



UNITARIAN SOCIETY OF HARTFORD

50 Bloomfield Avenue, Hartford, CT 06105

Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com

Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

Revs. Cathy & Heather Rion Starr

USH -Enews November 4, 2015



Photo: <http://wrvo.org/>

Worshipping Together Since 1830 - Sunday Service 10:30 AM

Sunday Service 10:30 AM - November 8 – 2015 - "Dwell in Possibility" Rev. Heather Rion Starr - Let's suppose this: a Unitarian (a humanist, perhaps), a Universalist (a Christian, perhaps), and a Unitarian Universalist (an activist, perhaps) walked into a bar...in Hartford. What do they find to talk about? What do our three Unitarian Universalist congregations in the Hartford area share in common? How close are our ties, and could we be closer? In the words of one colleague: "We have such great potential to impact each other and our communities when we work together." What could increased collaboration between our congregations look like and mean in the years ahead? Come enjoy stories, learnings, and inspiration from the growing field of congregational collaboration and ponder just what we might do about all that here in our neck of the woods in the years ahead.

Special Notice about the Order of Service: Anyone contributing information for the Order of Service (OOS), please include Linda Clark at ushlindaclark@gmail.com, Please put in the Subject: "OOS and the DATE" Thank you!

Seeking Chalice Lighters! - Lighting the chalice on Sunday morning as an individual, a couple or a family is a way for you to take a small part in our shared

worship service. It's also a way for all of us to see each other more fully and help everyone remember names more easily! Thanks for signing up to engage in this especially Unitarian Universalist ritual that begins our services. If you haven't lit the chalice before, please plan to arrive by 10:10am so we can show you the routine before the service begins.

<http://www.signupgenius.com/go/8050b45a5ae2baa8-chalice>



Sunday, October 28th Recap by David Newton - Photos by Harriet Gardner

Remembering Our Ancestors - This is the season when we humans have long observed the seasonal death of the green and grassy natural world surrounding us. We become more aware of birth, life and death, and with the sun's relentless excursion ever southward, remember those we have known who are no longer with us.

During the Sunday service on November 1st, Rayla reminded the children in comments and reading from a book that all living things begin, and end, and in the middle is the living. She noted death could come at any time, as it is the way with all living organisms, even insects.

Rev. Cathy, in her first reflection, captured the emotions of the congregation with the short few words about the little girl, who asked. "Where is Grandma? Is she in heaven? How do I get there?"



She pointed out, regardless of your beliefs about life after death, death itself is a profound change, and grief is universal. She further noted, in our society grief is given short shrift, and in her experience, there is value in allowing grief to melt away into tears. We should not grieve alone.

Our lost ones live on in us with their attributes both good and bad, and we have the power to select those attributes to carry forward.

The Sunday service was an opportunity to celebrate and honor the lives of those who have come and gone, those we have known, those we know of, and those unknown to us. We honored the memories of the following USH member who died in the last year or so: Bob Attenborough, Dorothy Fowler, Charlotte Harris, Barbara Hellenga, Janet Hill, Ruth Holland, Alice LaBel, Bill Rose, and Janice Williams. We stand upon the shoulders of all of them.

"Can you hear them, the whispers of the ancestors who call us into becoming?"

Learn the stories of those about you. As an example, Rev. Cathy noted the things she had learned about the remarkable USH member, Dorothy Fowler, while preparing for her recent memorial service. She said there is strength to be drawn from the story of the 20-year-old widow, Dorothy Fowler, learning to fly as part of the World War II effort. We are, she said, the continuation of these remarkable people. It matters that we learn their stories.



May we live lives others will honor after we are gone and cherish our lives between the beginning and the end.



As part of the service there were many pictures of loved ones placed on the altar, and during the candles of memory and hope Rev. Cathy urged participants to take their time as we collectively remembered those in the pictures, those honored by slips of paper carrying their names, and those in everyone's memory.

Sarah Puckett on piano, Roger Chapell on Guitar, and Ed Savage on the didgeridoo added their remarkable talents to a service attended by 138 of us.



