



50 Bloomfield Avenue, Hartford, CT 06105  
Tel: (860) 233-9897 • Email: [firstunitarian@ushartford.com](mailto:firstunitarian@ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment

USH-Enews ~ March 8, 2017  
Worshipping Together Since 1830  
Sunday Service 10:30 AM

Revs. Cathy & Heather Rion Starr



Image: [pinterest.com](https://www.pinterest.com)

**Worship Service: Sunday, March 12, 2017 ~ 10:30 AM ~ "The Illusion of Certainty" ~ Rev. Dr. Jan Carlsson-Bull, Pulpit Guest and Peter Meny, Worship Associate** ~ Clarity, truth, and directness are values to which we as Unitarian Universalists aspire. What do you think? If we set a table where all the guests were notions that we took seriously, would illusion be invited? Why or why not, when the notion of illusion might connect with another notion that we, in this community of faith and doubt, fiercely resist?

Rev. Dr. Jan Carlsson-Bull is in her fifth year as minister of the Unitarian Universalist Church in Meriden, CT. and is currently president of our Clara Barton UUMA chapter. She has served congregations in Kingston, NY and Cohasset, MA and for seven years was Assistant Minister at the Unitarian Church of All Souls, New York City. Jan's ministry extends to Moral Monday CT/Black Lives Matter; the Meriden Clergy Association; speaking at various community and regional events.

**All About Parental Leave** ~ Braden bell Rion Starr, was born Friday morning, February 10, at 7:17am. Rev. Heather will be back at half-time in mid-March through mid-April, then she will be full-time Mid-April through mid-May. Rev. Cathy will be out for 3 months and will return in mid-May. Thanks for respecting their privacy while they get to know their new little one. Your help with meals, is appreciated. See the Take Them A Meal link in this E-News or talk with Deb Meny to sign up.

#### **Parental Leave Team Contacts**

While Reverends Cathy and Heather are both on parental leave, members of the Parental Leave Team are available to field your questions. Please don't hesitate to contact us and we will do our best to get you a prompt response or refer you to the person who can help.

**General information:** Martha Bradley, marthabradley49@yahoo.com, call or text, 860-305-3307 (Martha will be visiting her son in Arizona from Feb.16 to Mar 6. If you want to contact her by phone, please allow for the 3 hours earlier time difference for Arizona. Thanks.

**Pastoral Care:** Eve Pech, elpech@sbcglobal.net, 860-379-5035.  
Rev. Erica Richmond, our Affiliated Community Minister, will be on call for pastoral emergencies, ef.richmond@gmail.com, 617-997-1216.

**Business or Building:** Phil Gardner, gardnerpj@comcast.net, 860-313-4455

**Worship:** Sue Smolski, sue.smolski@gmail.com, 860-280-7250.

If you have a joy or sorrow in your life that you'd like shared with the congregation during a Sunday service, please contact both Eve Pech and Sue Smolski.

**Rayla Mattson is our Rentals Manager. For new rental requests to use space at USH, please contact her at: dre@ushartford.com or 860-839-5001. For rates and rental application, go here.**

**E-News Contributors Please Take Note:** The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

**In This Week's Enews:**

Sunday Service Recap | RE News You Can Use  
Church Business News  
New England and General Assemblies Approaching  
Performing Arts at USH

2017 Programs for Adults and Families  
Focus: Resistance is Daily Practice  
Upcoming Special Events and Other News  
How We Can Help the Rion Starr Family During Parental Leave

Upcoming Special Events & News in the Larger Community  
Hartford Stage "Absolute Brightness" Tickets Available!

Missed Last Week's Enews? Click Below:  
<http://www.ushartford.com/nourishing-spirit/newsletters/>  
See Articles and News for USH and the Surrounding Area you may have missed  
or find a link on the USH Facebook Page Here.

