



50 Bloomfield Avenue, Hartford, CT 06105
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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews March 16, 2016
Worshipping Together Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr



The Unitarian Society of Hartford's 150th Anniversary Quilt

Sunday Service 10:30 AM - March 20, 2016 - "Keep On Moving Forward" -
Rev. Heather Rion Starr - On this, our Annual Stewardship Sunday, we will officially kick-off our Pledge Drive for the coming congregational year (July 1, 2016--June 30, 2017), lift up our hopes and dreams for this Society, and celebrate all the abundance and activity of this thriving multigenerational

community. There is a Pancake Breakfast for all before the service and Soup Sunday following the service--see details in this E-news--and come to the Meeting House this Sunday prepared to be nourished, to be energized, and to make your pledge of support for this congregation for the coming year. Pledge cards will be available for all. There'll be special music and so much good energy, you will not want to miss it! Join us!



Stewardship Sunday

Happy spring! Please join us for a complimentary Pancake Breakfast and a special Stewardship service this Sunday, March 20th. (Breakfast will be served from 8:45 to 10:00 a.m.)

Why is it special?

We will celebrate our Society's 186th year and during the service, pledge our financial support for the exciting year ahead! (And of course the pancakes will be excellent!)

We look forward to seeing you! - **The USH Stewardship Committee**
Peter Meny, Chair; Ginny Hedrick, Laurie Kelliher, Deb Meny, Joe Rubin

E-News Contributors Please Take Note: The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

Upcoming Special Events and Other News

This Coming Sunday, March 20th: Free Pancake Breakfast sponsored by the Stewardship Committee AND Soup Sunday

Refugee Update: Items Still Needed, see below for details

Meals for Kristen: Twins Expected Soon! | Hands on Hartford Grand Opening

March 22nd | LGBT Movable Senior Center March 23rd in Newington

Check out our online Calendar for Upcoming Events:

<http://www.ushartford.com/events/>

(Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Form for Calendar Requests at end of Enews

Email corrections to calendarchanges@ushartford.com -**Thank you!**

March 13, 2016 Sunday Service Recap by Kayla Costenoble



Photos: Harriet Gardner

Risking Hope - “Wish” and “Hope” are both small four-letter words, but the difference between them can be large, pulpit guest Erica Richmond suggested in her sermon at the USH on March 13, 2016.

Many of her well-chosen words come from her personal experiences during her chaplain residency at a level one trauma center in Seattle and, now, as the palliative care chaplain at Hartford Hospital. A life-long UU, Erica is also a candidate for UU ordination and will be seeing the Ministerial Fellowship Committee this spring. She has been coming to the USH since this past November.

Erica uses a “theology of hope” in her work; it is something she grapples with nearly every day. She said there are 95,000 visits to the Emergency Room in a year and in her work she deals with very ill people. About 90 percent of those she sees are Christian and most patients assume she is what they are. She enjoys working across faith lines but needs to find ways to be authentic with her patients while making room for her own spirituality. For example, when asked, she will pray to the Holy Father for a miracle, but in her head she will also add the words “and Mother.” So she meets the patients where they are and also maintains her own spirituality as she responds to grief.

In our Turning Inward part of the service, Erica read from poet Kimberly Beyer-Nelson’s “This is How We Are Called”:

...To cup our hands and hold this peace, even when the sirens begin, even when sorrow cries out, old and gnarled, even when words grow fangs and rend...

“How does our spirituality make sense of what’s going on in the world”? Erica asked. So little is in our control. “There is nothing I can do” holds true for so much in our lives. Wishing asks for something specific to happen. Hoping allows us to travel beyond layers of suffering to reach a spiritual realm and feel a sense of peace, wholeness, and love.

We need hope to survive and we need one another to cultivate that. Erica sees that kind of hope at the USH and in her hospital. “This is what the beloved community means to me. We cannot live in the world without pain, but hope is

possible...Hope makes room for grace and invites others into that process,” she said.

Early in the service, as she asked us to prepare ourselves for reflection and community, Erica reminded us of the words of the former UUA president Rev. William F. Schulz:

Come into this place of peace and let its silence heal your spirit.
Come into this place of memory and let its history warm your soul.
Come into this place of prophecy and power and let its vision change your heart.

