



50 Bloomfield Avenue, Hartford, CT 06105
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Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

September 12, 2018

Building Community Since 1830

Revs. Cathy & Heather Rion Starr



<https://www.uuwr.org>

Worship Service: Sunday, September 16, 2018
10:30am (Hymn sing starts at 10:15)
"Ingathering and Water Ceremony Service: Deepening and Connection"
Revs. Cathy and Heather Rion Starr, Co-Ministers
John Brancato, Worship Associate

Sunday, September 16th is our annual Ingathering and Water Ceremony service for all ages, beginning with a hymn sing at 10:15am. Remember to gather some water for this service from wherever and however you have spent your summer days. (There will also be a pitcher of water from which to pour if you forget to bring your own.) We will gather together and remind one another of how deeply and fully we are nourished and inspired by one another, by the natural world, by many sources of wisdom and many forms of spiritual practice. Mark your calendars, bring a friend or neighbor, a treat to share at coffee hour, gather your small container of water "literal or symbolic," and come nourish your spirit at our well of community.



Mmmm: Super-Special Treats This Sunday!

Enjoy terrific food and drink following this year's Ingathering Service! Head downstairs following the service and enjoy extra-special tasty treats, delicious drinks and fun interactions with friendly folks -

both known and new to YOU!
-Submitted by Deb Meny

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

In This Week's Enews:

**Personal News of Our Community / RE News You Can Use
Social Justice at USH / Spiritual Life at USH
Sunday Service Photos / Church Business News
Programs for Adults and Families / Small Group Ministries
Events & More Personal News of Our Community
Meeting House Presents: Season Opener: Friday, September 14th**

Denominational Events to Consider Going To! / Get Involved at USH
Upcoming Events & News in the Larger Community

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [Here](#).

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

Personal News of the Community



Marion Cook's Memorial Service

Marion Cook's Memorial Service will be on Saturday, September 22nd at 11am here at USH. Please speak with Janice Newton if you can help with the Memorial Reception (see details below).

MEMORIAL RECEPTIONS AT THE MEETING HOUSE -- and you?!

Janice Newton, Nancy Reed, and Louise Schmoll, who have so ably created such beautiful memorial receptions for some years here at the Meeting House, will be stepping back from this role after Marion Cook's September 22 (11am) Memorial. They'll still be available for consultation and support, but we are going to need to identify some new folks to coordinate the Receptions if we wish to continue them in the way they've been.

For now, I want to let you know of this transition, make sure you are aware of the Marion Cook service in hopes that perhaps you can "shadow," provide some extra help, and/or lurk around (smile) during the Reception and know how they're done, and consider your own

level of energy and interest in serving the USH in this significant way. Would you please consider helping maintain our tradition of lovely Memorial Receptions at the Meeting House?

We have a Memorials listserv and you can be added to it by e-mailing Linda Clark (or simply reply to this E-news) to ask to please "add me to the Memorials listserv." Many hands make light work, and we would love to have "more hands on deck" to care for families and our community in times of loss.

~Thoughtfully, RevHeather

From the Revs~

Rev's General Schedule and how to reach us

As a reminder as we begin another church year, here is our schedule of when we are generally working and available. We strive to be available while also protecting time for strategic thinking and worship planning, as well as our non-USH time for family, RevHeather's role as half-time Consulting Minister in Danbury, etc. It's easiest for us to schedule with you a couple weeks (or more!) ahead, unless something comes up that is truly urgent.

To schedule with RevCathy, use the scheduler at this

link: <https://RevCathyRionStarr.as.me/> or email

(revcathy(at)[ushartford.com](mailto:revcathy@ushartford.com)) or call (860-233-9897x103). To

schedule with RevHeather,

email RevHeatherRionStarr(at)[gmail.com](mailto:RevHeatherRionStarr@gmail.com) or call 860-233-9897x103.

