

50 Bloomfield Avenue, Hartford, CT 06105

Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com

Website: www.ushartford.com

**Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.**

In wintertime, we always recommend that you consider your own safety first. We strive to have our doors open whenever possible and someone will likely be here.

Do what is best for you. Please check the website for updates. For events scheduled during inclement weather contact the facilitator of the event before heading out.

January 31, 2018

Worshipping Together Since 1830

Revs. Cathy & Heather Rion Starr



www.slideshare.net

Worship Service: Sunday, February 4, 2018

10:30am

Rev. Heather Rion Starr, Co-Minister

Sue Smolski, Worship Associate

"Being...Change"

"Let me tell you why I come to church. I come to church—and would whether I was a preacher or not—because I fall below my own standards and need to be constantly brought back to them. I am afraid of becoming selfish and indulgent, and my church—my church of the free spirit—brings me back to what I want to be. I could easily despair; doubt and dismay could overwhelm me. My church renews my courage and my hope. It is not enough that I should think about the world and its problems at the level of a newspaper report or magazine

discussion. It could too soon become too low a level. I must have my conscience sharpened—sharpened until it goads me to the most thorough and responsible thinking of which I am capable. I must feel again the love I owe to others. I must not only hear about it but feel it. In church, I do. I am brought toward my best, in every way toward my best."

~Rev. A. Powell Davies, Unitarian Minister (1902-1957)

E-News Contributors please take note: The deadline for USH E-News submission is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

In This Week's Enews:

[RE News You Can Use](#)

[Church Business News](#)

[Get Involved at USH](#)

[Sunday Service Recap](#)

[Programs for Adults and Families](#)

[Small Group Ministries: New Daytime Small Group Ministry Being Offered](#)

[Meeting House Presents](#)

[Personal News of Our Community](#)

[Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [Here](#).

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:

www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



This Sunday, February 4, the nursery will be open to infants and toddlers ages birth to age 3 from 10:15am until 11:45am. Childcare will also be available after worship until 1:45pm for any children under the age of 10 whose parents wish to participate in meetings, coffee hour or other post-service offerings. During the service, there will be a *Time For All Ages* followed by age appropriate classes.



Game Night at USH in Fellowship Hall 5:30-7:30pm

Please join us for Game Night. All ages are welcomed. Feel free to bring a game or a snack to share or just show up! There will also be child care available for our youngest ones. Please feel free to bring family and friends. All are welcome. You can contact Rayla for more information.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford

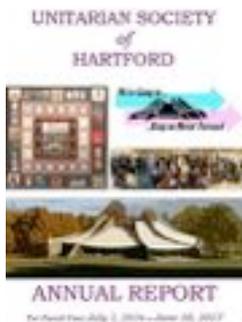
860-233-9897 ext 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.

Church Business News

Semi-Annual Meeting

On Sunday, February 11, after the service, please join us for our informal semi-annual congregational meeting. You'll have a chance to learn more about recent actions and ongoing plans by your Board of Directors, the exciting new approach to Stewardship this year, updates on social justice activities and opportunities, the possibility of a part-time ministerial intern starting in the fall, answers to your questions and more. Don't miss it! ~ **Submitted by Joe Rubin**



Reminder: Annual Report

It's that time of year again! I will be sending notices to the different folks who are responsible for submitting information for the USH Annual Report. The Annual Meeting will be on Sunday, May 20th, following our Annual Flower Communion Service.

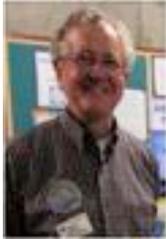
-Thank you, Linda Clark, Office Administrator.

The December Board meeting minutes have been posted online. Click [HERE](#) to view.

The November and December financial reports have been posted online. Click [HERE](#) to view.

To view reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the user-name and password.

Get Involved at USH - Be Part of a Great Team! Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



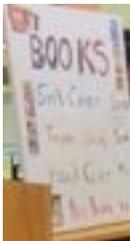
The USH Sunday Welcome Team ~ The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com), phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers.



