



50 Bloomfield Avenue, Hartford, CT 06105  
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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment

USH-Enews ~ November 2, 2016  
Worshipping Together Since 1830  
Sunday Service 10:30 AM  
Revs. Cathy & Heather Rion Starr



Image: [terriwellspring.com](http://terriwellspring.com)

**Worship Service, Sunday, November 6, 2016 ~ 10:30 AM "In Search of Renewal" ~ Rev. Cathy Rion Starr, Co-Minister ~ Worship Associate, Peter Meny** - As the leaves fall from the trees and with the election just days away, let us seek renewal together. Renewal of democracy, of sane conversation, of a focus on what really matters, and a renewal of spirit to ensure that we tend to our own tender souls in these times.

We also invite you to join Rev. Erica Richmond and Rev. Cathy next Sunday, November 6th, 12-1pm (bring something to share for our potluck lunch) to work on end-of-life planning together and get the support of being together to work through our thoughts, feelings, and questions. **Thanks to the 20's/30's Group for helping to host this event!**



**A message from Rev. Erica Richmond:** In my work as a hospital chaplain, I do a lot of work around death and dying. Whether the patient's passing is expected or unexpected, there are five things that Dr. Ira Byock suggests we do in order to honor the person's death. A leading expert in palliative care, Dr. Byock suggests that at death we say the following five things: I forgive you, please forgive me, thank you, I love you, and goodbye. This is rarely easy and can often be complicated. Nevertheless, time and time again, I am touched by the profound love of family, friends, and hospital staff as they gather at bedsides. All of this can be hard to talk about, but all of this is important.

The Conversation Project, a national organization committed to better end-of-life care and awareness, is asking faith communities to start talking. Too often we sweep these things under the rug. I understand that, these topics can bring up old pain and past grief. Nevertheless, end-of-life planning is too important to avoid. When a family knows a loved one's wishes, that part of the goodbye can be less agonizing. This is one small measure we can take. If a husband can share his partner's wishes with the medical team, then all of us are better able to honor that whole person. Sharing your wishes is a gift you give your loved ones. Choosing a health care representative means that you can have the open and honest conversation. It is a gift we also give ourselves. I hope as many of you as possible will join Reverend Cathy and I this Sunday for a potluck and conversation. **Warmly, Reverend Erica, Community Affiliated Minister at USH**



### **Help Us Create Community at the Meeting House on Christmas Day ~**

Christmas Day is a Sunday this year. Are you going to be here in the area on Christmas Day, without other morning plans or commitments? Would you be interested in helping create a simple worship service and community energy here on Christmas morning? Rebecca Pacuk, our Choir Director, is available to help with music. The morning could take many forms--meditation, story, simple breakfast, singing, poetry sharing. We could have a shared Christmas meal if we have people to organize it. Please let us know if you would like to be here and/or can help in any way on Christmas morning. Will you be coming? -- **Rev. Heather, [revheather\(at sign\) ushartford.com](mailto:revheather@sign.ushartford.com), Rev. Cathy, [revcathy\(at sign\) ushartford.com](mailto:revcathy@sign.ushartford.com) -Image: [www.zazzle.com](http://www.zazzle.com)**



**Rev. Heather is traveling to Standing Rock in North Dakota** ~ If you are on the Standing on the Side of Love list UUA, you may have read Rev. Karen Van

Fossan's urgent message from last week. The Bismarck-Mandan Unitarian Universalist Congregation is providing vital support to the water protectors at Standing Rock. As Karen explained, the situation is getting worse with growing militarized police presence and continued construction of the Dakota Access Pipeline destroying sacred land. Indigenous leaders have issued an urgent call to come, witness, and support their efforts peacefully. This week, Rev. Heather is traveling to North Dakota to join clergy across faith traditions - including over 30 UU clergy and UUA President Peter Morales- at Standing Rock in a faithful witness of solidarity in the fight to protect the water supply and stop the Dakota Access Pipeline. To find out more information, sign up and stay engaged, see this call to action. Please take a moment to read Karen's message and be sure to sign the petition created by the Bismarck Mandan Unitarian Universalist Social Action Working Group. **You can also sign up for the Standing on the Side of Love list here.**

**Rayla Mattson is now also serving as our Rentals Manager.** For new rental requests to use space at USH, please contact her at: [dre@ushartford.com](mailto:dre@ushartford.com) or 860-839-5001. For Rates and Rental Application, go here.

