



50 Bloomfield Avenue, Hartford, CT 06105  
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Website: [www.ushartford.com](http://www.ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for an appointment.

**June 20, 2018**

**Worshipping Together Since 1830**

**Revs. Cathy & Heather Rion Starr**



**Worship Service: Sunday, June 24, 2018**

**10:30am**

**"The Shared World"**

**Sue Smolski and Judy Robbins, Worship Associates**

**Rev. Mara Dowdall, video**

As General Assembly 2018 is in its final day in Kansas City, Missouri, come share Sunday morning worship from last year's General Assembly..."The Shared World."

*"The poet Naomi Shihab Nye speaks of 'the shared world', in which we connect deeply with one another in and through our differences. What does it mean to live in 'the shared world'? As we navigate this time of peril and possibility, beauty and anguish, despair and resistance, how might a theology and practice of 'the shared world' help us find the way?" ~Rev. Mara Dowdall*



The Rev. Mara Dowdall has served as senior minister of the First Unitarian Universalist Society of Burlington, Vermont since August 2013. Prior to her call to First UU, Mara served UU congregations in Montpelier, Vermont and the Boston area. She also spent a year at the Unitarian Universalist Association as interim youth ministry director. Mara is a native of Philadelphia and a life-long Unitarian Universalist. Before her call to ministry, she worked in politics, including stints with NARAL Pro-

Choice America and Rep. Lloyd Doggett (D-TX). A graduate of Harvard College and Harvard Divinity School, Mara lives in Burlington with her husband and their two young sons.

### **Congregational Vote for Spiritual Life Council Chair**

The Nominating Committee has nominated Marye Gail Harrison as Spiritual Life Council Chair and a member of the Board of Directors for a one-year term 7.01.2018 to 6.30.2019. A congregational vote to elect Marye Gail will be held during the Sunday service on June 24. - Submitted by Sherry Manetta

Starting on June 24th, Sunday services will be held in  
the  
air-conditioned Fellowship Hall for the summer.

### **Spiritual Practices Summer at the Meeting House**

This summer, our worship series will explore a wide variety of practices that help to ground, center, delight, inspire, and strengthen us in times of peace and times of anxiety or stress. We'll kick off the series on June 17th with a service by RevCathy that will explore the purpose, power, and challenges of spiritual practices. Summer services begin in Fellowship Hall June 24th and continue through Labor Day (September 2nd). Come join us every Sunday at 10:30am for spiritual depth and exploration together!

This summer in RE the children and youth will explore what spirituality and spiritual practices mean to us. We will have several guests come speak about what spirituality means to them and also do some

personal reflections. We will meet throughout the summer beginning on the 1st of July.

- **July 1** "The Art of Maintaining A Loving Focus" -- John Bengston, Lay Leader; Sue Smolski, Worship Associate
- **July 8** "Small Group Ministry: Discovering and Sharing Our Collective Wisdom"  
-- Esther McKone, Lay Leader; Martha Bradley, Coordinator; Julie Grace, Worship Associate
- **July 15** "Tai Chi" -- Margaret Leicach and Laurie Kelliher, Lay Leaders/Worship Associates
- **July 22** "Inner and Outer Transformation: Spiritual, Societal and Environmental Practice" -- Mark Unno, Pulpit Guest; Julie Grace, Worship Associate
- **July 29** "A Transcendentalism For Today" -- Judy Robbins, Lay Leader; Rick Tsukada, Worship Associate
- **Aug. 5** "Living the Labyrinth" -- Rev. Cathy Rion Starr, Co-Minister; Doris Maldonado, Worship Associate
- **Aug. 12** "Art and Spirit at USH" -- Martha Bradley, Coordinator; Laurie Kelliher, Worship Associate
- **Aug. 19** "The Practice of Self-Compassion" -- Marye Gail Harrison, Lay Leader
- **Aug. 26** "Listening: Soaking In Another's Story and Song" -- Rev. Heather Rion Starr, Co-Minister; Peter Meny, Worship Associate
- **Sept. 2** "Connection in the Chaos" -- The 20-30s Group; Lisa Galinski, Coordinating and Worship Associate