Office Volunteers ~ If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the Cover, Making Nametags, Basic updates to printed materials on the computer, Making copies of printed materials. Please let Linda Clark know if you're able to help out in the office during the week for an hour or two: email [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



Join the Choir ~ Director of Music Ministries, Sam Moffett, is excited to be working with our USH choir. To all in the community who have ever thought about joining the choir: come and sing! If you would like to join, just try it out, or for more information, e-mail Sam at [smoffett\(at\)ushartford.com](mailto:smoffett(at)ushartford.com).



The Book Table During Coffee Hour ~ Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: [clara.horn\(at\)comcast.net](mailto:clara.horn(at)comcast.net).



Religious Education ~ The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is 1-2 Sundays every 4-7 weeks. If you are interested, have any questions, or would like to see the curriculum, please let Rayla know: 860-233-9897 ext 104 | dre@ushartford.com.

Programs for Adults and Families Sub-Council

The Programs for Adults and Families Sub-Council needs members to continue doing its work coordinating the programs many of us participate in and enjoy at the Meeting House. Please step up and help if you are able! For more information and/or to join this Sub-Council, please contact Council on Community Within Chair, Christopher Wilt at chris.wilt@gmail.com

Sunday, January 28, 2018

“Reflections, Black History Month”

Kamora Herrington, Guest Speaker

Laurie Kelliher, Worship Associate



Photos by Harriet Gardner

Kamora Le'Ella Herrington is the Mentoring Program Coordinator for True Colors, Inc., a support and advocacy organization for sexual minority youth based in

Hartford, Connecticut. She has over 20 years of experience in the human services field and has become a vocal advocate for LGBT youth. She holds a BS in Human Services from Springfield College and discovered during her semester of student teaching that she wasn't cut out to be an elementary school teacher. In 2009, Kamora appeared on the Tyra Show titled "Hell to Pay: Gay Teen Exorcism" after one of the youth in her program was videotaped being exorcised. In 2010, Kamora was featured on the CNN special report titled "Gay Teens Talk Their Truth." She is a 2010 Faith Works Fellow with the Conference of Churches based in Hartford and is committed to bringing understanding to the intersectionalities of identity. In 2010 and 2011, Kamora, a member of the National Black Justice Coalition's (NBJC) Leadership Advisory Council, participated as an activist leader at the "OUT on the Hill Black LGBT Leadership Summit" in Washington, D.C. to organize with other thought leaders, faith leaders, philanthropists and activists who are organizing to empower their communities while educating Congressional leaders, the Obama Administration and federal agencies about Black LGBT public policy concerns. Her proudest accomplishment has been raising her two sons. Her reflection at the Meeting House on January 28 was well-received and greatly appreciated by all in attendance.

**** Help Wanted ****

**Are you looking for an unusual
Opportunity to use your writing skills?
Then read this.**

**Kayla is looking for a volunteer to take over her
Job of many years:
Reporting on Sunday Services**

**Please contact her at: 860-243-2425 or
kaylacostenoble(at)gmail.com to find out more
or commit to a Sunday to summarize.**

Personal News of Our Community

Will you help with the Memorial Reception? ~ On Friday, February 9, we will have the Memorial Service and Reception celebrating the life of Jan Bennett. The service will be at 11 AM and the Reception will follow in Fellowship Hall. Finger foods, such as crackers/cheese, quick breads, cookies, bars, and other munchies are needed. We also need fruit and veggie platters. Food should be brought on the morning of the Reception, on plates ready to serve. Please be sure to label the plate with your name and include a list of ingredients. Please no peanuts or peanut products. We will supply the sandwiches, coffee, tea, and punch.

In order to help us plan, it is important that we know what foods will be contributed. Please contact Janice Newton (860/677-1121 or janicecnewton(at sign)gmail.com) to sign up for a food contribution. We are planning for a large number of attendees, so your food donations will be greatly appreciated. Thank you in advance for your help. We can't do this without you! ~ **Submitted by Janice Newton**

Lunch Bunch ~ We will be meeting on Tuesday, February 20. Our speaker will be our member, Dr. Ted Johnson. If you plan to attend, please let me know by noon on Wednesday, February 14. Please call me at 860/677-1121 or email me at janicecnewton(at sign)gmail.com.