**E-News Contributors Please Take Note:** The deadline for USH-Enews submissions is Tuesday at 12 Noon. Thank you for helping us get the E-news out in a timely fashion.

### **In This Week's Enews:**

Sunday Service Recap | RE News You Can Use

Church Business News: Finance Committee Report | A Message from RevCathy

Festival of the Season - December 3, 2016: Reservation Form Available Here.

2016 Programs for Adults and Families: Check out the many offerings throughout the year

Upcoming Special Events and Other News: First Sunday Connections | USH and Unified Theater | A New Update on the Syrian Refugee Family

Upcoming Special Events & News in the Larger Community:  
Book Discussion at Hartford Public Library

Missed Last Week's Enews? Click Here:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link on the USH Facebook Page Here.

Check out our online Calendar for Upcoming Events:

<http://www.ushartford.com/events/>

To submit a Calendar Request, please cut and paste the FORM at the end of the E-News into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com)

Please look at the calendar the day you email a request to reserve space to make sure the space is available. This will help me to avoid double booking rooms. Thank you. ~Linda

Please double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com) - Thank you!

USH STAFF <http://www.ushartford.com/about-us/staff/>

**UU  
USH  
&  
YOU**

**A Path to Membership**

**3 Sunday sessions  
(Oct 23, Nov 6 & 20)  
12:00-1:30 pm**

Followed up with a  
**Membership Sunday on December 11<sup>th</sup>**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

**Free child care provided.**

Rev. Heather will be present for these sessions.

Sign up at the Programs Table or contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)

**-Submitted by Brian Harvey**

**Sunday Service Recap ~ October 30, 2016 ~ "Facing Death" ~**

**"Grand illnesses are supposed to be life-clarifying...but my ability to make lunch plans had been shot to hell. The way forward would seem obvious, if only I knew how many months or years I had left. Tell me three months, I'd**

**spend time with family. Tell me one year, I'd write a book. Give me ten years, I'd get back to treating diseases. The truth that you live one day at a time didn't help: What was I supposed to do with that day?"**

**~Paul Kalanithi**

This past Sunday during the service there was the Ritual of Remembrance in which people could remember lost loved ones.

There was also the Halloween Pancake Breakfast and lots of fun costumes.





**RE News You Can Use!** ~ This Sunday, November 6, the nursery will be open from 10:15-11:45AM for morning worship service for infants and toddlers. There will be after care for those 10 and under until 1:45PM for parents and caregivers who would like to attend meetings, workshops and a carefree coffee hour.

There will be Children's Chapel in the Payson Miller Chapel from 10:30-10:45AM followed by age appropriate classes.

The youth group will have a guest speaker during the morning worship hour to discuss the plight of the homeless in CT.

This program year our 7th and 8th graders are participating in a Coming of Age program. One of the things this program will prepare them for is OWL. Our Whole Lives, according to the UUA is an "Honest, accurate information about

sexuality... It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives... Our Whole Lives (OWL), is a comprehensive, lifespan sexuality education curricula for use in both secular settings and faith communities.”

In preparation for next year, we are looking for volunteers to attend the OWL training and function as facilitators for next year. Our Whole Lives (OWL) Facilitator Trainings are intended to equip individuals to lead OWL programs in their community. OWL Facilitators are required to be 25 years of age or older to teach in Unitarian Universalist congregational settings. The trainings will be held at The Walker Center for Ecumenical Exchange at 171 Grove Street, Auburndale, MA 02466. Currently, the two training dates are February 3-5, 2017 and April 21-23. Please contact the DRE if you are interested or if you would like additional information. ~ **Rayla D. Mattson**  
**Director of Religious Education, Unitarian Society of Hartford**  
 860-233-9897 ext 104    860-839-5001 - cell

I only check my email on Tuesday, Wednesday, Thursday and Sunday. If you need to reach me outside of those times, please feel free to text or call my cell.