- **Sundays:** We are here and focused on worship and greeting members and newcomers, as we hope everyone is! (If you really must talk business, please save it until after the receiving line ends.) We are off one Sunday a month, and RevHeather will be in Danbury some Sundays as well.
- **Monday:** Sabbath. This is the one day that we are completely off and unavailable unless someone is in the hospital or the building is on fire. (Note that RevCathy often turns off her cell phone, and you'll occasionally see RevHeather catching up on work on Mondays.)
- **RevHeather is in the office Tuesday & Wednesday** and is available sporadically other days.
- **RevCathy is in the office Tuesday & Thursday.** Wednesday and Friday are reserved for sermon writing and not working.
- **Evenings and Saturdays:** We meet as needed with groups, though we try to limit our evening meetings to two per week.

Saturdays we are available by phone for urgent matters, Sunday logistics, memorial services and weddings.

Who does what? RevCathy is Lead Minister for the Spiritual Life Council (Worship, Religious Education, Music, Chancel Arts) and the Social Justice Council and subcouncils. RevCathy is also lead minister for all things finance.

RevHeather is Lead Minister for Administration (Building, Art, Archives, Library), and Community Within (Membership, Adult Programs, Caring Network, and more).

We both share worship, pastoral care, and Board work. Feel free to contact either or both of us for any of these things.

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



Please join us as we worship in full community Sunday morning, September 16th. We look forward to seeing everyone again after what I hope was an enjoyable summer. Please also join us next week as we kick-off our first RE session for this program year.

Buddy Bags: This year we are once again working to bridge the gap between our generations. We will partner one adult with one child as secret buddies. Each week both buddies will place get-to-know you items or letters into the buddy bag based on the symbol they share. Then at the October pancake breakfast, we will reveal everyone's secret buddy. Hopefully they will then get to know each other more at the pancake breakfast and at other events we will have throughout the year. Please send an email to dre@ushartford.com and let me know if you or your child would like to participate. Please note it is open to everyone regardless of whether you have a child in the program or not. Thanks.

Please be advised that there will be a parent meeting led by Rob Spector for the Youth Group on Ingathering Sunday, September 16, after the service. The meeting will be held in the Youth Group room and will be about ten minutes.



On September 28th, the Mattson family will begin hosting an exchange student from Germany by the name of Hauke. He is participating in a UU exchange from his home UU congregation in Germany. While he is staying with us, he is hoping to learn more about American life, high schools here and what it means to be part of the USH community. I am hoping that some of our high school students can have him spend a day or two at their school with them and that some of our families will take him for a day trip or to an event with them so he can get to know our broader USH community.

Please let me know if any of you are interested in helping to support this amazing experience that Bradshaw will hopefully be going to spend part of next summer with Hauke and his family in Germany as part of the exchange. We will be looking for support later this year for this endeavor as well. Thank you.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford
860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



Social Justice at USH



A big **Thank You!!** to Judy Sullivan for coordinating and to all who participated or came down to Hartford Pride on Saturday (Sept. 8). What a great collaboration of our four UU Congregations of Greater

Hartford: Hartford, West Hartford, Manchester, and Meriden. Yay for continuing to find ways to do more together!



Americans of Conscience Checklist

The checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay engaged. Click [HERE](#) for past checklists. - Submitted by Judy Sullivan, USH Social Justice Chair

Americans of Conscience Checklist, Week of September 9, 2018

By [Jen Hofmann](#)

96 weeks down, 8 weeks to midterm elections.

A word on gratitude

As you may already know, one of the guiding principles of the AoC Checklist is to practice gratitude. There's solid research that connects the act of expressing thanks with increased feelings of well-being and connection with others. I regularly suggest thanking people--from grassroots leaders to elected officials on both sides of the proverbial aisle--for doing courageous things.

Gratitude makes you feel more hopeful. It lets people know their efforts are seen and matter. And it also reminds us that there's more to democracy than "my side winning." In reality, democracy works when we de-escalate the rhetoric, find common ground, and even say *thank you*. It's what we saw at Sen. McCain's funeral when two former "adversaries" gave eulogies with tears in their eyes: gratitude. When we find courage to extend a hand or a kind word, a better future is possible. So this week, our team collected a healthy dose of thank-yous. Write just one note or many, but indulge your heart in the practice of gratitude and notice the impact it has on you.