*E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.*

**In This Week's Enews:**

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[Get Involved at USH](#)

Upcoming Events & News in the Larger Community

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [Here](#).**

**Please consult our Online Calendar regularly for all upcoming events at the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**From the Revs.**



**Note from the Revs**

This week (June 19-24) we are primarily at home listening, watching, and engaging with Ministry Days and our national annual

denominational conference General Assembly (GA) 2018, actively commenting on and taking notes, and enjoying the ability to connect with and learn from colleagues while serving as off-site delegates. Join RevHeather on Thursday afternoon at the Meeting House if you'd like to watch some of the General Assembly workshops or business sessions, and enjoy the GA-centered service on Sunday morning. We

will be going to Oregon for our annual trip west to visit with RevHeather's family, June 30-July 12.

The small congregation that RevHeather was consulting for in Massachusetts decided not to renew her contract, but, happily, another opportunity arose in Danbury, Connecticut, to "fill-in" as their half-time Consulting Minister for the coming year (they had an unsuccessful two rounds of search for a settled minister). This is a positive convergence. Feel free to share your stories of Fairfield County or contacts you have in the Danbury-area with RevHeather.

Also, on Monday afternoon RevHeather was arrested while engaging in civil disobedience calling for a Moral Revival in our country, for our country to re-prioritize the lives of the poor, the working, the sick, and the immigrant. Here are more notes from that experience: "I was arrested for blocking the street, with 4 other people, next to Connecticut's State Capitol building. It was the same action that the [CT Poor People's Campaign: A National Call for Moral Revival](#) has done for at least 4 other Moral Mondays over the past 40 days of the [Poor People's Campaign: A National Call for Moral Revival](#), so it was very smooth. We sat in the (sex/gender-segregated, and hot!) police wagon for a while, then in the jail cell for some hours, were processed ("booked"?), fingerprinted, fed some bologna sandwiches around dinnertime, allowed to talk and sing to our heart's content, and released around 9pm. There was a lovely crew awaiting our release and I was given a ride by the marvelous Rev. Erica Richmond back to my car. We have a court date at the end of the month and will probably get assigned 3 days of community service (litter pick-up and the like) around the city. I'd do it again in a heartbeat and only wish it had a whole lot more of an impact. I wish there were more things to DO! [#FamiliesBelongTogether](#) We need a [#MoralRevival!](#)" We are, thankfully, hearing from some colleagues around the country that local people and clergy engaging in civil disobedience can help elected officials feel they have the support and expectation to speak up and speak out in Congress. May that be so. Photo by Rev. Josh Pawelek

### **JOIN REVHEATHER FOR "GA THURSDAY"**

What, you're not going to Kansas City this June 20-24 for our denominational national conference, General Assembly?! That's okay-- you can come to the Meeting House instead for "GA Thursday!" RevHeather enjoys participating as an off-site delegate and Thursday,

June 21, will be hosting an interactive GA viewing session from 1:15pm until at least 4:15pm. There'll be light snacks and we'll have selections from the following workshops up on the big-screen in the air-cooled Library. RSVP to RevHeather at [RevHeatherRionStarr@gmail.com](mailto:RevHeatherRionStarr@gmail.com), indicate your workshop (see options below) and snack preferences, and have a taste of GA without all the cost and travel. Come have fun with a self-identified "GA Geek" who's found ways to stay meaningfully connected without all the fuss.

- **Made, Not Born: Cultivating Leaders in Our Congregations**  
1:30 p.m. – 2:30 p.m.  
*UU Association of Membership Professionals*  
Waiting for leaders to "drop into our laps" is inefficient, frustrating, and ultimately unsuccessful. To meet the call for effective leadership, we need to be proactive and innovative. We will share strategies for cultivating leaders and discuss the challenges and solutions in meeting this critical need.  
*Mark Bernstein*  
*Marie Luna*
- **Business Mini-Assembly 1**  
1:30 p.m. – 2:30 p.m.  
*UUA Board of Trustees*
- **Reimagining Sundays: the Future of Faith Formation**  
3:00 p.m. – 4:00 p.m.  
Families and congregations are confronting a changing landscape. Sunday morning activities, limited time together, and new options and expectations for religious participation are altering the face of Sunday worship. Join two congregations and "Death of Sunday School" author Kim Sweeney for an exploration of what's next for faith formation.  
*Kim Sweeney*  
*Rev. Jordinn Nelson Long*  
*Bethany Giammalvo*  
*Laura Kampa Thompson*
- **Business Mini-Assembly 2**  
3:00 p.m. – 4:00 p.m.  
*UUA Board of Trustees*

