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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment

USH-Enews ~ March 1, 2017  
Worshipping Together Since 1830  
Sunday Service 10:30 AM  
Revs. Cathy & Heather Rion Starr



Image: <http://fineartamerica.com>

**Worship Service: Sunday, March 5, 2017 ~ 10:30 AM ~ "Truth, Truthiness, and Meaning" ~ Rev. Jean L. Wahlstrom, Pulpit Guest ~ Rich Tsudaka, Worship Associate** ~ In these times of political Spin, Truthiness, and Alternative Facts, our commitment to the Search for Truth can range from the trivial to the vitally important. How do we listen, beyond truth-claims, for what is real, relevant and meaningful?

Jean Wahlstrom served as settled parish minister at May Memorial UU Society in Syracuse, New York and at Allen Avenue UU Society in Portland, Maine. She has had Interim ministries in Phoenix, Arizona and the Midwest. Before entering the ministry, Jean worked for a couple of Hartford insurance companies. She is currently quasi-retired and living in Tolland CT adjacent to 143 acres of conservation woodlands - perfect for a New England transcendentalist.

### **All About Parental Leave**

Braden bell Rion Starr, was born Friday morning, February 10, at 7:17am. Rev. Heather will be back at half-time in mid-March through mid-April, then she will be full-time Mid-April through mid-May. Rev. Cathy will be out for 3 months and will return in mid-May. Thanks for respecting their privacy while they get to know their new little one. Your help with meals, is appreciated. See the Take Them A Meal link in this E-News or talk with Deb Meny to sign up.

### **Parental Leave Team Contacts**

While Reverends Cathy and Heather are both on parental leave, members of the Parental Leave Team are available to field your questions. Please don't hesitate to contact us and we will do our best to get you a prompt response or refer you to the person who can help.

**General information:** Martha Bradley, marthabradley49@yahoo.com, call or text, 860-305-3307 (Martha will be visiting her son in Arizona from Feb.16 to Mar 6. If you want to contact her by phone, please allow for the 3 hours earlier time difference for Arizona. Thanks.)

**Pastoral Care:** Eve Pech, elpech@sbcglobal.net, 860-379-5035.

**Rev. Erica Richmond**, our Affiliated Community Minister, will be on call for pastoral emergencies, ef.richmond@gmail.com, 617-997-1216.

**Business or Building:** Phil Gardner, gardnerpj@comcast.net, 860-313-4455

**Worship: Sue Smolski**, sue.smolski@gmail.com, 860-280-7250.

If you have a joy or sorrow in your life that you'd like shared with the congregation during a Sunday service, please contact both Eve Pech and Sue Smolski.

**Rayla Mattson is our Rentals Manager. For new rental requests to use space at USH, please contact her at: dre@ushartford.com or 860-839-5001. For Rates and Rental Application, go here.**

**E-News Contributors Please Take Note:** The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

**In This Week's Enews:**

Sunday Service Recap | RE News You Can Use

Church Business News

New England and General Assemblies Approaching

Performing Arts at USH

2017 Programs for Adults and Families

Focus: Resistance is Daily Practice

Upcoming Special Events and Other News

How We Can Help the Rion Starr Family During Parental Leave

Upcoming Special Events & News in the Larger Community

Hartford Stage "Absolute Brightness" Tickets Available!

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link on the USH Facebook Page Here.

**Check out our Online Calendar for Upcoming Events:**

<http://www.ushartford.com/events/>

**To submit a Calendar Request**, please cut and paste the FORM at the end of the E-News into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available. This will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Thank you! ~Linda

**Contact:** <http://www.ushartford.com/about-us/staff/>

## Sunday Service Recap by Kayla Kostenoble

February 26, 2017

“Reverence: Because We Are Not Gods”



Photos: Harriet Gardner

**Kayla Costenoble would like to share the Sunday Service Recap reporting.**

**Are there any budding writers who are interested in submitting the Sunday Service Recap? If you said 'Yes', please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.**

Old words, good words, forgotten words, helpful words—these were introduced by pulpit guest Rev. Carolyn Patierno, minister at New London’s Unitarian Church, during her February 25, 2017, sermon at the USH. Rev, Carolyn said although she is “still reeling from the outcome of the presidential election” and our own ministers have enough material from that for a whole year of sermons, we must have the “stubbornness to accept, stay upright and balanced.”

