita H.**

Hello fellow USHers! Our community connection, Tutoring at Noah Webster, is up and running! We'd love to have more of you join us in this effort.



We are assigned to classrooms with teachers and students who love to have us and are just waiting to welcome us. It's a fun and rewarding way to spend an hour or two each week...on a day of your choosing!

Reading: Kindergarten thru grade 4: Contact Diana Heymann (heydiana42(at sign)gmail.com)

Math: Grade 4 through grade 8: Contact Brian Harvey (bharvey(at sign)ushartford.com)" -**Submitted by Diana Heymann**



Waking Up White Book Discussion Series ~ The first of the series of Waking Up White dialogues was a rich sharing of ideas and reflections. The next sessions will be held as follows (both dates are Sundays):

* November 20 at noon at USH. Read pages 61-156.

* December 11 at noon at UU Fern Street in the Program Center. A light lunch will be available prior to the dialogues. **Read pages 157-255.**

Any questions contact Gloria Francesca Mengual @ gloriafmengual@gmail.com. Thank you for the great response and interest thus far. See you on November 20th! - **Submitted by Gloria Mengual**

Upcoming Special Events and News in the Larger Community



12th ANNUAL CELEBRATION of JEWISH ARTS and CULTURE

November 13,
5 p.m.

Charter Oak Cultural Center
21 Charter Oak Ave.
Hartford, CT 06106
860-310-2580

KRISTALLNACHT:
A Commemoration

We are of different faiths, cultural heritages and traditions. On this night, we will stand together in hope.

Kristallnacht, a time of broken glass, burning synagogues and shattered lives, was two nights of terror that, for many, marked the beginning of the Holocaust.

On November 13, 2016, we will gather together to remember, reflect and recommit ourselves to creating a world in which all are cherished and free.

Climate Stewardship Summit: *A Greener Future*

Sunday, November 13, 12:00-6:00 pm (reception to follow)
CCSU Student Center, 1615 Stanley St., New Britain, CT

Join us for a half-day conference where we will discuss strategies to achieve the greener future that the planet needs. We will hear from climate activist and University of Vermont student, Gina Fiorile, who has spoken at both the White House and the United Nations. There will be a plenary session and several workshops on topics including the impact of meat on the climate, electric vehicles, political action, and working with youth. **Special concert by renowned singer Kate Callahan at 12:00 PM!**

Register at: <https://climatestewardshipsummit4.eventbrite.com>

Information: terri@irejn.org

Co-sponsored by Interreligious Eco-Justice Network & Central Connecticut State University



Suggested
donations:
\$30
Students: \$10



Election 2016 – One Step Closer to WW III?

Achieving Peace is NOT on the National Agenda

**Saturday November 12th, 12 to 5 pm Middlesex
Community College, 100 Training Hill Road, Middletown,**

CT

- Military Buildups with increased risk between nuclear powers, Climate Disruptions, Social Disruptions and Economic Inequality all threaten our planet.

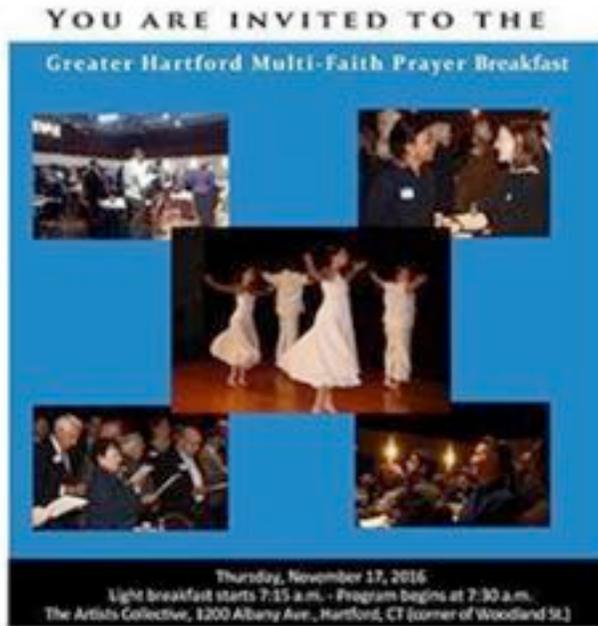
- How do we work together to stop impending global catastrophes and rebuild our communities?

A one day conference to bring together CT Peace and Justice Communities promoting a vision of Peace achieved through non-violent conflict resolution, social justice, economic equity and environmental sustainability.

Keynote Speaker: Dr. Bahman Azad, Professor of Economics and Sociology in New Jersey; Member of the Executive Board and Organizational Secretary of the U.S. Peace Council; Chair of the Iran Working Groups of Veterans For Peace; Member, Coordinating Committee, United For Peace & Justice.

