



50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews ~ September 20, 2017
Worshipping Together Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr



Image: [pinterest.com](https://www.pinterest.com)

Worship Service: Sunday, September 24, 2017 ~ 10:30 AM ~ "Imagine That" ~ Rev. Heather Rion Starr, Co-Minister ~ Judy Robbins, Worship Associate ~ How do we get beyond our own experience and attempt to understand someone else's? What perspectives are you striving to understand more fully? Our 2017-18 Religious Education program for Children and Youth kicks off today; join us during the service as we appreciate and dedicate this year's team of volunteer teachers.



Do you or have you observed Yom Kippur?

If so, Rev. Cathy would love to hear your reflections or talk with you in preparation for worship on Sunday, 10/1, which will be focused on Yom Kippur and atonement. **860-233-9897x103 or revcathy@ushartford.com.**

Image: <https://www.theyeshivaworld.com>

Would you like to serve as a Worship Associate?

We are recruiting a few new Worship Associates to begin a 2-year term beginning this fall. Worship Associates provide a critical piece of lay leadership in our worship services, bringing your own creativity, spirituality, and sense of awe to co-create worship with the Revs, Rayla, and musicians. We strive to have our Worship Associates reflect the diversity in our congregation: men, women, and gender-non-conforming folks; young, old, and in the middle; racial diversity; people who bring a variety of perspectives, and more. **Could you see yourself up on the chancel? If so, please contact Sue Smolski (sue.smolski@gmail.com) or Rev. Cathy (860-233-9897x103) by the end of September to explore whether this could be a good place for your gifts here at USH.**

CALLING FOR COORDINATION! FESTIVAL OF THE SEASON SEEKING COORDINATOR

For well over 30 years, the Unitarian Society of Hartford has held an annual Festival of the Season at the beginning of December. Many hands have held, coordinated, and contributed to this Festival, and now we're seeking your's! Please help us to keep this tradition going! Are you willing to take on the coordination of this much-loved, joyful one-afternoon-and-evening event for the USH community? There are thorough notes and many willing participants. All we need is someone to corral and coordinate the fete overall. **Please let Community Within Council Chair Chris Wilt (chris.wilt@gmail.com) or our Co-Ministers know if you'd be willing to take a coordinating role in keeping this show on the calendar!**



RE News You Can Use ~ This Sunday, September 24, the nursery will be available this Sunday for infants and toddlers ages birth to 3 for the morning worship hour. Please join us as we begin a new year of Religious Education! Please make sure you have your child(ren) registered for RE. Please contact the DRE for more assistance or information. Looking forward to see you all! **Rayla D. Mattson ~ Director of Religious Education, Unitarian Society of Hartford ~ 860-233-9897 ext 104 | dre@ushartford.com**
I only check my email on Tuesday, Wednesday, Thursday and Sunday.



E-News Contributors Please Take Note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

In This Week's Enews:

RE News You Can Use

Sunday Service Recap

Get Involved at USH: Many Ways to Volunteer

2017 Programs for Adults and Families

Fall Small Group Ministries

Circle Dinners

Meeting House Presents: Upcoming Events

Upcoming Events and Other News at USH

Upcoming Events & News in the Larger Community

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page Here.

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:

www.ushartford.com/events/

To submit a Calendar Request go [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

**Sunday Service Recap September 17, 2017
“Ingathering - The Well Is Deep”**





Photos: Harriet Gardner
Many thanks to Harriet Gardner for taking the wonderful photos!

Get Involved at USH

Be Part of a Great Team! ~ Staff and layleaders at USH are putting together another active year. We need your help to make this a spectacular year. ~ Below are some areas where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team ~ Contact Linda Clark at ushlindaclark(at sign)gmail.com, phone the office at 860/233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. The Welcome Team makes USH outstanding in its open and friendly atmosphere, and helps newcomers find their way around our Meeting House.

Office Volunteers ~ If you are computer-comfortable and comfortable with Microsoft Word, Gmail, and data entry, the office is in need of you. People to help with general office duties such as making copies, 'sweeping the pews' and refilling the welcome boxes are also welcome. Please let Linda Clark know if you're able to help out in the office during the week for an hour or two: ushlindaclark@gmail.com | 860-233-9897



Pictured above: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.

