



50 Bloomfield Avenue, Hartford, CT 06105  
Tel: (860) 233-9897 • Email: [firstunitarian@ushartford.com](mailto:firstunitarian@ushartford.com)  
Website: [www.ushartford.com](http://www.ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for an appointment.

**May 30, 2018**

**Worshipping Together Since 1830**

**Revs. Cathy & Heather Rion Starr**



Image: *Zen Ties* by Jon Muth

**Worship Service: Sunday, June 3, 2018**

**10:30am**

**"Navigating Technology In the Age of Polarization"**

**USH Youth Group**

This year, the High School Youth Group will focus on the hardening of our bubbles through social media and other forms of information sharing. They believe that we tend to surround ourselves by like minded people in the communities we select, specifically in our digital communities and groups. They will address how our bubbles can limit our understanding of people

different from ourselves and even demonize those whose points of view differ from ours.

Starting on June 24th, Sunday services will be held in the air-conditioned Fellowship Hall for the summer.

### **Spiritual Practices Summer**

This summer, our worship series will explore a wide variety of practices that help to ground, center, delight, inspire, and strengthen in times of peace and times of anxiety or stress. We'll kick off the series on June 17<sup>th</sup> with a service by Rev. Cathy that will explore the purpose, power, and challenges of spiritual practices. Summer services begin in Fellowship Hall June 24th and continue through Labor Day (September 2nd). Come join us every Sunday at 10:30am for spiritual depth and exploration together!

- **July 1** "The Art of Maintaining Positive Focus" -- John Bengston, Lay Leader; Sue Smolski, Worship Associate
- **July 8** "SGM: Discovering and Sharing Our Collective Wisdom" -  
- Esther McKone, Lay Leader; Martha Bradley, Coordinator; Julie Grace, Worship Associate
- **July 15** "Tai Chi" -- Margaret Leicach and Laurie Kelliher – Lay Leaders/Worship Associates
- **July 22** "Inner and Outer Transformation: Spiritual, Societal, and Environmental Practice" -- Mark Unno, Pulpit Guest; Julie Grace, Worship Associate
- **July 29** "A Transcendentalism For Today" -- Judy Robbins, Lay Leader; Rick Tsukada, Worship Associate
- **Aug. 5** "Living the Labyrinth" – Rev. Cathy Rion Starr, Co-Minister; Doris Maldonado, Worship Associate
- **Aug. 12** "Art and Spirit at USH" -- Martha Bradley, Coordinator; Laurie Kelliher, Worship Associate
- **Aug. 19** "The Practice of Self-Compassion" -- Marye Gail Harrison, Lay Leader; Worship Associate: TBA
- **Aug. 26** "Listening: Soaking In Another's Story and Song" – Rev. Heather Rion Starr, Co-Minister; Peter Meny, Worship Associate
- **Sept. 2** "Connection in the Chaos" -- The 20 -30s Group, Lay Leaders; Lisa Galinski, Coordinating and Worship Associate

*E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.*

**In This Week's Enews:**

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**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page Here.**

**Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:**

[www.ushartford.com/events/](http://www.ushartford.com/events/)

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**RE News You Can Use:**

**Rayla D. Mattson, Director of Religious Education**



This Sunday, June 3, the nursery will be available from 10:15-11:45am for infants and toddlers. There will also be after care until 1:45pm for those 10 and under. Please join us for our annual youth led service. We will also be recognizing our OWL participants and hope you all will join us.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford

[860-233-9897 ext 104](tel:860-233-9897) | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



## Church Business News

### **Nomination for the Board of Directors: Spiritual Life Council Chair**

The Nominating Committee has provided the following nomination for the Board of Directors, Spiritual Life Council Chair, to be voted on by the congregation at or around Sunday, June 24, 2018. The Nominee is Marye Gail Harrison for a one-year term 7.01.2018 to 6.30.2019 to complete the second year of a two-year term vacated by Stephanie Briggs. -Submitted by Sarah McKenzie, Secretary of the Board

