



**50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Website: www.ushartford.com**

**Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.**

**In wintertime, we always recommend that you consider your own safety
first.**

**We strive to have our doors open whenever possible and someone will
likely be here.**

Do what is best for you. Please check the website for updates.

**For events scheduled during inclement weather contact the facilitator
of the event before heading out.**

January 17, 2018

**Worshipping Together Since 1830
Revs. Cathy & Heather Rion Starr**



<https://newearth.media>

**Worship Service: Sunday, January 21, 2018 ~ "Making Space" ~
Rev. Heather Rion Starr, Co-Minister ~ Rick Tsukada, Worship Associate**

*"I was so scared that it kept me from enjoying some of my favorite things."
~ Humpty Dumpty, as revisited by Dan Santat*

"If an activity, a decision, or a habit is not bringing us closer to our purpose and passion, then we should remove it. Because most of the time it is only distracting us from what really matters."

~Joshua Becker, *The More of Less*

"When your room is clean and uncluttered, you have no choice but to examine your inner state."

~Marie Kondo, *the life-changing magic of tidying up*

E-News Contributors please take note: The deadline for USH E-News submission is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

In This Week's Enews:

RE News You Can Use

Church Business News: The New Directory is Here!

Get Involved at USH

Sunday Service Recap

2017 Programs for Adults and Families

Small Group Ministries: New Daytime Small Group Ministry Being Offered

Meeting House Presents Jacques Lamarre This Friday, January 19th!

Personal News of Our Community: Women's March Connecticut January 20th

Upcoming Events & News in the Larger Community

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page Here.

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:

www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



This Sunday, January 21, the nursery will be available from 10:15-11:45AM for the morning worship service. There will also be after care until 1:45PM for children 10 and under. During the morning worship hour, the children will begin in Chapel followed by age appropriate classes.

Rayla D. Mattson ~ Director of Religious Education, Unitarian Society of Hartford ~ 860-233-9897 ext 104 | dre@ushartford.com
I only check my email on Tuesday, Wednesday, Thursday and Sunday.



Church Business News



The USH Directory is now Available!

The directory has been published on the website in two parts. Click [HERE](#) to view.

Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the user-name and password.

To view reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the user-name and password.

Get Involved at USH - Be Part of a Great Team! ! Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team ~ The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com), phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers.



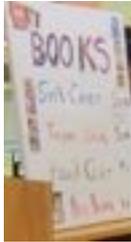
Office Volunteers ~ If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the Cover, Making Nametags, Basic updates to printed materials on the computer, Making copies of printed materials.

Please let Linda Clark know if you're able to help out in the office during the week for an hour or two: email [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



Join the Choir ~ Director of Music Ministries, Sam Moffett, is excited to be working with our USH choir. To all in the community who have ever thought about joining the choir: come and sing! If you would like to join, just try it out, or for more information,

e-mail Sam at [smoffett\(at\)ushartford.com](mailto:smoffett@ushartford.com).



The Book Table During Coffee Hour ~ Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: [clara.horn\(at\)comcast.net](mailto:clara.horn@comcast.net).



Religious Education ~ The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is 1-2 Sundays every 4-7 weeks. If you are interested, have any questions, or would like to see the curriculum, please let Rayla know: 860-233-9897 ext 104 | dre@ushartford.com.

Programs for Adults and Families Sub-Council

The Programs for Adults and Families Sub-Council needs members to continue doing its work coordinating the programs many of us participate in and enjoy at the Meeting House. Please step up and help if you are able! For more information and/or to join this Sub-Council, please contact Council on Community Within Chair, Christopher Wilt at chris.wilt@gmail.com.

Sunday Service Recap by Kayla Costenoble

Sunday, January 14, 2018
Rev. Heather Rion Starr
"The Words We Keep"





Photos by Mala Matacin

“What is the story you want to tell and tell again? What do you want to pass on to make a good story out of your life?” Rev. Heather asked us during her January 14, 2018, sermon.

Last October, Rev. Heather met and talked with actress Sharon Washington, now starring in the Hartford Stage’s production of her one-woman show “Feeding the Dragon.” They discovered how influential libraries were in the lives of both of them. “As long as I can remember, I went to libraries with my mom,” Rev. Heather said. She grew up crawling, hopping and running around many libraries. She spoke fondly of the “comforting familiarity of libraries and airports, where you always know what to expect. Connections are made through the love of books, and talking about books helps keep you connected, even at long distances.”

