



50 Bloomfield Avenue, Hartford, CT 06105
 Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
 or call for appointment

USH -Enews December 23, 2015

Worshipping Together Since 1830

Sunday Service 10:30 AM

Revs. Cathy & Heather Rion Starr



Image provided by Rev. Douglas Wilson

Pulpit Guest: Rev. Douglas Wilson Pianist: Pi-Shun Shih

“The Beatles: Their Genius, Their Love, and Their Influence” When Doug Wilson was a college freshman, three-fourths of the 400 people in his dorm at UC Santa Barbara watched the Beatles on the Ed Sullivan Show. He grew up loving the Beatles and Bob Dylan and he is going to talk about who the Beatles were and what they mean to the world. It will be an unusual service, with a lot of wonderful music. The Rev. Wilson has spoken here a few times over the years,

having shared being co-director with Prue Berry at UU Rowe Camp and Conference Center for 39 years.

The USH Office will be closed between Christmas and New Year's so that everyone--staff and volunteers alike--might take a little extra time to spend at home and/or with their families. Some of us will still be "around" a bit catching up on tasks, but we will not be staffing the Office during usual Office hours that week. If you have an urgent pastoral need, please, as always, contact our Revs. (Rev. Heather: 541-390-6052 Rev. Cathy: 541-390-7553) Thanks for your understanding and we look forward to seeing and catching up with you in the New Year, starting with our January 3 Sunday service!

Upcoming Services

Join us on Dec 27 for visiting Guest Minister Rev. Doug Wilson, formerly the Director of Rowe Camp and Conference Center, speaking on "The Beatles." Pi-Hsun Shih will be accompanying and there will be some singing-along invited!

On January 3, we will celebrate "Wisdom from Centenarians"--those in our community and country who have lived to be 100 years old, including our own Betty Arnold (who's been coming to USH since she was 11 years old)! Bring along your favorite wisdom from someone older than you, and if you can't find someone, come to USH--we are proud to be a very multigenerational congregation, all learning from one another. Come and celebrate life-long learning with us. Rev. Heather Rion Starr will be leading worship and Pi-Hsun Shih will be accompanying.

E-News Contributors Please Take Note: The NEW deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

Check out our online Calendar for Upcoming

Events: <http://www.ushartford.com/events/> (Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email corrections to calendarchanges@ushartford.com -Thank you!

Sunday, December 20th Recap by David Newton



Photos by Harriet Gardner

Pass on the Light - As we of the northern hemisphere on our blue planet have noted, the days grow short with the advancing seasons. And, even given our ability to flip a light switch to dispel the darkness, way in the back of our brains nags the little thought, what if the light does not return? A thought surely occurring to our ancient predecessors as they sat about their fires in the encroaching cold and darkness when life was far shorter and celestial mechanics of our solar system were mostly unknown. Then as now, there were ceremonies of one kind or another to encourage the sun's return.

And so, the service focused on various aspects of the solstice close upon us. Early on Rebecca taught us the refrain,

Pass on the light, pass on the light; Within these walls, steady and strong,

Pass on the light, pass on the light; from night to dawn carry it on.

We even got reasonably good at it before the Choir showed us how it can really be done well by experts. Then the RE children, with a bit of adult help here and there, told the story in three parts of Sun Bread. It became clear as the story advanced that the bread in the solstice darkness created a different sort of light, one very important to all of us. Between the parts of the Sun Bread story, our narrators provided readings punctuated by phrases we repeated on cue.

We move through the darkness and into the light;

From night to dawn, we pass on the light; and

We bless the light and one another.

After part three of Sun Bread story, the children moved up and down the pews with baskets of bread so everyone could select a piece and enjoy the climax of the story and have something to remember. And let it also be noted, there were some very kind words about darkness, and how it adds emphasis to the light in the darkness, the contrast that makes light vivid.

In perfect synchrony with the theme of the service, our President Virginia de Lima pointed out we are collecting funds to add solar power to the Meeting House, a venture that helps our planet, helps our budget and is a demonstration-example of living out our Unitarian Principles.

Well done children, narrators Kennedy Mattson, Worship Associate Laurie Kelliher, Peter Meny Narrator, Caroline Kriesen Narrator, USH Choir members, bread maker and entourage, prop constructors, stage directors, Rayla, Cathy, Sarah, Rebecca and all the other participants unmentioned.