The Lunch Bunch will meet at Concetta's, Italian Restaurant, 22 Mountain Ave., Bloomfield. In addition to lunch, there will be a speaker. You will be able to order off the menu. Separate checks will be provided. There is convenient parking. We will meet at Concetta's on the third Tuesday of the month through June. The dates are: 2/20, 3/20, 4/17, 5/15, and 6/19. Mark your calendars! We are looking for speakers for this year. Are you interested, or do you know someone who would be interested, in speaking to the group? If so, please contact Maggie Greene at turtlepoem(at)yahoo.com. Reservations are necessary! ~ **Submitted by Janice Newton**



**UU
USH
&
YOU**

**A Path to
Membership**

Free child care provided.

**3 Sunday sessions
(Feb 4, 18 & Mar 4)
12:00-1:30 pm**

Followed up with a
Membership Sunday on May 6th

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

Rev. Heather will be present for all three sessions.

Sign up at the Programs Table or contact Brian Harvey at bharvey@ushartford.com

1st Sunday CONNECTIONS

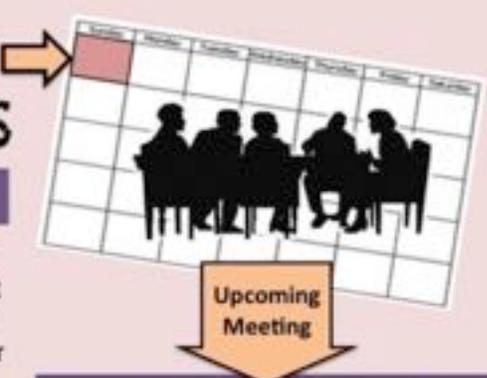
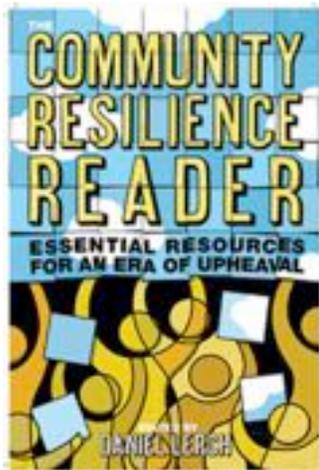
For Visitors & Newcomers

Each month we host an informal gathering for visitors and newcomers to learn more about UU, USH, our mission, education program and membership. Ask questions, share your concerns, and meet others.

We meet "Under the Stairs" (Lower Lobby)
15 minutes after the end of the service.

Attend as many times as you wish.

Upcoming Meeting
February 4, 2018
Free Childcare Provided

The Community Resilience Reader

Group discussion sponsored by Green Sanctuary Committee

In this 5-week program, we will discuss an excellent new book produced by the Post Carbon Institute, a think-tank helping society learn how to survive and thrive in a world that is riven by climate change and transitioning to an energy economy without fossil fuels. The book focuses on building community in "an area of upheaval." All are welcome and encouraged to participate. All sessions meet 12:00 - 1:15 pm in Emerson/Meditation Rooms.

Contact: Jeff Howard at [jeff.howard.29\(at\)gmail.com](mailto:jeff.howard.29@gmail.com) or 860-921-4376.

Feb. 4 — Introduction & Chapter 1 (childcare scheduled)

Feb. 18 — Part 1: Predicament — Chapters 2-6 (childcare scheduled)

Feb. 25 — Part 2: Tools — Chapters 7-10 (soup available; childcare pending)

March 4 — Part 3: Resilience in Action — Chapters 11-14 (childcare scheduled)

March 11 — Part 3: Resilience in Action — Chapters 15-19 (childcare pending)

March 18 — Extra date in case of inclement weather (childcare scheduled)

We will make arrangements for childcare on the remaining two dates if needed. Food will be available for each session. Contact Jeff Howard to indicate your interest and get info on ordering the book. -Submitted by Jeff Howard Image: <https://islandpress.org/books/community-resilience-reader>



Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-461-0908.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

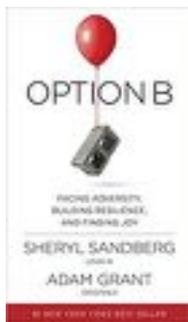
Meditation & Dharma Group: Temporarily suspended, contact Fred Louis for any questions: 860-223-2407.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions contact Mark Friedman: drmarkafriedman@drmarkafriedman.com.