We must accept there are things beyond our grasp and we are limited as human beings. Our limited capacity to comprehend is lifted up when we feel the spirit in our hearts. Here at the USH, she said, compassionate courage is emerging in “these daunting times” and we are speaking up more than ever before. Rev. Carolyn used our Black Lives Matter signs as an example. Not only have we

replaced those stolen from our lawn more than a dozen times, but we attach invitations on the back of them inviting whoever took them to enter into dialog with us.

Rev. Carolyn said we must keep leaders from trying to take control of others' lives and keep human beings from trying to act like gods. We need to cultivate virtue in our hearts, and build our compassion and humility.

Sundays at the Meeting House constantly introduce me to new books, music, poetry, ideas; I revel in this. Rev. Carolyn used ideas from philosopher and dean at the University of Texas Paul Woodruff's 2001 book "Reverence: Renewing a Forgotten Virtue." The book describes reverence as "an ancient virtue that survives among us in half-forgotten patterns of civility and moments of inarticulate awe." The author says awe for things greater than oneself must be a touchstone for respect, humility and charity. He shows how reverence plays an unseen and essential part in virtually every human relationship and considers it an essential component of a moral life. His definition of reverence: the well-developed capacity to have the feelings of awe, respect and shame when these are the right feelings to have. But contemporary society seems to have lost this capacity, as reflected in disdain for government, destruction of the environment and disrespect for rules and rituals.

Descriptions of "love" were also an important part of Sunday's service. In her Time for All Ages, Rayla read a book her mother had given her on her sixteenth birthday, Robert Munsch's "Love You Forever." By the end of this story about a mother's love for her son, many in the congregation, including those with tears in their eyes, joined in the oft-repeated song in the story:

I'll love you forever

I'll like you always

As long as I'm living

My baby you'll be

Then our talented USH barbershop quartet (plus one)—Cam Forman, Ed Savage, Brian Smith, Mike Sereda and Andrew Schad—paid homage to all the mothers in the congregation with their tuneful rendition of "I Love You Truly."

Stephanie Briggs, an active member of our 20s and 30s group, was an active participant in the service. She lit the chalice, gave out candles for the memory and hope ceremony, and delivered a pulpit testimonial sharing her experience at the USH. Asked to describe what the USH means to her, she said coming here "opened doors in her mind and her heart." Moving to this area, she felt alone almost all the time, but after she heard Rev. Heather's sermon on "'Choosing to Enter,'" she felt welcomed "just as I am...The love I feel here has transformed me."



### RE News You Can Use!



This Sunday, March 5, the nursery will be available from 10:15-11:45AM for morning worship. There will also be after care until 1:45pm. There will be a Time For All Ages followed by age appropriate classes.

**Sermon Writing for Lay Preachers** ~ We are looking for 3-5 people to assist in hosting this event. If you are able to host, your registration is free. Please contact the DRE for more information or to sign up to host. For more info. about the event click [HERE](#). **Rayla D. Mattson ~Director of Religious Education, Unitarian Society of Hartford** ~ 860-233-9897 ext 104 860-839-5001 – cell I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



### FUNDrive

Please support the Religious Education Program at USH

Donate clothing and household goods from March 1st – 10th

Community members are invited to donate gently-used clothing and household items at the Unitarian Society of Hartford FUNDrive, to be held March 1st-10th...

For more info. click [HERE](#).



## Church Business News



**2017 Annual Report Submissions:** ~ Hello all, I sent an email reminder to everyone who will be submitting a report this year. If you did not receive this reminder but will be sending a report, please contact Linda Clark at ushlindaclark(at sign)gmail.com or call 860-233-9897. Below is an excerpt from the email reminder:

"It's time to begin collecting submissions for the 2016-2017 Annual Report which will be distributed prior to the Annual Meeting on Sunday, May 21, 2017. \*The deadline for submissions is Sunday, April 23, 2017. This will enable us to have the reports available the Sunday before the meeting on May 14. Earlier is greatly appreciated. Please send in a separate email with 'Annual Report -the Title of Report-' in the Subject." ~ **Thank you, Linda Clark, Office Administrator**

### **USH Board Meeting, March 7, 2017, 7:00 PM**

7:00 Opening words (John)

7:04 Board covenant (John)

7:07 Review/approve minutes (John)