### **Church Business News:**

#### **Finance Committee Report on Unrestricted Donations By Phil Gardner, Treasurer**

The Finance Committee met on Oct 13. Attending the meeting was Peter Meny representing Stewardship, Hank Murray as Chair of the Council on Administration, Rev Cathy, and Phil Gardner as chair and Treasurer. David Newton representing the Endowment was not able to attend. The major item on the agenda was to make recommendations on the disbursement of two substantial unrestricted donations to the church. The first was an \$18,000 donation from Janice Williams and the second was a \$100,000 donation from Sid and Betty Garvais.

The recommendations on the William’s donation were to place \$5,000 into the Social Justice Fund (currently called the Petty Fund) and \$13,000 into a fund for equipment for the children’s playground. The feeling was these two items reflected her long term life style in the North End of Hartford and her adoption of two children that grew up in this church.

The recommendations on the Garvais' donation were to allocate up to \$5,000 for a new piano in Fellowship Hall, \$10,000 to a GA Scholarship fund, and the remaining funds of approximately \$85,000 to go into the Endowment. The piano donation reflects a long-standing support by Sid of playing the piano in Fellowship Hall during the Festival of the Season. Betty was always very supportive of the UUA and encouraged our congregation to pay the fair its share to the UUA. This scholarship fund will help members attend the General Assembly.

The proposal was discussed at the November 1 Board meeting and will also be a topic for the Under the Stairs discussion in November. Please join in the discussion on what is the appropriate use of these generous unrestricted donations. You can also phone or email your comments to Phil Gardner or other members of the Finance Committee.

**A Message from Rev Cathy:** On Sunday, I preached about Facing Death. I reminded and encouraged everyone to do End of Life Planning before you're facing an acute health crisis. Thinking through how you would like to be remembered after you die, what kind of end-of-life care you'd prefer, and how you would like your body disposed of after you die are tough and important questions.

We encourage you to fill out our USH Thoughtful Endings Planning Document [here](#) or [here](#). If you need the user and password please contact Linda Clark: [ushlindaclark\(at sign\)gmail.com](mailto:ushlindaclark(at sign)gmail.com). Return it to us, your co-ministers, when you are done (or mostly done!) and we will keep it in our confidential files. We also invite and encourage you to come together with Rev. Erica Richmond and myself next Sunday, November 6th, 12-1pm (bring something to share for our potluck lunch) to work on end-of-life planning together and get the support of being together to work through our thoughts, feelings, and questions.

As I said on Sunday, here are three things I know:

First, that filling out these forms brings up lots of deep and often hard questions – about our feelings and beliefs about death, about tricky family relationships, and making tough decisions about situations that we hope never to face –like whether to cut off life support.

Second, I know that doing this work of planning for death with the support and accountability of a caring community makes it easier.

Finally, I know that it is never too early to fill out these forms. As Rev. Erica will tell you from her chaplaincy work in the hospital, it is much easier to think through end of life wishes when death is an abstract down-the-road possibility than when you are in the hospital dealing with a health crisis.

Do be in touch with Rev Heather or myself if these question stir up things you'd like to talk about. **Be well, Rev. Cathy**



## **Unitarian Society of Hartford seeks a Religious Education & Ministers' Assistant**

### **Position Description**

The Religious Education (RE) & Ministers' Assistant will work two Sundays a month with the Religious Education Program supporting the Director of Religious Education (DRE) by setting up classrooms, tracking attendance, supporting teachers and being the "face" of RE when the DRE is away or unavailable. The Assistant will also provide administrative and filing support to the Co-Ministers. **Pay:** \$13/hour for an expected 3 hours weekly. This position is non-exempt and eligible for overtime.

**Reports to: The Director of Religious Education, primarily, in coordination with the Co-Ministers.**

**To apply:** Send an email with the subject "RE & Ministers Assistant" with a cover letter, resume, and three references related to your skill and experience, to [dre@ushartford.com](mailto:dre@ushartford.com). Preference given to applications received by November 8, 2016.

The Unitarian Society of Hartford is an Equal Opportunity Employer. USH hires without regard to gender, race, sexual orientation or national origin. USH is a friendly and active liberal religious congregation. Learn more about us on our website, [www.ushartford.com](http://www.ushartford.com) and Here.