Check out our Online Calendar for Upcoming Events:  
<http://www.ushartford.com/events/>

To submit a Calendar Request, please cut and paste the FORM at the end of the E-News into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available. This will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Thank you! ~Linda

Contact: <http://www.ushartford.com/about-us/staff/>

**Sunday Service Recap by Kayla Costenoble  
March 5, 2017  
“Truth, Truthiness, and Meaning**

**Kayla Costenoble would like to share the Sunday Service Recap reporting. Are there any budding writers who are interested in submitting the Sunday Service Recap? If you said 'Yes', please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.**



Photos: Bill Simmons via video recording: click [HERE](#) for the video courtesy of Mike Sereda

“Falsehood seems to get the better of truth over and over again,” Pulpit Guest Rev. Jean L. Wahlstrom began her sermon at the USH on March 5, 2017. She introduced a new (for me) word—truthiness—a term coined by Steven Colbert on the Colbert Report in 2005 as “the quality of seeming or being felt to be true, even if not necessarily true... the truth we want to exist.”

We live in a age of truthiness where facts and input from authority are rejected to create our own reality. It gets more difficult every day to describe the relation between truth and meaning; this search is hard, complicated and controversial, she said.

Rev. Jean, currently - quasi-retired, has served as UU parish minister in Syracuse, New York and Portland, Maine, and as intern minister in Phoenix, Arizona and the Midwest. During the service, we read responsively from English poet, historian, writer and freedom fighter John Milton:

“For who knows not that truth is strong, next to the Almighty; she needs no policies, no stratagems, to make her victorious.

Let her and falsehood grapple, whoever knew truth put to the worse in a free and open encounter.”

Rev. Jean also spoke of “alternative facts” in relation to Trump and the November election and wondered what John Milton would say about alternative facts and falsehood. She said the search for truth “has taken on real urgency” since in the new reality, we get to make up facts. Trump’s twitters sound like an elementary school playground: “You’re a liar.” “No, you are.” “Comedians are keeping me sane these days and giving me hope,” Rev. Jean said. “We are living at the intersection of satire and reality... Comedians and the media can expose the new reality of political reporting in the age of Trump.”

“We can be foot soldiers in search for truth over truthiness,” Rev. Jean suggested, even though reality seems buried in mountains of falseness. Truth also equals integrity applied to our own lives. We must recognize not only in our own lives but also in others the need to live in greater integrity. This is the magic of a covenant group with its on-going deepening relationship with others. “The words we need to speak will be heard.”

Other good service notes. To reassure us, Rev. Jean read poet and UU minister for the Church of the Larger Fellowship (an online congregation for other religious liberals) Lynn Unger’s *Even the Onions* : “Even the onions under the sink know it’s spring...”

Worship Associate Rick Tsukada gave us an example of truthiness. His faith was shattered when he learned that George Washington’s “I did it” response to who cut down that cherry tree was invented by a biographer.

Rev. Jean commented on the richness and breadth of our USH, including its architecture, music, and beauty and read a poem by Rumi (great to have him with us again). Some words from it:

This being human is a guest house.  
Every morning a new arrival.  
A joy, a depression, a meanness,  
some momentary awareness comes  
as an unexpected visitor...  
Be grateful for whatever comes.  
because each has been sent  
as a guide from beyond.

And then there was the wonderful music—an eclectic mix of Beethoven and Liszt (beautiful, Isaac), a Quaker hymn (“My Life Flows On”) and the choir’s applause-earning rendition of Paul Haley’s *Freedom Trilogy*. Haley, a keyboardist, vocalist, composer and member of the Paul Winter Consort, combined two South

African songs, a Gregorian chant and “Amazing Grace” into his vision of a world without boundaries. Incredible!

### RE News You Can Use!



This Sunday, March 12, the nursery will be available from 10:15-11:45AM for infants and toddlers ages birth to three. There will be a Time For All Ages for children and youth, followed by age appropriate classes.

**Sermon Writing for Lay Preachers** ~ We are looking for 3-5 people to assist in hosting this event. If you are able to host, your registration is free. Please contact the DRE for more information or to sign up to host. For more info. about the event click [HERE](#). **Rayla D. Mattson Director of Religious Education, Unitarian Society of Hartford** ~ 860-233-9897 ext 104 860-839-5001 - cell

I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



### FUNDrive

Please support the Religious Education Program at USH  
Donate clothing and household goods from March 1st – 10th  
Community members are invited to donate gently-used clothing and household items at the Unitarian Society of Hartford FUNDrive, to be held March 1st-10th...  
For more info. click [HERE](#).