#### Discussion Items

7:09 Strategic Plan goals (John, Tom, Sherry)

7:24 Safer congregation policy proposal (Virginia, Rayla)

7:44 Donation Policy Proposal (Hank)

7:54 Stewardship update (Peter)

8:09 Stewardship For Us consulting visit (John)

8:24 Annual meeting

8:39 Short Items

8:39 Regional and General Assembly

#### **Closing Items**

8:44 Comments from guests and board members (if time allows)

8:49 Review decisions and follow-up actions, incl. next council report, under the stairs

8:54 Closing words

Adjourn



**New England Regional Assembly:** Gather this spring in Woburn, Massachusetts with Unitarian Universalists across New England to celebrate our faith. Come for inspired worship, engaged learning, community singing, UUA Presidential Candidates Forum, regional workshops, fellowship

and fun. Awaken your spirit! Click [HERE](#) for more info. **Please let John Brancato, USH President, and Revs. Cathy and Heather know if you are able to attend.**

### **General Assembly 2017, June 21-25, New Orleans, LA**

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA). Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates.

Planning has begun for General Assembly 2017 at the Ernest N. Morial Convention Center, 900 Convention Center Blvd, New Orleans, LA 70130. [Google Map](#). By going to New Orleans, we can both celebrate our successes and recommit to the relationships that have been forged with this community. For more info. go [HERE](#). **Please let John Brancato, USH President, and Revs. Cathy and Heather know if you are able to attend!**



### **2017 Programs for Adults and Families**

Stop by the Programs Table Sunday to register for the March 10 Pizza and Movie Night or a Family Friendly Small Group Ministry with the first session to start on March 24. The \$5.00 registration fee for Small Group Ministry can also be paid at the Programs Table.

If you're interested in reading more about Unitarian Universalism, you may want to stop by and look at what's available in the Book Cart located next to the Programs Table.

The Winter Spring 2017 Programs for Adults and Families catalog is now available online. Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and then Adult & Family Programs. In the bottom right corner, click on Current Adult Programs Catalog. You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com) to register or for program information.



## Programs

USH Book Club: Thursday, March 2, 5:30.

Friday Pizza and Movie Night: March 10, 5:15 PM, featuring “Don Juan DeMarco”.

Faith and Living – An Interfaith Journey: Contact Tom Gervais at [tom.j.gervais@gmail.com](mailto:tom.j.gervais@gmail.com) or 860-558-3000 for dates; time: 7:30 – 9:00 PM.

Small Group Ministry: Thursday, 2:00 – 4:00 PM, starting March 16. (waiting list)

Family Friendly Small Group Ministry: Fridays, 6:00 – 8:30 PM, first session March 24.

Ballroom Dance: Thursdays, 6:00 – 8:00 PM.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann 860-461-0908.

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM. Any questions please contact Jan Bennett, [chair2clinic@juno.com](mailto:chair2clinic@juno.com)

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions please contact Jan Bennett, [chair2clinic@juno.com](mailto:chair2clinic@juno.com)

### **USH BOOK CLUB ~ La Rose— Louise Erdrich**

In this literary masterwork, Louise Erdrich, the best selling author of the National Book Award-winning *The Round House* and the Pulitzer Prize nominee *The Plague of Doves* weaves her breathtaking narrative magic in an emotionally haunting contemporary tale of a tragic accident, a demand for justice, and a profound act of atonement with ancient roots in Native American culture.



Inspiring and affecting, *LaRose* is a powerful exploration of loss, justice, and the reparation of the human heart, and an unforgettable, dazzling tour de force from one of America’s most distinguished literary masters.

At our February meeting we had an excellent discussion of *Absolute Brightness* which will soon be presented at Hartford Stage. We were joined by members of the Stage who discussed the novel and play. The play will be performed by the author, who will also attend an April worship. ~ **Submitted by Jean Groothuis**

**Family Friendly Small Group Ministry** is offered for Spring 2017! This group will meet at the Meetinghouse starting March 24, 2017. Group members will gather in Fellowship Hall at 6 PM to share a simple supper. Childcare will be available at no extra charge. There may be a shared food cost, depending on what the group decides to do about supper. It could be pizza with salad or potluck. The adults will go depart to a different room for the Small Group Ministry (SGM) portion of the program from 7 to 8:30 pm. The children will stay with the childcare providers for their own activities. There will be a total of six sessions facilitated by Gloria Mengual. There is a \$5 registration fee.



