



50 Bloomfield Avenue, Hartford, CT 06105
 Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
 or call for appointment

USH-Enews ~ June 8, 2016
 Worshipping Together Since 1830
 Sunday Service 10:30 AM
 Revs. Cathy & Heather Rion Starr

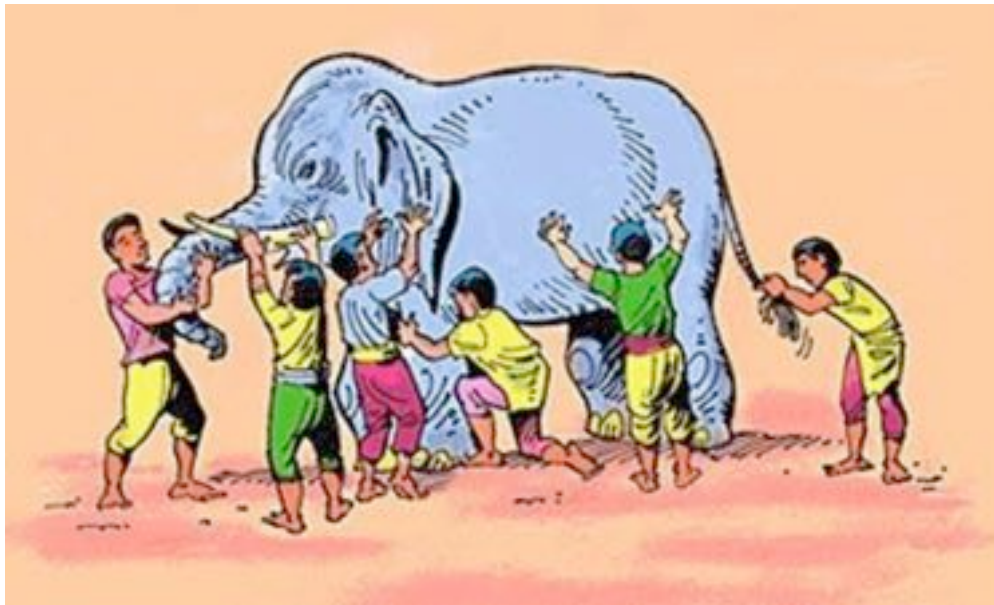


Image: Provided by Nina Elgo <https://t.e2ma.net/click/ao6ds/iizqvp/aw499d>

Sunday Service 10:30 AM - June 12, 2016 - "From the Fragmented World"

Pulpit Guests, USH Youth Group: Martin Barrows, Kyra Bukowski, Caroline Kriesen, Kate Olguin, Jonah Spector, Liann Waite, Annie Witzler
 High School Youth Group Sunday / USH Annual Picnic

On June 12, 2016, the High School Youth Group will lead this year's service and tackle the difficult, but pressing topic of incivility in our social discourse. Hear the students share their reflections, concerns, and how being a Unitarian Universalist has informed their thinking on these issues. As always, thanks for supporting our

congregation's teenagers. The offering will go to Church Street Eats, and don't forget to come dressed for our picnic and games after worship!

Weather: 70s, warm, but not too hot.

Fun Games: for all ages.



USH Annual Picnic Sunday, June 12 - 11:45 am

Food: we supply hamburgers, hot dogs, turkey or ham dinner roll sandwiches, veggie burgers, chips, soda and watermelon. You're invited to bring a dish to share.

Games: volleyball, whiffle ball, badminton, frisbee, hula hoop, plus egg and spoon relay, wheelbarrow race, 3-legged race, sack race, water balloon toss



Special Guests from **The Village**
an every child belongs in a home

Let us know you're coming, so we can plan !
 Contact: bharvey@ushartford.com
 Volunteers needed for set-up, grilling, games and clean-up.



Great Food: just bring a side or dessert, if you wish.

Beautiful Setting: the meadow between USH and the Village.



Don't miss the USH Annual Picnic this Sunday June 12, 2016, immediately following the Youth Sunday worship service.

We're down to the final countdown. For planning purposes, please let Brian Harvey (bharvey@ushartford.com) know if you are coming and how many will be in your party. You don't want to miss this fun event.

We will be using the beautiful grassy meadows to the east and south of the Meeting House. There will be volleyball, badminton, whiffle ball, Frisbee, hula hoops and the "classic picnic pentathlon": wheelbarrow race, three-legged race, sack race, egg & spoon relay, and balloon toss. In the past we've had as many adult players as kids, so adults "come prepared to play".

The latest forecast is calling for a chance of rain in the morning and sun in the afternoon. Rain or shine we have plenty of covered seating on our balconies overlooking our beautiful grounds. We will be supplying hamburgers, hot dogs, veggie burgers, chips, dinner roll sandwiches, watermelon, soft drinks and water. There will also be a shared food table for those who want to bring some other yummys for folks to sample. Some of our neighbors from The Village are expected to join us also.