The service ended with enthusiastic singing of, This Little Light of Mine, and Cathy's uplifting parting words sending us out to light up the world through our actions. And do you know what? I think our efforts are working, just watch the sunrise against the distant hills for the next few days! – **David Newton**



Below are some photos Harriet Gardner took of the Vespers Service from December 16, 2015



"Merry Christmas to All" - that means You! Consider making the Christmas Eve Candlelight Service at the Meeting House part of your ever-evolving tradition, this Christmas. Who might you invite to join you in coming to the Meeting House for this special service? We do welcome the Meeting House people of many beliefs and backgrounds on this special night. Please plan to join us, and bring someone along with you who perhaps hasn't been to a Unitarian Universalist Christmas Eve service before!

Thursday, December 24, 5:00pm (one service only this year)

Our theme this year will be: "The Legend of the Poinsettia," based on the children's book by Tomie DePaola. A Candlelight Service for Everyone.

A Special Notice from Rayla Mattson, DRE.: The Star Island Corporation is currently accepting applications for our summer staff.

If you are not already familiar with Star Island, we run a seasonal religious and educational conference center off the New Hampshire coast and hire approximately 100 college-aged people to work from mid-June to mid-September. As our roots are linked to the UU and UCC faiths, working on Star offers a unique employment opportunity for UU and UCC young adults (age 18 and older) in a beautiful location.

We hope you will help us spread the word about employment opportunities on Star Island by sharing the attached flyer with your congregation. Our application deadline is January 22 so we appreciate you posting the information as soon as possible.

For more information about working on Star Island, please visit our website (<http://starisland.org/working/seasonal/>) or feel free to contact me with questions - Kate Brady, Office Manager, Star Island Corporation, 30 Middle Street, Portsmouth, NH 03801, (603) 430-6272.

Please contact the DRE for assistance with the application process.

RE News You Can Use! This Sunday, December, 27th the nursery will be available for infants and toddlers ages birth to three from 10:15-11:45AM.



3rd and 5th Graders will be preparing meals for My Sister's Place

There will be no regular classes this Sunday. The 3rd-5th grade class has been asked to prepare a meal for My Sister's Place which they will prepare after A Time For All Ages. The meal is a special request for eight women and will be delivered after the service. Any other children and youth who are here Sunday are welcomed and encouraged to help them cook.

The menu includes:

- * Beef Stew (We still need donations of carrots and stew beef)
- * Salad (We are looking for donations of salad fixings. Lettuce, red onions, peppers, salad nuts, cucumbers, salad dressing)
- * Rice (We are looking for donations of instant rice)
- * Bread (If someone could donate some easy-to-make bread that the kids could make, that would be great)

If you are able to donate any items, please contact Tom Gervais at 860-558-3000. Thank you.

On Sunday, January 3rd the nursery will be available for infants and toddlers ages birth to three from 10:15-11:45AM. The children and youth will have A Time For All Ages followed by age appropriate classes. **Rayla D. Mattson** Director of **Religious Education Unitarian Society of Hartford** 860-233-9897 ext 104 860-839-5001 – cell I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



2015 Fall Programs for Adults and Families USH Calendar of Events: www.ushartford.com/events/

Please note there will not be a Programs Table until after the New Year. We wish you a very Happy Holiday.

Now that the Fall Programs are ending, have you been thinking about a workshop or program that you would like to offer this Winter or Spring?

We'd like to include your program, workshop, or event in the listing of the 2016 Winter/Spring Programs for Adults and Families.

On Sundays, there will be handouts for your course, event, etc. at the Programs Table for visitors as well as for members and friends. Registration for your program, course, etc. and any required payment can also be done at the Programs Table.

To obtain a Program Proposal form, you may go to www.ushartford.com. From the Building Community, pull down Menu at the top of the home page, click on Adult & Family Programs. In the bottom right corner under Documents, click on Propose a Program Form. The form is also available at the USH office. Please attach a detailed paragraph in Microsoft Word (if possible) about the program to the completed Proposal Form that can be used for promotion. Please email the completed Proposal to Janice Newton.

You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com), for more information about the programs.

Programs: Friday Night Dinner and a Movie, January 8th - OK, the title is grim, but many many of you voted for it to be included in our film series. Earning a standing ovation, it won the 2015 Sundance Grand Jury Prize and got epic publicity. It was adapted by its author from a New York Times best-selling novel; music scored by Brian Eno. So, "Me and Earl and the Dying Girl" is the Friday, January 8, Dinner & Movie feature.