**Register at the Programs Table during Fellowship Hour or contact Janice Newton at JanicecNewton(at sign)gmail.com, phone 860-677-1121. For more information, call Esther McKone at estmckone(at sign)aol.com, phone 860-677-6682.**



**ILLUSION OR DELUSION? ~ DINNER & MOVIE,  
FRIDAY, MARCH 10**

"Iconoclastic acting by Marlon Brando, Johnny Depp and Faye Dunaway elevate this likable comedy about love, illusion and delusion. . . ."\*

"Affirms romantic love as a candle that must constantly be relit by wonder, devotion and creativity." "Don Juan DeMarco is a 1995 American romantic comedy-drama film starring Johnny Depp as John Arnold DeMarco, a man who believes himself to be Don Juan, the greatest lover in the world. Clad in a cape and domino mask, DeMarco undergoes psychiatric treatment with Marlon Brando's character, Dr. Jack Mickler, to cure him of his apparent delusion."\*\* You can watch a trailer here: <https://youtu.be/AteQZ7q6rtA>.

We will show this fascinating movie with a stellar cast on Friday, March 10. We will follow the usual time schedule, with popcorn and libations at 5:30, pizza and salad at 6, movie at 7, followed by optional discussion. You may reserve (\$10 each) at the Programs Table during Sunday Coffee Hour or call Janice (leave a message at 860-677-1121) by Wednesday, March 8. Specify your choice of meat or vegetable pizza toppings. If you have reserved but find you cannot attend, please leave a voice message by noon on movie day (860-380-7062 - no texting), so the pizza order can be adjusted. \* from Rotten Tomatoes website \*\* from Wikipedi **-Submitted by Nita H.**

**2nd Principle Things You Can Do ~** Rev. Heather continues building & deepening "Focus: Resistance is Daily Practice" Each day I must choose to focus my energies. Each day I will take actions of resistance to tyranny & oppression; I will engage in acts of self-care & perseverance; I will reach out and connect with other human beings in building meaningful relationships. Will you

join me? If you use Facebook, type the group name: "Focus: Resistance..." into your Search box and ask to join the group. If you'd like to be added by e-mail, e-mail RevHeather at [revheather@ushartford.com](mailto:revheather@ushartford.com) with "Would like to join Focus!" in your subject heading. For all of us: we are in this mess together. People are seeking out this congregation as a basecamp for connection, direction, relationship-building, solace, and clear ways to organize action. Your support for the work of this congregation is crucial right now. Perhaps more than ever, and certainly more than in recent years, people need this congregation as a conduit--a way to respond, make sense out of things, find community, build resilience and strength during difficult times. Let us support one another earnestly, now and in the days ahead. ~ **Warmly—Rev. Heather, [revheather@ushartford.com](mailto:revheather@ushartford.com), cell/text: 541-390-6052, on Facebook & Twitter**

## Interfaith Solidarity March

*Celebrating Our Diversity*

Sunday March 5, 2017



**Begins at 2:30pm at Center Church, 60 Gold Street, Hartford, CT 06103**

**with "Know Your Rights" ACLU Training**

**4:00pm March begins from Center Church to the Capitol**

**4:15pm Aar Prayer at Capitol**

**5:00pm March to Muhammad Islamic Center of Greater Hartford,**

**155 Hungerford Street, CT 06106**



**On sale every Sunday during Fellowship Hour (11:30-12:15)**

**Suggested donation:** Lawn sign - \$20  
Window sign - \$3 - Car sign - \$1

## The signs are in!

Available in 3 sizes:  
Lawn sign - 18" x 24" (2 sided)  
Window sign - 11" x 17"  
Car sign - 8.5" x 11"





### PEOPLES CLIMATE MARCH ON THE NATIONAL MALL, APRIL 29!

At a time when it is crucial for the world to rapidly escalate policies and programs to reduce greenhouse gas emissions, the Trump administration is threatening to deliberately undermine these efforts. The march will send a

signal that the American public demands rational, urgent action grounded in climate science -- not retreat based on fossil-fuel industry propaganda. The USH Green Sanctuary Committee hopes to get enough USH participants to fill a bus. (Or two?) Open to members, families and friends. So mark your calendars and speak to anyone on the Green Sanctuary sub council to add your name(s). For more information go to [Peoplesclimate.org](http://Peoplesclimate.org) -Submitted by Peter Magistri



### Upcoming Performing Arts Series at USH

USH presents the fabulous Concert Pro Femina this Saturday!