We always need volunteers to assist with set up, clean up, grilling and help with the games. Please contact Brian Harvey. - **The Membership Sub-council**



A Message from The Village

The campus of The Village for Families and Children is adjacent to the Unitarian Society of Hartford. This Sunday USH will welcome our friends from The Village to the Annual Picnic. USH is no longer just a nearby building; it has become a place of safety, support and caring for the children from The Village.

Let us show our love and support on Sunday for our neighbors who have become our friends. - **Submitted by Joanne Orlando**

Contributors Please Note: Next Week's Enews for June 15th will be a Double Issue. There will be no Enews on June 22nd. Thank you for your understanding.

E-News Contributors Please Take Note: The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

Highlights In This Week's Enews:

Summer At USH

Sunday Service Recap | RE News You Can Use

Church Business News: Stewardship Tag Sale This Saturday at USH | Sexually Safer Congregation Team FYI | Seeking All Policy Wonks! | Are You Going to the GA? | Do You Have Frequent Flyer Miles?

2016 Programs for Adults and Families

20's 30's Gathering June 10th | Drum Circle June 14th | Lunch Bunch To Meet June 21st | Summertime SGM Starting July 12

USH Performing Arts Series 2016 - Special Event: A Little Jazz, A Little Broadway: High Lights

Upcoming Special Events and Other News

Meeting House Sing Along June 11th | Sound System Training: June 14-Open to All | Celebrate the Solstice June 18th |

Events of Note in the Larger Community

Meet Your Muslim Neighbors | SURJ Hartford Event: Racism 101 June 12th |

Muslim Coalition Event: A Taste of Ramadan June 19 | Two Mindful Journeys Available in 2017

Check out our online Calendar for Upcoming Events:

<http://www.ushartford.com/events/>

To submit a Calendar Request, please cut and paste the FORM at the end of the E-News into an email and send to calendarchanges@ushartford.com

(Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Please email corrections

to calendarchanges@ushartford.com -Thank you!)

Summer at USH - The Revs will be at General Assembly, Vacation & Study leave June 20 – August 30th

After this Sunday's Youth Sunday & Picnic, and a final June 19th worship service led by Rev. Heather with our choir, the Revs head to General Assembly in Columbus, OH June 20-26 with John Brancato, young adult Adam Brown, and Nina Elgo (who will be the new UUA Parliamentarian!). Rev Cathy will represent USH in workshops about our AIM work and our Black Lives Matter work (as well as working on Rev. Susan Frederick-Gray's campaign for the UUA Presidency). After that, we begin our vacation and study leave with our annual trip to Oregon to see Rev. Heather's family. We'll be in town from July 12th onwards doing a combination of play, rest, study, office cleanup, and more that we don't get to do during the flurry of the church year.

During this time, Rev Cathy will be completely off of email, and Rev Heather will be checking email periodically (revheather@ushartford.com). Please do contact us by phone if someone is in the hospital or otherwise significant things come up, and please hold your non-urgent communication until we're fully back August 30th.

If you'd like Caring Network support or have a joy or sorrow to be shared in worship while we're away, please contact Caring Network Co-Chairs Eve Pech (elpech@sbcglobal.net, 860-379-5035) or Janice Newton (janicecnewton@gmail.com, 860-335-3742).

Summer Worship & Religious Education: Six Sources Summer

Worship and Religious Education will continue every Sunday at 10:30 AM.

Our summer is organized around the Six Sources of our faith (a companion to the 7 principles). As UUs, we draw inspiration for our faith not just from one sacred text, but from direct experience, prophetic justice seekers, various world religions, Christian & Jewish teachings, humanist teachings, earth-centered traditions, and more. We have an incredible line up of guest speakers, including our kids, our young adults, our crones, and a few terrific guests (an atheist chaplain, a Jewish storyteller, and a Shin Buddhist teacher). Meanwhile, our children will be exploring the sources through interactive activities and play in the garden. Pi-Hsun Shih will be our Summer Accompanist. If you're in town, you won't want to miss these Sundays!