Plot: When a quirky high school kid gets shamed by his mother into reaching out to a classmate



with cancer, he is angry, but gives it a try. The ensuing relationship is funny/weird/silly/difficult/awkward, but heart-wrenching, and, yes, "uplifting". I think you will smile and laugh, as well as feel for them, in this untraditional coming-of-age film. And Earl is an engaging side-kick.

This PG-13 movie will be shown with sub-titles. You can watch a trailer here: <https://m.youtube.com/watch?v=2qfmAllbYC8>.

We will gather on Friday, Jan 8, for popcorn and drinks at 5:30 PM, with pizza and salad meal at 6, movie at 7, with optional discussion following. Remember, you can invite non-USH folks to attend with you.

To reserve (\$10 each), please call Janice at 860-677-1121 by Wednesday, Jan 6. Leave a message on the answering machine, being sure to specify number of reservations, as well as pizza topping choices (meat or veg). Then you can pay with cash or check on night of the movie. There will be a Programs Table on Jan 3.

If on Fri, Jan 8, you find you cannot attend, please call my cell phone (860-380-7062) before noon and leave a message so the pizza order can be adjusted.

*from DVD box cover **from Rotten Tomatoes website **-Submitted by Nita Hansen**

Saturday Morning Salon: What Moves You: Saturday, January 23, February 13, March 26, April 23, May 28, June 11, 10:00 AM – 12 Noon.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Beginners welcome.

Emei Qigong: Tuesdays, Beginning Learners: 6:15 PM, Cultivation: 6:30 PM,

Deeper Learning and Understanding: 7:15 PM. Contact Diana Heymann (860-461-0908).

Emei Qigong: Wednesdays, Tutorial: 4:45 PM, Internal Cultivation/Practice: 5:00 PM. Contact Diana Heymann (860-461-0908).

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM. There are no gatherings on Dec. 23 or Dec. 30.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 PM. There are no gatherings on Dec. 23, Dec. 30, Jan. 6 or Jan. 13.

Ballroom Dance: on Thursday nights. Instruction in Foxtrot, Waltz, Rumba, Swing and Tango as well as Latin club dances like Salsa and Cha Cha will be taught by Wendy Nielsen, from Arthur Murray Dance Studios. Classes will be held on Thursday evenings from 6 to 8 PM. Fee for the classes is \$45 per month. For more information stop by the Adult Programs table in Fellowship Hall on

Sundays, or contact Ron Friedman at rsfriedman41@gmail.com or 860-523-1105.

The USH Book Club Meets in David's Den On Thursdays From 5:30 PM - 7:30 PM Please talk to Richard Groothuis if you have any questions.



860-678-1030; rgroopofus@comcast.net



Meetings are generally held between 5:30 PM and 7:30 PM on the first Thursday of each month in David's Den at the Church.

USH BOOK CLUB - THURSDAY, FEBRUARY 4th, 5:30 PM: Atul Gawande's "Being Mortal"

One reader noted:

The subject is end-of-life. But this isn't a book you suggest for your friends or family members that are exclusively experiencing the difficult decisions that come with end-of-life care. The book is appropriate for all adults—young, middle, or elderly. Gawande sheds light on the deeper meaning of life by example of how we treat patients in America at the end of their lives. Although the topic is end-of-life, it manages to spark an internal discussion within you about starting to live life. And in that respect, the book speaks to us all. "What fears do I have about aging? How should I handle my gradual loss of autonomy as I age? What makes life worth living? And how do I keep it worth living in old age? What should guide my end-of-life decisions? How can these questions and answers better the health care system?" These are questions we should be discussing now and in 10 years and always for our friends, for our family, and for ourselves.

Upcoming Books:

Feb 4: Being Mortal: Medicine and What Matters in the End- Atul Gawade

Mar 3: The Last Death of Jack Harbin- Terry Shames

Apr 7: The Shell Collectors: Stories- Anthony Doerr

May 5: The Little Friend- Donna Tartt

June 2: Spring Chicken: Stay Young Forever (or Die Trying) - Bill Gifford

-Submitted by Richard Groothuis

Unitarian Society of Hartford Performing Arts Series

2015-2016

All events are on Saturday at 7:30 PM unless otherwise noted.

50 Bloomfield Avenue, Hartford, CT 06105 - At the intersection of Routes 44 & 189

Patrice Fitzgerald for the Performing Arts Sub-Council



January 2, 2016

John & Katie Jesensky in Concert– Talented USH favorites Katie and John come back to perform for us and kick off the new year.