**A Reflection from the Revs--
Dear members & friends of USH,**

We want to acknowledge and appreciate all of you who participated so heartfully in the service series we put together on anticipating our own dying ("While There Is Still Light," October 25, 2015, and "Remembering Our Ancestors," November 1, 2015). We received comments from many that you appreciated the 2-part series, the two different angles on death, dying, remembering, and grief, and the opportunity to reflect on your own thoughts, fears, losses, and memories.

In the midst of those services, a colleague of our's, the Rev. Mark Stringer, who serves a congregation in Des Moines, Iowa, posted the following, and gave us permission to share this with you. It is something else to consider along these lines of acknowledging and anticipating our own dying and contemplating how we would like to experience that inevitable journey.

"From the earliest days of my ministry, as I presided at memorial services, when I would hear friends and family share touching remembrances, I would feel sadness well up in me that these things were not said in the person's presence. I wondered what it would be like to hold a service *before* someone with terminal illness died. A few years ago, a member who was well-known in the congregation was told she only had a few weeks to live. I asked her if she would be willing to be celebrated in a "living memorial" service. She agreed. On the chosen night, people came to the church unsure of what to expect. Frankly, I was, too. It turned out to be a beautiful night of meaning and storytelling and sweetness. Since then, I've presided over two more "living memorial" services, including one last night. The format is simple. Early in the service, everyone is given a minute or two to write on index cards a response to the following prompt, "When I think of [the person being celebrated]...", a song is played as the cards are collected. Then a few prepared reflections and written remembrances (from those not present) are shared. Another song of importance to the person is played. 3-4 people then read the index cards as a "community poem". Then the floor is opened for storytelling and sharing before the service closes. With a few hymns and maybe a reading and prayer or two, the service takes about 60-90 minutes. In my 14+ years of ministry, I've seen few things more powerful than these services. I share all of this with you not to suggest that I, and the congregation I serve, have been innovators with these services. I'd expect that others have probably done something similar from time to time. I share this to give courage and confidence to those who might want to try it themselves. Do it, I tell you. You'll be glad you did." --**Rev. Mark Stringer**

Whatever your hopes and concerns are for your life journey in the years ahead, we hope you will connect with us and share what you wish for. We are, as always, happy to schedule coffee, tea, lunch, or a walk with you at a time and

place that works for you. Should any of you wish to fill out your own "Instructions" form, you can find it here (at the link below) and send it in to us by mail or bring it in and put it in our box in the USH office:

<http://www.ushartford.com/wp-content/uploads/2015/07/finalplans.pdf>

We are wishing you all well, in all aspects of your life journey.

Warmly, Revs Heather & Cathy Rion Starr



RE News You Can Use! The nursery will be available from 10:15-11:45 AM for infants and toddlers ages birth to three.

The children will meet in the chapel at 10:30AM for Chapel followed by an art activity in the downstairs classrooms.

We are in need of some additional supplies for the activities, please contact the DRE by Wednesday if you are able to assist with the supplies. We will need: rope, a drying rack, and clothes pins. Thank you in advance.

Saturday night, November 7th, the Youth Group will meet at USH for their annual sleeping out in boxes. It will culminate Sunday morning with breakfast. Please contact our youth Advisor John Bengston for additional information. **Rayla D. Mattson Director of Religious Education** Unitarian Society of Hartford 860-233-9897 ext 104 860-839-5001 – cell I only check my email on Tuesday, Wednesday, Thursday and Sunday.

If you need to reach me outside of those times, please feel free to text or call my cell.



2015 Fall Programs for Adults and Families

USH Calendar of Events: www.ushartford.com/events/

Sunday at the Programs Table, you may register for the Friday Pizza and Movie Night, November 13 featuring "The Imitation Game", and the Saturday Morning Salon: What Moves You with Rev. Heather, November 14. A sign-up sheet will be available for the Drum Circle, for all ages and abilities, to be held Tuesday, November 10 and the Lunch Bunch Tuesday, November 17.