Join the Choir ~ Director of Music Ministries, Sam Moffett, is excited to work with the choir at USH this year. He would like to extend an invitation to all in the community who have thought about joining the choir, to come and sing! If you would like to join, or would like more info, please e-mail Sam at smoffett@ushartford.com.



The Book Table During Coffee Hour ~ Everybody enjoys browsing through the books during coffee hour. In order to continue we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: clara.horn@comcast.net

Religious Education ~ The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is 1-2 Sundays every 4-7 weeks. If you are



interested, have any questions, or would like to see the curriculum, please let Rayla know: 860-233-9897 ext 104 | dre@ushartford.com

Programs for Adults and Families Sub-Council ~ Nancy Reed and Janice Newton have stepped down from the Programs for Adults and Families Sub-Council. The Programs for Adults and Families Sub-Council needs members to continue doing its work coordinating the programs many of us participate in and enjoy at the Meeting House. Please step up and help if you are able! Nancy and Janice will be happy to help you get started. For more information and/or to join this Sub-Council, please contact Council on Community Within Chair, Christopher Wilt at chris.wilt@gmail.com. -
Submitted by Christopher Wilt



The USH/Watkinson/KNOX Labyrinth: Transitioning To Fall
 The USH Labyrinth in the Watkinson Community Garden always welcomes your time and presence. Ways to help can include: helping to sweep and clean up the plot overall, helping to tend the plants, planting extras from your garden or other plants you acquire in the rest of the large garden area, or helping our Religious Education program coordinate making Mosaic Stepping

Stones. Please let RevHeather or Rayla Mattson know how you'd like to be involved. Thanks so much to those of you who helped out in any way so far. See you at and outside the Meeting House.

Sign-up to help water & tend the labyrinth on your own schedule.

We're using SignUp.com to organize the Labyrinth & Community Garden Plot tending. Here's how it works in 3 easy steps

1) Click this link to see our SignUp on SignUp.com:

<http://signup.com/go/zSZZGfN>

2) Review the options listed and choose the spot(s) you like.

3) Sign up! It's Easy - you will not need to register an account or keep a password on SignUp.com.

Thanks for signing up! The idea is simply that you sign up for a week to water & weed as best you are able and as is needed that week. We want to make sure to care for all the plantings! Warmly, -RevHeather

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.



2017 Programs for Adults and Families

For more information on current programs click [HERE](#) to view the Adult Programs catalog.

Contact information for programs are listed below.

Programs

Building (and Living) Your Own Theology: 12 Sessions, Tuesdays, 7:30 – 9:00 PM, start date September 12. (waiting list.) Contact: Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com

Arc of the Universe is Long: UU (Anti-) Racism History: 4 sessions beginning September 27, 7:00-9:00 PM. Contact: RevCathy:revcathy@ushartford.com

Ballroom Dance: Thursdays, 6:00 – 7:45 PM, For questions contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-461-0908.

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM. Any questions please contact Jan Bennett: chair2clinic@juno.com.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions please contact Jan Bennett: chair2clinic@juno.com

Meeting House Sing-A-Long - All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except December 2017 & June 2018. For more information contact Ed Savage: ed@thesavagees.com.

USH Book Club: Next Meeting: Thursday October 12 at USH. "The Underground Railroad" by Colson Whitehead. For more information contact Richard Groothuis: rgroopofus@icloud.com.

Small Group Ministries this Fall: What is Small Group Ministry? This is an opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a covenant group. Your facilitator will have special readings and questions to guide your sharing and deep listening experience. You may sign up for this at the program table during coffee hour or contact Esther McKone, email: [estmckone \(at sign\)aol.com](mailto:estmckone(at sign)aol.com), phone 860 677 6682. There is a \$5 registration fee for the whole series.