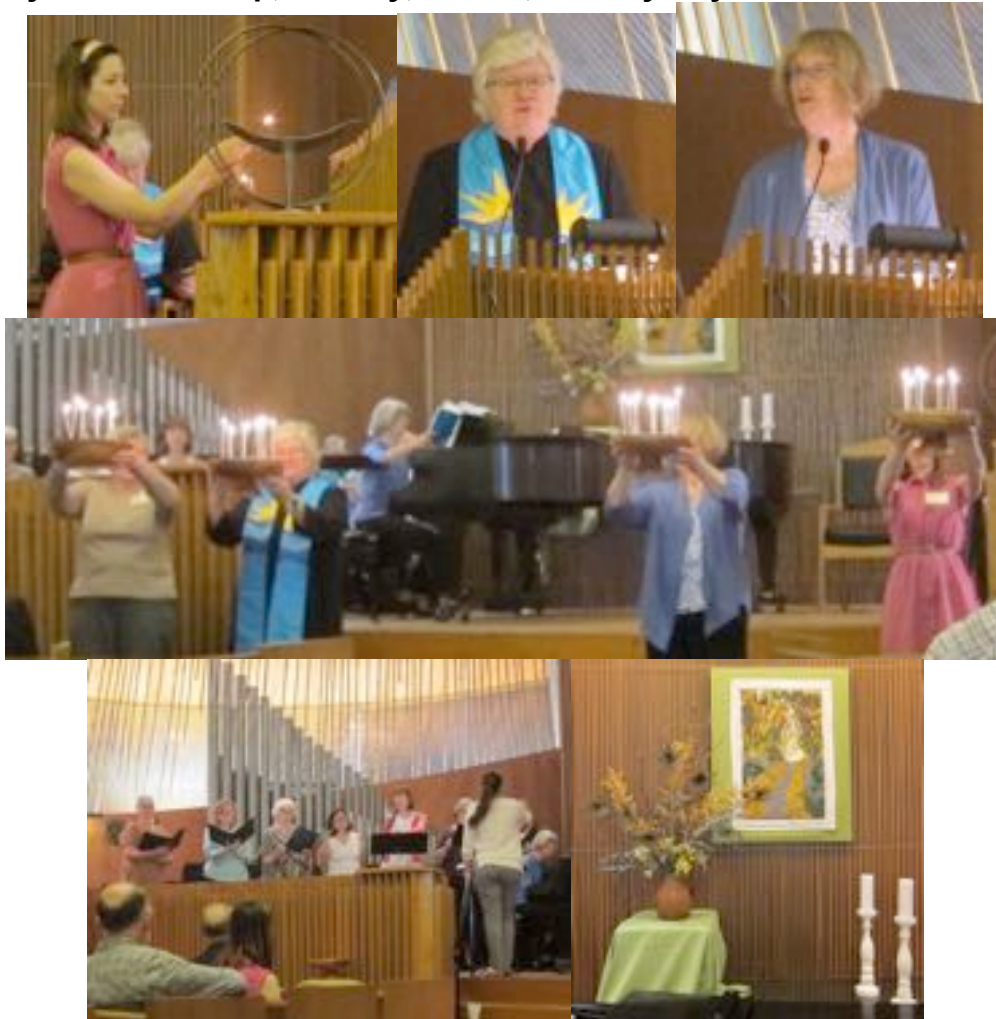
What are the Sources?

Here is the text about our sources. You can also find this in your Order of Service and at the front of the hymnal.

Unitarian Universalism (UU) draws from many sources:

- * Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
 - * Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
 - * Wisdom from the world's religions which inspires us in our ethical and spiritual life;
 - * Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
 - * Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
 - * Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.
- These principles and sources of faith are the backbone of our religious community.

Sunday Service Recap, Sunday, June 5, 2016 by Kayla Costenoble



Photos: Harriet Gardner

Claiming and Being Claimed - “The Way It Is,” a poem written by American poet William Stafford 26 days before his death in 1993, served as a metaphor for visiting minister Rev. Sue Phillips’ sermon at the USH on June 5, 2016. The poem:

There’s a thread you follow. It goes among things that change.
 But it doesn’t change.
 People wonder about what you are pursuing.
 You have to explain about the thread.
 But it is hard for others to see.
 While you hold it you can’t get lost.
 Tragedies happen; people get hurt or die; and you suffer and get old.
 Nothing you do can stop time’s unfolding.
 You don’t ever let go of the thread.

“Our faith is one of the threads we follow,” Rev. Phillips said. Our church gives us our children and our ancestors and also the larger path of Unitarian Universalism. This path does not believe we are certain of our spiritualism, nor our desire to hold on to our commitment. Our ancestors called this path a covenant, a promise we make to ourselves.

The word “covenant” is also a verb, she reminded us, a process of making, failing, and remaking.

Early in her sermon, Rev. Phillips, who has been here at the USH a few times, felt comfortable enough to tell us that she “ran away from home two to three times every summer”—after packing a baloney, cheese and Miracle Whip sandwich, a napkin and a book. Making her little sister cry was “the best part,” she confessed, but the problem was “I never knew where to go.” When she first walked into a UU church 25 years later, she was “longing for a richer, more meaningful life” and found “The most profound belief of faith is not having to chart my own course.”

If we are each alone, Rev. Phillips said, “It is not possible to be religious people...We need to walk with others...You can’t be a UU on your own.” There are helpful landmarks all around us—such as heaps of stones on mountains (cairns) and stripes on trees to serve as trailblazers marking paths into the wilderness. For UUs, the covenant is the path we follow. In the Order of Service, we read Rev. Phillips’ words, “Unitarian Universalism is so much more than a theological buffet. Our tradition makes claims on us, and it is our spiritual work to answer these claims. Ending the service, she said, “Together, we have worked theological miracles,” somehow managing to stay together while absorbing changes in science, intuition and ethics.