### Church Business News



#### Answering the Call of Love

Dear Members and Friends,  
Please join us for a complimentary Pancake Breakfast and celebration at our Stewardship Sunday service on March 26th. (Breakfast will be served from 8:45 to

10:00 AM.)

#### Why is it special?

Together we will celebrate our Society's 187th year and offer our financial support for the important year ahead! Our UU principles and the welcoming community, inspiring worship services, and opportunities for meaningful social engagement at USH are more important now than ever.

How Can We Answer the Call to Love?

\* By reflecting on, valuing and strengthening our personal stewardship of our Society.

\* By making a pledge that reflects how much we value the Society's fundamental importance in our lives and the lives of others.

We look forward to seeing you!

**The USH Stewardship Committee: Stephanie Briggs, Carolyn Carlson, Kate Gervais, Ginny Hedrick, Laurie Kelliher, Deb Meny, Peter Meny, Reverend Heather Rion- Star ~ Submitted by Peter Meny**



### **Solar Panels at the Unitarian Society of Hartford Meeting House**

**By David Newton**

March 8, 2017

Almost a year ago on March 24, 2016, the Unitarian Society of Hartford received permission to begin solar voltaic production of electricity. Now, almost a year later, it is appropriate to evaluate our progress on this project representing our commitment to the reduction of global warming for the benefit of future generations.

By December 30, 2016 our three south facing solar arrays composed of 132 solar panels had produced 36,123 kilowatt hours of electricity. This clean production prevented as much as 30.7 tons of carbon dioxide being added to our atmosphere. During the same period, the Meeting House consumed 29,823

KWHs of electricity while accumulating a balance in the kilowatt bank of approximately 6,400 KWh to be returned to the Meeting House as needed. The surplus is used to meet the shortfall in production during relatively dark January, February and some of March. As this article is written, we anticipate the bank balance along with current production will meet 100% of the Meeting House needs for a full year, a remarkable achievement!

The system kilowatt hour production is reasonably close to predictions based on averages for cloud cover at our latitude. We Connecticut residents do understand the variability of Connecticut weather that will affect solar production from year to year.

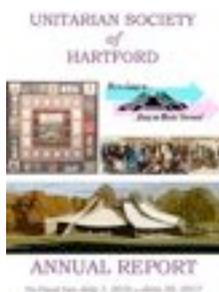
Yes, you can say our Meeting House runs on 100% sunshine electricity! We should all take pride in our accomplishment to date. Thanks to the Solar Stewardship Work Group for planning the details of the project, as well as all who contributed in various ways including planning, legal, accounting, zoning and all manner of other related activities as well as all contributors to the Endowment to fund the project.

One of the most difficult issues was qualifying for Federal and State incentives that turn out to be credits against income taxes. Because USH pays no taxes, this presented a challenge we have overcome.

**On February 28, USH received its first payment of \$1,156.12 for 14 ZRECs (Zero Emissions Renewable Energy Credits;** each represents one megawatt of clean energy production). Eversource has purchased our credits and will continue to do so for 15 years, paying USH quarterly an amount depending on production. The first payment received was for production last July, August and September. These payments at a fixed contractual rate (\$82.58/ZREC) will reduce the net cost of power used at the Meeting House immediately. This is a state benefit.

In addition, a Federal benefit equal to approximately 30% of the cost of the system equipment, is being captured to the eventual benefit of USH. At the end of a five-year period, USH can acquire the solar equipment while continuing to receive ZREC payments and enjoying the low-cost electricity produced by our solar arrays for many years to come.

Yet another reason to appreciate the lengthening days of spring.