Sharon Washington and her family lived in custodial apartments in three libraries in Harlem, the East Side and the West Side in New York. Although there is no actual “tragedy” (no deaths, no killings) in her story, the fact that Black people are often only allowed a certain narrative is a tragedy.

Which leads us to the story Rev. Heather shared with the kids and the congregation, “Goin’ Someplace Special.” Written in the segregated South in the 1950’s, Patricia McKissack’s story tells of Tricia Ann’s encounters with “for whites only” signs in a bus and in front of a crowd at a hotel. She finally gets to her special place in her world—the Public Library, and its “All are Welcome” sign. Before and during her first journey all by herself, she is given helpful words of advice by her grandmother and by an understanding woman during her travels: “Hold your head up like you belong to somebody” and “Don’t let those (Jim Crow) signs steal your happiness.”

January was the national celebration to honor Rev. Martin Luther King, Jr. (born on January 15, 1929 and assassinated on April 4, 1968). We did a responsive reading of his eloquent words in our hymn book from the “Peace, Justice, and Equity” section: We must evolve for all human conflict a method which rejects revenge, aggression, and retaliation. . . Before it is too late, we must narrow the gaping chasm between our proclamations of peace and our lowly deeds which precipitate and perpetuate war.

“Perspective can be really transformative,” Rev. Heather said. We all have different things we can focus on and tell. What we feel, sense and believe allows us to shift our mood and replace the negative with the positive. She said this was evident during yesterday’s intense half-day retreat with USH board members and the ministers, during which they concentrated on what story of the congregation they wanted to focus on. They also worked on the deeper question of how we want to be with and for each other. FYI. I felt certain that the lovely preludes accompanying the start of many services were composed by Director of Music Ministries Sam Moffett but, not willing to present news without making sure it was not fake news, I contacted him, and he answered, “Most of those preludes are improvised, but I just call them Piano Preludes. They are original creations.” (Note: Quite appropriate, I’d say, since preludes serve as introductions.)

Personal News of Our Community

All USH Marchers! ~ We will meet in the USH parking lot at 11:45am on Saturday, January 20, and will leave promptly at noon. We can bus and/or carpool to the Corning Fountain - the march begins there at 12:30 and ends at the State Capitol where the rally will begin at 1pm. Below is information from the organizers - speakers and more information found online: Women's March CT Hartford. Please note *signs and banners are encouraged*!

Any questions email me: jasully08@yahoo.com. See you Saturday!

~ **Judy Sullivan, Social Justice Council Chair**

Women’s March Connecticut January 20, 2018

What is the mission of the Connecticut Women’s March?

Join Women's March organizers, partners, artists and activists for our one-year anniversary! Women, femmes and allies will come together again to celebrate one year of resistance and to launch the collective 2018 Women’s March agenda.

This anniversary event:

We march to support each other and remind ourselves that we are not alone.

We march to send a clear message that the Trump administration has no mandate.

We march to organize and pledge to continue to work for a better future.

It will also be part of a national voter registration and mobilization tour targeting swing states to register new voters, engage impacted communities, harness our collective energy to advocate for policies and candidates that reflect our values and collaborate with our partners to elect more women and progressives candidates to office.

Where are we gathering?

Connecticut State Capitol: 210 Capitol Avenue, Hartford, CT 06106

Is this a march or a rally?

Both! We will march at 12:30 from north side of the Corning Fountain to arrive at the Capitol at 1:00 pm. Those with limited mobility or those who do not wish to march can just gather at the Capitol.

What time does the rally start and end?

The Hartford, CT Women's March will take place on January 20, 2018 from 1:00PM to 3:00PM at the Capitol. There will speakers, tables from activist organizations and voter registration. Signs, chants, gear, and enthusiasm are entirely encouraged! The press will be covering our event, so your passion will go a long way.

Can we bring signs or banners?

Yes, please do! Keep in mind that you may be carrying it for a couple hours, so nothing too heavy. Sheets or fabric work great, or foam core, or just poster board or cardboard. Be sure to put holes in them as it may be windy. Large poles or sticks that could accidently hit people are not a great idea. You can use cardboard tubes like you find in wrapping paper or fabric stores. Sandwich boards also work, although in large crowds they can be hard to see. Please remember to take out what you bring in as we are all responsible for keeping the area clean.

USH Art Group: Soul Collage ~ Soul Collage sessions in Fellowship Hall are February 17 and March 3 from 9:00am to 4:00pm. Please RSVP to Maggie Green at 860.223.2407 or ismisemairead1@outlook.com. Beginners are very welcome.