[**value democracy.** *Guided by respect and collaboration, we create a government for the people, by the people.*

Action: Advocate for a just society. Oppose Kavanaugh.

Call: Your two senators—red or blue ([look up](#)).

Script: Hi. I'm calling from [ZIP] to [oppose Brett Kavanaugh](#) for the Supreme Court. Even the [limited access](#) to his record shows him putting [corporations](#) and [ideology](#) over the public interest. In the Senate committee hearings, he also refused to directly answer questions about [health care](#), [reproductive choice](#), and [marriage equality](#). Our highest court deserves a fair, moderate justice. If

Kavanaugh's history is neither transparent nor thoroughly reviewed, I urge [name] to vote against his confirmation. Thank you.

I value equality. ***Show your support for your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability. Out of many, we are one.***

Action: Speak up for neighbors in need of food. Call: **Your two senators and one House rep ([look up](#))**. Script: **Hi. I'm from [ZIP], calling about [the Farm Bill](#). The Senate version [strengthened SNAP](#) to provide critical nutrition to elders, people with disabilities, and low-income families. When it comes out of conference committee, I'm asking that [name] only support a bill that [maintains the Senate provisions](#) without work requirements. I want my tax dollar to help feed hungry families.**

I value secure, convenient voting and fair elections. ***Democracy thrives when all citizens can freely elect those who represent their values.*** Action: Get ready for midterms **1 min: Add the midterm elections to your calendar: Tuesday, November 6, 2018. 2 min: Share our Midterm Pledge on social media: Pledge to vote in the midterms: <https://goo.gl/forms/jbridWNIVRs8UbVq1> . 1 hour: Participate in When We All Vote's [Week of Action](#). 2+ hours: Register voters with [League of Women Voters](#) or download the [VoterPal app](#).**

I value showing respect for all people, no matter where they were born. ***We oppose inhumane treatment of all people and the government agencies that perpetuate it. [People who immigrate to the US make our country stronger and are entitled to basic respect...to read more click \[HERE\]\(#\).](#)***

Turning Bad News into Positive Action...Click [HERE](#) to read more.
-Submitted by Judy Sullivan, USH Social Justice Chair

Spiritual Life at the Unitarian Society of Hartford



Thoughts on Spiritual Life by Marye Gail Harrison **WELL BALANCED SPIRITUAL NOURISHMENT**

We all know about the major food groups in our diets but what about the major nourishment groups in our spiritual life? Remember by spiritual life, I mean, that which makes you feel alive, worthwhile and connected to the larger whole

of life. The Unitarian Universalist Association "*Tapestry of Faith*" web site identifies 8 areas of spiritual nourishment and growth...to read more, click [HERE](#). ~Marye Gail Harrison, Chair of Spiritual Life, USH Board.

Sunday Service Photos

Worship Service: Sunday, September 9, 2018

10:30am

"Open Hearts for Learning and Unlearning"

Rev. Cathy Rion Starr, Co-Minister

Laurie Kelliher, Worship Associate

"When any real progress is made, we unlearn and learn anew what we thought we knew before." –Henry David Thoreau. Have you made progress this summer? Have you basked in the cool evening breeze or baked in the sun, or have you been working hard with your hands or in the office? We closed our *Spiritual Practices Summer Worship Series* with reflection together about the learning and unlearning of spiritual practices we've done and wish to continue to strengthen our spirits, tend to our hearts' longings, and weather the storms of life.



Photos by Harriet Gardner.

Church Business News

The latest financial reports have been posted, click [HERE](#) to view. The Board Meeting minutes for **July** have been posted, click [HERE](#) to view (there was no August 2018 Board Meeting). To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)[gmail.com](mailto:ushlindaclark@gmail.com) for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



Living Your Faith! is an intensive and interactive 12-week program in which participants define/discuss their faith and its impact on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become. **Program participants will be drawn from the three UU congregations in our area** – The Universalist Church of West Hartford, the Unitarian Society of Hartford, and

UU Society East in Manchester. The group will be limited in size (like a Small Group) and meeting locations will rotate among the participating congregations. Sessions will be held twice a month, September - March on **Tuesdays**, from **7:30 – 9:00**. Facilitator is USH member, Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham@gmail.com.