**AIM News: Under the Stairs after the service on November 13th where Jack Felix,** a licensed audioprosthologist, will be leading a discussion and answering questions about hearing aids and the new hearing loop in the Sanctuary. A free hearing test will be available after this meeting for anyone who wants one.



**MARK YOUR CALENDAR FOR the 39th ANNUAL FESTIVAL OF THE SEASON!  
DECEMBER 3, 2016 3:30 p.m.– 7:30 p.m**

Join us for USH's annual holiday festival to kick off the holiday season with the warmth and fellowship of this community.

Beloved crafts for all generations  
Gingerbread House making

Wreath decorating / Cookie decorating  
Holiday Boutique with proceeds to USH  
Dreidel games and prizes / Coffee House music in chapel \ Afternoon  
refreshments and snacks / Visits and selfies with Santa  
Caroling / Worship Moment in Sanctuary

Delicious potluck dinner and the traditional 12 Days of Christmas zany sing-  
along!  
\$10 for Adults; \$20 for Family; Reservation Forms available  
VOLUNTEERS NEEDED FOR EVERYTHING!!!

Starting November 5, you may sign up online by clicking on this link  
<http://signup.com/go/ceoGBz> or email or connect with us after services.  
We cannot do this without you!!!

CHAIRPERSONS  
DONATIONS TO FOS NEEDED!!  
CHRISTMAS WREATH ORNAMENT donations!!

Are you downsizing or have holiday decorations which you can contribute to our  
wreath decorating craft? We can use small ornaments and pine cones (ideally  
unbreakable and of a size that will fit on a wreath) ribbons, etc....Please drop  
off on the table in Margaret Fuller, the Chancel Arts room.  
Contact: Kathie Ferguson: [kwfinteriors\(at sign\)sbcglobal.net](mailto:kwfinteriors(at sign)sbcglobal.net)

DON'T FOIST YOUR EXTRA HALLOWEEN CANDY ON COLLEAGUES AND  
FRIENDS

Save and donate to FOS to use to decorate the Gingerbread Houses!  
Please drop off in the Youth Group Room -Submitted by Nina Elgo

#### FESTIVAL OF THE SEASON RESERVATION FORM

For Printer Friendly Version go [HERE](#)

Saturday - December 3, 2016

3:30 – 5:00 Crafts and Activities including Gingerbread Houses, Wreath  
Making, Cookie Decorating, Dreidel Game, Coffee House Music and  
Refreshments, Holiday Boutique with gifts for the season; Selfies with Santa!

5:15 – 5:30 – Caroling Around the Sanctuary

5:30 – 5:55 – Worship

6:00 – 7:30 – Potluck Dinner and the 12 Days of Christmas

Please bring potluck to share (entrée or side dish). Dessert and refreshments  
provided. (Feel free to BYOB)

-----Cut Here-----

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

Email or tel #: \_\_\_\_\_

How many total \_\_\_\_\_ in your party: \_\_\_\_\_

Number of Adults \_\_\_\_\_ Number under 18 y.o. \_\_\_\_\_ Number attending potluck \_\_\_\_\_

\$10 per Adult or \$20 per family Amount Enclosed \$ \_\_\_\_\_

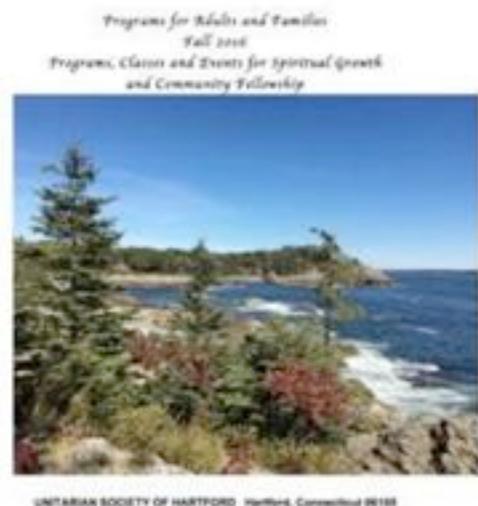
RESERVATIONS MUST BE RECEIVED BY SUNDAY, NOVEMBER 28, 2016.