In a recent E-News, there was a notice that Joanne Orlando's mother, Hanna Papanek, passed on December 16, 2017. Below is the obituary
Hanna Papanek (nee Kaiser) b. January 24, 1927 died peacefully at her home in Lexington, MA of natural causes on Saturday, December 16, 2017. The daughter of Alexander Stein and Eleanor Kaiser, Hanna and her family, committed to Democratic Socialism, had to go into exile in Czechoslovakia when the Nazis came to power in Germany in 1934. Her second exile was in France. In Paris she found kindred spirits in a youth group of other Democratic Socialists, including her future husband. She came to the United States in 1940, again fleeing Nazi persecution. Click below for the full obituary:

<http://www.legacy.com/obituaries/wickedlocal-lexington/obituary.aspx?pid=187592361>

A Note From Your Revs. ~ Rev. Cathy and I will be away next week--from Monday through Friday, January 22-26--for our every-three-years Continuing Education conference, the Unitarian Universalist Ministers Association "Institute." I will be savoring a workshop led by Ysaye Barnwell (formerly of Sweet Honey in the Rock) called Singing the Beloved Community, and Cathy will be engaging in a workshop titled Prophetic Speaking in the Public Square. It will be good to reconnect with colleagues and old friends and make some new connections as

well. Sadly, we're going to have pack a whole different wardrobe than what we've been wearing lately, because the conference is in Florida! The two of us haven't been to this conference venue before--I'm sure we'll have stories to tell when we return. Thank you for your support and understanding as we travel, get nourished (catch up on some sleep, I'm hoping?), get reenergized and inspired, and we'll see you when we get back! ~ **Rev. Heather**

UU USH & YOU

A Path to Membership

Free child care provided.

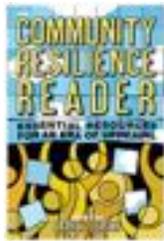
3 Sunday sessions (Feb 4, 18 & Mar 4) 12:00-1:30 pm

Followed up with a **Membership Sunday on May 6th**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

Rev. Heather will be present for all three sessions.

Sign up at the Programs Table or contact Brian Harvey at bharvey@ushartford.com



Group Discussion of The Community Resilience Reader
February 4 @ 12:00 pm - 1:15 pm
Room: Emerson/Meditation Rooms?
Contact: Jeff Howard at [jeff.howard.29\(at\)gmail.com](mailto:jeff.howard.29@gmail.com) or 860-921-4376

Feb. 4 — Introduction & Chapter 1 [childcare scheduled]?
Feb. 18 — Part 1: Predicament — Chapters 2-6 [childcare scheduled]?
Feb. 25 — Part 2: Tools — Chapters 7-10 [soup; childcare pending]?
March 4 — Part 3: Resilience in Action — Chapters 11-14 [childcare scheduled]?
March 11 — Part 3: Resilience in Action — Chapters 15-19 [childcare pending]?
March 18 — (extra date in case of inclement weather) [childcare scheduled]
 We will make arrangements for childcare on the remaining two dates if needed. Group Discussion of The Community Resilience Reader, Chapters [X-X]. Food available. Childcare [available/pending]. Contact Jeff Howard, [jeff.howard.29\(at\) gmail.com](mailto:jeff.howard.29@gmail.com) or 860-921-4376, to indicate your interest and get info on ordering the book. -Submitted by Jeff Howard
 Image: <https://islandpress.org/books/community-resilience-reader>

2018 Programs for Adults and Families

For more information on current programs please check the online calendar often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-461-0908.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

Meditation & Dharma Group: Temporarily suspended, contact Fred Louis for any questions: 860-223-2407.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions contact Mark Friedman: drmarkafriedman@drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact: Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

USH Book Club: Next Meeting: Thursday, February 15: Option B: Facing Adversity, Building Resilience and Finding Joy, Sheryl Sandberg and Adam Grant. Off-site. For directions and more information contact Richard Groothuis: rgroopofus@icloud.com.



Circle Dinners ~ Circle Dinners give all participants an opportunity to expand their social circles at USH and learn more about some of the interesting people who call USH their spiritual home. The dinners are scheduled to be held on the 2nd Saturday of every odd-numbered month. (Still ahead: Mar 10 and May 12). The purpose of these Dinner Parties is to foster social camaraderie among new and more established members of USH. For participants, eight to ten adults are randomly assigned in different groupings for each dinner. The host furnishes the entree, beverage and bread. Guests are assigned to bring appetizers, salad, side dish or dessert. Right now we are gauging the interest and demand for dinner locations. We anticipate 2 to 3 locations for each date. Please let Chris Wilt know as soon as possible if you would be willing to host a dinner party at your home.