Information and handouts about these and other programs offered at USH will be available at the Programs Table. You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign\)gmail.com](mailto:janicecnewton(at)sign)gmail.com), for more information about the programs.

Join us for sizzling sounds downstairs at the Meetinghouse on Saturday, Nov. 7th at 7:30. Our choir director Rebecca Pacuk will be singing, as well as

another jazz songstress from Hartt. Patrice and Richard will bring some new material and Richard will throw in a trumpet solo or two. You'll hear favorite tunes including Fever, Feelin' Good, Beyond the Sea, Unforgettable and I've Got You Under My Skin. International jazz pianist Alex Nakhimovsky will be there along with a drummer and bass player. The joint will be hoppin'!

Wine and munchies included. Only \$15 for adults, \$10 for students with ID (no wine for the kids!) and children under 18 free. All proceeds go to the General Fund, and will be matched by our favorite (and only) anonymous donor. Last year for matching!

UNDERGROUND JAZZ CABARET

Saturday, November 7, 2015 – 7:30 PM

Jazz pianist Alex Nakhimovsky and his trio will play with a variety of vocalists. Outside it might be chilly, but inside the music will be hot!

Tickets: Premium- \$30 Standard- \$15 Students with ID- \$10 USH Children under 18 - Free

The Unitarian Society of Hartford
Performing Arts Series

Tickets sold at the door.



DRUM CIRCLE

ALL AGES, ALL (OR NO) ABILITIES

TUESDAY, NOV 10, 2015 - 7:30 PM

Join Tom Gervais and Margaret Leicach for an hour of exuberant drumming! **No experience necessary, no fee.** Tom has been a drummer for many years and will facilitate this **all-ages activity**. Some drums and percussion instruments will be available, and participants are welcome to bring their own.

For more information, contact:
Margaret 860-214-3974 or Tom 860-558-3000.



"The Imitation Game"

USH Dinner & Movie

Friday, November 13, 2015- Our Friday, November 13, Dinner & Movie Series will feature "The Imitation Game", a film earning great acclaim in this fall's voting by USH movie fans. This 2014 film stars Benedict Cumberbatch (star of



the PBS "Sherlock" series) and Keira Knightley, runs almost 2 hours, and has English subtitles.

It was nominated for 8 Academy Awards.

"In its review of the film, The New York Times has indicated a parental warning for 'advanced mathematics.' The complete notice reads, 'The Imitation Game' is rated PG-13 (parents strongly cautioned). Illicit sex, cataclysmic violence and advanced math, most of it mentioned rather than shown."*

You can watch a trailer at <https://m.youtube.com/watch?v=S5CjKEFb-sM>.

We will gather at 5:30 PM for socializing with popcorn and libations, have dinner of pizza and salad at 6, then watch the movie at 7, with optional discussion afterward. If you can arrive early to assist with set-up, your help will certainly be appreciated.

You can reserve (\$10 each) with cash, check, or credit card at the Programs table during Sunday Fellowship Hours; otherwise, you may call Janice and leave a message at 860-677-1121, then pay with cash or check at the event. Please indicate your choice of meat or vegetable topping for pizza when reserving.

Please reserve by noon on Wednesday, Nov. 11.

If you find that you cannot attend after reserving, please call and leave a message by noon Friday, Nov. 13, at 860-380-7062, so the pizza order can be adjusted. **Questions? Please leave a message at 860-693-4269. *Internet reviews (italics added)**

Programs:

Saturday Morning Salon: What Moves You: Saturdays, 10 – 12 Noon, November 14, December 12.

TaiChi: Wednesdays, 5:30 – 7:00 PM. Beginners welcome.

Emei Qigong: Tuesdays, Beginning Learners: 6:15 PM, Cultivation: 6:30 PM, Deeper Learning and Understanding: 7:15 PM. Contact Diana Heymann (860-461-0908).

Emei Qigong: Wednesdays, Tutorial: 4:45 PM, Internal Cultivation/Practice: 5:00 PM. Contact Diana Heymann (860-461-0908).

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication
An NVC Practice Group, Wednesdays, 7:15 PM.

