



50 Bloomfield Avenue, Hartford, CT 06105
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 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
 or call for appointment

USH-Enews ~ May 11, 2016
Worshipping Together Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr

Our neighbor, University of Hartford, graduation ceremony is this Sunday, May 15th. Please allow some extra time in the morning for your ride in.

USH Annual Meeting! Calling all USH members. Come celebrate all the wonderful things that are happening at USH and exercise our 5th principle by voting on the slate of nominations for Board positions. We will have popcorn, but you may want to bring a lunch or some snacks.



Image: uustpete.org

Sunday Service 10:30 AM - May 15, 2016 - "Flower Communion Worship: Beauty in the Rubble" - Rev. Cathy Rion Starr - Beauty appears in the most unlikely of

places and after even the most devastating disasters. Come celebrate nature's beauty and community resilience at our annual multi-generational Flower Communion service. Flower Communion is a Unitarian Universalist tradition begun nearly a hundred years ago in which we exchange flowers to celebrate spring and reflect on the resilience of nature's beauty. We will have professional ASL (American Sign Language) interpreters, this Sunday, please spread the word!

May 15th – a Full and Fabulous Sunday! Before worship, join us for “Love is Unstoppable,” a public witness calling on our political parties to embrace love and justice this election season. Gather at 7:45am, then we'll head outside and give flowers with love notes to the cars headed to the University of Hartford Graduation. You're also invited to join us to tie the notes to flowers and make signs on Saturday, May 16th from 10-12pm.

After worship: All-Congregational Photo & Annual Meeting

After worship, we'll have an all-congregational photo followed by the Annual Meeting. We will be voting on the slate of nominees for board positions starting in July. Please come and exercise our 5th principle, “the right of conscience and the use of the democratic process within our congregations and society at large.”

E-News Contributors Please Take Note: The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

Highlights In This Week's Enews:

Sunday Service Recap, May 8th | RE News You Can Use

Church Business News: Annual Meeting: Sunday May 15th | Stewardship Update | Solar Power Kicks In | Greening USH | USH Calendaring Event May 22nd

Winter/Spring 2016 Programs for Adults and Families

Next Great Decisions Date Change: May 22nd | Next USH Book Club: June 2nd

USH Performing Arts Series 2016 - Special Event: A Little Jazz, A Little Broadway June 4th

Upcoming Special Events and Other News

USH Annual Picnic Sunday, June 12th - Volunteers Needed

Tree of Life Presentation Sunday, May 22nd | Newcomers/New Members Potluck May 27th | Educational Grant Applications until May 31st | Celebrate USH Solar Project June 4th

Plant and Bake Sale June 5th | USH Open Garden Day June 12th | Archives Update | Volunteers Needed: Foodshare and Walmart's Supercenter | Susan Eaton at Asylum Hill Congregational Church

Check out our online Calendar for Upcoming Events:

<http://www.ushartford.com/events/>

(Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Form for Calendar Requests at end of Enews

Email corrections to calendarchanges@ushartford.com -**Thank you!**

Sunday Service Recap, Sunday, May 8, 2016 by Kayla Costenoble



Photos: Top Row-Adam Brown; Bottom Row First 2: Patrice Fitzgerald, 3rd photo: Esther McKone

Beyond a Day - A shrinking violet she was not. Julia Ward Howe, the subject/inspiration for the Mother's Day service at the USH on May 8, 2016, had six children, a troubled marriage, authored scandalous publications, was a poet, is credited for beginning Mothers' Day (but not as we know it) and is, perhaps, best known for composing the words of "The Battle Hymn of the Republic" to the tune of "John Brown's Body." Whew.

Rev. Heather began by reading Howe's "The Heart's Astronomy," which has been called her declaration of emotional independence and shows a mother's longing for more freedom from mothering. Nathaniel Hawthorne said of her book "Passion-Flowers," which includes this poem, her poems "let out a whole history of domestic unhappiness." Some words from it:

While round and round the house I trudged,
Intent to walk a weary mile,
Oft as I passed within their range (her three children)
The little things would beck and smile,

...Among the shining I have shone,
Among the blessings have been blest;
Then wearying years have held me bound
Where darkness deadness gives, not rest.