### **USH Needs You—**

#### **Get Active with USH! Committee and Sub-Council Openings**

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

- **Membership Sub-council:** Is the face of USH to visitors, welcoming them, encouraging their engagement with USH, managing the path to membership, and nurturing members to ensure integration and long-term membership at USH. Manages member engagement activities such as pancake breakfasts, the annual picnic and new member potluck dinner. **We especially need volunteers for the June 10th annual picnic!**
- **Choir & Musicians:** Join the choir, or bring your musical talents to a single worship service.
- **Stewardship Sub-council:** Develops strategy for stewardship and manages the annual stewardship drive. Oversees fundraising activities and manages select fundraising activities such as the annual auction.
- **Adult Programs:** Strategy and management of adult programs overall and of specific program offerings. Will work closely with the Intern Minister.
- **Religious Education:** Teachers, assistants, office volunteers and other support for our growing RE program.
- **Building and Grounds:** Responsible for recommending capital budgets to the Finance Sub-council and Board and for directing many building maintenance and improvement activities.

- **Denominational Affairs:**Keep USH connected and informed of news and activity at the regional and national level – there’s so much we could be tapping into!
- **Human Resources:** Develop a long term staffing strategy, keep our HR policies and practices updated
- **Nominating and Leadership Development Committee--** Recommends candidates for nomination to the Board of Directors (for a vote of the congregation at the Annual Meeting) and to the Endowment Committee (for a vote of the Board of Directors). Help to evolve leadership development activities at USH.
- **Endowment Committee:**Responsible for the prudent investment of the assets of the endowment.
- **Planned Giving:**This committee is being re-vitalized to prepare for and execute a planned giving strategy in FY2019. In the first year, it will take advantage of 10% matching funds (designated for operations) that are available through a UUA-related program known as Wake Now Our Vision, funded by the Shelter Rock UU foundation.
- **Audit Committee:**Examines the books and records of USH and its governing bodies and operating councils and committees. The focus is on controls and sound accounting and reporting practices.
- **Safe Congregation Committee:**Responsible for developing policy and implementing practices to ensure appropriate practices are in place and managed to provide a safe environment for our children.
- **Intern Minister Committee:**This will be a new committee in FY2019. It will serve as an advisory group to meet regularly with the intern minister and help guide him during his two years at USH.
- **Circle Supper Coordinator:**Coordinate monthly or occasional Circle Suppers at USH member homes that bring together newer-comers and longtimers for a social potluck evening.
- **Caring Network Sub-council:** Provides comfort and assistance, as needed, to members and friends in various ways, such as cards, phone calls, meals, rides, or visits.

### **Other areas for involvement during FY2019**

Social justice activities; Worship Associates; Preparation for a capital campaign; Meeting house security; Communications and web management.

If interested, contact:

Sherry Manetta, President; 860-604-0805 / [s.manetta@comcast.net](mailto:s.manetta@comcast.net)  
 Joe Rubin, President-elect; 860-539-3586 / [joerubin@snet.net](mailto:joerubin@snet.net)  
 The Revs: 860-233-9897x103 / [RevCathy@ushartford.com](mailto:RevCathy@ushartford.com) or  
[RevHeatherRionStarr@gmail.com](mailto:RevHeatherRionStarr@gmail.com).

The latest financial reports have been posted, click [HERE](#) to view.  
 The Board Meeting minutes for May have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the username and password.

### **A note from the Revs about the Ministers' Discretionary Fund (MDF)~**

We have used our Ministers' Discretionary Fund to support a number of families and individuals who are facing financial and/or emotional stress of late — due to job changes, health issues, family changes, and simply the stresses of trying to make ends meet. As those of you who have ever received a check from the MDF know, these families are incredibly grateful for the support of their fellow congregants in stressful times! The checks we write are a double gift: the gift of much-needed funds and the gift of knowing that this congregation loves and supports them. Because of the recent needs, our Ministers' Discretionary Fund is getting low. If you find yourself *not* struggling to pay the bills, we would be very grateful for gifts of any amount to the fund. If you *do* find yourself struggling to pay the bills, please let us know so that perhaps we may be of some assistance. Together, we weave the fabric of love and community.  
 With gratitude, Revs. Heather and Cathy

### **Get Involved at USH - Be Part of a Great Team!**

*Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:*



### **The USH Annual Picnic: June 10th**

Your help is needed to make this year's USH Annual Picnic **happen**. Every year we celebrate the coming of summer and the ending of the regular church year with festivities, games and FOOD!! Contact Brian Harvey (bharvey(at)ushartford.com) if you can be a part of the planning for the June 10th post-service event.