**Special Event Courtesy of USH Performing Arts Council
Benefit Concert in support of the Syrian Refugee Crisis**

Saturday, November 21st, 7:30 p.m. -Our new accompanist, Sarah Puckett, is organizing a fabulous concert featuring a number of doctoral students in piano and voice who are eager to share their talents to help fund this important cause. The music will be glorious and the reason for the concert is urgent. Please come and be a part of this significant effort by supporting the performers. **Suggested donation: \$20.**

**Unitarian Society of Hartford
Performing Arts Series
2015-2016**

All events are on Saturday at 7:30 PM unless otherwise noted.

50 Bloomfield Avenue, Hartford, CT 06105 - At the intersection of Routes 44 & 189



January 2, 2016
John & Katie Jensensky in Concert - Talented USH favorites Katie and John come back to perform for us and kick off the new year.

March 5, 2016 - **Concert Pro Femina**
Inspired by the 15th year of the Hartford Women Composers Festival, this concert brings a dazzling array of classical music written by women, featuring chamber groups, solo voices, and choral works.





Sunday, March 20, 2016 - **Classical and Broadway Vocal Concert**
immediately after the service 12:30 P.M. Come hear some great vocal music... including some performed by our choral scholars and featuring our new accompanist.

April 2 or 16, 2016 - **Jacques Lamarre Play Reading Premiere**
Don't miss another exciting new play premiere penned by USH friend and supporter Jacques Lamarre.



Only \$90 for six events at the standard ticket price! Premium ticket price \$180.
Sales benefit the USH General Fund.
Tickets also sold at door. USH children under 18 free, always!

Patrice Fitzgerald for the Performing Arts Sub-Council

Upcoming Special Events and Other News



A Call for Office Volunteers - We currently only have two weekly office volunteers a few hours on Wednesdays and on Fridays. We could really use another Office Volunteer on Fridays and someone on Thursdays for a few hours. Could that possibly be YOU? Please contact Linda Clark (at: ush linda clark [at] gmail [dot] com or phone the office at 860-233-9897 and let her know if you can spend a few

hours a week in the USH Office to help us keep our friendly and efficient office going!

The Holidays, the Holy Daze...What do you think: Is it too early to be thinking about Christmas? In collaboration with our Music and Religious Education programs, we are already starting to plan for the December holiday season! RevCathy will be holding a special contemplative Vespers service on Wednesday, December 16, at 6:30pm--mark your calendars for that healing time to calm and replenish your spirit. And our annual Christmas Eve Service will be at one time this year -- 5:00pm -- in order for all ages to be together and celebrate the candlelight-in-the-darkness with song and story, together. Please be thinking about whether or not you can help make this Christmas Eve an extra-special service at the Meeting House, either by being a Cookie Coordinator, helping greet visitors, helping to get the word out in advance of the service, or simply by bringing your family, neighbors, and a plate or two of cookies to share. We want to help everyone in our Hartford-area know that there is a warm, friendly, Christmas Eve Candlelight service at the Meeting House where all religious and non-religious beliefs are welcome and respected and where the focus will be on being together and sharing in the joys and sparkle of the season. **All are welcome, and please let Rev. Heather know if you can commit to being here and helping out.**



860-678-0161

Art News - It is an honor to have Diane Marinaro as our guest artist for the month of November. The ten paintings are only a small sample of the elegant work of this awesome 98 year old artist. She continues to paint, welcomes students to her studio and teaches a weekly class in Wethersfield. If anyone is interested in buying a painting please call Diane at

HERDMAN, HILLS & MANGSEN
Saturday, November 14, 8 p.m.

THIS CONCERT WILL BE HELD AT THE UNITARIAN SOCIETY OF HARTFORD, UU Society members get discounted tickets.

Called a "genuine folk super-group" by The Boston Globe, Herdman, Hills & Mangsen have garnered countless accolades and awards since the group was formed in the early '90s. Their musical alliance has served to bring their collective vocal talents to an even larger and more diverse audience.