Married at 22 to a physician 18 years older than she, Howe bore six children in a period of 15 years and, after her second child, said she understood the value of time as she have never understood it before. She wrote, “It is a blessed thing to be a mother, but there are bounds...” Rev. Heather did much research on Howe and said she and her husband “made each other profoundly miserable.” He died after 33 years of marriage.

Now in her early 50’s, Howe began to have friends, started associations of intellectual groups, and became active in the women’s suffrage movement. We read responsively her 1870 mothers’ day anti-war proclamation for peace (reading 573 in our hymnal), in which she wrote “We women of one country will be too tender to those of another country to allow our sons to be trained to injure theirs...let all women now leave all that may be left of home for a great and earnest day of counsel.” Howe wrote her poetry in secret. The manuscript of a 400-page secret scandalous and complex novel was discovered in 1977 and published in 2004 as *The Hermaphrodite*.

After all her reading on Julia Howe, Rev. Heather wonders what Howe would write now, almost 200 years later. Rev, Heather feels we are still so far from gender non-discrimination, so far from equality, so far from peace. We have so much more freedom that we have to use “to express a deeper appreciation for what we have.” We have to reach out and cultivate friendships. “Know your voice. Let your voice be heard. Let your truth keep marching on.”

Musically speaking, it was another great Sunday at the USH. The USH Choir Men’s Ensemble (who knew?) wooed us with their melodious rendition of “M-O-T-H-E-R (A Name That Means the World to Me),” a country music classic, which lists a million (more or less) of a mother’s attributes, including “E means everything she’s done to help me.” The ensemble was led by Cameron Forman, recently named the USH’s Scholar of the Year after his first year in our choir. He is studying at Hartt to be a music educator.

Pi-Hsun’s Musical Interlude (something I always eagerly await) was Michael Gore’s “Terms of Endearment.” The music, along with the film, won awards, is described as both subtle and romantic, and has become a worldwide cultural phenomenon. Pi-Hsun did it justice. Our closing hymn (1051) was not as easy as some, with its many repetitions, but it was available both in the hymnal and on the back of the Order of Service. “We Are...” grandparents, mothers, daughters, ancestors, and “seekers of truth and keepers of faith, makers of peace and the wisdom of ages.”

I used to feel we didn’t have enough members serving as Worship Associates; I don’t feel that way now, as many new and well-known faces keep filling that role. Sunday busy USH member Peter Meny was up there. Past Membership Chair, “Our” Betty Arnold, sitting next to me, leaned over and whispered, “Getting Peter to join the USH was one of the best things I ever did.”



RE News You Can Use! - This week the nursery will be available from 10:15-11:45AM for morning worship. There will also be after care for those children and infants under the age of 10.

This will be an all ages service this week. Please bring a flower and join us. You'll be glad you did.

We are planning to have an infant and child dedication on May 22nd, please let the DRE know if you would like to have your infant or child dedicated. Photo: Harriet Gardner
Rayla D. Mattson - Director of Religious Education Unitarian Society of Hartford
 860-233-9897 ext 104 860-839-5001 – cell I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



Church Business News

The Unitarian Society of Hartford

Annual Meeting

Sunday, May 15, 2016 - Immediately after the service

A primary agenda item for this meeting is the election of the Board of Directors for the 2016-2017 church year.
See details in the ENews.



Stewardship Update - As of May 10th we have received pledges totaling \$269,000 from 122 members and friends, almost 90% of the way to meeting our pledge goal of \$300,000. Thank you to all who have made a pledge!

Already we have exceeded the amount pledged last year (\$265,000) and we are not done yet! We are expecting as many as 15 more pledges that will get us even closer to the goal.