Meditation & Dharma Group: No gatherings until September. Contact Fred Louis at 860-223-2407 for information for when they will resume.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Starting at USH in September, contact

Mark Friedman for more information: drmarkafriedman@drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

Meeting House Sing-a-Long: Saturday, September 8, 2:30pm, contact Ed Savage for more information: esavage15@att.net.

USH Book Club: Our first meeting will be Thursday, September 13, 2018 at the Groothuis' home, contact Richard Groothuis for address: rgroopofus@icloud.com.

Connection Circles (formerly known as Small Group Ministries)



Connection Circles (formerly known as Small Group Ministries) coming up!

There are still some spaces left for Fall Connection Circle groups. A group exploring general readings, facilitated by Martha Bradley, will meet on Tuesday evenings from 7-9 at Martha's home in West Hartford beginning October 9.

A disability focused group, facilitated by Don Hope, will meet on Saturday mornings from 10-12 at the Meeting House beginning September 29.

Sign-up sheets will be available after the services at the adult programs table (when possible) in Fellowship Hall until spaces are filled. Or you can sign up by contacting Martha Bradley at marthabradley49@yahoo.com, or call or text 860-305-3307. Groups are generally limited to 10 members, so don't miss your chance to participate – sign up soon.

What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space – a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to

register or get more information on Small Group Ministry, email: [estmckone\(at\)aol.com](mailto:estmckone@aol.com), phone 860 677 6682.



Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone, email -

[Estmckone\(at\)aol.com](mailto:Estmckone@aol.com) or call 860-677-6682.

Planning future SGMs: I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, 3) Spirituality of nature-based, earth-centered faiths and 4) A gender identity focused SGM. So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. Let me know if you can help! - Submitted by Esther McKone

Events and Personal News of Our Community



Deepening our Connections through Culturally Relevant Storytelling

Where: Emerson; **When:** Sunday, September 16, 12:30pm–1:30 p.m; **Cost:** Free

Contact: Gloria Francesca Mengual at gloriafmengual@gmail.com for more information.

How since the beginning of time, storytelling has been a way to deepen our connections will be discussed, then experienced. A brief discussion will take place about how not knowing each others' stories can result in our making assumptions, based on our own biases. Participants then will participate in a storytelling activity known as The Cultural Timeline. By sharing our ideas, passions and our history, we move from seeing someone as the 'other' to recognizing our commonalities. Yes, we have varied perspectives, but more important, we also have shared values. Stop in to learn more about storytelling and the power it provides to relationship-building in the increasingly divided "us-them" mentality so prevalent in this country today. This session was provided once before and was very well-received by participants. If you missed it,

here's another chance; if you attended the previous one, come again to hear other USH folks' stories and share another one of yours.

A Message from Rayla:

Due to unforeseen circumstances, the kids and I are needing to move after living in our rented home in Bloomfield for the last 5 years. As a result of circumstances from my divorce, I am running into some snags acquiring another place in town to reside. I am looking for some assistance in finding some creative solutions. I have some ideas and thoughts but need some help. We must stay in town due to the requirements of Sage's Special Education program and we rather like the town as well. If you are open to having some positive and healthy discussions on options, I'd love to hear from you. Thank you! ~Rayla D. Mattson, Director of Religious Education; 860-233-9897 ext 104 / dre@ushartford.com.

UU USH & YOU

A Path to Membership

Free child care provided.

3 Sunday sessions
(Oct 7, 28 & Nov 4)
12:00-1:30 pm

Followed up with a
Membership Sunday on Dec 2nd

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

Rev. Heather will be present for all three sessions.