### **Small Group Ministry Host, Advisor or Facilitator**

If you have participated in Small Group Ministry, you might be a candidate for Facilitator training. It involves an afternoon of formal training plus working with mentors who can advise you on your first couple of assignments. Or maybe you'd be willing to host an SGM group in your home. You may want to help select readings as an SGM advisory group member. Contact Martha Bradley or Esther McKone, SGM Co-chairs. -Submitted by Martha Bradley



### **The USH Sunday Welcome Team**

The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service, and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at ushlindaclark@gmail.com, phone the office at 860-233-9897, or talk to Brian Harvey (pictured) if you are interested in being part of this wonderful group of volunteers.



### **An Invitation to Join the Choir**

The music ministry is in the process of further building the choir. Sam would like to extend an invitation to members and friends of the congregation who are thinking, or have ever thought about, singing with the choir. The choir rehearses every Wednesday from 7:00pm to 9:00pm, and sings during 3 Sunday services every month. Anyone interested in singing with the choir, please contact Sam via e-mail at smoffett@ushartford.com.



### **Office Volunteers**

If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the cover, making nametags, basic updates to printed materials on the computer, making copies of printed materials. Please let Office Administrator Linda Clark know if you're able to help out in the office during the week for an hour or two: email [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com) or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



### **The Book Table During Coffee Hour**

Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: [clara.horn@comcast.net](mailto:clara.horn@comcast.net).



### **Religious Education**

The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is only 1-2 Sundays every 4-7 weeks. If you are interested, have any questions, or would like to see the curricula, contact Rayla Mattson, Director of Religious Education at: 860-233-9897 ext 104 | [dre@ushartford.com](mailto:dre@ushartford.com).

### **Sunday Service Photos**

**Worship Service: Sunday, May 20, 2018**

**10:30am**

**"Amazing Grace"**

**Margalie Belizaire, USH Member & Guest Speaker**

**Sue Smolski, Worship Associate**

*"Grace is genuine compassion: a smile, a laugh, a tear. It comes from the most honest place in the heart where real emotion lies. The most beautiful expression of grace is compassion presented in the purest light." ~Philosophy - Pure Grace.*



Photos by Harriet Gardner.

## Events and Personal News of Our Community

### **What are Your Thoughts? About Building Community: Race Matters**

Many, I would venture to say, most of us come to USH partially to build community – to connect with each other – to remind ourselves that during these trying political times, we are not alone. Some of our shared concerns are around the dehumanization of our fellow residents. From children being taken from their parents after crossing the borders to children in our schools, struggling as the dollars continue to decline, moving from education and social services to defense.

As the chair of the Race Matters sub-council under the social justice council, I've identified its direction and its content. I choose not to continue doing so. Am I leaving that role? Hell no! What I am doing is opting to stop going solo, guessing what would be most beneficial to the USH congregation. I want to hear from you, to get a better idea of the pulse of this congregation, and together, determine our direction. A focus group will take place at USH in the meditation room at noon after the June 3 service to hear from you. What would you like to participate in as it relates to race and our relationships with each other?

Yes, the focus is on race. That being said, progress cannot be made in this area without working on our relationships... without developing a greater sense of trust and understanding. I'd like to delve into who it is that we are... who it is that we hope to become as a congregation. This is a path that needs to be traveled together and a vital start point prior to any meaningful discussion about race, or indeed, anything else. What is it that you want? Where would you like to go in terms of building up our internal community and understanding of each other? And yes, what are your thoughts about race and ethnicity and the best ways to move forward as a group? There's room for numerous styles, levels of comfort and approaches. Let's put our cell phones down and talk. The art of face-to-face conversation is being lost. I look forward to connecting with you... to hearing your thoughts as they serve to determine the direction of Race Matters at USH. Thank you ~Gloria Mengual, past Social Justice Chair of USH.

# 1<sup>st</sup> Sunday CONNECTIONS

## For Visitors & Newcomers

Each month we host an informal gathering for visitors and newcomers to learn more about UU, USH, our mission, education program and membership. Ask questions, share your concerns, and meet others.

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**We meet "Under the Stairs" (Lower Lobby)**  
15 minutes after the end of the service.