The Fall Small Group Ministry at the home of Kathie Ferguson is now full, so all those who missed signing up for this one can contact Esther McKone by email - [ESTMCKONE\(at sign\)AOL.com](mailto:ESTMCKONE(at sign)AOL.com) or call 860-677-6682 to let me know you are interested in joining a Small Group Ministry. If there is enough interest, I will try to get another group started for the Fall. If there are not enough people interested, there will be more SGMs starting up in January or February 2018. Thank you all for your interest in Small Group Ministry. **-Submitted by Esther McKone**

Attention: For the first time ever, USH will offer an intergenerational family friendly SGM. It is open to anyone age 10 and up. There will be 2 sessions running together at the same time. Children and youth can choose to be in the session with their parents or in the other one running at the same time. Younger siblings can attend as there will be childcare for those 9 and under. Dinner will be from 6:30-7:00pm and the SGM will run from 7:00-8:30PM. You can sign up at the programs table or contact Esther McKone or Rayla Mattson. The cost is \$5 per family (total) for the series of sessions.



Circle Dinners – The first convening of the Membership Sub-Council’s Circle Dinners was held on Saturday, July 8th in the homes of Bruce Robbins and Virginia de Lima. Sixteen people attended and had a great time by all accounts. The dinners give all the participants an opportunity to expand their social circles at USH and learn more about some of the interesting people who call USH their spiritual home. The dinners are scheduled to be held on the 2nd Saturday of every odd-numbered month. (Sep 9, Nov 11, Jan 13, Mar 10 and May 12). The purpose of these Dinner Parties is to foster social camaraderie among new and more established members of USH. For participants, eight to ten adults will be randomly assigned in different groupings for each dinner. The host furnishes the entree, beverage and bread. Guests are assigned to bring appetizers, salad, side dish or dessert. Right now we are gauging the interest and demand for dinner locations. We would anticipate 2 to 3 locations for each date. Please let Chris Wilt know as soon as possible if you would be willing to host a dinner party at your home.

REGISTRATION: Participants can sign up for as many or as few dates as they wish. Register in Fellowship Hall during Coffee Hour or by contacting Brian Harvey: harvey.b@comcast.net or Chris Wilt: chris.wilt@gmail.com The registration fee is \$5.00 per household for the church year (July 2017- June 2018).

QUESTIONS: Contact Chris Wilt, 603-401-5704. The registration form contains a space for: 1) listing dietary restrictions, and 2) if you plan to bring your children. We will try to group families with kids together so that they have some playmates for the evening. We will discuss providing supervision for children where appropriate. You are not required to be a host in order to participate in this program. ~ **Submitted by Brian Harvey**



Meeting House Presents (formerly USH Performing Arts)

The Sam Moffett Jazz Combo: Friday, October 27, 2017,
8:00 p.m.

Click [HERE](#) to read more about upcoming events at USH.

Please contact Laura and Paul Cipriano
(MeetingHousePresents@gmail.com) to contribute your ideas, volunteer
time, pledge financial backing for the series, or find out more!

Other News of Our Community and Upcoming Special Events

**2017 Connecticut
Palestinian Film Festival
Featuring The North America Nakba Tour**

Opening Night, Tuesday, September 19
6:00 – 9:00 p.m.
St. John's Episcopal Church
679 Farmington Avenue, West Hartford CT
Live Performance by Urban Thunder Native Drummers
Films: "My Neighborhood" and "5 Broken Cameras"

Friday, September 22
6:30 – 7:00 p.m. Reception
7:00 – 8:30 p.m. Film
Islamic Association of Greater
Hartford-Berlin Mosque
1781 Berlin Turnpike, Berlin CT
Film: "With God on Our Side"

Sunday, September 24
6:00 – 7:30 p.m.
Unitarian Society of Hartford
50 Bloomfield Avenue
Hartford CT
Film: "Roadmap to Apartheid"

The North America Nakba Tour
Thursday, September 21
7:00 – 8:30 p.m.
Central Connecticut State University
1615 Stanley Street, New Britain CT
The Exiled Palestinians.
An evening with Khawla
Hamed and Amena Ashkar,
Palestinian refugees from
Lebanon, share their story.

All events free & open to public
Children 15 & up recommended

For more information visit:
tolef.org/ctpalestinianfilmfestival
Film series and tour sponsored by:

**TREE OF LIFE
EDUCATIONAL FUND**
Amplifying voices of conscience for social justice
www.tolef.org



In The Library
@ The Meeting House

RSVP to
adambrown6@gmail.com

Every Sunday after worship – 12:00 PM 20s/30s Sunday Brunch

The 20's/30's Group is hosting a weekly potluck brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Members and guests are encouraged to bring something to share. - Adam Brown (860) 847-0940

We look forward to seeing you!