For information contact – skrevisky@mxcc.commnet.edu

Sponsored by: Congress of Community Colleges (4C's/SEIU), Greater New Haven Peace Council, CT Coalition for Peace and Justice, No Nukes/No War and Hope Out Loud ~ **Submitted by Ed Savage**



Greater Hartford Multi-Faith Prayer Breakfast

☸ ☪ ☯ ☩ ☪ ☪ ☪ ☪

"God's Love in Hartford"

Join us for a time of multi-faith prayer, music, education & reflection.

Our Main Speaker This Year is
Scarlett Lewis, Founder
Jesse Lewis Choose Love Foundation

Scarlett Lewis founded the Jesse Lewis Choose Love Foundation following the death of her son, Jesse Lewis, at the age of 16. The mission of the foundation is to provide a safe space for children to express their emotions and to provide support and resources for families who have lost a child. The foundation offers a free and private grief support group for children and families who have lost a child. The foundation also offers a free and private grief support group for adults who have lost a child. The foundation also offers a free and private grief support group for adults who have lost a child. The foundation also offers a free and private grief support group for adults who have lost a child.

Please register by mail or online

Name _____

Email _____

Address _____

City/State/Zip _____

I prefer to be contacted by: _____ email _____ mailing _____ phone or text (phone # _____)

Please accept my gift of \$ _____ and prayers in support of the Greater Hartford Multi-Faith Prayer Breakfast.

Make your gift online <http://ghfb.weebly.com/> View details online

(The Greater Hartford Multi-Faith Prayer Breakfast is run by volunteers.)

FIRST ANNUAL SYMPOSIUM ON MENTAL HEALTH AWARENESS ~ On Saturday, December 3, 2016, from 8:30 AM to 5 PM, the Unitarian Society of New Haven, located at 700 Hartford Turnpike in Hamden, will hold its First Annual Symposium on Mental Health Awareness. The Symposium will address the many barriers that confront people experiencing mental health and/or substance abuse issues.

Each of the day's speakers will address different aspects of recovery, as well as the ways in which understanding and community support can lead to self-discovery, which in turn fosters self-renewal and transformation. Coffee and a light lunch will be served and the event is free and open to the public. Advance registration is required by emailing membership@usnh.org. -Submitted by: Jane Ferrall; [membership\(at sign\)usnh.org](mailto:membership(at sign)usnh.org)

Weekly Reminders

Do you love music? Theater? USH is looking for someone to head an Arts and Entertainment Committee.



I receive many requests from performers asking if USH would be interested in hosting them. Since USH no longer has someone to organize these events, we have had to decline. Please contact Linda Clark at [ushlindaclark\(at sign\)gmail.com](mailto:ushlindaclark(at sign)gmail.com) if you are interested in bringing many talented performers to USH. **Thank you!**



Would You Like to be Part of a Great Team?

How about the USH Sunday Welcome Team? Please contact Linda Clark (at: ushlindaclark [at] gmail [dot] com) or phone the office at 860-233-9897 or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. It's what makes USH outstanding in its open and friendly atmosphere to help first-time and newcomers feel welcome, find their way around our

Meeting House, and want to return. **(If you'd like to help out in the office during the week, please contact Linda Clark).**



Do you love to sing? Have you ever thought about joining the USH Choir?

Well now is the year to turn that thought into a reality! The USH Choir is an incredibly fun way to make beautiful music with some truly incredible people. Best of all, this year we will be rehearsing on Sunday mornings at 9 am before church with only one weeknight rehearsal per

month, drastically limiting the time commitment needed to participate. If you have ever considered joining our group, we would love to see you now to laugh and sing together! **If you have any questions or would simply like more information, please feel free to contact our Choir Director Rebecca Pacuk at rgpacuk@gmail.com. (Formal music training is not required).**



Hello USH Gardeners! Thanks to all those of you who have done some weeding and tending, of any of the USH Gardens- the Memorial Garden, Pet Memorial Garden, or Community

Garden plot and Labyrinth.

Walking the labyrinth means walking over dark, uneven terrain. Please only do this if it makes sense for you, and know that it is not currently accessible for all. Perhaps, someday, with your support!

Additional Plantings that will winter over are welcome in the labyrinth. Thanks to all for your patience and participation. - **Warmly, Rev. Heather**



The USH Wish List

Hello Everyone! There are some items that we could really use at USH:

A Folding Lightweight Table to use at various events

A Vacuum Cleaner for general clean up

2 Floor Length Mirrors

New collapsible functional easels

Staples gift cards

Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister

Email: revheather@ushartford.com | Phone: 541-390-6052

Rev. Cathy Rion Starr, Co-Minister

Email: revcathy@ushartford.com | Phone: 541-390-7553

Rayla D. Mattson, Director of Religious Education and Rentals Manager

Email: dre@ushartford.com | Phone: 860-839-5001

Linda Clark, Office Administrator

860-233-9897 x 100 | Email: ushlindaclark@gmail.com

Rebecca Pacuk, Choir Director

rgpacuk@gmail.com

Brian Mullen, Bookkeeper

Office Hours by Appointment

Email: bmullen@ushartford.com

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line, "USH-Enews". Thank you for your submission!

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.