See more (and campaign for a GA Friday if you're passionate!) at the following link:

<https://www.uua.org/ga/off-site/registrants/live-workshops>

### **A Note from RevHeather about an Intern Ministry at USH--**

First, thank you, each and all, who have expressed interest in, support and enthusiasm, for USH having an Intern Minister join us, 2018-2020. Sadly, our hoped-for Intern, Mark Robel, has experienced a change in circumstances and is not able to join us as we'd all hoped. We will be moving forward without an Intern Minister this fall but definitely holding on to the excitement and energy this possibility raised. I am confident that our work and discussion about having an Intern Minister at USH was not in vain -- it is just not to be in 2018-19. Let us work together to think about how and when we might more intentionally post (plan for, "advertise" through the UUA system) an Intern Ministry opportunity at USH. If this is something you feel especially strongly about, please speak with me and/or Board President Sherry Manetta or President-Elect Joe Rubin.

Warmly, RevHeather

[RevHeatherRionStarr@gmail.com](mailto:RevHeatherRionStarr@gmail.com)

### **A note from the Revs about the Ministers' Discretionary Fund (MDF)~**

Click [HERE](#) to read more...

#### **RE News You Can Use:**

**Rayla D. Mattson, Director of Religious Education**



This Sunday, June 24, we will be viewing a service from GA. There will be no Time For All Ages or regular RE classes. However, the nursery will be available from 10:15-11:45am for the morning worship service. Please join us for summer RE beginning next week where we will explore our own personal spiritual journey.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford  
[860-233-9897 ext. 104](tel:860-233-9897) | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



### **Social Justice at USH**

#### **Social Justice Sub-Council Meeting**

Noah Webster School Tutoring; Horace Bushnell Food Pantry; Race Matters; Upper Albany NRZ; The Village for Families & Children; Refugee Resettlement; AIM; Green Sanctuary

### Thursday, June 21, 7pm at USH in Servetus

This meeting is open to all who are currently involved, would like to be involved, or are just interested in hearing what all the committees are doing. There is a lot going on and lots of planning for future activities so come share your ideas, interests and enthusiasm!

-Submitted by Judy Sullivan



### Americans of Conscience Checklist

Week of June 17, 2018 / By Jen Hofmann

I value showing respect for all people, no matter where they were born.

*We oppose inhumane treatment of all people and the government agencies that inflict it. [People who immigrate](#) to the US make our country stronger and deserve basic decency and*

*respect.*

**Oppose “DACA compromise” immigration bill** [by June 22](#).

**Call:** Your one House rep and two senators, especially Republicans ([look up](#)).

**Script:** Hi. I’m from [ZIP] calling to oppose the Goodlatte immigration bill. It [hurts farmworkers](#), will [deport more Dreamers](#), and keeps [children in detention longer](#). This bill also funds a border wall, and I don’t want my tax dollar to pay for this. Can you assure me that [name] will not support this bill? ([h/t](#), [h/t](#))

**Oppose expansion of ICE detention facilities.**

**Call:** Your three Members of Congress, especially Republicans ([look up](#)).

**Script:** Hi. I’m from [ZIP]. I just learned about the so-called [tent city in Tornillo, Texas](#) built to house 450 immigrant children. I do not want my tax dollar paying for this. I want [name] to stop all further construction of [immigrant prison camps](#) by co-sponsoring the DONE Act ([S. 2849/H.R. 5820](#)). Can I count on this?