Please join us for an exciting evening of music composed by women this Saturday night, March 4th, at 7:30 PM. . Admission is free, with a goodwill offering of \$15 suggested. This year's Concert includes ~

**Marcia Hanjian and Carolyn Halsted** playing Rebecca Clarke's "Passacaglia on an Old English Tune" and "Lullaby" for viola and piano.  
Minta White and Carolyn Halsted playing Cecile Chaminade's "Concertino for Flute and Piano."

**Benita Rose and Tony Gibbs** playing Ida Gotkovsky's "Brilliance" for saxophone and piano.

**Carolyn** playing her own piano composition, "Nocturne."

**Young composers** (sophomores in high school!) Sarah Fosdick and Anastasia Cucosh each playing self-composed solo piano pieces.

**Sacha Peiser, soprano**, singing "There Will Come Soft Rains" by Jessica Rudman (b.1982) words by Sara Teasdale (1844-1933).

**Anna Hayrapeytan, soprano, Theresa Pilz, soprano, and Sacha Peiser, soprano**, singing "Rain" by Katherine Bodor (b.1994) words by Madison Julius Cawein (1865-1914).

**Anna Hayrapeytan, soprano, Theresa Pilz, soprano, and Sacha Peiser, soprano**, singing "The March of the Women" by Ethel Smyth (1858-1944) ed. Amelia Nagoski (b.1977) words by Cecily Hamilton (1872-1952).

**Come join us!**

\* This concert is separate from but proudly inspired by the Women Composers Festival of Hartford, now in its seventeenth year. - **Submitted by Patrice Fitzgerald**

**\*UPCOMING PERFORMING ARTS EVENTS\* at USH**

**Mark your calendars now**

The USH Performing Arts program is still alive and well, even if you haven't heard much from us recently! Here are some planned concerts as well as additional events we hope to schedule:

**Women Composers Festival - Young Choirs - Sunday, April 2nd, 1:00 PM ~**

This concert is slated to feature two children's choirs (Children's Chorus of Springfield and one of the choirs from the Hartt Community Division) and two young adult choirs (Saecula Women's Choir, which is the alumnae division of the United Girls Choir of CT, and one of UConn's a cappella groups, Drop the Bass). Admission is free, with a goodwill offering of \$20 suggested. No one will be turned away.



**The Bill of Rights - Saturday, May 20th, 7:30 PM** ~ A choral presentation, accompanied by orchestra, of an exciting work by Wesleyan Professor Neely Bruce which features the entire text of the Bill of Rights. Proceeds will go to a non-profit organization.

**"You Gotta Have Hartt" - Sunday post-service concert on a date to be determined.** In support of the Music Program, our Hartt Choral Scholars and USH Accompanist Isaac Reguera will sing and play beautiful music of their own choosing. Come and listen to our wonderful artists so we can afford them again next year!

**The Meeting House Folk - Date to be determined.** USH's home-grown group of singers and strummers will get the chance to put on a full concert featuring rocking favorites and folk ballads--and you'll have a chance to jump in and sing too.

**Family Share Talent/No Talent Show - Sunday post-service event on a date to be determined.** Looking for willing performers of any caliber who can dance, juggle, tell jokes, or otherwise entertain us. Children especially welcome!

**Jazz & Broadway Cabaret - Sunday post-service event on a date to be determined.** Patrice and Richard will gift the congregation with a concert of sizzling jazz and Broadway showstoppers before they say bon voyage and take off to parts unknown. No charge... any offerings will go to the USH General Fund.

**Watch this space for further announcements of when these events will take place!** And please be in touch with [PatriceFitzgerald@gmail.com](mailto:PatriceFitzgerald@gmail.com) if you'd like to be part of the new Performing Arts Group Events which is now forming and is full of ideas. We want to have a lively slate of events for the 2017-2018 church year. **-Submitted by Patrice Fitzgerald**

### Upcoming Special Events and Other News

**1<sup>st</sup> Sunday CONNECTIONS**

**For Visitors & Newcomers**

Each month we host an informal gathering for visitors and newcomers to learn more about UU, USH, our mission, education program and membership. Ask questions, share your concerns, and meet others.