Make Check out to Unitarian Society of Hartford with FOS on memo line.

Send this form and check to Sarah Cassidy at 3-A Penn Place Rocky Hill CT 06067.

Or bring form and monies to USH and see either Nina Elgo or Sarah Cassidy at the Adult Programs Table. Any questions: email: saracassidy27@gmail.com or ninaelgo@comcast.net

Admission price covers all afternoon activities and potluck dinner.



## 2016 Programs for Adults and Families

Stop by the Programs Table Sunday to register for the Friday Pizza and Movie Night on November 11. A new program will start in January, "Living Your Faith – An Interfaith Journey". Information and handouts about this program and others offered at USH will be available.

The Fall 2016 Programs for Adults and Families catalog is available online. Go to <http://www.ushartford.com/>. At the top of the page, click on Building Community and

then Adult & Family Programs. In the bottom right corner, click on Adult Programs Catalog 9/16/16.

You may call Janice Newton (860.677.1121) or email her at janicecnewton(at sign)gmail.com to register or for program information.

### Programs

USH Book Club: Thursday, November 3, 5:30 PM.

Friday Pizza and Movie Night: November 11, featuring "North by Northwest."

Living Your Faith – An Interfaith Journey: Wednesdays, 7:30 – 9:00 PM, January 10 – June 13 (every other week).

Ballroom Dance: Thursdays, 6:00 – 8:00 PM.

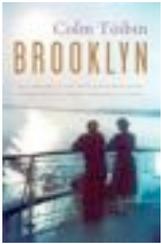
Tai Chi: Wednesdays, 5:30 – 7:00 PM.

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann 860-461-0908.

Meditation and DharmaGathering: Wednesdays, 5:45 – 7:00 PM.

Authentic Connection & Communication: An NVC Practice Group,  
Wednesdays, 7:15 – 9:15 PM.

**USH Spiritual Life Councils and Sub-Councils** will meet on Sun, Nov. 6 at noon in Emerson to coordinate efforts and share ideas. If you have, or would like to have, a role in Worship, RE, Music, or Chancel Arts, please join us to help make this an exceptional year for spiritual life at USH. For more information contact Martha Bradley at marthabradley49(at sign)yahoo.com - **Submitted by Martha Bradley**



**USH Book Club-- Thursday, November 35:30pm in David's Den at Church**

**Brooklyn by Colm Toibin** ~ Committed to a quiet life in little Enniscorthy, Ireland, the industrious young Eilis Lacey reluctantly finds herself swept up in an unplanned adventure to America, engineered by the family priest and her glamorous, "ready for life" sister, Rose. **For more info. contact: Richard Groothuis - rgroopofus(at sign)me.com.**



In The Library  
@ The Meeting House

RSVP to  
Stephanie.e.briggs@gmail.com

Every Sunday after worship – 12:00 PM

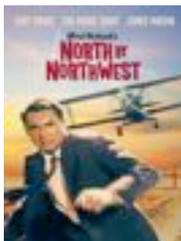
## 20s/30s Sunday Brunch

The 20's/30's Group is hosting a weekly brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Food will be provided but guests are encouraged to bring something additional to share.

\* Please let me know by Friday afternoon if you plan to join us so that we can be sure to have enough food for everyone. - Stephanie Briggs (860) 716-1920

We look forward to seeing you!

The 20's/30's Brunch will also be hosting an "End-of-life Planning" meeting with Rev. Cathy and Rev. Erica Richmond.



**DINNER & MOVIE - NOV 11 ~ "North by Northwest"**

The curtain will be raised for the re-scheduled opening of the 2016-17 USH D & M series on Friday, November 11, with the classic harrowing thriller "North by Northwest." Rated 100% by the Rotten Tomatoes critics, it is frequently listed as one of the best American films of all time.

Because the film is over 2 hours long, we will follow a revised time schedule. We will begin with popcorn and libations at 5:15, have dinner of pizza and salad at 5:45, and view the movie at 6:30, with optional discussion afterwards.