### **2017 Annual Report Submissions:**

Hello all, I sent an email reminder to everyone who will be submitting a report this year. If you did not receive this reminder but will be sending a report, please contact Linda Clark at [ushlindaclark\(at\)sign@gmail.com](mailto:ushlindaclark(at)sign@gmail.com) or call 860-233-9897. Below is an excerpt from the email reminder:

"It's time to begin collecting submissions for the 2016-2017 Annual Report which will be distributed prior to the Annual Meeting on Sunday, May 21, 2017. \*The deadline for submissions is Sunday, April 23, 2017. This will enable us to have the reports available the Sunday before the meeting on May 14. Earlier is greatly appreciated. Please send in a separate email with 'Annual Report -the Title of Report-' in the Subject." - **Thank you, Linda Clark, Office Administrator**



## 2017 Programs for Adults and Families

Stop by the Programs Table Sunday to register for a Family Friendly Small Group Ministry with the first session to start on March 31. The \$5.00 registration fee for Small Group Ministry can also be paid at the Programs Table. Information for other programs at USH will be available including Meditation and the USH Book Club. If you're interested in reading more about Unitarian Universalism, you may want to stop by and look at what's available in the Book Cart located next to the Programs Table. The Winter Spring 2017 Programs for Adults and Families catalog is now available online.

Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and then Adult & Family Programs. In the bottom right corner, click on Current Adult Programs Catalog. You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at sign\)gmail.com](mailto:janicecnewton(at sign)gmail.com) to register or for program information.

## Programs

USH Book Club: Thursday, April 6, 5:30: "Hillbilly Elegy", Contact Richard Groothuis for more info: [rgroopofus\(at sign\)icloud.com](mailto:rgroopofus(at sign)icloud.com)

Faith and Living – An Interfaith Journey: Contact Tom Gervais at [tom.j.gervais@gmail.com](mailto:tom.j.gervais@gmail.com) or 860-558-3000 for dates; time: 7:30 – 9:00 PM.

Small Group Ministry: Thursday, 2:00 – 4:00 PM, starting March 16.

Family Friendly Small Group Ministry: Fridays, 6:00 – 8:30 PM, first session March 31.

Ballroom Dance: Thursdays, 6:00 – 8:00 PM.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann 860-461-0908.

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM. Any questions please contact Jan Bennett, [chair2clinic@juno.com](mailto:chair2clinic@juno.com)

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions please contact Jan Bennett, [chair2clinic@juno.com](mailto:chair2clinic@juno.com)



**Family Friendly Small Group Ministry** is offered for Spring 2017! This group will meet at the Meetinghouse starting March 31, 2017. Group members will gather in Fellowship Hall at 6 PM to share a simple supper. Childcare will be available at no extra charge. There may be a shared food cost, depending on what the group decides to do about supper. It could be pizza with salad or potluck. The adults will go to a different room for the Small Group

Ministry (SGM) portion of the program from 7 to 8:30 pm. The children will stay with the childcare providers for their own activities. There will be a total of six sessions facilitated by Gloria Mengual. There is a \$5 registration fee.

Register at the Programs Table during Fellowship Hour or contact Janice Newton at [JanicecNewton\(at sign\)gmail.com](mailto:JanicecNewton(at sign)gmail.com), phone 860-677-1121. For more information, call **Esther McKone at [estmckone\(at sign\)aol.com](mailto:estmckone(at sign)aol.com), phone 860-677-6682.**

**2nd Principle Things You Can Do** ~ Rev. Heather continues building & deepening "Focus: Resistance is Daily Practice" Each day I must choose to focus my energies. Each day I will take actions of resistance to tyranny & oppression; I will engage in acts of self-care & perseverance; I will reach out and connect with other human beings in building meaningful relationships. Will you join me? If you use Facebook, type the group name: "Focus: Resistance..." into your Search box and ask to join the group. If you'd like to be added by e-mail, e-mail RevHeather at [revheather@ushartford.com](mailto:revheather@ushartford.com) with "Would like to join Focus!" in your subject heading. For all of us: we are in this mess together. People are seeking out this congregation as a basecamp for connection, direction, relationship-building, solace, and clear ways to organize action. Your support for the work of this congregation is crucial right now. Perhaps more than ever, and certainly more than in recent years, people need this congregation as a conduit-- a way to respond, make sense out of things, find community, build resilience and strength during difficult times. Let us support one another earnestly, now and in the days ahead. **Warmly—Rev. Heather, [revheather@ushartford.com](mailto:revheather@ushartford.com), cell/text: 541-390-6052, on Facebook & Twitter**



**Join the Spirit & Action ministry** this month on March 16th in David's Den, 6:30-8:30pm. Our gatherings are open to anyone seeking spiritual sustenance and ideas for taking action during this time of chaos and change. For more info. contact Julie Grace: [jgbuko\(at sign\)yahoo.com](mailto:jgbuko(at sign)yahoo.com) For all dates for this event

click [HERE](#).