March 5, 2016 – **Concert Pro Femina**

Inspired by the 15th year of the Hartford Women Composers Festival, this concert brings a dazzling array of classical music written by women, featuring chamber groups, solo voices, and choral works.



Sunday, March 20, 2016 – **Classical and Broadway Vocal Concert**

immediately after the service 12:30 P.M. Come hear some great vocal music... including some performed by our choral scholars and featuring our new accompanist.

April 2 or 16, 2016 - **Jacques Lamarre Play Reading Premiere**

Don't miss another exciting new play premiere penned by USH friend and supporter Jacques Lamarre.



Only \$90 for six events at the standard ticket price! Premium ticket price \$180.

Sales benefit the USH General Fund.

Tickets also sold at door. USH children under 18 free, always!

Annual "Coming Home" concert at the Unitarian Meeting House.

"Coming Home with John and Katie LaPorta Jesensky" featuring Megan LaPorta Sherry and Mia Scarpa.

Saturday, January 2, 2016 at 7:30pm

\$15 tickets, \$ 10 students with ID.

Katherine LaPorta Jesensky, a professional opera singer, and her husband, pianist and vocalist, John Jesensky return from Los Angeles to their home state

of Connecticut to perform songs inspired by family. Both husband and wife will perform songs ranging from Simon and Garfunkel to Leonard Bernstein—including many genres of music. There will be sure to be something for everyone!

The Jesensky's make their annual return to sing for their former home at the Unitarian Society of Hartford and bring with them an array of talented singers from the local area. The concert will include one of central Connecticut's most in-demand sopranos and member of the critically acclaimed Voce Inc, Megan Sherry. And fresh off her starring role in "Hello Dolly!" and one-woman show singing the songs of Judy Garland, mezzo-soprano, Mia Scarpa.

In 2012, Katie LaPorta Jesensky relocated from a lifetime on the east coast to Los Angeles, California, and she has already been establishing a flourishing career on the west coast. Ms. Jesensky was most recently heard singing the role of Blondchen in Mozart's *Die Entführung aus dem Serail* with Angel City Opera and in Center Stage Opera's Classics Concert featuring opera arias with the Center Stage Orchestra. This season she also reprised the role of Gretel in *Hansel and Gretel* with Black Tie Opera and sang the role of Annina in *La Traviata* with Center Stage Opera. In Ms. Jesensky's short time in Los Angeles, she has also performed the roles of Olympia (*Les Contes d'Hoffmann*), Valencienne (*The Merry Widow*), *Die Königin der Nacht* (*Die Zauberflöte*), Mrs. Nordstrom (*A Little Night Music*), Giannetta (*L'Elisir d'Amore*), and Suor Infermiera (*Suor Angelica*). Up next will be the role of Despina in Mozart's *Così fan tutte* with Center Stage Opera this spring!

<http://www.johnjesensky.com/#!/audio/c1pb6>

<http://www.katherinejesensky.com/#!/media/cnp3>

Huffington Post on John Jesensky

"Olympia was charmingly sung by Katherine LaPorta Jesensky, with spectacular coloratura and customized fioritura which significantly extended the already extraordinarily high range of the aria." -

Singerpreneur on her April 2014 performance of Olympia in "Les Contes d'Hoffmann"

"Jesensky's sparkling soprano was a highlight in an evening already full of good singing." -Singerpreneur on her January 2014 performance of Valencienne in "The Merry Widow"



"Katherine LaPorta Jesensky easily maneuvered the stratosphere in "Olympia's Aria" with many surprising optional high notes that delighted the audience." - Singerpreneur on her November 2013 Concert

"Katie's voice has a glorious sound, and her technique lets her hit the highest pitches in rapid-fire with astonishing accuracy...plus her acting ability and depth of feeling move us to tears." -USH News on her August 2011 Recital -
Submitted by Ed Savage

Upcoming Special Events and Other News

Meals for Crystal, Jeremy and Family - Baby Orrin was born Thursday, December 17 to one of our newest member families, Crystal Kelley and Jeremy Young. One way we can support and welcome them is to provide them with a few meals. The following website has been set up to provide meals for Crystal and Jeremy and their two daughters. The website is <http://www.takethemameal.com/> To get to the meal schedule, type in Kelley for Recipient Last Name and 8667 for Password. If you prefer not to use the website and would like to be added to the meal schedule, please call Nancy Reed at 860 521-1082 or email [ndreed35\(at sign\)comcast.net](mailto:ndreed35(at sign)comcast.net).
-Submitted by Nancy Reed



HEAR YE, HEAR YE!! Notice is now being given that you are requested to enter the following dates on your calendar, to step forth and volunteer your time or items (or both), and that you let your friends also know about the upcoming HEARTS and SPARKS AUCTION at USH

Saturday, February 13, 2016

Food, beverages, camaraderie, initial bidding beginning at 7 PM

Live Auction beginning at 8 PM More details will be forthcoming so stay tuned!