However, at this point it looks like we will fall short unless something unexpected happens. We estimate we will receive another \$10,000 in pledges, which will leave us

\$20,000 short of the target. This means we will be unable to address the key priorities and needs that have been identified including:

- * Making sure all staff members receive at least a 'living wage' of \$15 per hour.
- * Offering salaries that will attract a highly skilled choir director and accompanist.
- * Extending the hours of our increasingly busy children's R.E. Director.
- * Enhancing our Sanctuary sound system so everyone is able to hear words and music clearly.
- * Improving lighting in the Sanctuary to increase visibility.

We believe that it is still possible to reach our goal. It is clear that the spirit and energy at the Meeting House are very positive. We have seen a dramatic increase in membership over the past year and new people are coming each week to check us out.

So if you have not yet made your pledge and intend to do so, please get it in right away. If you have made your pledge, please let your Board members and/or members of the Stewardship committee hear your ideas of how we could increase our pledge income to reach the goal. **The USH Stewardship Committee: Peter Meny, Chair; Ginny Hedrick, Laurie Kelliher, Deb Meny, Joe Rubin**

Solar Power Kicks In -We frequently equate power with noise, the thrum of powerful engines, the howl of the wind, and roar of a tornado. Interestingly, behind most of these forces we find the silent one, sunshine. In absolute silence sunshine powers the green world, sets the wind to blowing, evaporates water, irrigates the land, creates weather systems as well as powerful storms.

Silently, our solar arrays patiently await the sun's rays that dislocate electrons in the panel material. These dislocated electrons are collected and returned to their prior positions creating tiny amounts of direct current electricity. When merged with others collected by our three solar arrays, converted to alternating current and pumped out to our Meeting House electrical system they produce kilowatt hours (KWh) of power to be used internally during the light hours and when produced in excess shipped out for use elsewhere or banked for return during dark periods. Somewhere out there on the electrical grid, a generator will reduce its output and probable consumption of carbon based fuels because of our clean power production. In this way we support our Unitarian Principles and do our little bit to reduce global warming.

Our new photovoltaic system has been functioning for all of April. How are we doing you might ask.

During April our system generated 4,200 KWh(s)

During the same period we used 3,720 KWh(s)

And, we banked 480 KWh(s) for later use

Looking forward to the longer days of spring and summer, we hope to bank enough KWh(s) to sustain most of our use during the ensuing darker months.

Meanwhile, we are pleased to report we are making good progress in marketing clean energy credits to Eversource. They have agreed to purchase these credits over the next

15 years. The accounting for this will begin July 1st. We believe these sales will result in significant income to USH.

We need to conserve our Meeting House use of electricity by shutting down power equipment as well as electrical heaters and lights when not needed in unoccupied spaces. This will increase our bank account of stored kilowatt hours reducing our future budget with funds needed elsewhere. **-Submitted by David Newton**

Greening USH -- with your help. - I hope you were able to partake of the two extraordinary services these past two Sundays. A week ago, Rev. Heather issued a stunning call for us to reconceive Earth Day as a global day of reckoning for the damage done and for the daunting challenges ahead. And this past Sunday's extravagant performance of The Missa Gaia (Earth Mass) propelled us into the space between species, between the living and the inert, in which Earth and its life forms are engaged in a mutual organic project.

This is a pivotal time for green work at USH. In the past year, we've largely removed fossil-fuel investments from the endowment, and we've erected a solar array that will provide all of the meeting house's electricity for at least two decades. Over the past three years, we have helped mount the statewide Climate Stewardship Summit. We are preparing to bring a major new "congregational clean energy" campaign to USH households. Meanwhile, we continue to prepare to apply for reaccreditation under UUA's Green Sanctuary program, in the process envisioning ways to extend and deepen the congregation's engagement in sustainable living, environmental justice, and the spiritual work that supports these urgent efforts. And in all of this, our new ministers are proving to be powerful guides, facilitators, instigators, collaborators.

So it is a great time to consider joining -- or rejoining -- the Green Sanctuary Subcouncil, where important pieces of this work happen.

The group will meet on Wednesday, May 18, from 6:15 to 8:00. One topic will be considering USH's potential role in the campaign described in this video call to action. Please come. Watch the video ahead of time. Bring some simple food to share. (<http://watchdisobedience.com/>) **Jeff Howard, Green Sanctuary co-chair**
jeff.howard.29@gmail.com

New Approach to Meeting House Rentals – USH is currently updating and revising our rental policies in a way that is both beneficial for the congregation and responsive to outside inquiries and will generate good feeling throughout our larger community.