We meet "Under the Stairs" (Lower Lobby) 15 minutes after the end of the service.

Attend as many times as you wish.

Upcoming Meetings

**March 5, 2017**

**Free Childcare Provided**





### **Maud Barnes Freeman**

Maud Barnes Freeman, widow of Lt. Harold Heald Freeman, formerly of Boston, Mass., died in West Hartford on Friday, February 10, 2017, at the age of 102.

She was the daughter of Edwin and Lillian Cox Barnes, immigrants from Birmingham, England, in 1913. Her father stowed aboard a ship when he was 12 and started his adventures around the world. His zest and curiosity about life and travel was passed to his children and grandchildren.

Maud was born in Hartford on August 13, 1914, and lived all of her life in the greater Hartford area. She was a 1932 graduate of Bloomfield High School and what is now known as Central Connecticut State University in 1936 with a bachelor of education degree. She was a member of the Unitarian Society of Hartford her entire life.

For more than 40 years she was a school secretary in West Hartford public schools, primarily in the elementary schools. She retired in 1985, last working at the Wolcott School. In retirement, she volunteered at the Wolcott School for 15 years and at the Connecticut Braille Association.

Survivors are two nieces: Susan Barnes Whyte of McMinnville, Oregon, Nancy Barnes Hurst of Cincinnati, Ohio, two nephews: Timothy Barnes of Portland, Oregon, and Geoffrey Barnes of Vancouver, B.C., six grand nephews and two grand nieces. Dear friends in West Hartford, Susan Busby and her sons Adam and Aiden Busby-Mott,, were wonderful companions. She was predeceased by her parents, her brother, Frank Barnes and Frank's wife, Ann Hasker Barnes.

A memorial service will take place at 2 p.m. on Saturday, March 25, at the Unitarian Society of Hartford, 50 Bloomfield Avenue. A reception will follow.

Those who lived near Maud when she lived on South Main St. knew her cheerful face from her daily early morning walks of 4 or more miles. Those who attended schools where she worked know how much she enjoyed all of you and how amazed and enthusiastic she was to encounter you later in her life. She was an indomitable woman who read and read and read and took copious notes on everything. She loved Siamese cats and Japanese prints. Her enthusiasm for life stayed with her and her smile brightened everyone's days. Her favorite expression: "Oh my word!" is now repeated by her family members as we celebrate her life and mourn her passing.

The family is so grateful to the staff of St. Mary's Home who took care of her for the past three years. In lieu of flowers, donations may be made to the Residence Fund at McAuley Retirement Home, 275 Steele Road, West Hartford, CT 06117.  
-Submitted by Janice Newton

**Memorial Reception to Honor Maud Freeman:** Following the Saturday, March 25 Memorial Service (at 2 PM) for Maud Freeman, we will have a reception in Fellowship Hall. Since Maud loved cake, the family will supply a cake. Maud's niece has asked that we have some cookies, punch, tea (essential because of Maud's British heritage) and coffee. We will not have the usual sandwiches, fruit or veggie platters, etc. If you are willing to make about 3 dozen cookies, please let me know. Since this will be a very small reception, I will need only 3 donations. By letting me know we will not have an over abundance of goodies. **See me on Sunday, email me at [janicecnewton@sign@gmail.com](mailto:janicecnewton@sign@gmail.com) or call at 860/677-1121. Please be sure to include a list of the ingredients! Thank you very much. Janice Newton**



**Greater Hartford Cohousing**  
Community – Sustainability – Life Enhancement

**CO-HOUSING PROJECT SEEKS NEW MEMBERS** ~ We are a group of households planning to build an urban cohousing project in Greater Hartford. We intend to create a project that fosters community bonds and sustainable living through thoughtful design. Our vision is to create an adult-centered community in or near the city of Hartford so we can enjoy its diverse amenities and peoples, become part of the fabric of our neighborhood, and encourage aging in place.

For further information on co-housing see [www.cohousing.org](http://www.cohousing.org)

We plan to introduce our community in two informal meetings: on Sunday, March 12 at the Unitarian Society of Hartford at 12:00 PM, Under the Stairs, and on Sunday, March 19 at the home of Toni Gold, 96 Kenyon Street at 7:00 PM. We look forward ... Read More [HERE](#).