Send in the donation form you received in the mail.

Auction Committee: Ginny Allen (fiddlenurse1@gmail.com), Vanessa Gonzalez-Rivera (vanessa.gonzalez.rivera@gmail.com) and Louise Schmoll

**DRUM CIRCLE ALL AGES,
 ALL (OR NO) ABILITIES**

**3RD TUESDAY OF EACH MONTH BEGINNING
 JANUARY 19, 2016**



**6:45 – 7:45 PM FELLOWSHIP HALL, UNITARIAN SOCIETY OF
 HARTFORD 50 BLOOMFIELD AVENUE, HARTFORD CT**

What is a Drum Circle? According to Mickey Hart: "The Drum Circle is a huge jam session. The ultimate goal is not precise rhythmic articulation or perfection of patterned structure, but the ability to reach a group groove. It is built on cooperation and is in a state of constant evolution." Join Tom Gervais, Margaret Leicach and the 13 others who came to our first circle on November 10th and advocated for it to be on-going. No experience necessary, no fee. Tom has been a drummer for many years and facilitates this all-ages activity. Bring your own drums and percussion instruments or use those that will be available. For more information, contact: Margaret 860-214-3974 or Tom 860-558-3000 - Submitted by Margaret Leicach

Building and Grounds Plans an Indoor Clean Up Day - Have you noticed, sometimes our Meeting House rooms begin to look like everyone else's extra room? Full of stored items never to be used again, or perhaps, among the... "we will need it someday" stuff, a few isolated items that will actually get used.

Folks, the time has come for a general clean up effort for our Meeting House rooms on January 30th. That will be the day when the spaces will be cleaned out of accumulated debris. And, here is where you come into the picture. We want all useful items in various spaces that actually get used to be labeled by the owners. As for the remaining items that have no labels come January 30, they will likely disappear forever. Mark you calendars, as it will be useful if you can assist on January 30, but if not, there is homework to be done. **More later....**

David Newton, for B&G

Below are pictures some of the items that need to be stored, recycled or disposed of. The wheelchairs and walker are older, can these be donated to an organization that restores wheelchairs and gives them to people who need them? I found one on Google in Connecticut called Chariots of Hope: <http://www.chariotsofhope.org/>

The artwork should go to their original owners, please let me know if you can claim them: Linda Clark: ushlindaclark@gmail.com. Thank you.



Art News - Two friends, both gifted artists and members of the congregation, will be sharing their spirit-lifting art during the grey chill of the new year.

Martha Bradley and Susan Spaniol offer interesting contrasts in style, method and materials. Read their artists' statement to be found hanging in the ambulatory with the paintings. If you would like to suggest an artist to be featured at USH please contact Sara Sturges.- **Submitted by Sara Sturges**

Two UU teams team up with Santa in North Hartford

Last Friday, the Boys and Girls Club Northwest hosted a Santa event for the children. Team Laurie and Sue from USH went to set up in the afternoon, getting ready for Santa's arrival. Later on, Team Helen and Vanessa helped sacking up cookies and then became Santa's helpers, searching the piles of presents for the special gift that Hartford businesses had prepared for each individual. The best of the night – the reward we got watching those broad grins as the youngsters sat on Santa's lap for a photo, holding their beautifully wrapped presents.



We hope to expand our relationship with the North Albany neighborhoods and especially the B&G Club in the future. **Contact: Vanessa Gonzalez-Rivera or Ed Savage for more information.**



Status of the USH Archives - With the recent passing of Margaret Sax, I think it will benefit many in knowing the hard work she performed in the USH Archives will not be forgotten. Starting in 2016 I will be working with Rev. Heather to pick up where Margaret left off; it is my hope to begin by surveying the collection, weeding any duplicates we decide do not need preservation, and incorporate newer material into the archives (including a growing collection of audiovisual and electronic material). Ultimately this project will be ongoing and sustain the growth of the Congregation's

history through the records we decide to keep. As the end of my Masters in Library Science program approaches next year, I would like to reach out to those who might be interested in helping with this project either through a donation of church materials or volunteering time. Do you have any items from your congregational life at USH you'd be willing to part with? Are you interested in helping survey what we have? Re-boxing materials? Help prepare a record retention policy or archive guidelines?**Please contact me directly (ZMirecki@comcast.net or call/text 860-916-9014. -Zac Mirecki**

Photo: Heather Rion Starr



Seeking Chalice Lighters! - Lighting the chalice on Sunday morning as an individual, a couple or a family is a way for you to take a small part in our shared worship service. It's also a way for all of us to see each other more fully and help everyone remember names more easily! Thanks for signing up to engage in this

especially Unitarian Universalist ritual that begins our services.