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Attend as many times as you wish.



Upcoming Meeting

**June 3, 2018**

**Free Childcare Provided**

### Piano Wanted:

Sarah Cassidy, the USH Religious Education Assistant, is looking for a gently loved piano for her new home. If anyone has information on one please feel free to reach out to her at 631-338-1357 or at saracassidy27(at)gmail.com. ~Thank you!

### Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

#### Programs

**Emei Qigong Cultivation:** Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi:** Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

**Meditation & Dharma Group:** Thursdays, 6:30-7:45 PM. Contact Fred Louis: 860-223-2407.

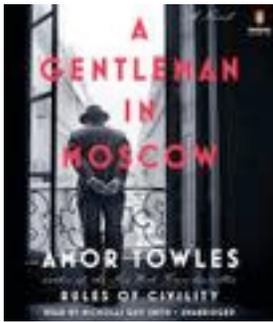
**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions contact Mark Friedman: drmarkafriedman@drmarkafriedman.com.

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial

Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

**USH Book Club:** Next Meeting: Thursday, June 14, 5:30pm. A *Gentleman in Moscow* by Amor Towles. Off-site. For directions and more information contact Richard Groothuis: rgroopofus@icloud.com.



In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal, and is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. Rostov, an indomitable man of erudition and wit, has never worked a day in his life, and must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel's doors. Unexpectedly, his reduced circumstances provide him entry into

a much larger world of emotional discovery. Brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another, this singular novel casts a spell as it relates the count's endeavor to gain a deeper understanding of what it means to be a man of purpose. Ginny Allen has offered to host our meeting at Seabury. Details to follow. -Submitted by Richard Groothuis



**Dinner and a  
Movie at USH  
Fellowship Hall  
June 15th, 5:15pm  
"ALL THE  
PRESIDENT'S  
MEN"  
Dustin Hoffman &  
Robert Redford**

"A timely political  
drama for the Trump

reign."\* "A spellbinding detective story."\*

"This superb film has long been acknowledged as a classic political thriller, but watching it in today's climate, at a point when a timid and ineffectual media is par for the course, also reveals its increasingly significant value as a time capsule piece."\*

On Friday, June 15, the USH Dinner & Movie program will show the award-winning "All the President's Men," a "reconstruction of the discovery of the White House link with the Watergate affair by two young reporters from the Washington Post."\* You can watch a trailer here [https://youtu.be/DC3YFyah\\_Yg](https://youtu.be/DC3YFyah_Yg).

We will follow a **revised time schedule** because the movie is over 2 hours long. We will gather at **5:15pm** for popcorn and socializing, have pizza and salad at 5:45, view the movie at 6:30, with optional discussion afterwards. Those who have seen "The Post" might offer comparisons. Please reserve, \$10 each, by Wednesday noon, June 13, by calling Nita (860-693-4269) and leaving a voice message (no texting). Be sure to indicate your choice of meat or veg pizza topping. You can pay at the event with cash or check. If you reserve but find on June 15 that you cannot attend, please leave a voice message by noon so the pizza order can be adjusted. Questions? Call 860-693-4269.

\*from Rotten Tomatoes website -Submitted by Nita H.

## Small Group Ministries:

### What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone\(at\)aol.com](mailto:estmckone(at)aol.com), phone 860 677 6682.



### Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone,

email - [Estmckone\(at\)aol.com](mailto:Estmckone(at)aol.com) or call [860-677-6682](tel:860-677-6682).

**Planning future SGMs:** I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, and 3) Spirituality of nature-based, earth-centered

faiths and 4) A gender identity focused SGM. So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. Let me know if you can help! - Submitted by Esther McKone

### Meeting House Presents!



MHP concerts are co-produced by  
The Sounding Board Coffee House

**2017-2018  
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

Thank you Laura and Paul Cipriano and all the other volunteers who made the first season of 'Meeting House Presents' a success. There is an update in the Annual Report and more details will be coming up. Stay Tuned!