Current rental rates and updated policies can be found on the USH website. Rayla D. Mattson along with Jack Almeida is taking over this initiative. Please contact either one of them for additional information and please help spread the word that the Meeting House is available for rentals. Thank you.

Rayla D. Mattson : email: dre@ushartford.com
Office: 860-233-9897 ext. 104 | Cell:860-839-5001

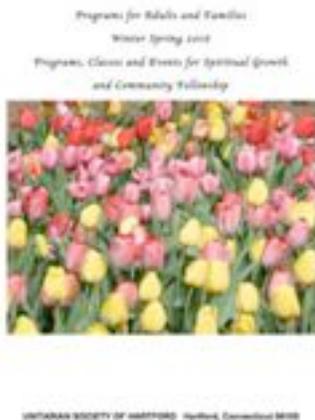
Jack Ryan Almeida: email: jackryant@gmail.com



Help Map Out the 2016-2017 Meeting House Calendar!

Join us on Sunday, May 22, from 11:45a-12:45p (or so) Under-the-Stairs to plan out significant events for the coming church year. When will the Auction be? Performing Arts Concerts? Annual Meeting?

Newcomer Potluck? other All-Congregational Events so they're not at the same time or on back-to-back weekends? This is great place to bring your ideas and energy for something you'd like to make happen at USH, and get a placeholder on the calendar for it. Come to share your interest and help it to logistically dovetail with other programs and happenings at USH. **All are welcome. --RevHeather, who so loves to calendar and plan (way) ahead.... Image: www.clipartsign.com**



2016 Winter/Spring Programs

for Adults and Families

The May Ballroom Dance classes will include some fun West Coast Swing and a few other dances will be added to the 'Beginner' class. For more information, contact Ron Friedman at rsfriedman41@gmail.com or call him at 860-523-1105. The next Saturday Morning Salon: What moves us is May 28. There will not be a Programs Table May 15 and 22. You may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at sign\)gmail.com](mailto:janicecnewton(at sign)gmail.com), for more information.

The Winter Spring 2016 Programs for Adults and Families catalog is available online. Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and then Adult & Family Programs. In the bottom right corner, click on Catalog Winter Spring 2016.

PROGRAMS:

Saturday Morning Salon: What Moves Us: Saturday, May 28, 10:00-12:00 AM, June 11, 10:00 AM – 1:30 PM.

Friday Pizza and Movie: May 13, 5:30 PM, featuring To Have and Have Not.

Ballroom Dance: Thursdays: Monthly enrollment, 6:00 – 8:00 PM.

Great Decisions: First and Third Sundays, 9:00 – 10:00 AM.

USH Book Club: Thursday, June 2, 5:30 PM.

Drum Circle: 3rd Tuesdays, 6:45 – 7:45 PM.

Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann (860-461-0908).

Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication:

An NVC Practice Group, Wednesdays, 7:15 PM.

GREAT DECISIONS Meetings – Final discussion schedule:

May 22 (moved from May 15th): The Koreas - Sherry Manetta and Brian Harvey, Discussants

June 5: Mideast Alliances - Mike Winterfield, Discussant

http://www.fpa.org/great_decisions/?act=gd_topics

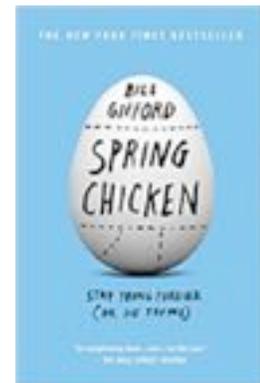
Unitarian Meeting House: www.ushartford.com

-Submitted by Ed Savage Image: <http://www.fpa.org/>

USH BOOK CLUB THURSDAY – June 2 5:30 PM at the home of Jean and Richard Groothuis