Late in the service, she used some words of novelist Anne Lamott, who wrote in her “Traveling Mercies: Some Thoughts on Faith”:

“...most of the time, all you have is the moment, and the imperfect love of people around you.”

Aaron Bleck, a relatively new member of the USH, delivered the third of three testimonials on behalf of the Stewardship Committee; next Sunday, March 20, is our annual Pledge Sunday. He wondered why he had been asked to speak, saying he was “not an outstanding activist on anything.” Describing his background as a “pk” (preacher’s kid), Aaron said “it was not always fun” because the entire congregation is there to keep you straight and narrow. His Methodist minister father “did not exactly believe in God” and his mother was an agnostic. (Sounds as if Aaron was a perfect candidate to join us, doesn’t it?) What first brought the family to the USH was what brings many with young children—the realization they had to provide their kids with an “open religious education.”

And a great big “welcome home” to Pi-Hsun Shih and her wonderful hands on the piano!



RE News You Can Use! - This Sunday, March 20th, the nursery will be available from 10:15-11:45AM during the worship service for infants and toddlers ages birth the three. Childcare will also be available after the service until 1:45pm for children under the age of 10 for parents to attend meetings, events or coffee hour.



The Youth Group will meet at 9:00AM for soup making.

There will be a TFAA followed by age appropriate classes.

The DRE is still looking for assistance with Easter. Please contact her if you are available to assist. **Image: clipartpanda.com**

Rayla D. Mattson - Director of Religious Education Unitarian Society of Hartford 860-233-9897 ext 104 860-839-5001 - cell

I only check my email on Tuesday, Wednesday, Thursday and Sunday.

If you need to reach me outside of those times, please feel free to text or call my cell.



Church Business News

Annual Report 2016 Reminder - Attention Contributors - It's time to begin collecting submissions for the 2015-2016 Annual Report which will be distributed at the Annual Meeting set for Sunday, May 15th, 2016. *The deadline for submissions is Friday, April 15, 2016 but earlier is fine, too! This will enable us to have the reports available the Sunday before the meeting. Please email content to ushlindaclark@gmail.com with 'Annual Meeting' in the Subject. Please send as a word document or put the content of the report in the body of the email. Thank you! - **Linda Clark**

Election to Replace Retiring Board Members From Your USH Nominating Committee:

Four Board members will be completing their terms on June 30th and the congregation will be voting on people to replace them during the Annual Meeting on May 15th.

* John Brancato will complete his one-year term as President-Elect and become Board President.

* Louise Schmoll will complete her service as Treasurer.

* John Clapp will be stepping down as Chair of the Council on Administration.

* Tina Davies will be stepping down as Chair of the Council on Community Within.

The Nominating Committee is seeking members who would like to serve on the Board in those four positions.

All Board members participate in monthly Board meetings.

The President-Elect will serve in that position for one year. They act in the absence of the President and work in close cooperation with the President by carrying out other duties that would be of assistance. The experience gained

during the year helps them to prepare for the following year when they become President for one year. So it's a two -year commitment.

The Treasurer will serve for two years managing our church's financial affairs. They are the Chair of the Finance Committee which develops broad financial policy for the church. They work closely with the Chair of the Endowment Committee and with the Business Manager to manage incoming and outgoing church funds and come in to the Meeting House once a week to approve and sign checks. Working with the Finance Committee, the Business Manager and the Board, they also coordinate the development of the annual church budget.

The Treasurer and President-Elect are Board Officers and meet with the Ministers and the President and Secretary during the week prior to the monthly Board meeting to plan the agenda and discuss other board and church issues. Council Chairs serve for two years supporting and coordinating the work of the sub-councils and committees they're responsible for. The Council on Administration includes Finance, Stewardship, Archives, Art, Building & Grounds and Human Resources. This position provides many opportunities to participate in the dynamic re-creation of USH.

The Council on Community Within includes Adult & Family Programs, Small Group Ministry, Performing Arts, 20's and 30's Group, Knitting Group, Caring Network, Alliance Ministry to Women, Seabury, Festival of the Season, Communications and Membership. This position is at the center of the efforts to support our current members and those who wish to join us.