**On sale every Sunday during Fellowship Hour (11:30-12:15)**

**Suggested donation:** Lawn sign - \$20  
Window sign – \$3 - Car sign – \$1

## The signs are in!

Available in 3 sizes:  
Lawn sign - 18" x 24" (2 sided)  
Window sign – 11" x 17"  
Car sign – 8.5" x 11"






### PEOPLES CLIMATE MARCH ON THE NATIONAL MALL, APRIL 29!

At a time when it is crucial for the world to rapidly escalate policies and programs to reduce greenhouse gas emissions, the Trump administration is threatening to deliberately undermine these efforts. The

march will send a signal that the American public demands rational, urgent action grounded in climate science -- not retreat based on fossil-fuel industry propaganda. The USH Green Sanctuary Committee hopes to get enough USH participants to fill a bus. (Or two?) Open to members, families and friends. So mark your calendars and speak to anyone on the Green Sanctuary sub council to add your name(s). For more information go to [Peoplesclimate.org](https://Peoplesclimate.org) -Submitted by Peter Magistri

## Upcoming Performing Arts Series at USH

### Beautiful Performances at Concert pro Femina!



Saturday night we enjoyed a wonderful evening of music composed by women. The event was kicked off by two tenth-graders, Anastasia Cucosh and Sarah Fosdick (pictured), who played their own solo piano compositions. They were followed by their piano and composition teacher, Carolyn Halsted, who played one of her self-composed pieces. Carolyn also served as a duo partner for violist Marcia Hanjian in two pieces by Rebecca Clarke, and as a duo partner for flutist Minta White, who played Cecile Chaminade and improvised some intriguing flute music. The Rose-Gibbs duo, with Tony Gibbs on saxophone and Benita Rose on piano (pictured), played three movements of a challenging and unusual composition by Ida Gotkovsky. Finally, three sopranos, all members of the Board of the Hartford Festival of Women Composers, which inspired our own concert--sang pieces by Connecticut composer Jessica Rudman, score-call winner Katherine Bodor, and Ethel Smyth. We all joined in on the finale by Smyth, a 107-year-old song called "The March of the Women." **-Submitted by Patrice Fitzgerald for Performing Arts**



### **\*UPCOMING PERFORMING ARTS EVENTS\* at USH**

Mark your calendars now

The USH Performing Arts program is still alive and well, even if you haven't heard much from us recently! Here are some planned concerts as well as additional events we

hope to schedule:

#### **Women Composers Festival - Young Choirs - Sunday, April 2nd, 1:00 p.m.**

This concert is slated to feature two children's choirs (Children's Chorus of Springfield and one of the choirs from the Hartt Community Division) and two young adult choirs (Saecula Women's Choir, which is the alumnae division of the

United Girls Choir of CT, and one of UConn's a cappella groups, Drop the Bass). Admission is free, with a goodwill offering of \$20 suggested. No one will be turned away.

**The Bill of Rights - Saturday, May 20th, 7:30 p.m.** ~ A choral presentation, accompanied by orchestra, of an exciting work by Wesleyan Professor Neely Bruce, which features the entire text of the Bill of Rights. Proceeds will go to a non-profit organization.

**"You Gotta Have Hartt" - Sunday post-service concert on a date to be determined.** In support of the Music Program, our Hartt Choral Scholars and USH Accompanist Isaac Reguera will sing and play beautiful music of their own choosing. Come and listen to our wonderful artists so we can afford them again next year!

**The Meeting House Folk - Date to be determined.** USH's home-grown group of singers and strummers will get the chance to put on a full concert featuring rocking favorites and folk ballads--and you'll have a chance to jump in and sing too.