Here in Hartford, she said, we are survivors and have something to teach. She called on us to walk together, to covenant both a call and the answer and to “be the thankful people who never let go of the thread of connection.”

Musically speaking, it was great to see and hear former music director Carolyn Halsted back for a Sunday service, gracing us with two wonderful Bach organ pieces (it has been quite a while since we’ve heard our magnificent organ), and, on the piano, accompanying the choir, and pounding our hymns while, at the same time, singing them with us. The women of the USH choir gave us their jazzy version of “Love Will Guide Us” during the Offering. Two of the hymns sung during the service were from the newer teal hymnal, which we seem to be using more often these Sundays.

Below are photos from the Plant and Bake Sale during coffee hour after the service



RE News You Can Use!

This Sunday the nursery will be available from 10:15-11:45am. There will be a Time For All Ages. The children will then remain in the sanctuary in support of the Youth-led service.

Please remain after service for a fun afternoon of games, food and fun at



our annual picnic! - **Rayla D. Mattson** Director of Religious Education Unitarian Society of Hartford 860-233-9897 ext 104 860-839-5001 - cell
I only check my email on Tuesday, Wednesday, Thursday and Sunday.
If you need to reach me outside of those times, please feel free to text or call my cell.



Image: uufgp.org

Church Business News



Stewardship Tag Sale This Saturday

There will be a tag sale to benefit the Stewardship Drive this Saturday June 11 from 9 a.m. to 1 p.m. All members and friends of USH are welcome to bring items for sale and/or purchase someone else's treasures. This is a great opportunity to clean out your closets, attics, garage, and storage areas and to help the Society.

The sale will occur in the parking lot. Set up will take place from 8 a.m. to 9. We will provide tables and some manual labor to help you set up. If you'd like to drop off items for sale before Saturday, they may be left in the storage room in Fellowship Hall anytime during the week.

Anything that is not sold is your responsibility to take home on Saturday (we just cleaned out a lot of old stuff!!). If you cannot be at the sale the entire time, it's ok to set up for a couple of hours.

Items to be sold can include used furniture, household items, electronics, clothing, books, CDs/DVDs/vinyl, baked goods/drinks, etc. etc.

All proceeds go to the Society but if you keep track of the money you get, we can provide documentation for the IRS.

Please call or email Peter Meny (860-523-7396/plmeny9@gmail.com) asap if you plan to have items for sale.

The weather WILL be beautiful.

Let's Keep on Movin' Forward.



Sexually Safer Congregation Team

Rev. Cathy and RE director Rayla Mattson have been meeting monthly with the Sexually Safer Congregation Team since April to revise and update our USH policies and procedures. On the team are Rick Tsukada, Virginia de Lima, Joan Nicoll-Senft and Barbara Fraher. Kim Sweeney from the UUA came to our May

meeting to brief us on the Religious Institute's program of 18 Sexually Safer Best Practices for Congregations. We are making a congregational self assessment toward gaining certification by the UUA as a Sexually Safer Congregation. This certification is similar to our certifications for Green Sanctuary and Welcoming Congregation. The team members have committed to working together for the next year. **-Submitted by Barbara Fraher**

Seeking All Policy Wonks! - USH's Bylaws, Policies, and Procedure documents are woefully out of date. Several times in the last couple of years, we've looked for guidance from these documents and find policies that are no longer relevant, need updating, or exist but are not being followed. Many of the current ones were created in response to a current hot issue. Not only do the existing ones need work, but we need to think strategically about what policies we SHOULD have.

If you would be willing to work with a small group to make recommendations, please contact Virginia de Lima (vadelima@yahoo.com).

Got Frequent Flier miles?

Would you like to help Young Adult Adam Brown get to General Assembly in Columbus, OH by donating frequent flier miles to make his trip more affordable? Contact Adam at 860-817-0940 or Rev Cathy at revcathy@ushartford.com. Image www.airplaneclipart.com



ARE YOU GOING TO GA? - General Assembly (GA) is the annual meeting of the UUA. It is 5 days of fabulous workshops, wonderful worship, and great conviviality. This year GA is being held in Columbus, Ohio from June 22-26.

In addition to all the programs, the "business" of the UUA is conducted at GA. USH has 4 official delegates to GA who vote on various items and help shape the future of the UUA. We need to know who's going so we can have people represent us for this important function.

PLEASE LET VIRGINIA DE LIMA KNOW IF YOU PLAN TO ATTEND GA. (vadelima@yahoo.com)



Solar Stewardship Work Group by David Newton, June 4, 2016

Hi Folks,

It is time for another informal report. Our panels are deployed, the sun is shining, and our installation is generating power. How are we doing, you might well ask?

For the month of April our installation generated 4,200 KW hours of clean power. During this period, we managed to consume 3,720 KW hours and our kilowatt banked account with Eversource increased to a balance of 640 KWhs. In May we generated 3,680 KW hours, consumed 3,280 and consequently increased our banked KWh balance to 1,040.