**On sale Sunday during
Fellowship Hour (11:30-12:15)**

Suggested donation: Lawn sign - \$20
Window sign – \$5 - Car sign – \$2

While our supply lasts!

Available in 3 sizes:
Lawn sign - 18" x 24" (2 sided)
Window sign – 11" x 17"
Car sign – 5.5" x 8.5"



Contacts:
Lindsey Jones-Rowell lejrowell@gmail.com or
Kristine Glenney kristineglenney@comcast.net

Upcoming Special Events and News in the Larger Community



Want to actively engage in dialogue with all people?

Looking for a way to remain contemplative and present to those around us? On Saturday, September 23 from 8:30 am - 4:00 pm, the Spiritual Life Center will host a workshop "Active Engagement through Contemplative Dialogue" presented by Steve Wirth, Director of the Center for Contemplative Dialogue.

Steve will explore the concepts of Contemplative Noticing, Non-defended Learning, and Nonviolent Engagement through large and small group discussions. Cost of \$65 includes a light continental breakfast and full lunch.

During the day, take the time to enjoy the beautiful grounds of the Holy Family Monastery. For more information, contact Bonnie at (860) 243-2374 or visit spiritlifectr.org. **Contact for Press Release: Sarah Kieffer 860 874 8076**



Building Bridges: Songs of Unity & Healing

Throughout our history, community has been enhanced through song. Singing together can promote deep healing and a feeling of unity. With this knowledge, Laura and Bob Deutsch will lead a Community Sing in Blue Back Square on September 24 at 4:00 p.m. entitled "Building Bridges: Songs

of Community Healing and Unity". This event will be apolitical and non-religious, only involving song. It will last approximately 40 minutes.

Where: Webster Walk at Blue Back Square, Isham Road, West Hartford, CT, 06107

For more information contact: Laura & Bob Deutsch - [BuildingBridgesWestHartford\(at\)gmail.com](mailto:BuildingBridgesWestHartford(at)gmail.com)



Sponsored by the Connecticut Council for Interreligious Understanding

Love Thy Neighbor Dinner

Monday, October 2, 2017 • 6:00PM

Marriott Hotel • 200 Columbus Blvd. • Downtown Hartford • More info: www.ccfu.org



Join 16 Community Leaders in
Conversation on what it means to
Love Thy Neighbor

CC
IU Connecticut Council
for Interreligious
Understanding

\$100 per person

Islamic Association of Greater Hartford, Berlin, **Imam Refai Arefin**
 Senior Pastor, Faith Congregational Church, Hartford, **Rev. Stephen W. Camp**
 Hartford Courant Columnist, **Susan Campbell**
 Executive Editor, WNPR & New England News Collaborative, **John Dankosky**
 CT State Police Information Officer, **Trooper First Class Kelly Grant**
 MetroHartford Alliance, CEO and President, **Oz Griebel**
 Hartford Seminary President, **Dr. Heidi Hadsell**
 Wadsworth Athenaeum Museum of Art, Director and CEO, **Thomas J. Loughman**
 Hartford Archdiocese, **Deacon Art Miller**
 Goodwin College President, **Mark Scheinberg**
 Institute of Living, Psychiatrist-in-Chief, **Harold Schwartz, M.D.**
 Engineer and Consultant, **Ripi Singh**
 Webster Bank, Chairman and CEO, **James C. Smith**
 Jewish Federation of Greater Hartford President, **Howard Sovronsky**
 Hartford Public Schools Superintendent, **Dr. Leslie Torres-Rodriguez**
 Connecticut Lieutenant Governor, **Nancy Wyman**

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Event Title:

Room:
Time:
Date(s):
Is This A Private Event?
Contact Person:
A Short Description:
Cost: (if applicable)
Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

USH Staff:
<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister
Email: revheather@ushartford.com | 541-390-6052

Rev. Cathy Rion Starr, Co-Minister
Email: revcathy@ushartford.com | 541-390-7553

Rayla D. Mattson, Director of Religious Education and Rentals Manager
Email: dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
Email: smoffett@ushartford.com | 860-233-9897 x 108

Linda Clark, Office Administrator
Email: ushlindaclark@gmail.com | 860-233-9897 x 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | Email: bmullen@ushartford.com
The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.