**Family Share Talent/No Talent Show - Sunday post-service event on a date to be determined.** Looking for willing performers of any caliber who can dance, juggle, tell jokes, or otherwise entertain us. Children especially welcome!

**Jazz & Broadway Cabaret - Sunday post-service event on a date to be determined.** Patrice and Richard will gift the congregation with a concert of sizzling jazz and Broadway showstoppers before they say bon voyage and take off to parts unknown. No charge... any offerings will go to the USH General Fund.

**Watch this space for further announcements of when these events will take place!** And please be in touch with [PatriceFitzgerald@gmail.com](mailto:PatriceFitzgerald@gmail.com) if you'd like to be part of the new Performing Arts Group Events which is now forming and is full of ideas. We want to have a lively slate of events for the 2017-2018 church year.  
-Submitted by Patrice Fitzgerald

### Upcoming Special Events and Other News



#### REVISED SENEXET SCHEDULE

Ladies, Our spring retreat has been rescheduled to May 5-7. Cost for this year remains unchanged, \$185 for two night and five meals.

Registration will begin on March 19.

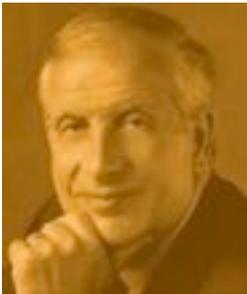
<http://www.senexethouse.org/>

-Submitted by Louise Schmoll



**Lunch Bunch to Meet:** We will meet at Concetta's in Bloomfield at noon on **Tuesday, March 21st**. Our speaker will be Carol Simpson. Please let me know by noon on Wednesday, March 15th if you will be joining us. Would you be interested in sharing your life's adventures with us? If so, please contact Tina Davies or me. To register for the March lunch, contact me at 860/677-1121 or janicecnewton(atsign)gmail.com You may also sign up at the Programs Table during

Fellowship Hour. We will order from the menu and will be given separate checks. I am always extremely happy to hear from you sooner rather than later! We will gather at Concetta's Italian Restaurant, 22 Mountain Avenue, Bloomfield. We will continue to meet at noon on the third Tuesday of the month through June. I hope you will be able to join us on March 21st. ~ **Janice Newton**



**Peter L. Costas, 1931 - 2017**

A former USH member, Peter Costas, passed away last month. Our thoughts and prayers are with his wife and his family. For the full obituary click [HERE](#). -Submitted by Rev. Erica Richmond



**Greater Hartford Cohousing**

Community – Sustainability – Life Enhancement

**CO-HOUSING PROJECT SEEKS NEW MEMBERS**

We are a group of households planning to build an urban cohousing project in Greater Hartford. We intend to create a project that fosters community bonds and sustainable living through thoughtful design. Our vision is to create an adult-centered community in or near the city of Hartford so we can enjoy its diverse amenities and peoples, become part of the fabric of our neighborhood, and encourage aging in place. For further information on co-housing see [www.cohousing.org](http://www.cohousing.org)

We plan to introduce our community in two informal meetings: on Sunday, March 12 at the Unitarian Society of Hartford at 12:00 PM, Under the Stairs, and on Sunday, March 19 at the home of Toni Gold, 96 Kenyon Street at 7:00 PM. We look forward ... Read More [HERE](#).

**Toni Gold, Hartford, 860-232-9018, [toniagold@gmail.com](mailto:toniagold@gmail.com)**

**Susan and LeRoy Spaniol, Bloomfield, 860-216-1392, [sspaniol@comcast.net](mailto:sspaniol@comcast.net)**

**Martha Bradley, West Hartford, 860-305-3307, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com)**

-Submitted by Toni Gold



**UU  
USH  
&  
YOU**

**A Path to Membership**

**Free child care provided.**

**4 Sunday sessions**  
(Jan 29, Feb 5, Mar 5, Apr 2)  
**12:00-1:30 pm**

Followed up with a  
**Membership Sunday on Apr 23**

Join us in our four-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.



Rev. Heather will be present for these sessions.