Priscilla, Anne and Cindy bring intricate arrangements to newly found musical treasures with an art-song vocal styling that crosses the boundaries of folk and classical music. Herdman, Hills, Mangsen entrances audiences with an evening

of fresh enriching music that asks us to listen to our ancestors, to our traditions, to our hearts and to each other. \$22 general, \$20 members

★ USH ReGifting Sale ★



Re-Gift?

Find a new home for all your unwanted items (New, or like new, preferably smaller than a breadbox. ★ Do your holiday shopping. ★ Delight someone else who may love your item. ★ Clean out your closet. ★ Help the environment / conserve resources. ★ Make money for USH



Look for new environmentally friendly products you can give as gifts this year. ★

Sponsored by the Green Sanctuary Sub-council ★

Drop-off Dates: NOV. 15, 22, 29 – Box in lobby and Fellowship Hall

Sale Dates: Dec. 6, 13

We ask that you please clean all gifts before you donate them and thank you for doing so. Sponsored by the Green Sanctuary Sub-council.



A Real Ghoul

Time Was Had By All - Thanks to Kit Northup for the amazing decorations and outrageous cake, to Ron Friedman for organizing dance classes, and to professional dance instructor Wendy Nielsen of Arthur Murray Studio in New Britain for helping us put on the first annual Masked Ballroom Dance at the Meetinghouse. It was lots of fun, and the dancing was great! From tango to swing to foxtrot to merengue, the feet were flashing and the hips were swaying.

Well, maybe flashing is a slight exaggeration. But we had a wonderful time! We even raised some money for the USH General Fund.

The plan is to do it again next year. Make sure you join us!



**UU
USH
&
YOU**

**A Path to
Membership**

Free child care provided.

Rev. Heather will be present
for all three sessions.

**3 Sunday sessions
(Oct 11, Nov 1 & 8)
12:00-1:30 pm**

Followed up with a
Membership Sunday on Dec 6th

Join us in our three-session workshop and examine
how Unitarian Universalism and the Unitarian
Society of Hartford relates to your spiritual
growth, sense of community, and everyday life.

Sign up at the Programs Table or contact
Brian Harvey at bharvey@ushartford.com

COME, COME WHOEVER
YOU ARE WANDERERS,
WORSHIPERS....

Meet with fellow USH members, friends
and representatives from the Music
Transition Committee to share your

experience of music at USH. Tell us about music that moved you deeply, fed
you spiritually, challenged you in some way, made you feel part of the larger
whole, lifted you up. We hope that everyone, in this way, will contribute to a
comprehensive, inclusive, congregational vision for music at USH.

We look forward to seeing and hearing from you, "under the stairs," on one of
these Sundays: November 8, 15, 22 (child care provided on the 8th,)
between 12noon and 1PM.

Photo: article.wn.com



Have You Marked Your Calendar for December 5th? -

Saturday, December 5th is the day for the biggest event
of the church year at USH... the Festival of the Season!

It starts in the afternoon and is a celebration for all ages. Crafts,
carols, handmade gifts, movies and more... all topped off by a
short worship service and a delicious potluck dinner downstairs.
Are you coming?



We already have Santa (shh... we're not giving anything away
about our authentic Santa with a real white beard) and we have Helen Davis
volunteering to handle the Holiday Boutique. We have Joanne Orlando working
to bring kids over from our neighbors, the Village for Families and Children. Jim

and Ellie Venneman are making their usual yummy cookies and frosting for decorating. But we still need LOTS of help!

What can you do? Help with crafts? Get some holiday films and show them in the chapel? Sing with the informal (very informal) carolers as they stroll around the ambulatory? Whatever it is, we can use you!

Please be in touch with PatriceFitzgerald at gmail etc. or call me at 490-2085 in the Hartford area code. Everyone has a good time when they help at the Festival of the Season. And if you can't volunteer, just come and enjoy!



CALLING ALL COOKS
(OR FRIENDS OF COOKS)
NOW FOR SALE!
THE UNITARIAN SOCIETY OF
HARTFORD COMMEMORATIVE COOKBOOK
PLACE YOUR ORDERS ANY SUNDAY
AT COFFEE HOUR!
LOOK FOR THE SPECIAL
"COOKBOOK TABLE"!