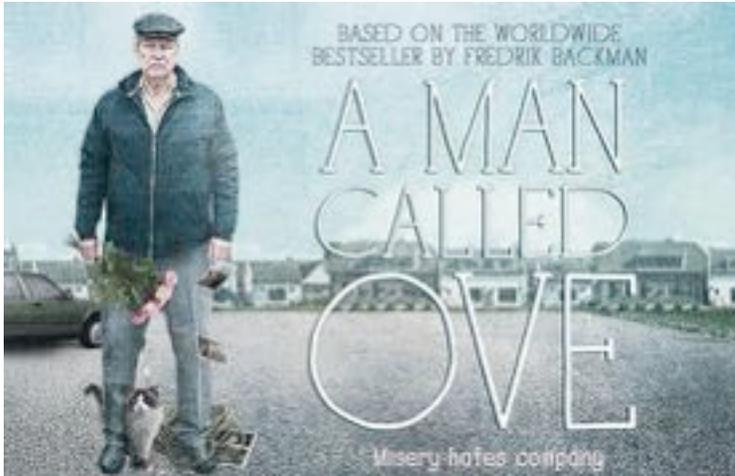
Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact: Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

USH Book Club: Next Meeting: Thursday, February 8: [Option B: Facing Adversity, Building Resilience and Finding Joy, Sheryl Sandberg and Adam Grant](#). Off-site. For directions and more information contact Richard Groothuis: rgroopofus@icloud.com.



After the unexpected passing of her beloved husband, Facebook COO and bestselling author of *Lean In*, Sheryl Sandberg, feared that she and her children would never find joy again. Fortunately this fear was unfounded. *Option B: Facing Adversity, Building Resilience, and Finding Joy*--co-authored with psychologist and friend Adam Grant--shows you how Sandberg, and many others who have overcome a wide range of profound hardships, triumphed over tragedy. The book posits that it's helpful to think of resilience like a muscle, one that atrophies in the calm between the storms of our lives. But there are things we can do to develop it, so we're better prepared when adversity strikes. In America, culture can put a kink in this plan. Processing a painful event can be hindered when you're wired not to talk about it. We all know that when someone asks how we're doing, the expected response is "fine," no matter if we've just lost a limb, or had a cancer scare. We will grin, and we will bear it, and we will go back to work too soon and burst into tears in the copy room when confronted by a malevolent stapler (or maybe that's just me). Recently, Sandberg helped to enact a new employee benefit at Facebook: 20 days of paid bereavement leave, twice the amount that was offered previously. As she explains in *Option B*, it's the humane thing to do, and it also makes good business sense; compassionate companies engender more loyal employees. In this way, *Option B* is more than a little revolutionary. It challenges us to change systems that don't always take our humanness into account. And that's something we need to do on a personal level as well. **None of us are immune to misfortune and heartbreak.** We need to cut ourselves some slack when times get tough, and, as Sandberg discovered, flip the golden rule: When a loved one is in distress, instead of treating them how you would want to be treated, consider how *they* want to be treated, which may be quite different. *Option B* starts an (oftentimes) uncomfortable but important conversation. If we lean in to the numerous lessons it has on offer, there's a lot more joy to be found. -[Erin Kodicek, The Amazon Book Review](#). -Submitted by Jean Groothuis



**“A Man Called Ove”
Dinner & A Movie,
Friday, Feb. 9
At the Unitarian
Society of Hartford
Fellowship Hall**

*“It’s a heartwarming tale about a stubborn, short-tempered man with steadfast beliefs, strict routines and the feeling that everyone around him is an idiot - and no reticence about telling them.”**

Maybe you saw this wildly popular movie last year and/or maybe you read the novel? See it again for its joy and charm ~ so well crafted and acted, with captivating characters. Perfect antidote for dreary February weather!