Sign up at the Programs Table or contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)



**How We Can Help Revs Cathy, Heather and Robin During Parental Leave!** There's ONE date left. The Rev's personal food info and meal calendar is online at [TakeThemAMeal.com](http://TakeThemAMeal.com). Their personal site is under the name Rion Starr with the password 6152 which has everything we need to know - and more! Cathy is severely allergic to peanuts and peanut oil, so please make sure there is no interaction with peanuts in the food you prepare. Robin is gluten-sensitive so they prefer gluten-free versions of entrees. They live at 113 Washington Circle, the little circle-street off Park Road in West Hartford. Thank you so much for helping. **-Submitted by Deb Meny**

**Weekly Reminders**



Every Sunday after worship – 12:00 PM  
**20s/30s Sunday Brunch**

The 20's/30's Group is hosting a weekly potluck brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Members and guests are encouraged to bring something to share. *- Adam Brown (860) 847-0940*

In The Library  
@ The Meeting House

RSVP to  
[adambrown6@gmail.com](mailto:adambrown6@gmail.com)

**We look forward to seeing you!**

**Would You Like to be Part of a Great Team?** Join the USH Sunday Welcome Team! Please contact Linda Clark (at: ushlindaclark [at] gmail [dot] com), or phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. The Welcome Team makes USH outstanding in its open and friendly atmosphere, helps newcomers find their way around our Meeting House, and want to return.



Office volunteers welcome. If you'd like to help out in the office during the week for an hour or two, please contact Linda Clark. **Pictured above, Phil and Harriet Gardner with their son Bruce, helping out with the OOS. (Thank you)**

**Do you love to sing?** Have you ever thought about joining the USH Choir? Well now is the year to turn that thought into a reality! The USH Choir is a fun way to make beautiful music with some truly incredible people. Best of all, this year we are rehearsing on Sunday mornings at 9 am before church, with only one weeknight rehearsal per month, drastically limiting the time commitment needed to participate. If you have ever considered joining our group, we would love to have you come to laugh and sing together! **If you have any questions or would simply like more information, please feel free to contact our Choir Director Rebecca Pacuk at [rgpacuk@gmail.com](mailto:rgpacuk@gmail.com). (Formal music training is not required).**



**The USH Wish List** Hello Everyone! We mostly need People- those who are tech savvy, social media gurus, or Millennials, who would help us record, upload and podcast services. There are also some physical items that we could really use at USH:

A Folding Lightweight Table to use at various events  
2 Floor Length Mirrors

New collapsible functional easels  
Staples gift cards

Please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com) or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.

The Archives Team is hard at work and has added this to the USH Wish List: Shelving for Worship Arts and Archives for organizing the materials stored in the Fuller room. Our materials in there are overflowing the available shelving and cabinets. This will allow us to better use the limited floor space that is available.

We are looking for two more metal units just like the six foot, six-shelf one in there now. No casters. Brand HDX, model 6T60184872C, stock number

100655787, or equivalent. ~Thank You, Larry Lunden, on behalf of the Archives Team.

### Upcoming Special Events and News in the Larger Community



**NEW WORLD TRIO  
CONCERT**  
Sunday, March 19,  
2017 3:00 p.m.  
The Folk Tradition  
Violinist: Ann Stowe  
Cellist: Peter Zay  
Pianist: Pi-Hsun Shih

**Location: Sarah Porter  
Memorial Hall; First  
Church of Christ,  
Congregational  
75 Main Street,**

**Farmington, Connecticut**

Program: Seguidillas Gitanas, Op. 1 by Fernandez-Arbo

Café Music by Paul Schoenfield

Trio in E Minor, Op. 90 "Dumky" by Antonin Dvorak

Tickets: Series Subscription-\$60; General Admission-\$25; Students with ID-\$15;  
Children 12 and under, no charge  
Directions: Sarah Porter Memorial Hall is on the corner of School and Main Street (Route 10) in Farmington, Connecticut, to the left of First Church of Christ, Congregational.

Parking is available on the side streets. (Church Street, just south of the church, leads to the parking lots at the library and Noah Wallace School.)