Contact Brian Harvey at bharvey@ushartford.com

THIS is the auction you have been waiting for!! The 2018 **Skills & Thrills Auction** is coming soon! Mark your calendar for **Sunday, October 21, 2018 at 12:00 noon** for the Unitarian Society of Hartford's annual fundraising auction online and in-person. We need church members, visitors, friends and family, local businesses that provide services to you, etc. to donate their "**Skills and Thrills**" to this auction. What is a "**Skills & Thrills Auction**" you may ask... What kinds of skills are you willing to share with others? Do you have good construction experience? Or is serving scones your cup of tea? The thrills are all about fun experiences: Are you a terrific trail

guide? Could you lead a kayaking trip? Offer a weekend stay at your second home? The possibilities are only limited by your creativity! This auction is one of the important ways for us to raise funds for the church and all get to know each other a little better. We can't wait to see what will be offered this year! Any questions? Email Caron Lanouette caronl@comcast.net.

SPACE SHARING IN CROMWELL

Excellent Location! Lots of Space! Quiet and Friendly Atmosphere!
Looking for preferably (though not exclusively) female housemate, non-smoker
Great for Graduate Student and/or Mature Person

- Fully Furnished Room
- All Utilities Included
- Free Wi-Fi
- Unit Features Balcony, Dishwasher
- Building Features On-Site Washer and Dryer
- Property Features Community Pool
- (+Entire condo to yourself 2-3 days on most weeks & periodically for longer periods)

Call, Text or Email USH Member Margalie for more information or to schedule a viewing.

216-856-5654 & mbeliza32@gmail.com



Unitarian Society of Hartford Community Garden Plot and Labyrinth in the KNOX Watkinson

Community Garden
September: our final
month of Labyrinth
Tending 2018! It's
the fourth summer
gradually growing our
Plant-based Labyrinth
in the USH Plot of the
Watkinson
Community Garden!

If you haven't ever made your way down to the base of the Meeting House parking lot, do. There you will find an entrance to a magical world--a massive Community Garden where in the summertime, community and callaloo abound. Each of the past three summers, some progress has been made towards a plant-based labyrinth in our USH Community Garden Plot, and you can really feel that patience and perseverance down there, now! Take a walk, pull some weeds, ring the bell, breathe in deeply. If you are able and interested in getting your hands in the dirt and supporting this effort, your participation is welcome. Here's a sign-up sheet for these remaining days of September to help space out our efforts: <http://signup.com/go/mgdshSu>.

We continue to figure out how best to nurture this project in a low-key and sustainable summer way. Thanks to Susan Hope, Esther McKone, and Diane Cadrain for a lovely time gardening together in late June. Just a few people working together for just a few hours can lift each other's spirits and make a little more green magic happen! ~RevHeather

Meeting House Presents!



**2018-2019
Season**



MHP concerts are co-produced by
The Sounding Board Coffee House

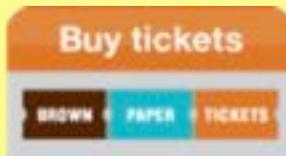
50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 1

Happy September! Our first concert at the Unitarian Society of Hartford is THIS WEEK and what a show it will be!



On Friday, September 14, 2018 at 7:30, Jill Friedman, Tang, Self-Suffice, and David Giardina will perform an eclectic mix of music to get your mind working and your feet tapping. Building on a Pete Seeger style sing-along the show will segue to rap and hip hop from Tang and Self-suffice aka Khaiim the RapOet, to Jill's jazz, blues and soul, to Spanish guitar from David Giardina. You'll hear songs you know and love and might hear something you love that you have never heard before. More information about the artists and video links are available [here](#).

Also in September, Meeting House Presents [Peter Mayer](#) in a special Saturday show on September 29 at 7:30.



\$20 general admission. \$14 for students with ID.

Children under age 12 are free with paying parent.

To buy tickets online click [HERE](#).

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and this year we want to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2018-19 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they all are yet, but this will be an exciting season.) Click [HERE](#) to see what's coming up.