Registration: Participants can sign up for as many or as few dates as they wish. Registration can be done online, using the following link: <https://goo.gl/forms/qkbiZBQzZbWTLpQF3>

The registration form contains a space for: 1) listing dietary restrictions, and 2) if you plan to bring your children. We will try to group families with kids together so

that they have some playmates for the evening. We will discuss providing supervision for children where appropriate. You are not required to be a host in order to participate in this program. Questions: Contact Chris Wilt, 603-401-5704. ~ **Submitted by Brian Harvey**

Small Group Ministries:

A DAYTIME Small Group Ministry consisting of 8 sessions will be offered at the home of Julie Grace. Contact Esther McKone for location. The first meeting will be on Tuesday, February 6 and will continue for 7 more sessions after that. The meeting time will be 1:30 to 3:30 pm. **To sign up for this, you may look for the sign up sheet (currently at the welcome table, main lobby, but may be moved to a program table during Sunday coffee hour). Or you may contact Esther McKone to register or to get more information on Small Group Ministry, email: [estmckone \(at\)aol.com](mailto:estmckone@comcast.net), phone 860 677 6682.**

What is Small Group Ministry? This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space - a covenant group. Get to know others better and you may also get to know yourself better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience.

Watch for announcements of Small Group Ministry offerings in E-News and during coffee hour after the service at the Programs Table in Fellowship Hall or at the Welcome Table in the main lobby. **Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone \(at\)aol.com](mailto:estmckone@comcast.net), phone 860 677 6682.**



Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me.

Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions

should contact Esther McKone, email - [Estmckone\(at\)aol.com](mailto:Estmckone@comcast.net) or call 860-677-6682.

Planning future SGMs: I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, and 3) spirituality of nature-based, earth-centered faiths and 4) a gender identity focused SGM.

So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford.

-Submitted by Esther McKone



**2017-2018
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

Meeting House Presents! ~ Meeting House Presents – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30).

All the concerts for this season can be purchased in advance online through brown paper tickets which they can access directly from this link- www.brownpapertickets.com/browse.html- or go to brown paper tickets and just search for the artist, or use the Meeting House Presents page at USH which has links for all the concerts to brown paper tickets- www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Prices unless otherwise noted:

Tickets \$20 at the door/\$12 for students with ID.

Members children under age 12 are free with parent.

Click [HERE](#) to read more about upcoming events at USH. Click [HERE](#) to read the Blog.

Contact Laura and Paul Cipriano

(MeetingHousePresents@gmail.com or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

UPCOMING SHOWS

Jacques Lamarre

Red State Road Trip



Friday, Jan 19, 2018 - 8PM

A reading of a new play written and performed by Jacques Lamarre with a reception with the playwright afterwards. Jacques 12th full-length play, *Raging Skillet*, premiered at TheaterWorks in July 2017.

More information online at: <http://bit.do/Meetinghouse>

Ticket prices: \$20, \$12 w/student id Tickets available online at: www.brownpapertickets.com

OTHER UPCOMING EVENTS



Friday, Jan 26, 2018 - **New World Trio**

Returning by popular demand are the familiar faces and exquisite classical chamber music of the New World Trio. (<http://www.newworldtrio.org/bios.html>)



Friday, Feb 23, 2018 - **Dennis McCorkle**

Dennis McCorkle's guitar repertoire encompasses classical, jazz, ragtime, blues, and Brazilian music. He is a prolific composer, performer, scholar, and teacher. Somehow he manages to do all that and still be humble and genuine.



Friday, Mar 23, 2018 - **JP Cormier**

J.P. Cormier is a Canadian bluegrass/folk/Celtic singer-songwriter and multi-instrumentalist. He has released more than a dozen records, an impressive body of work that has earned him a vast and loyal fan base and multiple awards.

March 23: JP Cormier

March 30: Susie Burke and David Surette

Apr. 27: An Evening with Mary Gauthier

Co-produced with the Sounding Board Coffee House

Weekly Reminders



Lost and Found ~ Lost and found items at the Meeting House have historically been left on the shelf at the entrance to the main office. There is now a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. Thank you.