As this is written, the heating systems for the Meeting House have been turned off shutting down all those three phase motors that eat power eagerly at every opportunity. Fellowship Hall can be air conditioned as can the Chapel and some office spaces as well as the library. We have an opportunity to store up significant KW hours during this month as on average temperatures may be more or less comfortable and therefore the building will use the least power for any time during the calendar year because little or no heating or cooling will be needed. We need to focus on turning up (or off) the air conditioner(s) settings to 78 degrees or so when we leave air conditioned spaces and thereby conserve energy otherwise used to no good purpose. The directions for doing this in Fellowship Hall have been placed above the thermostat on the East wall.

We are currently, how shall we say it gracefully, grappling with the procedures, forms, permissions, documentation, and related tasks to meet our objective of having Eversource pay us for ZRECs beginning at the earliest available date, which turned out to be July 1st. Our emissaries in this bureaucratic effort are Jeff Howard and David armed with email, pens, pencils, computers, software and intellect to follow the procedures through the "woods" of legalese, redundancy,

and form completion to the shining achievement of having our sale of megawatts generated bring income to USH. There is a certain amount of excitement related to this matter. We pounced on the necessary paperwork to establish July 1st as the beginning date for ZRECs measuring and payment. Then when we filed our papers with PURA, we learned the decision from them, might mature in the middle of July, perhaps. We explained this would lose us a calendar quarter of income and some very nice employees at PURA agreed to expedite our application, which now exists as a draft decision on its way to pro forma hearing June 15th. Meanwhile, we have ordered our ZREC meter from Eversource (\$266) and BeFree has agreed to install it on the outside as our inside meter based does not fit the current Eversource requirement for meter placement.

Then, we must have the meter “blessed” by Eversource, etc. etc.

You get the idea.

On Saturday, June 4th, thanks to John Clapp who purchased a show by Patrice and Richard, we had an uplifting solar event marking our progress to date. The photo above, doctored somewhat, shows the happy group out communing with the collector installation singing the USH version of You Are Our Sunshine with words specially written by John’s wife Jane Torrey. And it should be noted, in the best tradition of USH, there were contributions collected for USH good works. Before and after the show and outing, the group enjoyed various goodies including a special Sun Cake prepared by Kit Northup.

On behalf of the Solar Stewardship Work Group, Jean Groothuis presented David Newton with a Hello Sunshine art object. It is highly symbolic. It is a clear glass hemisphere, reflecting our desire to live under a clear unpolluted atmosphere permitting solar radiation to grow our crops and produce our electricity, interrupted by reasonable periods of rain. The base has a yellow dot design with the words, “Hello Sunshine” appropriately reminding us of our need for precious light from our star, the Sun, and reminding us of the cosmos populated by numerous stars of which we are a trivial part. Thank you!

We need to look after our planet.





The Memorial Gardens Needs Loving Care - We are in desperate need for some folks who could give some time to weeding, etc. of the Memorial Gardens. The large Memorial Garden was established in 1991 and consisted of two small strips along the two Meeting House buttresses. When we and Bill and Louise Willett organized the expansion and planting of the Memorial Garden in 1999, we added the patio and benches in the large area to the south of the original area, added a plaque and wall tree sculpture, removed all the weeds, including poison ivy and wall-to-wall tenacious bamboo and established many plantings and trees. At that time the four of us “took care” of maintaining it. In the 17 years since, the Pet Memorial Garden has been added at the Meeting House, we have aged and our home gardens have greatly expanded and we are in need of additional helpers. We have a Building and Grounds work day in the Spring and Fall. On those two days several people join in to prepare the Garden for Spring and Summer and “put it to bed” for the winter. We are most grateful for this help!! In between the Spring and Fall work days, we try to keep the gardens in good shape. Last year we had two other folks volunteer to weed, trim, etc. We really need about one good weeding each month from May to October. The automatic watering system does a great job keeping the plantings in good shape (and also aids the weeds in their growth). It eliminates the need of watering with the hose or watering cans.

We have the ashes of 40 members/friends buried in the Garden. When the families decided to place the ashes of their loved ones in our Garden we made the promise to them that the USH Memorial Garden would be kept a beautiful and sacred place.

Can you give us some time? Bring a bucket and trowel and weed for an hour or so. The weeds can be dumped into the woods. We would be delighted to give you a tour of the gardens, and join you for orientation and weeding. Just give us a call or see us at the Meeting House on a Sunday! If you are a gardener, just

go for it! Let us know so we can thank you and set up a schedule for the next few months! **Submitted by Janice and David Newton**



UNITARIAN SOCIETY OF HARTFORD Hartford, Connecticut 06105

2016 Programs for Adults and Families

We wish everyone an enjoyable summer. During the coming months, there may be an occasional Sunday Programs Table. We will look forward to seeing you in the fall. To register for the Small Group Ministry starting July 12, you may call Janice Newton (860.677.1121) or email her at [janicecnewton\(at\)sign@gmail.com](mailto:janicecnewton(at)sign@gmail.com).