[The Sounding Board Coffeehouse](#), our sister music series, will present two September concerts at the Universalist Church: Bill Staines (Sept. 8, 2018) and David Mallett (Sept 22, 2018). Bill Staines is one of folk music's most durable and beloved singers. With 26 recordings and more than 300 original songs, Staines' music has been recorded by Peter, Paul, and Mary, Makem and Clancy, Nanci Griffith, Glen Yarborough, and many others. His music is sung at campfires and folk music gatherings, in homes and churches, all around the country. \$20 General, \$16 Sounding Board Members, \$10 Full Time College/High School Students, \$8 Children 12 and under with a parent/adult.

[Unitarian Universalist Society: East](#) presents:

The Charlie Braun Band

Saturday, September 22nd at 7 PM

Concert or a party? You get to choose! Dance, sing, or just kick back and feel the joy of the music! Singer, guitarist, and songwriter **Charlie Braun** is bringing his world, folk-rock and gospel-blues influenced music for a fun sing-along and dance party. Joining him will be **Jeff Olmstead**, keyboardist; **Charlie Shew**, percussionist and **Garrett Sawyer**, bassist. **\$20 adult; \$18 senior; \$10 student, under age 10: free.**

Get Involved at USH - Be Part of a Great Team!

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

Click [HERE](#) to read more...

Get more connected with this congregation through volunteering.

*Below are some areas, both seasonal and year-round,
where Volunteers are especially needed and welcome:*



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Small Group Ministry Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Denominational Events to Consider Going To!



Now that the program year is beginning, let's start it off right with a **Fall Leadership Day, October 13, 2018** 9:30am- 4pm at the **Community Unitarian Universalist Congregation in White Plains, NY:** <http://cucwp.org/>. **Registration will open shortly – until then, SAVE THE DATE!** Keynote: Social Change Through Spiritual Transformation: Engaging Our Faith with Rev. Robin Tanner
Here's a clip from Robin's ministry in Charlotte,

NC: <https://www.youtube.com/watch?v=AfOnYNFqHuM>

Some of our Workshops:

- Where Did All the Children Go? Embracing Family Ministry with Rev. Emilie Boggis and Laura Beth Brown

- Reenergizing and Sustaining Annual Stewardship Drives with Liz Coit from Stewardship for Us
- Creating Graphics with Rev. Karen Johnston
- What's Going On? Congregational Conversations with Rev. Dr. Hope Johnson
- Crowdfunding with Chalice Lighters and Faithify with Andrea Lerner
- Congregational Safety and Disruptive Persons Policies with Patricia Infante
- Intercultural Competency with Rev. Evin Carvill-Ziemer

Upcoming Special Events and News in the Larger Community

The Blue Hills Neighbor Revitalization Zone is a meeting of the Blue Hills community to discuss community development plans and issues. It includes reports from the Fire and Police department Community Service Officers. **The October 4, November 1** dates have been moved from USH to another location, contact Ed Savage for more information at 860-966-8155. E-mail: edsavage@ushartford.com. or visit: www.facebook.com/pg/thebluehillsnrz/events/. -Submitted by Ed Savage



Come Out and Connect!

Lesbian, Gay, Bisexual and Transgender (LGBT) Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center partnership among Senior Centers in the Greater Hartford area to connect the LGBT community mind-body-spirit, to each other and to services and supports for healthy aging!

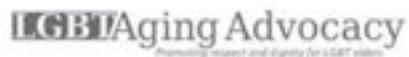
**The Marilyn Michaelson Senior Center
of Bloomfield (rear of building)
330 Park Avenue
Bloomfield, CT**

**RSVP by September 21
860-243-8361**

**Thursday, September 2
2:30*- 7:30 pm**

*12:00 noon-4:00 pm	*4-hour AARP Safe Driver Class available for anyone who would like to attend (advance registration required and \$15 member or \$20 nonmember fee applies)
2:30 - 3:45 pm	Welcome, meet and greet, social hour with scrabble, cards, Cranium, Hoopla, billiards, coloring, light refreshments
3:45 - 4:45 pm	ARTS in the Greater hARTford area. Speakers from Hartford Stage and Theater Works share information about their programs for the upcoming season and special LGBT events such as Pride & Play
5:00 - 6:00 pm	Mocktails and karaoke
6:15	Supper

The LGBT Moveable Senior Center is sponsored by CCC as part of "Getting it Right": Creating an LGBT-Inclusive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by LGBT Aging Advocacy





Film, Food and Integrated Refugee & Immigrant Services (IRIS) Fundraiser 09/22 at USNH.