Braver/Wiser

(<https://www.uua.org/braverwiser>) is a feature on the Unitarian Universalist Association website and it is also a source of wonderful weekly readings that you can subscribe to and receive in your e-mail inbox. Braver/Wiser gives you weekly messages of courage and compassion for life as it is. Every Wednesday the Braver/Wiser team delivers an original written reflection by a contemporary religious leader, and brief prayer, grounded in Unitarian Universalism. Join the Braver/Wiser community and sign up today! The writing and reflection of our own Rayla Mattson has been featured -- look for it, "share" it if you're on social media or send it to a friend by e-mail.

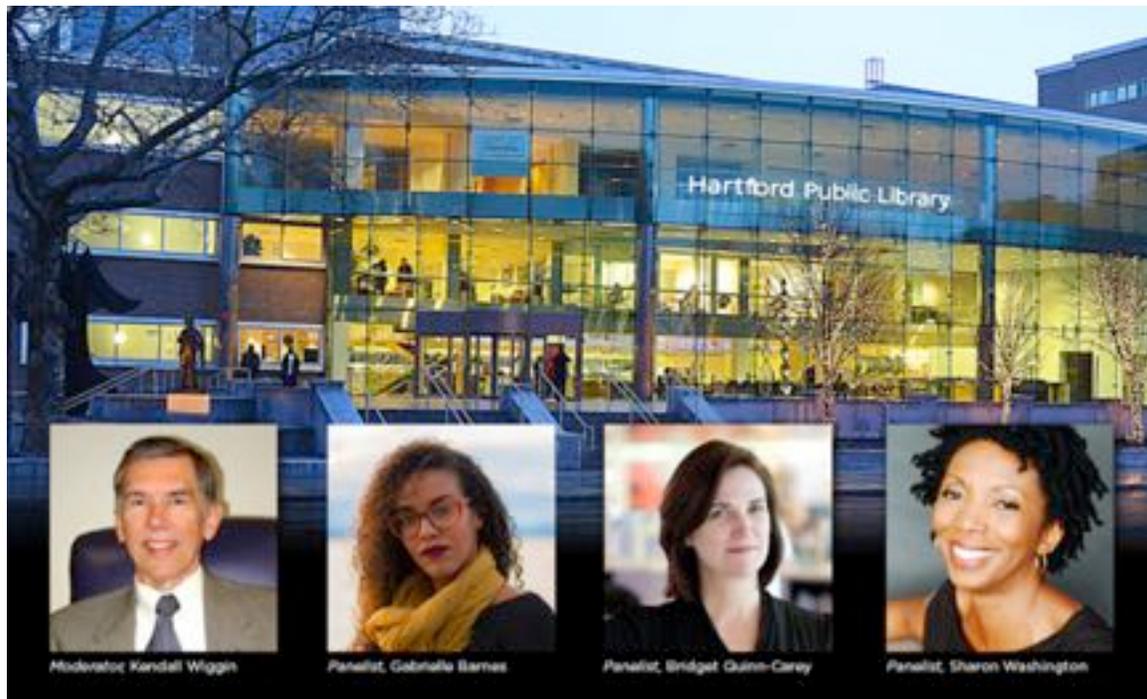
Upcoming Special Events and News in the Larger Community



Collaboration...in Community -- with the Hartford Stage!

For the second year, USH collaborated with the Hartford Stage by focusing a service around a production at the Hartford Stage. This year that production is *Feeding the Dragon*, written and performed by Sharon Washington, and directed by Maria Mileaf. Here's a synopsis of the play: "Sharon Washington plays nearly 20 characters in her own true story. A memory play about growing up in the custodial apartment of a Manhattan library, *Feeding the Dragon* examines how both the power of forgiveness and the lifelong love for the written word have helped her battle dragons of all forms." *Feeding the Dragon* will run from January 11 - February 4, 2018. Tickets are available at hartfordstage.org or by calling 860-527-5151. For more about *Feeding the Dragon* and Sharon Washington, enjoy: <http://www.sharonwashington.com/feeding-the-dragon-play/>
Image: <http://www.sharonwashington.com/feeding-the-dragon-play/>





**The Evolution of the Public Library:
Growing and Thriving as Vital Community Hubs**
Monday, January 22, at 7:30 pm (doors will open at 7:00 pm)
Hartford Stage, 50 Church Street, Hartford
Moderator: Kendall Wiggin, Connecticut State Librarian
Panelists:

Sharon Washington, Writer and Performer, *Feeding the Dragon*
Bridget Quinn-Carey, Chief Executive Officer, Hartford Public Library
Gabrielle Barnes, Teen Services Librarian, Hartford Public Library

When Sharon Washington, writer and actress of *Feeding the Dragon*, says that she grew up in the New York Public Library, she means it quite literally. Her father worked at a branch of the library in upper Manhattan and the family lived in an apartment within its very walls. Public libraries have long served as a home for information, reading, and learning but in current times they have also become vital community centers. Join us for a discussion exploring how the Hartford Public Library system continues to evolve, despite budget cuts and limited resources, providing the city with innovative public spaces to call home.

WATCH A PREVIEW OF FEEDING THE DRAGON



RSVP by Wednesday, January 17. Discounted parking is available at the MAT garage adjoining the theatre and can be purchased from the Hartford Stage box office on the night of the event. [RSVP ONLINE](#)

Step Up Step Out (SUSO) is a program of Hartford's Asylum Hill Congregational Church:

CONTINUING THE DISCUSSION ON RACISM IN AMERICA

On Sunday, January 14, the AHCC Sunday Service did a follow-up to the very successful and inspiring 11/29 discussion so ably led by Courtney Bourns on Michael Eric Dyson's 'Tears We Cannot Stop: A Sermon to White America.' Again with Courtney Bourns as the facilitator, they concentrated on the suggested action steps for making things better in America with regard to racism outlined by Dyson in the Benediction portion of his sermon which he entitled **R.E.S.P.O.N.S.I.V.E.:**

R is for **reparation** – Dyson suggests numerous ways that we can make reparation individually without having a full-fledged government-assisted program in place.

E is for **educate** yourself about black history and culture.

S is for **school** your friends and family with regard to the white elephant in the room –'white privilege'.

P is for **participation** in protests, rallies, and local community meetings to express grief, outrage, and dissent. This will send the signal that this is not 'just a black thing, but is, instead, an American thing'.

O is for the black **other** – Dyson says that we need to close the distance between our white selves and what many view as the black cultural other.

N is for **new** black friends – Dyson states that every white person should immediately find and make friends with black folks with whom they share common interests.

S is for **speak** up against the injustice that black people face – Dyson quotes Martin Luther King, Jr. who said that white people have to repent not only for the 'evil words and deeds of bad people, but for the appalling silence of good people'.

I is for being able to make the distinction between the **immigrant** and black American experiences.

V is for moving beyond your own circle to **visit** black folks in schools, jails, and churches.

E is for **empathy** – Dyson says that only when white people can lose their whiteness and 'walk a mile or two in the boots of blackness...will the suffering stop, the hurt cease, and the pain go away.'

Even if you have not as yet read the Dyson book, we hope that you will give serious consideration to attending the discussion on January 14, since we will be concentrating on the efforts outlined above which are of universal concern for all of us and for which many of you may have opinions and experiences you wish to share.

FILM FOR BLACK HISTORY MONTH IN FEBRUARY

On Sunday, February 11 after the 10:15 a.m. service, we will be showing the documentary film, 'I Am Not Your Negro' as a part of Black History Month activities at AHCC.

This 2016 film directed by Raoul Peck is based on James Baldwin's unfinished manuscript, Remember This House. Narrated by actor Samuel L. Jackson, the film explores the history of racism in the United States through Baldwin's reminiscences of civil rights leaders Medgar Evers, Malcolm X, and Martin Luther King, Jr., as well as his personal observations of American history. It was nominated for Best Documentary Feature at the 89th Academy Awards.

RESCHEDULING OF FATHER GREGORY BOYLE VIDEO TO MARCH 18

On Sunday, March 18, following the 10:15 a.m. service, in the Twichell Room (at AHCC) we will be showing a video of Father Gregory Boyle's recent talk in September at the Franciscan Urban Center.

Father Boyle is the author of the critically acclaimed 'Tattoos on the Heart: The Power of Boundless Compassion', in which he tells of his work with gang members in LA and the establishing of Homeboy Industries.

If you have questions with regard to any of the upcoming SUSO events, please contact Nancy Kirchmyer at 860-228-4390 or nkirchmyer@hotmail.com.

Thanks,

THE SUSO PLANNING TEAM

Karen Dibala, Nancy Kasper, Nancy Kirchmyer

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister
revheather@ushartford.com | 860-233-9897 ext 103

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 x 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 x 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.