**Acts of Gratitude**

*Get out your stamps, postcards, and sparkle markers for some gratitude mail.*

**Thank Rep. John Lewis** (D-GA) for condemning current immigration policies, including the separation of families, and [laying out the steps](#) Congress must take to reform our immigration system. I appreciate you and your lifelong commitment to justice.

**Address:** 100 Peachtree Street NW, Suite 1920, Atlanta, GA 30303



**Thank Fox News reporter Shep Smith** for [valuing facts and calling out lies](#) when he sees them. Blind obedience does not make for a healthy press. Thank you for calling attention to this administration's untruthful propaganda.

**Email:** [Foxreport@foxnews.com](mailto:Foxreport@foxnews.com)

### **Good news**

*Decent people everywhere are speaking up and working together. Just look.*

### **State**

- MA police [reduce incarceration rates](#) by treating opioid use disorder.
- CT will [house incarcerated transgender individuals](#) according to their gender identity.
- KY's juvenile justice reforms [see positive results](#) from sweeping changes in 2014.

### **Corporate/business**

- Ruling: The bail bond industry [must stop advertising](#) on Google and Facebook.
- A Sacramento Chick-Fil-A franchise owner [raises wages](#) to a living wage—\$17/hour.

### **Groups and organizations**

- Voto Latino is rolling out a new campaign to [register 1 million voters](#) to engage and empower Latinos in politics by 2020 election.
- To reflect the [realities of slavery](#), curators are restoring a room at Jefferson's Monticello that likely belonged to Sally Heming

### **News with heart**

- Parkland students will [tour the US for 2 months](#) to register voters and demand change.

- What it looks like when a woman stands with her neighbor and [her neighbors' children](#).
- In a local grocery store, a woman stops two women in hijab... and [it goes really well](#).

-Submitted by Judy Sullivan

### **Sunday Service Photos**

**Worship Service: Sunday, June 17, 2018**

**10:30am**

**"Strengthening Our Spirits"**

**Rev. Cathy Rion Starr, Co-Minister**

**Sue Smokski, Worship Associate**

Strengthening Our Spirits: How does it with your spirit? What's in your toolbox to tend to your hearts' longings and weather the storms of life? From whence do you get your inspiration? Where are you challenged to be more fully yourself and more fully in this broken and beautiful world of ours? Spiritual practices can provide much of this, and RevCathy explored the purpose, power, and challenges of spiritual practices to kick off our Spiritual Practices Summer Worship Series. Summer services begin in Fellowship Hall June 24th and continue through Labor Day (September 2nd). On this Father's Day, we'll also dedicated 3 children into our community.

#### **Graduation Day!**

The youth in RE grades 2-5 will moved on up to the next grade! The second graders moved up to the 3-5 classroom where they were welcomed by their classmates for next year. The fifth graders graduated to the Middle School classroom and got to know their future classmates. Everyone had a good time meeting their new friends!



Photos by Harriet Gardner.

## Church Business News

### **Please: Complete Your Pledge Commitment for the Current Fiscal Year!**

The close of USH's fiscal year is approaching at the end of this month. This is a reminder to make sure you meet your pledge commitment for the year. The Giving Statement you recently received summarizes the status of your pledge. If for some reason you are having trouble meeting your pledge, please reach out to the ministers or a board member if you have not already done so. The income from our pledges accounts for 70% of the income in the church's annual budget. Each of our commitments forms an important segment of income and is relied upon to balance our annual budget. Our contributions to the church provide for a stimulating environment for all of us to engage in a variety of ways. We are grateful for your

support for this beloved congregation. -Submitted by Phil Gardner and Sherry Manetta

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The latest financial reports have been posted, click [HERE](#) to view. The Board Meeting minutes for May have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

### Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

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#### Programs

**Emei Qigong Cultivation:** Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi:** Wednesdays, 5:30 – 7:00 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham@gmail.com.

**Meditation & Dharma Group: No gatherings until September.** Contact Fred Louis at 860-223-2407 for information for when they will resume.

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. **Off-site for the summer**, contact Mark Friedman for locations: drmarkafriedman@drmarkafriedman.com.