The USH Dinner and Movie series will show this movie on Friday, February 9. You can watch a trailer here <https://youtu.be/IMZuic0dG1w>. It will be shown with captions. We will gather at 5:30 PM for popcorn and conversation, with pizza and salad meal at 6, movie at 7, with optional discussion afterwards. Please reserve (\$10 each) by Wednesday noon, February 7. Note change in reservation procedure: call and leave a voice message (no texting) at [860-693-4269](tel:860-693-4269). Include your choice of veg or meat pizza toppings. Pay with cash or check at the event. If you reserve but find on Feb 9 that you cannot attend, please leave a voice message by noon so the pizza order can be adjusted. For those attending the Dinner & Movie 2017-18 series for the first time, there is a one-time \$5 registration fee. Questions? Call 860-693-4269 or email [bonnieandroberta\(at sign\)comcast.net](mailto:bonnieandroberta(at sign)comcast.net). *from Rotten Tomatoes website. -Submitted by Nita



Circle Dinners

Circle Dinners give all participants an opportunity to expand their social circles at USH and learn more about some of the interesting people who call USH their spiritual home. The dinners are scheduled to be held on the 2nd Saturday of every odd-numbered month. **(Still ahead: Mar 10 and May 12)**. The purpose of these Dinner Parties is to foster

social camaraderie among new and more established members of USH. For participants, eight to ten adults are randomly assigned in different groupings for each dinner. The host furnishes the entree, beverage and bread. Guests are assigned to bring appetizers, salad,

side dish or dessert. Right now we are gauging the interest and demand for dinner locations. We anticipate 2 to 3 locations for each date. Please let Chris Wilt know as soon as possible if you would be willing to host a dinner party at your home.

Registration: Participants can sign up for as many or as few dates as they wish.

Registration can be done online, using the following

link: <https://goo.gl/forms/qkbiZBQzZbWTLpQF3>

The registration form contains a space for: 1) listing dietary restrictions, and 2) if you plan to bring your children. We will try to group families with kids together so that they have some playmates for the evening. We will discuss providing supervision for children where appropriate. You are not required to be a host in order to participate in this program. **Questions:** Contact Chris Wilt, 603-401-5704. -Submitted by Brian Harvey

Small Group Ministries:

A DAYTIME Small Group Ministry consisting of 8 sessions will be offered at the home of Julie Grace. Contact Esther McKone for location. The first meeting will be on Tuesday, February 6 and will continue for 7 more sessions after that. The meeting time will be 1:30 to 3:30 pm. To sign up for this, you may look for the sign up sheet (currently at the welcome table, main lobby, but may be moved to a program table during Sunday coffee hour). Or you may contact Esther McKone to register or to get more information on Small Group Ministry, email: [estmckone \(at\)aol.com](mailto:estmckone@aol.com), phone 860 677 6682.

What is Small Group Ministry? This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space - a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience.

Watch for announcements of Small Group Ministry offerings in E-News and during coffee hour after the service at the Programs Table in Fellowship Hall or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone \(at\)aol.com](mailto:estmckone@aol.com), phone 860 677 6682.



Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me.

Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone, email -

[Estmckone\(at\)aol.com](mailto:Estmckone(at)aol.com) or call [860-677-6682](tel:860-677-6682).

Planning future SGMs: I am considering having more focused groups for the future encompassing such issues as

(1) Disabilities, 2) Structural Racism, and 3) spirituality of nature-based, earth-centered faiths and 4) a gender identity focused SGM.

So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford.

-Submitted by Esther McKone

Meeting House Presents!

Meeting House Presents!