To reserve (\$10 each), please call Janice at 860-677-1121 and leave a message with number of reservations and choice(s) of meat or vegetable toppings for your pizza, then pay (cash or check) at the event. Or, you may reserve at the Programs Table during Sunday Coffee Hour, paying with cash, check, or credit card. Please reserve by Wednesday, November 9. And if you have any questions, please call Nita (860-380-7062). \*quoted in Wikipedia -**Submitted by Nita H.**

### Upcoming Special Events and Other News

## 1<sup>st</sup> Sunday CONNECTIONS

For Visitors & Newcomers

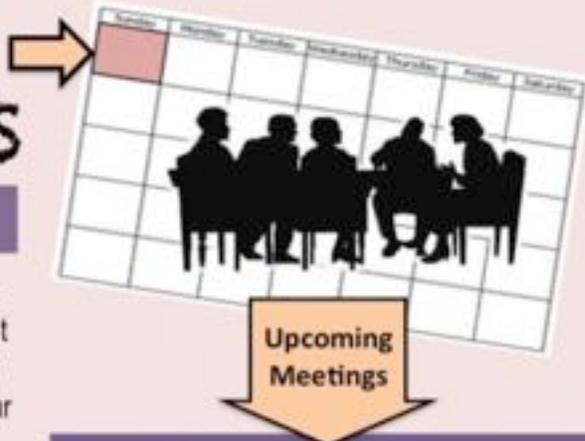
Each month we host an informal gathering for visitors and newcomers to learn more about UU, USH, our mission, education program and membership. Ask questions, share your concerns, and meet others.

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**We meet "Under the Stairs" (Lower Lobby)**  
15 minutes after the end of the service.

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Attend as many times as you wish.



November 6, 2016

Free Childcare Provided



**USH and Unified Theater Now Working Together!** ~ Some of you have already heard about the wonderful work that the non-profit organization Unified Theater is doing as they train, support and inspire high schoolers and middle schoolers in the Greater Hartford communities that surround us. Recently Unified Theater was searching for a place to hold their training meetings and our church was searching for deeper involvements with other like-minded organizations that share our values. So we found each other and formed a mutually beneficial partnership ... and a win-win-win opportunity became real.

A win for our church, a win for Unified Theater and, perhaps most importantly, a win for young people inside and outside of our walls.

If you want to see some immediate concrete evidence of the new partnership check out the Unified Theater website at <http://www.unifiedtheater.org> and then look at this entry on the USH calendar at

<http://www.ushartford.com/event/unified-theater-spotlight-summit/2017-01-25/>

The AIM team will be coordinating the work of the congregation as we collaborate with Unified Theater over the years and will act as a consultant as we partner with them. It's another step forward along the path of our church becoming more accessible, supportive and inclusive of people with disabilities, their families and their friends. **-Submitted by Bill LaProte-Bryan**

### **For Syrian Refugees In Connecticut, A Helping Hand From Private**

**Volunteers** ~ Fadi al-Asmi has learned to adjust his Syrian pastries to American tastes at the City Steam Brewery café in downtown Hartford, Connecticut. "America, chocolate!" he says, as he adjusts his baseball cap and serves his latest chocolate-encrusted confection.

It's not the only thing he's learned since he and his family were catapulted into a new life after arriving as refugees in May.

There's a beautiful system in America compared to Syria, Asmi explains through an interpreter. "Over there, the big guys eat the little guys," he says. "Here, I feel that the little guys have a chance to rise up and become a big guy, without eating the little guy."

Asmi is a refugee from Damascus, where he co-owned a pastry shop. He lost his home and business in a war that forced this father of three to flee Syria with his family in 2012. His skills landed him a job at the cafe in Hartford, where he's absorbing a new culture.

"It's the thing that surprised me the most," he says about his new home. "I have a chance as much as anybody else." For the rest of the article go [HERE](#).

**Hello fellow USHers!** Our community connection, Tutoring at Noah Webster, is up and running! We'd love to have more of you join us in this effort.



We are assigned to classrooms with teachers and students who love to have us and are just waiting to welcome us. It's a fun and rewarding way to spend an hour or two each week...on a day of your choosing!