PROGRAMS:

Saturday Morning Salon: What Moves Us: Final Session:
 Saturday, June 11. 10:00-1:30 PM

Friday Pizza and Movie: June 10, 5:30 PM, featuring Love and Mercy.
 Small Group Ministry: 4 sessions starting Tuesday, July 12, 7:00 –9:00 PM.
 Ballroom Dance: Thursdays: Monthly enrollment, 6:00 – 8:00 PM.
 Drum Circle: 3rd Tuesdays, 6:45 – 7:45 PM.
 Tai Chi: Wednesdays, 5:30 – 7:00 PM.
 Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann (860-461-0908).
 Meditation and Dharma Gathering: Wednesdays, 5:45 – 7:00 PM.
 Authentic Connection & Communication:
 An NVC Practice Group, Wednesdays, 7:15 PM.



Summertime Small Group Ministry

For those looking for a place where deep sharing & listening happens, there will be a summertime SGM offered which will meet at the Meeting House (in Servetus). This will start on July 12, 2016; meetings will be in the evening from 7 to 9 pm. There will be a total of 4 sessions facilitated by Ron Friedman. If you are interested in signing up for this small group ministry series, please sign up at the programs table in fellowship hall or contact Janice Newton at 860-677-1121 or

email her at Janicenewton(at)gmail.com. There will be a \$5 registration fee. Don't miss out on this SGM opportunity during the summer!

-Submitted by Esther McKone Image: www.smallgroupministry.net

GREAT DECISIONS Meetings – Final discussion June 5th-This Meeting was postponed to September, new date TBA

Topic: Mideast Alliances - Mike Winterfield, Discussant
Shifting Alliances in the Middle East

http://www.fpa.org/great_decisions/?act=gd_topics

Unitarian Meeting House: www.ushartford.com

-Submitted by Ed Savage Image: <http://www.fpa.org/>

Twenties-Thirties Sunday Brunch - The 20's/30's Group are hosting their new weekly brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Food will be provided but guests are encouraged to bring something additional to share. *Please let me know by Friday afternoon if you plan to join us so that we can be sure to have enough food for everyone. - **Stephanie Briggs** (stephanie.e.briggs@gmail.com / (860) 716-1920)



In David's Den
@ The Meeting House

RSVP to
bharvey@ushartford.com
or just drop in.

Friday, June 10th, 2016 – 7:00 PM

20s & 30s Gathering

We are pleased to announce the monthly informal gathering for young adults in their 20's and 30's at 7:00 pm on Friday, June 10th at the Unitarian Meeting House. Take this opportunity to enjoy appetizers and beverages in the relaxed atmosphere of David's Den, and get to better know others your age in our community. Rev. Cathy Rion Starr will be attending.

We Look forward to seeing you!

DRUM CIRCLE3rd Tuesday
Each Month

ALL AGES, ALL (OR NO) ABILITIES

**TUESDAY, JUNE 14, 2016 - 6:45 PM**

Join Tom Gervais and Margaret Leicach for an hour of exuberant drumming! **No experience necessary, no fee.** Tom has been a drummer for many years and will facilitate this **all-ages activity**. Some drums and percussion instruments will be available, and participants are welcome to bring their own.

**For more information, contact:**

Margaret 860-214-3974 or Tom 860-558-3000.



Lunch Bunch to Meet: We will meet at La Trattoria in Canton at noon on Tuesday, June 21st. Please let me know by noon on Wednesday, June 15th if you will be joining us.

To register for the June Lunch Bunch, contact me at 860/677-1121 or janicecnewton(at)signgmail.com or see Nancy Reed or me at the Programs Table during Fellowship Hour on Sundays. We will order from the menu and will be given separate checks. I am always extremely happy to hear from you sooner rather than later!

This will be our last gathering at LaTrattoria in Canton. We very much appreciate all the folks at LaTrattoria have done for us to make our gatherings there so pleasant. Please thank them when you see them on the 21st. It has been decided that next year we will be meeting at Concetta's Italian Restaurant, 22 Mountain Avenue, Bloomfield. We will still be able to order off the menu and have separate checks.

We will continue to meet at noon on the third Tuesday of the month ~ September through November and January through June. The December Women's Alliance/Lunch Bunch Christmas party will be at the Meeting House on Tuesday December 13th.