**-Submitted by Pi-Hsun Shih**



**New England Regional Assembly:  
Gather this spring in Woburn,  
Massachusetts with Unitarian Universalists  
across New England to celebrate our faith.**

Come for inspired worship, engaged learning, community singing, UUA Presidential Candidates Forum, regional workshops,

fellowship and fun. Awaken your spirit! Click [HERE](#) for more info. **Please let John Brancato, USH President, and Revs. Cathy and Heather know if you are able to attend.**

## General Assembly 2017, June 21-25, New Orleans, LA

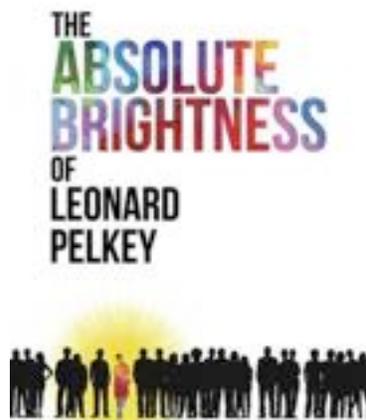
**General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA).** Attendees worship, witness, learn, connect, and make

policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates.

Planning has begun for General Assembly 2017 at the Ernest N. Morial Convention Center, 900 Convention Center Blvd, New Orleans, LA

70130. Google Map. By going to New Orleans, we can both celebrate our successes and recommit to the relationships that have been forged with this community. For more info. go [HERE](#). **Please let John Brancato, USH**

**President, and Revs. Cathy and Heather know if you are able to attend!**



**USH Members & Friends**, all of you who are reading this--we have a special opportunity coming up to attend a Hartford Stage production at a discount. Please take advantage of this opportunity to get into Hartford and enjoy some theater! Call the Hartford Stage Box Office now, at 860-527-5151, to book your seats, using the coupon code below.

Absolute Brightness is about the disappearance of Leonard Pelkey, a flamboyant 14-year-old who has been bullied by his peers. Critically-acclaimed actor and writer James Lecesne (I Am My Own Wife at Hartford Stage, the writer of the Academy Award-winning Trevor) portrays a tough New Jersey detective, a withdrawn teenage girl, a brusque yet gentle hairdresser and a dozen other intriguing characters as they join forces to solve a mystery that will forever change their lives. The New Yorker called it "A whodunit with a heart of gold." Enjoy this "sneak peek": <https://youtu.be/8dPCzrM3gRQ>

Use code USH20 to purchase tickets online or by calling the box office. When you select a seat, you will have 3 price options to choose from (adult, college or youth 18 and under only). A standard \$2 facility fee will be added to each ticket price (but not the handling fee). Please note that this coupon code does not guarantee that there will be tickets available--they can still sell out, so call now!

The valid dates and times for using our USH20 code are:

April 2 (7:30 pm performance only)  
April 5 (7:30 pm performance only)  
April 7 (8:00 pm performance only)  
April 8 (2 pm performance only)  
April 9 (2 pm performance only)

Enjoy this special opportunity to see a Hartford Stage production, and look forward to a service focusing on the Absolute Brightness story here at the Unitarian Society of Hartford on April 2! Building resilience is a collective, community-deepening effort. Join us in deepening our Hartford collaborations!

**For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com)

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com) Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister

Email: [revheather@ushartford.com](mailto:revheather@ushartford.com) | Phone: 541-390-6052

Rev. Cathy Rion Starr, Co-Minister

Email: [revcathy@ushartford.com](mailto:revcathy@ushartford.com) | Phone: 541-390-7553

Rayla D. Mattson, Director of Religious Education and Rentals Manager

Email: [dre@ushartford.com](mailto:dre@ushartford.com) | Phone: 860-839-5001

Linda Clark, Office Administrator

860-233-9897 x 100 | Email: [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com)

Rebecca Pacuk, Choir Director

[rgpacuk@gmail.com](mailto:rgpacuk@gmail.com)

Brian Mullen, Bookkeeper  
Office Hours by Appointment  
Email: [bmullen@ushartford.com](mailto:bmullen@ushartford.com)

The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com)  
Please note in the subject line, "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Nuts and Bolts:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.