Reading: Kindergarten thru grade 4: Contact Diana Heymann (heydiana42(at sign)gmail.com)

Math: Grade 4 through grade 8: Contact Brian Harvey (bharvey(at sign)ushartford.com)" **-Submitted by Diana Heymann**



**Sit Down, Break Bread and Join Book Discussion & Relationship-building with Fern Street UUs**

Approximately 20 members from Universalist Church West Hartford on Fern Street will be joining with USH members and friends to read 'Waking Up White. Interested individuals from USH and the Universalist Church of West Hartford will meet together on October 30, November 20 and

December 11th at noon for three two-hour facilitated dialogues to reflect not only upon the book Waking Up White, but also share our own stories and listen to those of others. We will read a portion of the book in preparation for each date. Locations will vary:

- November 20 Noon USH
- December 11 Noon Location TBD

For more information, contact Gloria Francesca Mengual at gloriafmengual@gmail.com or at 860-729-2093.-Submitted by Gloria Mengual

**Lunch Bunch to Meet:** We will meet at Concetta's in Bloomfield at noon on Tuesday, November 15h. **Please let me (Janice Newton) know by noon on Wednesday, November 9th if you will be joining us.**

Would you be interested in sharing your life's adventures with us? If so, please contact Tina Davies or me (Janice Newton).

To register for the November lunch, contact me at 860/677-1121 or janicecnewton(atsign)gmail.com. You may also sign up at the Programs Table during Fellowship Hour.

We will order from the menu and will be given separate checks. I am always extremely happy to hear from you sooner rather than later!

We will gather at Concetta's Italian Restaurant, 22 Mountain Avenue, Bloomfield. We will continue to meet at noon on the third Tuesday of the month ~ September through November and January through June. The December Women's Alliance/Lunch Bunch Christmas party will be at the Meeting House on a date to be decided.

I hope you will be able to join us on November 15th . ~ **Janice Newton**



**All Are Welcome:** Joint UCWH and USH Thanksgiving 1PM. You are all invited to Thanksgiving in Fiske Hall at the Universalist Church on Fern Street in West Hartford, especially if family are not celebrating with you. Donna

Lieben has volunteered to prepare the Turkey. **We ask, if you are able, please bring a dish to share. If you need a ride, contact the Fern Street UU office (860-233-3669x106) and we will make an arrangement. (Image: ohmyveggies.com)**



### **Living Your Faith - An Interfaith Journey**

Contact Tom Gervais 860-558-3000 with questions.

Day / Time – Wednesday, 7:30 – 9:00pm

Dates – Meet for 12 sessions, every other week from January 10 to June 13

Location – Rotates among the four congregations

Extras – There will be a couple of pot-luck dinners to be scheduled later.

Living Your Faith is an intensive 12-week interfaith discussion group in which participants define / discuss their faith and its impact on their lives. The program will include participants from Faith Congregational Church, Congregational Beth Israel, The Islamic Association of Greater Hartford, and the Unitarian Society of Hartford.

It's expected that participants will bring a variety of traditions, opinions and perspectives to the group. Participants will be encouraged to use deep listening to be present for, and accepting of, the diversity. It is hoped that participants will find commonality in their human struggles and aspirations, despite the diverse traditions.

Logistics:

Program participation will be capped at 12 to provide enough space for sharing. This means that each faith community provides three members.

Meetings will be held on either Tuesday or Wednesday evening from 7:30 – 9:00.

Meeting locations will rotate among the participating congregations, so potential participants must be willing to travel to Hartford, West Hartford and Berlin.

**-Submitted by Tom Gervais**

## Upcoming Special Events and News in the Larger Community

### **Climate Stewardship Summit: *A Greener Future***

Sunday, November 13, 12:00-6:00 pm (reception to follow)  
CCSU Student Center, 1615 Stanley St., New Britain, CT

Join us for a half-day conference where we will discuss strategies to achieve the greener future that the planet needs. We will hear from climate activist and University of Vermont student, Gina Fiorile, who has spoken at both the White House and the United Nations. There will be a plenary session and several workshops on topics including the impact of meat on the climate, electric vehicles, political action, and working with youth. **Special concert by renowned singer Kate Callahan at 12:00 PM!**



Register at: <https://climatestewardshipsummit4.eventbrite.com>

Information: [terri@irejn.org](mailto:terri@irejn.org)

*Co-sponsored by Interreligious Eco-Justice Network & Central Connecticut State University*

**Book Discussion:** Songs of Cifar and the Sweet Sea: Selections from “Songs of Cifar, 1967-1977” by leading Nicaraguan poet Pablo Antonio Cuadra will be the topic of the Hartford/Ocotal Sister City Project and Hartford Public Library reading group discussion at the library, 500 Main St., on Wed., Nov. 16, from 12:30 to 1:30 P.M. All are welcome at this free program which is part of the library’s Bridging Cultures Series. Participants are welcome to bring brown bag lunches.