Spring Chicken: Stay Young Forever (or Die Trying) by Bill Gifford

SPRING CHICKEN is a full-throttle, high-energy ride through the latest research, popular mythology, and ancient wisdom on mankind's oldest obsession: How can we live longer? And better? In his funny, self-deprecating voice, veteran reporter Bill Gifford takes readers on a fascinating journey through the science of aging, from the obvious signs like wrinkles and baldness right down into the innermost workings of cells. We visit cutting-edge labs where scientists are working to "hack" the aging process, like purging "senescent" cells from mice to reverse the effects of aging. He'll reveal why some people live past 100 without even trying, what has happened with resveratrol, the "red wine pill" that made headlines a few years ago, how your fat tissue is trying to kill you, and how it's possible to unlock longevity-promoting pathways that are programmed into our very genes. Gifford separates the wheat from the chaff as he exposes hoaxes and scams foisted upon an aging society, and arms readers with the best possible advice on what to do, what not to do, and what life-changing treatments may be right around the corner.



An intoxicating mixture of deep reporting, fascinating science, and prescriptive takeaway, **SPRING CHICKEN** will reveal the extraordinary breakthroughs that may yet bring us eternal youth, while exposing dangerous deceptions that prey on the innocent and ignorant. From Amazon.com **-Submitted by Janice Newton**

Unitarian Society of Hartford Performing Arts

50 Bloomfield Avenue, Hartford, CT 06105



A Little Jazz, A Little Broadway – A Cabaret

Please don't forget to put Saturday, June 4th, 7:30 PM, on your calendar for a concert that John Clapp and his wife bought at the auction. Jazz pianist Alex Nakhimovsky will tickle the (electronic) ivories downstairs in Fellowship Hall and Richard and Patrice will sing. It's already paid for, but any contributions

for the USH General Fund are welcome. This is the final moment to get your donation matched after five years of beneficence from our anonymous donor.

We're also honoring the folks who brought us the Solar Panel Project with a bit of melodic sunshine. It's going to be fun, and you'll get a chance to sing too! Refreshments and adult beverages served. **Contact Person: Patrice Fitzgerald**

Upcoming Special Events and Other News



Tree of Life Presentation - Israel/Palestine: An Inclusive Vision will be the theme of a presentation by Hatim Kanaaneh and Robert Gelbach at the Unitarian Society of Hartford on Sunday, May 22, 2016, from 6:00 PM – 8:00 PM. Hatim and Robert will discuss the underlying roots of the ongoing Israel/Palestine conflict, the terrible toll that it is taking on the civilian populations, and the proactive steps that must be taken to establish a durable peace and equal justice for all. We will allow ample time for an interactive Q&A session.



Presenters:

Hatim Kanaaneh was born and raised in the Palestinian village of Arrabeh in Galilee. He was appointed as Sub-district Physician, heading the region's governmental health office which serves over 50,000 Palestinian citizens of Israel. In his efforts to institute and expand community health services, Mr. Kanaaneh (now retired) found himself at odds with the Israeli central authority, which led to his establishing an NGO, the Galilee Society for Health Research and Services.

Robert Gelbach, Professor Emeritus (Political Science, SCSU), Co-Chair of the New Haven Chapter of Jewish Voice for Peace, and former Executive Director of Trauma Recovery. Trauma Recovery brought a new evidence-based trauma therapy to teach to Palestinian clinicians. Its goal is to bring sustainable capacity to the occupied territories for the treatment of child and adult PTSD.

\$10 suggested donation / Free for students. Light refreshments will be served
Information and reservations: Contact Ron Friedman (860-523-1105) or Mike Winterfield (860-232-5528)



Plan to bring items that are served at room temperature or have their own warming devices (such as Crock-Pots).

New Member & Newcomer Potluck

Friday, May 27, 2016 - 5:30 pm

A very special evening to celebrate all our new members and newcomers from the past 5 years.

A fun time that includes outstanding food, conversation and laughter. Always a great night!

Sponsored by the Membership Sub-Council

Save the Date!