According to the Constitution, nominations for the Board of Directors shall be made either by the Nominating Committee or by petition. The Nominating Committee shall prepare a list of nominations for all open Board positions, having previously obtained the consent of each nominee. This list shall be given to the Secretary by April 15th and the Secretary shall publish it before April 20th. Any nominations by petition shall be signed by at least five members and have the consent of the nominee(s). Such petitions shall be given to the Secretary, Margaret Leicach, by April 30th for publication before May 5th.

If you have any questions about any of the open positions or about the process of electing new Board members, please talk with any member of the Nominating Committee or any current Board member; President Virginia de Lima, President-Elect John Brancato, Treasurer Louise Schmoll, Secretary Margaret Leicach, Administration Chair John Clapp, Community Within Chair Tina Davies, or Spiritual Life Chair Martha Bradley. - **Nominating Committee: Bill LaPorte-Bryan, Chair; Ron Friedman; Diana Heymann; Judy Sullivan; Chris Wilt**
Submitted by **Bill LaPorte-Bryan**



2016 Winter/Spring Programs for Adults and Families
USH Calendar of Events: www.ushartford.com/events/

With the many activities on Sunday, there will not be a Programs Table. Plan to attend the Performing Arts event - Broadway and Classical Vocal Concert at 12:00 PM in the sanctuary. Upcoming programs include: The Guru In You – Experiencing the Transcendent Self, facilitated by Judy Robbins and Rick Tsukada, will begin Wednesday, March 30. The next Saturday Morning Salon: What Moves Us, is March 26 and a Small Group Ministry, Transitions, will start Saturday, April 2.

The Winter/Spring 2016 Programs for Adults and Families catalog is now available online. Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and then Adult & Family Programs. In the bottom right corner, click on Catalog Winter Spring 2016.

You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com), for more information.

PROGRAMS:

Saturday Morning Salon: What Moves Us: Saturday, March 26, April 23, May 28, June 11, 10:00 AM – 12 Noon.

The Guru In You: 5 Wednesdays starting March 30, 6:00 – 8:00 PM.

Small Group Ministry: “Transitions”, Saturdays, April 2 – May 21, 9:00 – 11:00 AM.

Friday Pizza and Movie: April 8, 5:30 PM, featuring “A Serious Man”.

Ballroom Dance: Thursdays: Monthly enrollment, 6:00 – 8:00 PM.

Great Decisions: First and Third Sundays, 9:00 – 10:00 AM.

USH Book Club: Thursday, April 7, 5:30 PM.

Drum Circle: 3rd Tuesdays, March 15, 6:45 – 7:45 PM.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

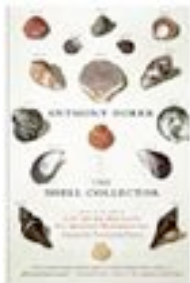
Emei Qigong: Tuesdays, Beginning Learners: 6:15 PM, Cultivation, 6:30 PM, Deeper Learning and Understanding: 7:15 PM. Contact Diana Heymann (860-461-0908).

Emei Qigong: Wednesdays, Tutorial: 4:45 PM, Internal Cultivation/Practice: 5:00 PM,

Contact Diana Heymann (860-461-0908).

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 PM.



USH BOOK CLUB Thursday - APRIL 7 5:30 PM Hosted at Richard and Jean Groothuis' Home

THE SHELL COLLECTOR: STORIES by Anthony Doerr The "perilously beautiful" (Boston Globe) first story collection by the author of the acclaimed Pulitzer Prize-winning #1 New York Times bestseller *All The Light We Cannot See*. The exquisitely

crafted stories in Anthony Doerr's debut collection take readers from the African Coast to the pine forests of Montana to the damp moors of Lapland, charting a vast physical and emotional landscape. Doerr explores the human condition in all its varieties—metamorphosis, grief, fractured relationships, and slowly mending hearts— conjuring nature in both its beautiful abundance and crushing power. Some of the characters in these stories contend with hardships; some discover unique gifts; all are united by their ultimate deference to the ravishing universe outside themselves. "If you have stopped reading short stories because they have turned pretentious, silly or meaningless," began Nancy Connors' review in the Plain Dealer, "The Shell Collector is good reason to come back to this most American of forms." The Boston Globe said the stories in the collection "don't so much blur or diminish our place in the scheme of things as they blow open one's perspective," the LA Times declared it a "show-stopping debut," and Library Journal called it a "tour-de-force".