CASH OR CHECK ~ \$15 Per Copy

Cookbooks will not be sold through the USH office! Please contact Helen David or Sherry Williams, the "Cookbook Ladies", if you have any questions.



Black Lives Matter Lawn Signs: If you'd like a lawn or window sign for your home, please come get one at the office! If you take one, please do 3 things: 1) Be sure to put your name on the sign-up sheet so we know you took one. 2) Leave a donation in Rev. Cathy's box with a note to help pay for the sign (\$5-20, pay what you can) 3) Have at least 3 conversations with neighbors or friends about why you put the sign up and why racial

justice is important to you.

More Black Lives Matter Signs are available in the Library with a suggested donation of \$20.00. Please stop in during office hours to pick one up: Tuesday, Wednesday and Thursday from 10am-2 pm. Or pick one up on Sunday after the service.

Help pay for the Black Lives Matter lawn signs by contributing to our Faithify fundraiser.

Faithify is a UU fundraising site like Kickstarter. Check it out and donate here: <http://www.faithify.org/projects/black-lives-matter-lawn-signs-conversations->

CLIMATE STEWARDSHIP SUMMIT

Thursday, November 5, 2015

8:30 am – 5:30 pm

Congregation Beth Israel

701 Farmington Avenue,

West Hartford, CT

STANDING TOGETHER

ON HOLY GROUND

Please join us for a day-long conference as we seek integrated and multi-faith strategies to not only prevent climate change and environmental injustice but to combat poverty and restore dignity to both people and the planet.

Suggested Donation: \$30 (includes food and materials)

Sliding scale and student tickets available

Register at: <http://bit.ly/climatestewardshipsummit3>

Childcare will be available, but you **MUST** pre-register

Organized by the Interreligious Eco-Justice Network <http://irejn.org>



Upcoming Exhibition
at The Clare Gallery featuring
Diane Cadrain's Paintings
285 Church St. in Hartford from
November 12 to December 27, 2015.

The theme of the show is Seeking a Path, it will focus on images of pathways and our efforts to find our own spiritual and life pathways.

This theme may have special resonance for

USH members because it's inspired by Rev. Jon Luopa's benediction: "If you seek a path, may a way be found, and the courage to take it, step by step."

The opening reception is on Thursday

November 12 from 6:30 to 8 p.m., with an artist's talk at 7 p.m.

There's ample, well-lighted, free parking right across the street.

Here's a link to more information about the show.

<http://spsact.org/clare2/exhibitions/upcoming-exhibition-2/>

Lunch Bunch to Meet: We will meet at La Trattoria in Canton at noon on Tuesday, November 17. Our speaker will be Jen Cook. She will entertain us with ghost stories. Come and be prepared to be scared. Please let me (Janice) know by noon on Wednesday, **November 11** if you will be joining us. To register for the November lunch, contact me at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com) or 860/677-1121 or see Nancy Reed or me at the Programs Table during Fellowship Hour on Sunday. We will order from the menu and will be given separate checks. I am always extremely happy to hear from you sooner rather

than later! I am looking forward to having you with us on November 17th. **Janice Newton**

Strengthening Justice Ministries (Webinar)

Tuesday November 17, 2015 from 7:00 PM to 9:00 PM

Led by Meck Groot and Hilary Allen, this webinar supports social action/justice committee members and other leaders to consider some best practices for strengthening justice ministries in their congregations. Contact Ed Savage for more information or go to Strengthening Justice Ministries (Online Event) | New England Region of the Unitarian Universalist Association
View on www.cbd-mbd-uua.org



Ye Olde Madrigal Feaste 2015
Presented by the Hall High School Choral Department
Featuring
Choralliers ~ Voce de Coeli
Chorale Cantare ~ A Cafella
St. Thomas Seminary ~ 467 Bloomfield Ave., Bloomfield, CT 06002
Wednesday, November 18 2:00 pm