**Toni Gold, Hartford, 860-232-9018, [toniagold@gmail.com](mailto:toniagold@gmail.com)**

**Susan and LeRoy Spaniol, Bloomfield, 860-216-1392, [sspaniol@comcast.net](mailto:sspaniol@comcast.net)**

**Martha Bradley, West Hartford, 860-305-3307, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com)**

**-Submitted by Toni Gold**



USH is helping to launch a statewide residential solar program for members of houses of worship who own their homes. Our USH "Solarize With Faith" effort kicks off **March 5** (part of our Congregational Clean Energy Campaign)

Why go solar?

- \* You are committed to addressing climate change
- \* You want to reduce your long-term energy costs
- \* You want to invest in a livable planet

- Submitted by Jeff Howard

**UU  
USH  
&  
YOU**

**A Path to Membership**

**Free child care provided.**

Rev. Heather will be present for these sessions.

**4 Sunday sessions**  
(Jan 29, Feb 5, Mar 5, Apr 2)  
**12:00-1:30 pm**

Followed up with a **Membership Sunday** on **Apr 23**

Join us in our four-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

Sign up at the Programs Table or contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)



### How We Can Help Revs Cathy, Heather and Robin During Parental Leave!

There's a couple dates left. The Rev's personal food info and meal calendar is online at [TakeThemAMeal.com](http://TakeThemAMeal.com). Their personal site is under the name Rion Starr with the password 6152 which has everything we need to know - and more! Cathy is severely allergic to peanuts and peanut oil, so please make sure there is no interaction with peanuts in the food you prepare. Robin is gluten-sensitive so they prefer gluten-free versions of entrees.

They live at 113 Washington Circle, the little circle-street off Park Road in West Hartford.

**Thank you so much for helping. -Submitted by Deb Meny**

### Weekly Reminders:



In The Library  
@ The Meeting House

RSVP to  
[adambrown6@gmail.com](mailto:adambrown6@gmail.com)

Every Sunday after worship – 12:00 PM  
**20s/30s Sunday Brunch**

The 20's/30's Group is hosting a weekly potluck brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Members and guests are encouraged to bring something to share. - Adam Brown (860) 847-0940

*We look forward to seeing you!*



### Would You Like to be Part of a Great Team?

Join the USH Sunday Welcome Team! Please contact Linda Clark (at: ushlindaclark [at] gmail [dot] com), or phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. The Welcome Team makes USH outstanding in its open and friendly atmosphere, helps newcomers find their way around our Meeting House, and want to return.



**Also, if you'd like to help out in the office during the week for an hour or two, please contact Linda Clark.**

**Do you love to sing?** Have you ever thought about joining the USH Choir? Well now is the year to turn that thought into a reality! The USH Choir is a fun way to make beautiful music with some truly incredible people. Best of all, this year we are rehearsing on Sunday mornings at 9 am before church, with only one weeknight rehearsal per month, drastically limiting the time commitment needed to participate. If you have ever considered joining our group, we would love to have you come to laugh and sing together! **If you have any questions or would simply like more information, please feel free to contact our Choir Director Rebecca Pacuk at rgpacuk@gmail.com. (Formal music training is not required).**



### The USH Wish List

Hello Everyone! We mostly need People--those who are tech savvy, social media gurus, or Millennials, who would help us record, upload and podcast services. There are also some physical items that we could really use at USH:

A Folding Lightweight Table to use at various events

2 Floor Length Mirrors

New collapsible functional easels

Staples gift cards

Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.

The Archives Team is hard at work and has added this to the USH Wish List: Shelving for Worship Arts and Archives for organizing the materials stored in the Fuller room. Our materials in there are overflowing the available shelving and

cabinets. This will allow us to better use the limited floor space that is available. We are looking for two more metal units just like the six foot, six-shelf one in there now. No casters. Brand HDX, model 6T60184872C, stock number 100655787, or equivalent. **~Thank You, Larry Lunden, on behalf of the Archives Team.**