The USH Book Club Meets on the first Thursdays of the month

From 5:30 PM - 7:30 PM

Please talk to Richard Groothuis if you have any questions. 860-678-1030;
rgroopofus@comcast.net

Upcoming Books:

May 5: The Little Friend- Donna Tartt

June 2: Spring Chicken: Stay Young Forever (or Die Trying) - Bill Gifford -

Submitted by Richard Groothuis

Great Decisions

March 20 - 9:00 In Servetus

The Future of Kurdistan – Jean and Richard Groothuis,
Discussants


Kurdistan, a mountainous region made up of parts of Turkey, Iraq, Iran and Syria, is home to one of the largest ethnic groups in West Asia: the Kurds. Now, most in the West know them for the small, oil-rich autonomous region in northern Iraq called Iraqi Kurdistan—one of the U.S.' closest allies in the Middle East, and a bulwark against the expansion of the so-called Islamic State. What does the success of Iraqi Kurdistan mean for Kurds in the surrounding region? **Image: fpa.org** -



Submitted by Ed Savage

Great Decisions Discussion Group
February 7 - May 15, 2016
9:00-10:00 AM – in Servetus Room
 1st & 3rd Sundays, February - May

**8 Topics
8 Sessions**



**The U.N. - Migration - Cuba & the U.S. - The Koreas -
ISIS - Kurdistan - Climate Change - Middle East Alliances**

Are you interested in current events? Would you like to learn more about foreign affairs that impact US policy? Great Decisions provides background information, current data and policy options for each issue and serves as the focal text for our discussion group's bimonthly meetings between February and May.

Briefing Books will be available for \$25 at the Programs Table!

Unitarian Society of Hartford Performing Arts
50 Bloomfield Avenue, Hartford, CT 06105




Sunday, March 20, 2016 – 12:15 PM

**Classical and Broadway
Vocal Concert**

After the worship service, stop down in Fellowship Hall for Youth Group Soup and then come hear some great vocal music... including some performed by our choral scholars and accompanied by Sarah Puckett in the Sanctuary.

Tickets: \$15 Suggested goodwill offering --- No one turned away!



The Unitarian Society of Hartford Performing Arts Series
 50 Bloomfield Avenue – Hartford, CT



**JACQUES LAMARRE HAS DONE IT AGAIN! WORLD
 PREMIERE PLAY
 READING ON SATURDAY, APRIL 16th AT 7:30
 BETTY JO'S FAN CLUB**

**A new comedy by Jacques Lamarre
 Starring Virginia Wolf**

Poor Betty Jo! She has no job. Her husband has left her. Her kids hate her. What is a woman to do? Curl up and die?! Shucks, no! She starts a fan club -- dedicated to herself. When her fans' devotion starts to get a little too fervent, can Betty Jo maintain control over the masses? A world premiere reading of a new one-woman comedy from the extraordinarily successful Connecticut playwright

behind I Loved, I Lost, I Made Spaghetti starring Herstory Theatre founder and Spotlight Radio host Virginia Wolf.

Reception to follow the reading... A goodwill offering of \$15 is suggested, with all proceeds going to the USH General Fund and matched by an anonymous donor.

The final event of the 2015-2016 Performing Arts season! Don't miss it.

Patrice Fitzgerald for the Performing Arts Sub-Council

Upcoming Special Events and Other News



Free! **USH Breakfast Buffet**
March 20th, 2016 - 8:45-10:00 AM

Start Stewardship Sunday with a hearty, FREE breakfast!

- A great way to enjoy our community. You get pancakes with various ingredient and topping options, eggs, veggie sausage patties, bacon and beverage.
- The Stewardship Committee is sponsoring this breakfast as their way of thanking the USH members and friends for their past and future support of all that this congregation does both inside and outside the Meeting House.



Sunday March 20, 2016
During Fellowship Hour

Yes, there is soup for you!

Each month our Youth Group produces soup for sale to our congregation at Fellowship Hour. **The money raised pays for the production of about 10 gallons of hearty soup that is donated to the Church Street Eats Soup Kitchen in Hartford.**

Help support our Youth Group's efforts!