If you haven't lit the chalice before, please plan to arrive by 10:10am so we can show you the routine before the service begins. <http://www.signupgenius.com/go/8050b45a5ae2baa8-chalice>

Food and fellowship build communities. - Please consider signing up to supply snacks for an occasional coffee hour following our Sunday service.



Any food item you would like to share would be welcome. Bring something that would give you joy in sharing it with others. You don't have to please everyone.

The youth group will continue to serve soup on the third Sunday of the month; no additional snacks needed that day. And our wonderful Sunday Sexton, Crystal, will continue to provide coffee & beverages. We're just looking for some extra snacks for those who would like! Sign up by clicking on the link below~

<http://www.signupgenius.com/go/30e0c4faeae2ea3f58-sunday>

Once you sign-up, you will receive an email reminder two days before your scheduled Sunday. Questions or Comments? Contact Kathy Payne at kthpayne@gmail.com

A Call for Office Volunteers! - Could that possibly be YOU? We are in need of volunteers to maintain a friendly office presence. Easy work - or bring a book, knitting and a smile for any visitors or phone calls the office may receive. Please contact Linda Clark (at: [ushlindaclark \[at\] gmail \[dot\] com](mailto:ushlindaclark@gmail.com) or phone the office at 860-233-9897 and let her know if you can spend a few hours a week in the USH Office to help us keep our friendly and efficient office going!



Black Lives Matter Lawn Signs - If you'd like a lawn or window sign for your home, please come get one at the office! If you take one, please do 3 things: 1) Be sure to put your name on the sign-up sheet so we know you took one. 2) Leave a donation in Rev. Cathy's box with a note to help pay for the sign (\$5-20, pay what you can) 3) Have at least 3 conversations with neighbors or friends about why you put the sign up and why racial justice is important to you.

More Black Lives Matter Signs are available in the Library with a suggested donation of \$20.00. Please stop in during office hours to pick one up: Tuesday, Wednesday and Thursday from 10am-2 pm. Or pick one up on Sunday after the service.



HELP US END HUNGER IN OUR COMMUNITY

DONATE
A quarter feeds a kid and \$1 a family of 4. Meals are donated to Gifts of Love & Foodshare.

Mail Donations to: FVAMC, P.O. Box 853, Farmington, CT 06032 or donate online at: <https://razmobile.com/2cafb/donation.html?cp=612>

VOLUNTEER:
Pack 160 meals in one hour

Packing Event will be held on 1/16/2016 at FVAMC, 35 Harris Road, Avon, CT 06001

Email us at info@fvamc.org. Like End Hunger Farmington on Facebook

Dear Friends,

Last year the Farmington Valley Hunger Collaborative packaged over 32,500 meals, that went directly onto food pantry shelves. This year, with your help, we are planning on doing it again on Saturday, January 16th, 2016. Please join us in supporting our second annual food packing event. Our goal is to package 25,000 meals here in the heart of the Farmington Valley. A donation of any amount is appreciated, \$5, \$10, \$20. 25 cents = a meal \$1.00 feeds a family of 4. The more \$ we raise, the more meals we can pack and the more fun we can have putting them all together! Please share widely with your communities. Sign ups will begin after Jan 1. We can't reach our goal without you:

<https://www.youcaring.com/foodshare-and-gifts-of-love-485344#> **Submitted by Bridget Adams**

New Web Up and Functioning:

For the username and password for the Members Only section, please email

Linda Clark at ushlindaclark@gmail.com

Special Note: Hi Everyone! Please check the online calendar to make sure the Room and Time you wish to reserve is still available before you make a request. This will help in planning your event.

Thank you! Linda Clark, Office Administrator

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Please Note: New information added at the bottom: "Is Childcare Provided"

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare is provided please confirm with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The NEW deadline for USH-Enews submissions is Tuesday at 12 Noon

Email to: ushenews@ushartford.com

Please note in the subject line, USH-Enews.

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement of spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.