I am looking forward to having you with us on June 21st. Submitted by Janice Newton

**Unitarian Society of Hartford Performing Arts
50 Bloomfield Avenue, Hartford, CT 06105**

**A Little Jazz, A Little Broadway – A Cabaret
Some High Lights from the USH Celebrate Solar Event**



Photos by Harriet Gardner and Patrice Fitzgerald

Upcoming Special Events and Other News

Next Meeting House Sing Along June 11, 2016, 2 to 5 pm

Join us at the next Meeting House Sing-Along! Maggie Greene, Fred Louis, and Ed Savage are offering an opportunity to CT Singing families, Peoples Music Network singers, song-writers and audience members to join in song with acoustic instruments on the second Saturday of each month from 2 to 5 PM. We will have song-sheets and some copies of the Rise Up Singing and Rise Again songbooks available. Bring along your own 'Rise Up Singing' if you have one, as we have used it a lot in other months. We bring a little juice drink and herbal teabags and gratefully enjoy any other snacks you might choose to bring. How does this work? It is not an "open mike" event, although solos are welcomed. We'll put some chairs in a circle and take turns singing or playing, with those who know the tune or words joining in as they wish. You can come early or come late, whatever fits your family schedule. The UU Meeting House is at 50 Bloomfield Avenue in Hartford near the University of Hartford. Signs inside the door will direct you to the sing-along room.



Contact: Maggie Greene or Fred Louis 860-223-2407 turtlepoem@yahoo.com or Ed Savage 860-966-8155 (mobile) edsavage@ushartford.com if you have any questions. Go to: <https://www.facebook.com/groups/MeetingHouseSings/> for more info.



Tuesday evening June 14 6-7pm in the Chapel and Sanctuary: Sound System Training (or ReTraining)

For old hands or newbies, this is a chance to familiarize yourself with the USH Sound Systems (Sanctuary and Portable) so that you are able to run the sound system for an event, worship service, or program. RevHeather and Stu Spence are coordinating. All USH Members and Friends are welcome.

Celebrate the Solstice - On Saturday, June 18, at 7 p.m., in Fellowship Hall, there will be a ritual celebrating the solstice, the longest day of the year. The ritual, led by Kit Northup, is open to all. No sign-ups are required. If you would like to participate, please bring an object that reminds you of the darkness. All are invited. **Submitted by Diane Cadrain Image: firstunitarian.org**

LUNCHEON PICNIC AT WOOD POND The Women's Alliance is coordinating this annual picnic.

All women (and guests) are invited to a picnic at Wood Pond in West Hartford on Wednesday, June 22. (Rain date is Thursday, June 23),

You can meet at the home of Linda Ericson-Ebel at 251 Ridgewood Road at 11:30 if you wish to car pool to the beach area about noon or meet us at the picnic area at noon at the end of Waterside Lane. Bring sunscreen, hat and a swimsuit and towel if you wish to swim. Bring a luncheon dish to share and/or your own sandwich, if you wish. \$1 per person will be collected on site to cover cost of paper goods and drinks. Sign up at the program table on June 12 or 19, or contact Linda to say you are coming – 860-561-0399 or leebellin@gmail.com - **Submitted by Louise Schmoll**



FAN MIA - Somewhere there is a fan with a round base, rather than three legs that project out, hiding out in some secret place. We purchased four of them to be used in the Sanctuary. We marked them "Sanctuary Only" and put them in the boiler room last fall. The fans with the round base are less of a trip-hazard when placed around the perimeter of the Sanctuary. Because of the need for these fans on hot Sundays, we have ordered a new one. BUT, we would very much like to have the missing one returned to the Sanctuary ASAP. If we can set up five fans, more people will be cool and happy! There are plenty of the "three-legged" ones at the Meeting House to be used in other places. Help yourself to those. Please keep your eyes out for our wandering fan! **Thank you. Janice and David Newton**

Archives Update: Wrapping It Up - Oh, the weather outside was delightful, but the work inside was frightful (not really) as your USH Archives Team worked on the beautiful



May 25 summer day wrestling with the tons of material that has not been appropriately sorted or filed since Archivist Extraordinaire, the late Margaret Sax, spent so many years doing just that.

Rev. Heather, the awesome organizer who started this whole effort, took notes, sent emails, took pictures, arranged the next meeting and urged team members Larry Lunden and Kayla Costenoble to concentrate on the project for the day - which was to inspect and organize the dozens of long and heavy rolls of yellowing architectural drawings that is the history of the Meeting House. These were donated to us by their creator Roy Cook and have been exhibited several times on the Fellowship Hall walls. Next on the list is ordering special archival boxes in which to preserve these treasures.

More helping hands are always needed and welcome to help us safeguard and keep the USH's amazing history. Our next meeting is 10:00am on Wednesday, June 29. Join Us!

Submitted by Kayla Costenoble



USH Community Garden Plot:

YOU can now SIGN UP for a day or two or twenty of gardening! Please get some gardening time in your summer calendar, now!

Just go here:

<http://www.signupgenius.com/go/20f094cafa92ba1f49-ushgardeners>

If you are uncomfortable using SignUpGenius or just having trouble with it, you can also e-mail Rev. Heather to add you on the days you choose. **–Rev. Heather**

SPRING IS SPRINGING! And we are so excited to get a better head-start on our USH Garden Plot in the Watkinson Community Garden (at the base of our parking lot) this year. Our plot is right at the front-and-center of the Garden--you can see it just by walking into the Garden from the parking lot. This year we have asked our neighbor, Landscaper and Labyrinth Designer Cynthia Dodd, to help us create a "growing labyrinth" that will incorporate plants and give us a spiritual path to walk together as a community. The idea is that we will use Cynthia's design and then divide that up into 8 sections that groups within the congregation can each take responsibility for. If you would enjoy helping with this wonderfully earthy project, as a Gardener, Coordinator, or Labyrinth Keeper, will you please let RevHeather know? We need You to get this dream from paper into plantings! revheather@ushartford.com or **541-390-6052**



Seeking Chalice Lighters!