MEALS FOR KRISTEN - Kristen Pildis, a Pre-Kindergarten teacher and member of the Religious Education sub-council, and her husband Jeff are expecting twin girls with a due date of April 11 or before. During the busy time when the babies arrive home, we would like to offer our support and provide some meals for them. The following website has been

set up for them and their daughter Avery. The website is <http://www.takethemameal.com/> with Recipient Last Name: Pildis and Password:9849. **If you prefer not to use the website and would like to be added to the meal schedule, please call Nancy Reed at 860 521-1082 or email [ndreed\(at sign\)comcast.net](mailto:ndreed@signcomcast.net).**

Memorial Reception for Roy Cook - April 2 - 11:00 AM - Can you bring some type of finger food for the reception following Roy's Memorial Service? We expect a large crowd and your donation would be greatly appreciated. Cookies, bars, quick bread, cheese/crackers, veggies, fruit platters are all great choices. We will be making sandwiches beginning at 9:00 that morning and would love to have 3-4 helpers. Please let Louise Schmoll, Nancy Reed or Janice Newton know if you can assist us. Food contributions should be labeled with the ingredients. Please avoid peanuts. Thank you! - **Submitted by Janice Newton**



Help the Refugees

We are collecting clean, functional, used household items for the IRIS sponsored refugees who will be settled in the Hartford area sometime in the next 2 months. If you have some items to donate, please contact Ed Savage, e-mail

edsavage@signushartford.com or phone/text his cell- 860-966-8155 . He is keeping a checklist of items needed and being donated and will work with you for picking up larger items or bringing your items to church next Sunday.

Your donation can be dropped off at First Congregational Church in Bloomfield, where volunteers are available on Tuesdays 9 am - 11 am and Wednesdays 5pm - 7 pm. IF you are going to deliver, it would be best to check with Ed Savage so that you can be certain a volunteer will be at First Church to help you. Enter the church parking lot from Tunxis Ave (Bloomfield Ave from the Meeting House changes name). The door in the corner has a sign on it directing you the entry.

Currently, here are some of the categories needed: Highest priority needs are CAPITALIZED.

BEDROOM: bed frames, blankets/comforters, BUREAUS etc.

KITCHEN : DRINKING GLASSES, POTS & PANS, kitchen table & chairs, CUTLERY, etc.

LIVING ROOM: Side tables, TV STAND, tv,

OTHER: Floor lamps, table lamps, computer(With monitor or Laptop)- recent models only (Windows XP to 10, Apple OS 8-10 (Mountain Lion), computer printer.
-Submitted by Ed Savage

The USH Wish List

Hello Everyone!

There are 4 items that we could really use at USH:

A Functional 21st century computer that could be used for volunteer tasks

New collapsible functional easels

1 Coat rack tree

Staples gift cards



Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.

Malawi: Lupembe Health Centre in Karonga Faces Electricity Crisis By Bishop Witmos

Karonga — Pregnant women at Lupembe Health Centre in the area of Traditional Authority (T/A) Kyungu in Karonga have been delivering in darkness during night hours for the past two months because Karonga District Hospital did not buy electric units for the health facility.

Chairperson for Lupembe Area Development Committee (ADC), Vincent Kayuni, disclosed this in an interview recently, saying the development resulted into use of torches by nurses to make sure the pregnant women delivered in light.

"It is very unfortunate to note that patients at Lupembe Health Centre are failing to access treatment just because of electricity units that cost less than K10 thousand per month, and as a community, we are worried because this might lead to deaths.

"I am not convinced on why the district hospital is currently failing to provide the units while it is receiving funding," worried Kayuni.

He said the health facility received units for February from the parent hospital following an effort by a Member of Parliament (MP) for the area, Frank Mwenifumbo.

However, a visit to the health facility Friday showed that it continues to face electricity challenges as it was unable to provide immunization vaccine for diseases such as Tetanus, Polio, and whooping cough to children and pregnant women because it cannot refrigerate the vaccine day in and day out.