Please spread the word about this IRIS Fundraiser event - hosted by the **Unitarian Society of New Haven**, Saturday September 22nd at 6:00 pm. Join us for an evening of film, Persian cuisine and discussion at the Unitarian Society of New Haven - 700 Hartford Turnpike in Hamden!

Tickets \$25 - includes light Persian Fare, Film Screening of [SOUFRA](#) and post-

performance talkback with IRIS Exec. Director Chris George & Sam Rose, Owner Greenleaf Catering - All proceeds to benefit Integrated Refugee and Immigrant Services (IRIS) in New Haven.

Purchase tickets at...

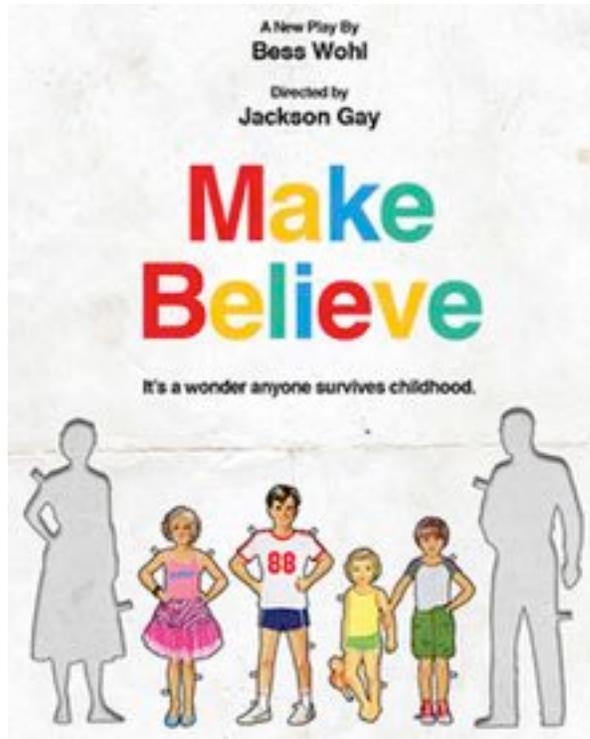
<https://www.eventbrite.com/e/usnh-social-justice-cinema-presents-soufra-persian-cuisine-a-fundraiser-for-iris-tickets-48500831292>

The film, *Soufra*, follows the unlikely and wildly inspirational story of intrepid social entrepreneur, Mariam Shaar – a generational refugee who has spent her entire life in the Burj El Barajneh refugee camp just south of Beirut, Lebanon. Tickets include the film and light fare by Greenleaf Persian Catering. Greenleaf is owned and operated by a refugee family resettled from Iran by IRIS.

Facebook

Event: <https://www.facebook.com/events/2113690362036684/>

For more information contact: P.J. Deak, phungis@comcast.net.



Fall 2018 Collaboration with Hartford Stage: ***Make Believe***

Continuing for the third year now, RevHeather will be leading a service inspired by a Hartford Stage production. This fall that production is the world premiere of "Make Believe," "Bess Wohl's uncanny, gently funny and touching play, set in the 1980's, which follows four young siblings as their childhood is upended by the mysterious problems of the adults in their lives and tracks how moments from our childhood resonate with us forever." The September 23 service at USH will be inspired by this play. **We've**

received a discount code from HartfordStage: UNITARIAN20 for 20% off all shows Sept 6-30, all seats except the SuperSaver seats that are already only \$25. Find out more and get your tickets, here: <https://www.hartfordstage.org/make-believe>.



For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)[ushartford.com](mailto:dre@ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

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revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister

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smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator

ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper

Office Hours by Appointment | bmullen@ushartford.com

Rev. Cathy has a new scheduler!

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here: <https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!
-RevCathy

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.