**Meeting House Presents** – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30).

Click [HERE](#) to read the Blog. Contact Laura and Paul Cipriano ([MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com) or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

### Weekly Reminders



#### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

### Upcoming Special Events and News in the Larger Community



**Forum  
on Environmental  
Racism -  
Wednesday, June  
6**

Join us for a 90  
minute  
Forum on  
Environmental  
Racism  
on Wednesday, June  
6 from 6:30 pm -  
8:00 pm at Asylum

Hill Congregational Church. Come to learn and discuss how communities of color are disproportionately impacted by pollution, toxic chemicals, and climate change - and the moral and theological basis for responding to this injustice. Refreshments served at 6:00 pm. Our keynote speaker is **Sharon Lewis**, Executive Director of the Connecticut Coalition for Environmental Justice. After her fascinating and enlightening keynote speech, she will participate in a panel along with **Alex Rodriguez**, organizer with the CT League of Conservation Voters' Latino Outreach program, Chispa, and **Rev. Mia Douglas**, Director of Discipleship for the Asylum Hill Congregational Church. Free and open to the public, but seating is limited, so you must RSVP - <https://environmentalracism.eventbrite.com>

**Date:** June 6; **Time:** 6:30 pm - 8:00 pm - refreshments served at 6:00 pm

**Location:** Asylum Hill Congregational Church; **Address:** [814 Asylum Ave](#), Hartford

**Cost:** FREE, but you must RSVP <https://environmentalracism.eventbrite.com>

There is plenty of parking in Asylum Hill Congregational Church's lighted, guarded parking lot.

Sponsored by Asylum Hill Congregational Church, the Interreligious Eco-Justice Network, and Immanuel Congregational Church



**Poor People's Campaign**  
**The Poor People's Campaign:**

A National Call for Moral Revival is uniting tens of thousands of people across the country to challenge the evils of

systemic racism, poverty, the war economy, ecological devastation and the nation's distorted morality.

Unitarian Universalists and people of faith across the country are showing up together. The Connecticut Poor People's Campaign is doing actions at the Capitol Building every Monday at 3 pm, and culminating in a huge march on Washington on Sunday, June 23rd (let RevCathy know if you're interesting in a bunch of us going to that together). Please join us if you can! More info about the [CT campaign here](#) and the [national campaign here](#).



**General Assembly: "All Are Called"**

General Assembly is the Annual Meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates. **The 2018 General Assembly will be June 20-24 in Kansas City, Missouri.** Most General Assembly events will be held in the Kansas City Convention Center.

The GA Registration and Housing Reservation Systems are open and await your signing-

up! [www.uua.org/ga/travel](http://www.uua.org/ga/travel).

Please let Revs. Heather & Cathy know if you're planning to attend GA so that we can coordinate USH participation.

Grounded in a deep belief that we are all prophets, Unitarian Universalists ask, "How can we faithfully meet the demands of our

time?" The call to witness and act for justice in our society and in the world is clear. So, too, is the call to examine our structures and practices, dismantling and transforming those which fail to recognize the full humanity of all people and to honor the interdependent web of life. Join us in Kansas City as we dive deeply into questions of mission for our Unitarian Universalist Association, for our congregations and communities, and for each of us as individuals.

**Excellent Programming:** GA will offer more than 175 programming selections over the course of five days. Major worships this year will be lead by UUA President Rev. Susan Frederick-Gray and Rev. Sofia Betancourt. More programming details are available at [www.uua.org/ga](http://www.uua.org/ga).

**Financial Aid Available.** Click the link to find out more: [www.uua.org/ga/congregations/promotional-resources](http://www.uua.org/ga/congregations/promotional-resources).

**Consider being an Off-Site Delegate**--from your home! General Assembly is getting more-and-more enjoyable without all the expense of travel and lodging--you can live-stream more and more of the workshops and worship services right from your home. Please let RevHeather (revheatherrionstarr@gmail.com) know as soon as possible if you are interested in fully participating as an Off-Site Delegate--and mark off your calendar for June 20-24, because there are programs to view, vote in, and be inspired by, almost all day every one of these days!



**For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

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**To submit a Calendar Event Request,** cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister  
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister  
revheatherriostarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals  
Manager  
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries  
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator  
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
Office Hours by Appointment | bmullen@ushartford.com

**Rev. Cathy has a new scheduler!**

No, we haven't hired a personal assistant for the Revs, but I am trying out a new online scheduler. If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

*The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com)  
Please note in the subject line "USH-Enews." Thank you for your  
submission!*



**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.