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

**USH Book Club:** On break for the summer, our first meeting will be Thursday September 14, 2018 at USH. For more information contact Richard Groothuis: rgroopofus@icloud.com.

***Living Your Faith!*** (formerly known as Building (and Living!) Your Own Theology) 2018-19, is an intensive and interactive 12-week

program in which participants define/discuss their faith and its impact on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become. Please register by July 31st.

**Program participants will be drawn from the three UU congregations in our area:** The Universalist Church of West Hartford, the Unitarian Society of Hartford, and UU Society East. The group will be limited in size (like a Small Group) and meeting locations will rotate among the participating congregations. Sessions will be held twice a month, September - March on **Tuesdays**, from **7:30 – 9:00**. Contact Facilitator and USH member, Tom Gervais: 860-558-3000; [tom.j.gervais@gmail.com](mailto:tom.j.gervais@gmail.com) for more information and to register.

### Small Group Ministries:

#### What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone\(at\)aol.com](mailto:estmckone(at)aol.com), phone 860 677 6682.



#### Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone,

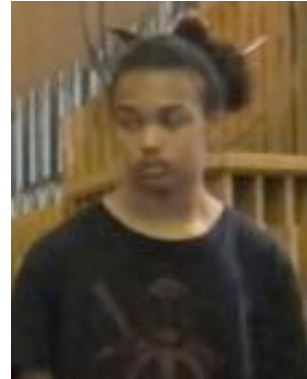
email - [Estmckone\(at\)aol.com](mailto:Estmckone(at)aol.com) or call 860-677-6682.

**Planning future SGMs:** I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, and 3) Spirituality of nature-based, earth-centered faiths and 4) A gender identity focused SGM. So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. Let me know if you can help! - Submitted by Esther McKone

## Events and Personal News of Our Community

### USH Student to Attend Thrive this Summer:

I am so excited and proud to announce that Bradshaw Mattson has been accepted to attend **Thrive** this year! He will travel to Fresno, California to meet with "other Unitarian Universalist Youth of Color (People of African Descent, Caribbean, Native/American Indian, Asian and Pacific Islander, Latina/o and Hispanic, Middle Eastern/Arab, and Multiracial) for a five-day gathering to deepen our faith, lift our spirits, and build critical skills for leadership in the face of our uncertain, broken and beautiful world."



This program is generally geared for those students in high school who have at least finished 9th grade. An exception was made for Bradshaw, who had just completed 8th grade, as several people recommended him since he will be heading off to high school and they felt he could be a strong UU youth of color leader in New England.

He received a scholarship to fund his participation in the program that will cover his 5 day tuition. We are looking to USH to assist in his travel expenses. He received a partial stipend to assist with some the cost of his flight and I would like to reach out to our members to see if anyone has any frequent flier miles or ways in which they can assist in getting him to California!

Please also help me congratulate and support him and look for his update upon his return. I am looking forward to having our youth work with and engage with more youth in our area moving into next year. ~Rayla Mattson

## Meeting House Presents!



**2017-2018  
Season**



MHP concerts are co-produced by  
The Sounding Board Coffee House

50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 1

**Meeting House Presents** – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30).

Click [HERE](#) to read the Blog. Contact Laura and Paul Cipriano ([MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com) or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

Thank you Laura and Paul Cipriano and all the other volunteers who made the first season of 'Meeting House Presents' a success. More details about the 2018-19 season will be coming up. Stay Tuned!

## Get Involved at USH - Be Part of a Great Team!

### USH Needs You—

#### Get Active with USH! Committee and Sub-Council Openings

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

Click [HERE](#) to read more...

*Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:*



#### The USH Sunday Welcome Team

The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service, and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com), phone the office at 860-233-9897, or talk to Brian Harvey (pictured) if you are interested in being part of this wonderful group of volunteers.



### **An Invitation to Join the Choir**

The music ministry is in the process of further building the choir. Sam would like to extend an invitation to members and friends of the congregation who are thinking, or have ever thought about, singing with

the choir. Anyone interested in singing with the choir, please contact Sam via e-mail at [smoffett@ushartford.com](mailto:smoffett@ushartford.com).