Article from: <http://allafrica.com/stories/201602082477.html>

“I was inspired by USH regarding reaching out to others. The money needed to pay for the electricity bill is not much. I was able to collect some money this past Sunday, March 13th, but it did not reach the \$100 goal that will help them in this dire situation until they come up with a way to fund the clinic to avoid this crisis (hopefully). Thanks to Reverend Cathy for allowing me to sell the items to collect the donations on short notice. I collected \$20 in donations and 10% of the items I sold goes to the clinic. I have \$10 dollars so far. Total amount is \$30. I need \$70 more to accomplish the goal. \$100 is equivalent to about 70000MK. I still have some items left to sell, or can receive and pass on your donations directly. Please talk with me this Sunday.” - **Submitted By Edith Mwenelupembe; for more info. email Edith at: yakhonda70@yahoo.com**



DO YOU LOVE BOOKS? LOVE A PROJECT? WANT TO VOLUNTEER ON YOUR OWN SCHEDULE?

Consider whether or not helping reenergize the USH Library might be just the right project for you. Now that the USH Archives have been moved from the Meeting House Library into the Margaret Fuller Room, there are shelves available in the Library for expanding and growing our Library into truly being a Community & Congregational Library. Think of the books we could solicit, organize, and make available for checkout. Take a look at the books already there that would benefit from being sorted through, showcased, highlighted, and discussed. Help to make the Meeting House Library truly a library! If this is something you'd be interested in working on, individually or as a small team, please let Rev. Heather know at revheather@ushartford.com or 541-390-6052. There's no stress about this, it's just one of those things that could use a dedicated and creative presence (or two or three) to help us enliven and make better use of the marvelous Meeting House space.



Update on the USH Archives by Zac Mirecki

On February 10, Rev. Heather joined Zac and Larry to continue work on the USH archives. Larry has worked quickly to arrange boxes in order by letter, keeping the organizational scheme imposed by Margaret Sax. As work continues, we will soon be getting to materials that are yet unsorted and uncatalogued and updating the 1997 inventory of the collection.

Thermometer/Hygrometer: Larry has graciously donated a thermometer/hygrometer to the archives which provides a high to low range. Regular readings will ensure we are monitoring the temperature/humidity/dew point in the Margaret Fuller Room and see what work to better insulate the may need to consider. By creating a spreadsheet we can track the measurements monthly and input the data into <http://www.dpccalc.org/> which is a calculator for determining long-term preservation risks. According to Mary Lynn Ritzenhaller in *Preserving Archives and Manuscripts* (Society of American Archivists, Chicago, 1993) relative humidity is a more critical factor in preservation of materials. High

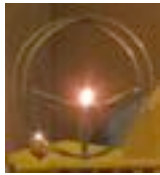
Temperature, however, does speed up chemical reactions. For every 18 degree Fahrenheit increase in temperature, chemical activity in most substances approximately doubles. It has been estimated that the useful life of paper is cut approximately in half with every 10 degree increase in temperature (45-46).”

Call for equipment!

The Archives is in need of equipment to safely play (and potentially record/transfer) audio found on numerous cassette tapes, magnetic reel-to-reel tapes, and LPs. It appears the last time anything was done to the tapes was around 1995 and they are slowly deteriorating. It is doubtful these lectures/sermons/events have been recorded elsewhere. Do you have a reel to reel player or tape deck you would be willing to donate for use in the archives? More importantly, do you know how to operate these safely without causing more harm? I am much more comfortable getting intimate and dirty with 18th century manuscripts than I am with relatively new (but unstable) tapes and do not know the best way to play these safely!

Next Meeting:

Our next meeting will be on March 23th at 10am. This will be a work date to continue to sort new material and weed out duplicates. Please join us to help out or learn more information.



Seeking Chalice Lighters!

Lighting the chalice on Sunday morning as an individual, a couple or a family is a way for you to take a small part in our shared worship service. It's also a way for all of us to see each other more fully and help everyone remember names more easily! Thanks for signing up to engage in this especially Unitarian Universalist ritual that begins our services.

If you haven't lit the chalice before, please plan to arrive by 10:10am so we can show you the routine before the service begins.

<http://www.signupgenius.com/go/8050b45a5ae2baa8-chalice>

Food and fellowship build communities. - Please consider signing up to supply snacks for an occasional coffee hour following our Sunday service.



Any food item you would like to share would be welcome. Bring something that would give you joy in sharing it with others. You don't have to please everyone.