Celebrate USH's Solar Project!
Saturday, June 4, 7:30pm
Gather with family and friends and enjoy wine, cheese and cake and sing sunshine songs.



BAKE and PLANT SALE - JUNE 5 is your chance to boost our Matching Grant for next year. Sale will be successful only if YOU bring your items for sale!

PLANTS - pots of things from your garden, ready to find a new home. As you divide perennials, or thin out your beds, package them up and bring them in for others to claim. You might even find something new to take home.

FOOD – any home made items you prefer, in small packages, please. Specify if nuts included, or gluten free.

This ALL-SOCIETY event is coordinated by the Women's Alliance and will help us reach our Matching Grant goal for this fiscal year. Drop off your items before the service on June 5, and come back at 11:30 prepared to buy!

P.S. We can use some help at our sales tables on June 5. Please let me know if you are available. Louise Schmoll, 860-242-2953



USH OPEN GARDEN DAY

A few USH congregants who are avid gardeners are opening our gardens to any and all visitors on Sunday, June 12, after the service. We're inviting you to stop by any time that afternoon, have a cool drink, and take a look at the gardens, which should be at a peak of loveliness at that time. Participating gardeners are:

Diane Cadrain and Joe Rubin, West Hartford, CT 06119

Toni Gold, Hartford, CT 06105

Jean and Richard Groothuis, Avon, CT 06001

Susan and Don Hope, West Hartford, CT 06119

Thank you! If you have any questions about this, please contact me. Thanks again! -
Submitted by Diane Cadrain

Archives Update: The Archive team of Rev Heather, Kayla Costenoble, and Larry Lunden assembled on Apr 27 to continue organizing.

Kayla worked on the E-News editions from the last few years. We found the ones that we thought were lost, just filed in a drawer.

Larry worked on looking over the new acquisitions that have been left for whoever. That turned out to be us as the successor to Margaret Sax and her great work keeping the archives up to date. As soon as we discover where the new material should be filed, we will put it away.

Rev Heather wrote our annual report to chronicle our successes. We also looked over some of the old Order of Services, and marveled on how they were run back then. Did

you know we have them all (well maybe most of them) going back to the 1800's? In the early years they were bound into books.

Our next meeting will be Wednesday May 25 starting at 10:00. All who are interested are welcome.



SPRING IS SPRINGING! And we are so excited to get a better head-start on our USH Garden Plot in the Watkinson Community Garden (at the base of our parking lot) this year. Our plot is right at the front-and-center of the Garden--you can see it just by walking into the Garden from the parking lot. This year we have asked our neighbor, Landscaper and Labyrinth Designer Cynthia Dodd, to help us create a "growing labyrinth" that will incorporate plants and give us a spiritual path to walk together as a community. The idea is that we will use Cynthia's design and then divide that up into 8 sections that groups within the congregation can each take responsibility for. If you would enjoy helping with this wonderfully earthy project, as a Gardener, Coordinator, or Labyrinth Keeper, will you please let RevHeather know? **We need You to get this dream from paper into plantings!** revheather@ushartford.com or **541-390-6052**



Seeking Chalice Lighters! Lighting the chalice on Sunday morning as an individual, a couple or a family is a way for you to take a small part in our shared worship service. It's also a way for all of us to see each other more fully and help everyone remember names more easily. Thanks for signing up to engage in this especially Unitarian Universalist ritual that begins our services. If you haven't lit the chalice before, please plan to arrive by 10:10am so we can show you the routine before the service begins.

<http://www.signupgenius.com/go/8050b45a5ae2baa8-chalice>

The USH Wish List - Hello Everyone!

There are 4 items that we could really use at USH:

A Functional 21st century computer that could be used for volunteer tasks

2 Floor Length Mirrors

New collapsible functional easels

1 Coat rack tree

Staples gift cards

Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. Thank you.





A Call for Office Volunteers!

Could that possibly be YOU? We are in need of volunteers to maintain a friendly office presence. Easy work - or bring a book, knitting and a smile for any visitors or phone calls the office may receive. Please contact Linda Clark (at: ushlindaclark [at] gmail [dot] com or phone the office at 860-233-9897 and let her know if you can spend a few hours a week in the USH Office to help us keep our friendly and efficient office going!