Meeting House Presents – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30). All the concerts for this season can be purchased in advance online through brown paper tickets which they can access directly from this link- www.brownpapertickets.com/browse.html- or go to brown paper tickets and just search for the artist, or use the Meeting House Presents page at USH which has links for all the concerts to brown paper tickets- www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Prices unless otherwise noted:

Tickets \$20 at the door/\$12 for students with ID.

Members children under age 12 are free with parent.

Click [HERE](#) to read more about upcoming events at USH. Click [HERE](#) to read the Blog. Contact Laura and Paul Cipriano (MeetingHousePresents@gmail.com or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

UPCOMING SHOWS



Friday, Feb 23, 2018 - Dennis McCorkle

Dennis McCorkle's guitar repertoire encompasses classical, jazz, ragtime, blues, and Brazilian music. He is a prolific composer, performer, scholar, and teacher. Somehow he manages to do all that and still be humble and genuine.



Friday, Mar 23, 2018 - JP Cormier

J.P. Cormier is a Canadian bluegrass/folk/Celtic singer-songwriter and multi-instrumentalist. He has released more than a dozen records, an impressive body of work that has earned him a vast and loyal fan base and multiple awards.

March 23: [JP Cormier](#)

March 30: [Susie Burke and David Surette](#)

Apr. 27: [An Evening with Mary Gauthier](#)

Co-produced with the Sounding Board Coffee House

Weekly Reminders



The new USH Directory is now available!

It is on our website. Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the user-name and password.

Or pick up a hard copy in the church office during business hours
TU-TH (10AM-3PM) or Sundays (10am-noon) for **\$5**.



Lost and Found

Lost and found items at the Meeting House have historically been left on the shelf at the entrance to the main office. There is now a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. Thank you.

20'S/30'S BRUNCH

Join us on the **3rd Sunday of each month**
@ 12 PM in the Meeting House Library
for a **potluck brunch gathering**



VISITORS AND NEWCOMERS WELCOME!

CONTACT: Allie Pistolessi a.pistof17@gmail.com





While our supply lasts!

Available in 3 sizes:
 Lawn sign - 18" x 24" (2 sided)
 Window sign – 11" x 17"
 Car sign – 5.5" x 8.5"

LOVE your neighbor*
 * your black, brown, immigrant, disabled, religiously different, LGBTQ, fully human neighbor

On sale Sunday during Fellowship Hour (11:30-12:15)

Suggested donation: Lawn sign - \$20
 Window sign – \$5 - Car sign – \$2

Contacts:
 Lindsey Jones-Rowell lejrowell@gmail.com or
 Kristine Glenney kristineglenney@comcast.net

Upcoming Special Events and News in the Larger Community

Get involved with the Puerto Rican Issue & Helping Families at the Red Roof Inn:

- **Feb. 28th-** March in front of the State Capitol to demand more help for the displaced families arriving to CT. 1-4pm.
- General volunteers needed to help out with transportation to look for apartments and volunteers to help translate resumes and other documents.

For any questions or inquiries please contact Pedro Bermudez at 939-277-3708; pedrobermudez82@yahoo.com -Submitted by Wildalez Bermudez



Collaboration...in Community -- with the Hartford Stage!

For the second year, USH collaborated with the Hartford Stage by focusing a service around a production at the Hartford Stage. This year that production is *Feeding the Dragon*, written and performed by Sharon Washington, and directed by Maria Mileaf. Here's a synopsis of the play:



"Sharon Washington plays nearly 20 characters in her own true story. A memory play about growing up in the custodial apartment of a Manhattan library, *Feeding the Dragon* examines how both the power of forgiveness and the lifelong love for the written word have helped her battle dragons of all forms." *Feeding the Dragon* will run from January 11 - February 4, 2018. Tickets are available at hartfordstage.org or by calling 860-527-5151. For more about *Feeding the Dragon* and Sharon Washington, enjoy: <http://www.sharonwashington.com/feeding-the-dragon-play/>

Image: <http://www.sharonwashington.com/feeding-the-dragon-play/>

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Heather Rion Starr, Co-Minister
revheather@ushartford.com | 860-233-9897 ext 103

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 x 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 x 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your
submission!***

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.