Senior Citizen Show
No charge
To reserve your seat
Contact: Amy Yarbrough
860-231-1977 or
hallmadrigals@gmail.com
Free Will Offering Gratefully Accepted
Our **FEASTES**

<p>Wednesday, November 18 7:00 pm With Glee Club & Treble Choir (grade 9) \$12 per person</p>	<p>Include Our Show with A delectable medieval dinner \$25 per adult \$12 per child (12 & under)</p>
<p>Thursday, November 19 7:00 pm Special Guests: 6th Dimension from King Philip Middle School \$12 per person</p>	<p>Friday, November 20 7:00 pm With Concert Choir (grade 10)</p>
	<p>Saturday, November 21 7:00 pm Special Guests: Amigos Chorale The Hall High School Parent Choir</p>

Please contact: HallMadrigals@gmail.com

LGBT Moveable Senior Center is a reality!

Join us on Thursday, November 1 at
The Marilyn Michaelson Senior Center of Bloomfield

***** RSVP by November 6 *****

860-243-8361

Come out and Connect! ~ Feel free to forward this email and flyer!

LGBT elders and Allies from all Connecticut towns are welcome. Virtually every community in Connecticut has a senior center – long recognized as a community focal point for access to information and referral, programs and services that supports people as they age to maintain independence, well-being and a

satisfying life. We connect people to each other, to the community and to supports and services.

People who identify as LGBT may not access our Centers because they are not familiar with them, because of concerns about being stigmatized or not welcome or because we simply are not offering programs of interest. We are looking to reach out to the LGBT community and their Allies to encourage participation in the many benefits the Connecticut Senior Centers have to offer.

New York City recognized the participation gap and established their first LGBT Senior Center in 2012. We are not NYC, but we want to create the same type of opportunity in Connecticut with the "LGBT Moveable Senior Center."

The LGBT Moveable Senior Center is a pilot partnership among five Senior Centers in the Greater Hartford area - Avon, Bloomfield, Canton, Newington, and Simsbury. Next year we anticipate additional centers joining in. Plainville and West Hartford are interested as well. Each month, a Center will host the "LGBT Moveable Senior Center" day of programming. Over the course of some 5 hours we will have a meal, entertainment, choices of programs or activities, and provide information and services.

The programs will be different at each Center but will follow a similar format organized around the Senior Center theme of "mind, body and spirit." We have assembled an Advisory Committee of LGBT community members and Allies to provide input and help with outreach. Some of the programming choices will be offered by members of the LGBT community.

We need your help to be successful!

In short.... Join us in making this program a growing and valuable component of our Connecticut Senior Centers.

Newington

120 Cedar St, Newington, CT 06111 • October (Friday, 10/16) • 9:00 a. m.-2:00 p.m.

Bloomfield

330 Park Ave, Bloomfield, CT 06002 • November (Thursday, 11/12) • 3:00 p.m. - 8:00 p.m.

Canton

40 Dyer Ave, Collinsville, CT 06019 • December (Tuesday, 12/15) • 10:00 a.m.-3:00 p.m.

Simsbury

754 Hopmeadow St, Simsbury, CT 06070 • January (Thursday, Jan 21) • Snowdate Jan 28)

3:00 p.m.-8:00 p.m.

Jennifer Bennett, Director, Avon Senior Center, (860) 675-4355

Dianne Stone, Director, Newington Senior and Disabled Center, (860) 665-8778

Yvette Huyghue-Pannell, Director, Bloomfield Senior Center, (860) 243-8361

Claire Coté, Director, Town of Canton Senior Center, (860) 693-5811

Kathleen Marschall, Director, Simsbury Senior Center, (860) 658-3273

(send contact names/emails to Kathy at kmarschall@simsbury-ct.gov)

New Web Up and Functioning:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

IMPORTANT NOTICE ABOUT THE ONLINE CALENDAR:

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Please Note: New information added at the bottom: "Is Childcare Provided"

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare is provided please confirm with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The deadline for USH-Enews submissions is Wednesdays at 8:30 AM

Email to: ushenews@ushartford.com

Please note in the subject line, USH-Enews.

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement of spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.