Educational Grant Applications Until May 31

The USH Alliance Ministry to Women is proud to announce that applications are now available for the Women's Alliance Educational Grants. Applicants should be pursuing education at a post high school level, with priority given to those with minimal scholarship aid or loan sources. Grants are small (generally under \$500), but may be used for expenses such as tuition, books, child care, and transportation. Affiliation with USH is not required, though will be considered.



Applications, by postal or email, are due May 31. Applications are available at the Programs Table in Fellowship Hall or call 860-693-4269 and leave a message with any questions.

In past years, these grants have been welcomed by those pursuing graduate and undergraduate study, members and friends of USH.

Applications and grants are confidential. The Alliance has been awarding these grants for many years and is pleased to be able to continue doing so, realizing that these small monetary awards help women in pursuit of their educational goals. - **Nita H.**

We are looking for 6 volunteers that are able to work with Foodshare and Walmart's Supercenter on 495 Flatbush Avenue, Hartford. Due to the wonderful volume of donated food from this store we have 3 pickups each week - Monday, Wednesday, and Friday. Ideally, we would like a team of 2 volunteers to be available for one day each week.

Please let us know if you can volunteer in any of the 3 slots below:

- * Two volunteer slots every Monday from 9:00 am to 10:30 am;
- * Two volunteer slots every Wednesday from 9:00 am to 10:30 am; and
- * Two volunteer slots every Friday from 9:00 am to 10:30 am.

The volunteer work involved is a little different than Foodshare's typical Retail Pickup assignment. Due to the volume of food from Walmart, the volunteer will not have to deliver the food. Rather the volunteers will gather the food from the various departments within the store and assemble it onto pallets which are picked up by the Foodshare driver,

who will deliver the food. The Retail Pickup volunteers will need to be comfortable interacting with the many staff levels at Walmart. If you like to get to know people quickly without slowing them down in their work - you will be well suited for this volunteer assignment. Foodshare will provide training and will explain all the details of this unique assignment.

Please contact Gaye Sgamboti
at gsgamboti@foodshare.org<<mailto:gsgamboti@foodshare.org>> if you are interested in this volunteer opportunity or call Jim Palma, Community Network Builder for Foodshare 860-286-9999 x124 jpalma@foodshare.org
We can transform Greater Hartford, one meal at a time

Susan Eaton at Asylum Hill Congregational Church - May 18, 2016 AT 7:00 PM, 814 Asylum Avenue, Hartford, CT 06105

Please join us in hearing Susan Eaton discuss her new book, “Integration Nation: Immigrants, Refugees and America at its Best”. Bring your friends and colleagues!

Many faith communities and other groups in the Hartford area are joining together to learn more about the current refugee crisis and about issues of immigration in general. Some are also actively involved in getting ready to welcome refugee families coming to our community.

“Integration Nation takes readers on a spirited and compelling cross-country journey, introducing us to the people challenging America’s xenophobic impulses by welcoming immigrants and collaborating with the foreign-born as they become integral members of their new communities. In Utah, we meet educators who connect newly arrived Spanish-speaking students and U.S.-born English-speaking students, who share classrooms and learn in two languages. In North Carolina, we visit the nation’s fastest-growing community-development credit union, serving immigrants and U.S.-born depositors and helping to lower borrowing thresholds and crime rates alike.”

Susan E. Eaton is the Professor of the Practice and Director of the Sillerman Center for the Advancement of Philanthropy at Brandeis University’s Heller School for Social Policy and Management.

This is a free event. There is no charge. There will be books available for purchase after Ms. Eaton's talk.

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

Special Note: Hi Everyone! Please check the online calendar to make sure the Room and Time you wish to reserve is still available before you make a request. This will help in planning your event. **Thank you! Linda Clark, Office Administrator**

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The deadline for USH-Enews submissions is Tuesday at 12 Noon Email

to: ushenews@ushartford.com

Please note in the subject line, "USH-Enews". Thank you for your submission!

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.

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