### **Office Volunteers**

If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the cover, making nametags, basic updates to printed materials on the computer,

making copies of printed materials. Please let Office Administrator Linda Clark know if you're able to help out in the office during the week for an hour or two: email [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com) or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



### **Small Group Ministry Host, Advisor or Facilitator**

If you have participated in Small Group Ministry, you might be a candidate for Facilitator training. It involves an afternoon of formal training plus working with mentors who can advise you on your first couple of assignments. Or maybe you'd be willing to host

an SGM group in your home. You may want to help select readings as an SGM advisory group member. Contact Martha Bradley or Esther McKone, SGM Co-Chairs.

-Submitted by Martha Bradley





### The Book Table During Coffee Hour

Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: [clara.horn@comcast.net](mailto:clara.horn@comcast.net).

### Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). Thank you.

### Upcoming Special Events and News in the Larger Community

77 FOREST STREET HARTFORD, CT 06103
OPEN TODAY: 9:00AM - 3:00PM

**HARRIET BEECHER STOWE CENTER!**

PROGRAMS & LEARNING

SALONS AT STOWE

SALONS AT STOWE

**LOCKING UP THE VOTE  
FELONY DISENFRANCHISEMENT &  
THE LEGACY OF SLAVERY**

June 28th, 2018

*Did you know that when convicted felons re-enter society they may be forever barred from voting?*

Proponents argue that persons who commit felonies have broken the social contract, and thereby given up their right to participate in a civil society. Opponents argue that the process restricts and conflicts with principles of universal suffrage and undercuts African-American political power.

Join the conversation.

REGISTER

Location  
Harriet Beecher Stowe Center

Doors Open  
5 PM

Program  
5:30-7 PM



*Come Out and Connect!*

Call 860.693.5811 x4 to Reserve Your Seat!

Lesbian, Gay, Bisexual and Transgender (LGBT) Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

**Thursday, June 28, 2018**  
**12:30-3:00PM**  
**Canton Senior Center**  
**40 Dyer Avenue, Canton CT 06019**

12:30PM

Welcome! Tour of the Senior Center!  
 Tea & Coffee & Desserts Served

1:00PM



Tree of Life artwork © copyright 2017 Donna Gentile. All rights reserved.

Join us for **ZENTANGLE fun** and deepening connections! Learn how to draw Zentangle patterns in the shape of a tree, and then add your positive intentions and favorite colors! The “Wisdom Tree” holds much meaning. We’ll focus on the symbolism of rebirth and a fresh start on life, positive energy, good health and a bright future as well as the symbolism of your growth into a beautiful and unique person who has weathered hardships and who has broad experiences in life, which have made you who you are! You’ll receive guided instruction for drawing a tree, creating tangle patterns and techniques for applying colors, textures and power words. Recharge your battery, manifest positive changes and celebrate awesome you!

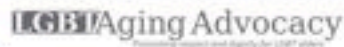
Instructor: Donna Gentile, conscious artist, designer and musician is the founder of Community Mandala Project, an initiative offering Mandala and other Meditative Art Workshops to inspire, empower, strengthen and transform people and communities by combining the power of our stories and creativity to vision, manifest, honor and celebrate our authentic selves, divine beauty and natural gifts.

**ALSO!**



**Kindness Rocks Project** –Create Kindness and Cultivate Compassion: <https://www.thekindnessrocksproject.com/>  
 BYOR (Bring Your Own Rock(s))! Paint an inspirational Rock or two or three and then drop them randomly- let’s see how far the LGBT MSC can spread kindness!  
 (all other supplies included)

The LGBT Moveable Senior Center is sponsored by CCC as part of “Getting it Right”: Creating an LGBT-Inclusive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy



### For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

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To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)ushartford.com

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

### USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister  
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister  
revheatherriostarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals  
Manager  
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries  
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator  
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
Office Hours by Appointment | bmullen@ushartford.com

**Rev. Cathy has a new scheduler!**

No, we haven't hired a personal assistant for the Revs, but I am trying out a new online scheduler. If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.***

***Email to: ushenews@ushartford.com***

***Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.