### **Upcoming Special Events and News in the Larger Community**

#### **Truth in Action with Love and Kindness**

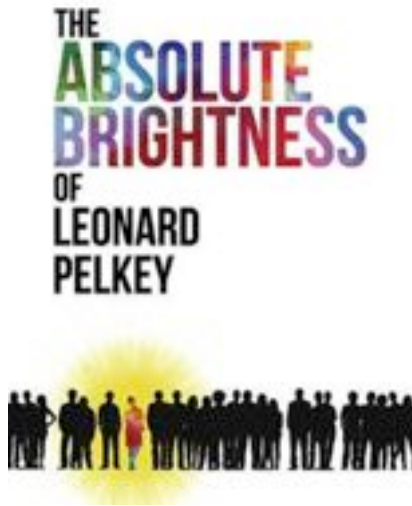
During these turbulent times, it seems more important than ever to work together as a community. After the Women's March on January 21, a group of concerned citizens begin meeting to determine actions steps to help preserve and protect the key tenents of our democracy. We have now named the group TALK – Truth in Action with Love and Kindness. Our group is planning a rally on Saturday, March 4th in Glastonbury starting at the Fountain and walking to Town Hall (.6 miles). We begin at the Fountain on the corner of Hebron & Main at 10:00 am with a few speakers and the reading of the Bill of Rights. We will then march forth to Town Hall where we will join in song with Dr. Uke and members of the Glastonbury Ukulele Club. The event ends at 11:00 am. All are welcome with kids, pets, and noise makers!

#### **Why March 4th/Forth?**

March 4, 1789 is an extremely important date in our nation's history. In the 21st century, the American political world revolves around a handful of key dates. But prior to 1933, March 4 was the biggest day on the calendar next to Election Day. The significance of March 4 predates the Constitution. The Confederation Congress, which operated under the Articles of Confederation (our first Constitution) picked March 4, 1789, as the day it handed off power to the new constitutional government. In essence, March 4 was the Constitution's first day in business. The date when our current form of government began.

**Any questions? Contact: Kim McClain at [mcmymth59@yahoo.com](mailto:mcmymth59@yahoo.com) - Submitted Kim McClain**





**USH Members & Friends, all of you who are reading this--we have a special opportunity coming up to attend a Hartford Stage production at a discount.** Please take advantage of this opportunity to get into Hartford and enjoy some theater! Call the Hartford Stage Box Office now, at 860-527-5151, to book your seats, using the coupon code below.

Absolute Brightness is about the disappearance of Leonard Pelkey, a flamboyant 14-year-old who has been bullied by his peers. Critically-acclaimed actor and writer James Lecesne (I Am My Own Wife at Hartford Stage, the writer of the Academy Award-winning Trevor) portrays a tough New Jersey detective, a withdrawn teenage girl, a brusque yet gentle hairdresser and a dozen other intriguing characters as they join forces to solve a mystery that will forever change their lives. The New Yorker called it "A whodunit with a heart of gold." Enjoy this "sneak peek": <https://youtu.be/8dPCzrM3gRQ>

**Use code USH20** to purchase tickets online or by calling the box office. When you select a seat, you will have 3 price options to choose from (adult, college or youth 18 and under only). A standard \$2 facility fee will be added to each ticket price (but not the handling fee). Please note that this coupon code does not guarantee that there will be tickets available--they can still sell out, so call now!

**The valid dates and times for using our USH20 code are:**

April 2 (7:30 pm performance only)

April 5 (7:30 pm performance only)

April 7 (8:00 pm performance only)

April 8 (2 pm performance only)

April 9 (2 pm performance only)

Enjoy this special opportunity to see a Hartford Stage production, and look forward to a service focusing on the Absolute Brightness story here at the Unitarian Society of Hartford on April 2! Building resilience is a collective, community-deepening effort. Join us in deepening our Hartford collaborations!

**For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com)

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com) Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister

Email: [revheather@ushartford.com](mailto:revheather@ushartford.com) | Phone: 541-390-6052

Rev. Cathy Rion Starr, Co-Minister

Email: revcathy@ushartford.com | Phone: 541-390-7553

Rayla D. Mattson, Director of Religious Education and Rentals Manager

Email: dre@ushartford.com | Phone: 860-839-5001

Linda Clark, Office Administrator

860-233-9897 x 100 | Email: ushlindaclark@gmail.com

Rebecca Pacuk, Choir Director

rgpacuk@gmail.com

Brian Mullen, Bookkeeper

Office Hours by Appointment

Email: bmullen@ushartford.com

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line, "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Nuts and Bolts:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.