Lighting the chalice on Sunday morning as an individual, a couple or a family is a way for you to take a small part in our

shared worship service. It's also a way for all of us to see each other more fully and help everyone remember names more easily. Thanks for signing up to engage in this especially Unitarian Universalist ritual that begins our services.

If you haven't lit the chalice before, please plan to arrive by 10:10am so we can show you the routine before the service begins.

<http://www.signupgenius.com/go/8050b45a5ae2baa8-chalice>

The USH Wish List

Hello Everyone!

There are some items that we could really use at USH:



A Functional 21st century computer that could be used for volunteer tasks

- Donated - Thank you!

2 Floor Length Mirrors

New collapsible functional easels

1 Coat rack tree - Donated -Thank you!

Staples gift cards

Please contact Linda Clark at ushlindaclark@gmail.com or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. **Thank you.**



A Call for Office Volunteers!

Could that possibly be YOU? We are in need of volunteers to maintain a friendly office presence. Easy work - or bring a book, knitting and a smile for any visitors or phone calls the office may receive. Please contact Linda Clark (at: [ushlindaclark \[at\] gmail \[dot\] com](mailto:ushlindaclark@gmail.com)) or phone the office at 860-233-9897 and let her know if you can spend a few hours a week in the USH Office to help us keep our friendly and efficient office going!



**SURJ HARTFORD
INVITES YOU**

TO
RACISM 101
POLITICAL EDUCATION* AND DIALOGUE

SUNDAY JUNE
UNITARIAN SOCIETY
12TH OF HARTFORD
2:00 - 4:00 PM
50 BLOOMFIELD AVENUE

**COME JOIN SURJ Hartford as we
LEARN MORE ABOUT the HISTORY of
RACE, RACISM and INEQUITY**

"By 'political education' we mean the collective process of study, research and analysis that we need to engage in together in order to do this work. To be effective, we must understand the situation we are in and the forces we are up against. Neither schools nor the mass media teach us the truth, much less the tools we need to change society. We must actively seek out and work for our understanding." - Media Mobilizing Project

Two Mindful Journeys in 2017, for UUs & their friends


Peru: Always wanted to experience Machu Picchu? Join us March 25-April 5, 2017. Our journey will be filled with comfortable places to stay, Shamanic conversations, lovely food, water blessings at an old Inca spring, beautiful natural vistas and reflections while sitting on a mountain top.

Portugal/ Spain, May 14-24, 2017, from Lisbon to Santiago de Compostela. Along the way, we enjoy soulful Fado music, a tile-making workshop, wine, port and culinary tastings, and a bit of a walk on the Camino. Imagine cruising down the Douro River tasting Port while reflecting on the scenic vineyard-covered hillsides.


Journeys led by UU minister, Wayne Walder, Toronto, Canada, www.nuuc.ca To receive a detailed itinerary for either journey, please email Beverlz@me.com to learn more about Mindful Journeys go to <http://nuuc.ca/spiritual-growth/spiritual-practice/mindful-journeys/>

THE MUSLIM COALITION OF CONNECTICUT IN COLLABORATION
WITH THE FARMINGTON VALLEY AMERICAN MUSLIM CENTER
PRESENTS

A TASTE OF RAMADAN FASTING WITHIN THE ABRAHAMIC FAITHS



DATE & VENUE
SUNDAY JUNE 19TH 2016, 6PM TO 9:30PM
AVON SENIOR CENTER
635 WEST AVON ROAD, AVON, CT
FREE ADMISSION - DINNER TO BE SERVED AT 8:30 PM
TO RSVP, GO TO: WWW.MUSLIMCOALITIONCT.ORG/TOR2016.HTML
FOR INFORMATION EMAIL US AT TASTOFRAMADAN@MCCT.US
OR CALL US AT 860-242-1707

 The Muslim Coalition of Connecticut is a not-for-profit organization working to build bridges in community. Check out our website on www.muslimcoalitionct.org

For Access to the Members Only Section on the Web Page:
For the username and password for the Members Only section, please email Linda Clark at ushlindaclark@gmail.com

Special Note: Hi Everyone! Please check the online calendar to make sure the Room and Time you wish to reserve is still available before you make a request. This will help in planning your event.

Thank you! Linda Clark, Office Administrator

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:

Date(s):

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

Email Calendar Events to: calendarchanges@ushartford.com Thank you.

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line, "USH-Enews". Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Nuts and Bolts: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.