The youth group will continue to serve soup on the third Sunday of the month; no additional snacks needed that day. And our wonderful Sunday Sexton, Crystal, will continue to provide coffee & beverages. We're just looking for some extra snacks for those who would like! Sign up by clicking on the link below~
<http://www.signupgenius.com/go/30e0c4faeae2ea3f58-sunday>

Once you sign-up, you will receive an email reminder two days before your scheduled Sunday. **Questions or Comments? Contact Kathy Payne at kthpayne@gmail.com**

A Call for Office Volunteers! - Could that possibly be YOU? We are in need of volunteers to maintain a friendly office presence. Easy work - or bring a book, knitting and a smile for any visitors or phone calls the office may receive. Please contact Linda Clark (at: [ushlindaclark \[at\] gmail \[dot\] com](mailto:ushlindaclark@gmail.com)) or phone the office at 860-233-9897 and let her know if you can spend a few hours a week in the USH Office to help us keep our friendly and efficient office going!



Black Lives Matter Lawn Signs - If you'd like a lawn or window sign for your home, please come get one at the office! If you take one, please do 3 things: 1) Be sure to put your name on the sign-up sheet so we know you took one. 2) Leave a donation in Rev. Cathy's box with a note to help pay for the sign (\$5-20, pay what you can) 3) Have at least 3 conversations with neighbors or friends about why you put the sign up and why racial justice is important to you.

More Black Lives Matter Signs are available in the Library with a suggested donation of \$20.00. Please stop in during office hours to pick one up: Tuesday, Wednesday and Thursday from 10am-2 pm. Or pick one up on Sunday after the service.



**Join us...
for our Hands On Hartford
Ribbon Cutting & Grand
Opening Ceremony**

Tuesday, March 22, 2016, 10:00 am - 11:30 am
Hands On Hartford Center for Community
55 Bartholomew Avenue, Hartford, CT 06106

- Tour the Center for Community
- Brief remarks by CT DOH Commissioner Evonne Klein, Mayor Luke Bronin, Parkville NRZ President, David Morin and more
- Join us in supporting our Hartford neighbors!

Kindly RSVP to Kate, 860-706-1505 or kshafer@handsonhartford.org



Come Out and Connect!

March 23, 2016

6 -8:30 p.m.

Newington Senior
and Disabled Center

120 Cedar Street

Call (860) 665-8778
or visit our Main
Office to register

LGBT Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

Time to Start Your Garden!



Join Us for an organic Seed Starting Workshop—
Hands on—Take home your plant!

Learn about the conditions required to germinate and grow healthy seedlings at home, needed tools and supplies, growing media, soilless mixes, fertilization, hardening off, common problems, and when to transplant seedlings into your garden at the optimum time. You will actively participate in a hands on demonstration. Instructor: Jeffrey Chasser, The Soil Makers.

Pizza and salad will be served!

If you require accommodations, including dietary, please let us know by March 9, 2016.

Look for the Moveable Senior Center on Facebook!

The LGBT Moveable Senior Center is sponsored by CCCI as part of "Getting it Right": Creating an LGBT-Responsive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy



CONNECTICUT
COMMUNITY CARE, INC.



LGBT Aging Advocacy



Cluster Connections 2016 "We Are Stronger Together"

Saturday, April 9, 2016, 8AM-4PM In New Haven

This transformative event will be an opportunity for UU congregations in Connecticut to gather together to strengthen our UU community and identify ways to support each other. The program is listed below and can also be found at

<https://www.facebook.com/groups/CTUUCcluster2016/>

Registration IS NOW OPEN!!!

Registration fee is \$30 and includes lunch and childcare. To register on-line

please go to: <https://clusterconnections2016.eventzilla.net>

Registration closes on March 26, so sign up soon! For more information on the schedule of activities, please check out our Facebook page at

<https://www.facebook.com/groups/CTUUCcluster2016/>.

Unitarian Society of New Haven,

700 Hartford Turnpike, Hamden, CT (www.usnh.org)

For a complete list of courses offered go to:

<https://sites.google.com/site/site4ctuus/home/cluster-connections-2016>

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

Special Note: Hi Everyone! Please check the online calendar to make sure the Room and Time you wish to reserve is still available before you make a request. This will help in planning your event.

Thank you! Linda Clark, Office Administrator

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare is provided please confirm with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The NEW deadline for USH-Enews submissions is Tuesday at 12 Noon

Email to: ushenews@ushartford.com

Please note in the subject line, USH-Enews.

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement of spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.