Best known as a poet, Cuadra was also an essayist, playwright, and journalist. His first book of poetry, which came out in 1934, was the first published book of poetry in the Vanguardia movement that strove to free Nicaraguan writing from European influence. Cuadra often wrote about the people and places of Nicaragua. Songs of Cifar tells of the journeys of Cifar, a sailor, on Lake Nicaragua (Lake Cocibolca) and the common people and environments that greet him on the lake. Campesinos and indigenous people are frequent topics in Cuadra’s work.

This bilingual book of poems was translated and edited by Grace Schulman and Ann McCarthy de Zavala and published by the Columbia University Press in association with the Center for Inter-American Relations in 1979.

Songs of Cifar and the Sweet Sea: Selections from “Songs of Cifar, 1967-1977” is available at such local libraries as the Hartford Public, University of Hartford, Yale, and Trinity as well as through interlibrary loan services and Internet book sellers. \*\*

**Submitted by: Kate and Sherwood Anderson 860-675-3755**  
**[kganderson@snet.net](mailto:kganderson@snet.net)**



**Election 2016 – One Step Closer to WW III?  
Achieving Peace is NOT on the National Agenda  
Saturday November 12th, 12 to 5 pm Middlesex  
Community College, 100 Training Hill Road,  
Middletown, CT**

- Military Buildups with increased risk between nuclear powers, Climate Disruptions, Social Disruptions and Economic Inequality all threaten our planet.
- How do we work together to stop impending global catastrophes and rebuild our communities?

A one day conference to bring together CT Peace and Justice Communities promoting a vision of Peace achieved through non-violent conflict resolution, social justice, economic equity and environmental sustainability.

Keynote Speaker: Dr. Bahman Azad, Professor of Economics and Sociology in New Jersey; Member of the Executive Board and Organizational Secretary of the U.S. Peace Council; Chair of the Iran Working Groups of Veterans For Peace; Member, Coordinating Committee, United For Peace & Justice.

**For information contact – [skrevisky@mxcc.commnet.edu](mailto:skrevisky@mxcc.commnet.edu)**

Sponsored by: Congress of Community Colleges (4C's/SEIU), Greater New Haven Peace Council, CT Coalition for Peace and Justice, No Nukes/No War and Hope Out Loud - **Submitted by Ed Savage**

**Weekly Reminders:**



**Do you love music? Theater?**

**USH is looking for someone to head an Arts and Entertainment Committee.**

I receive many requests from performers asking if USH would be interested in hosting them. Since USH no longer has someone to organize these events, we have had to

decline. **Please contact Linda Clark at [ushlindaclark\(at sign\)gmail.com](mailto:ushlindaclark(at sign)gmail.com) if you are interested in bringing many talented performers to USH. Thank you!**



**Would You Like to be Part of a Great Team?**

How about the USH Sunday Welcome Team? Please contact Linda Clark (at: [ushlindaclark \[at\] gmail \[dot\] com](mailto:ushlindaclark[at] gmail [dot] com)) or phone the office at 860-233-9897 or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. It's what makes USH outstanding in its open and friendly atmosphere to help first-time and newcomers feel welcome, find their way around our Meeting House, and want to return. **(If you'd like to help out in the office during the week, please contact Linda Clark).**



**Do you love to sing? Have you ever thought about joining the USH Choir?** Well now is the year to turn that thought into a reality! The USH Choir is an incredibly fun way to make beautiful music with some truly incredible people. Best of all, this year we will be rehearsing on Sunday mornings at 9 am before church with only one weeknight rehearsal per month, drastically limiting the time commitment needed to participate. If you have ever considered joining our group, we would love to see you now to laugh and sing together! **If you have any questions or would simply like more information, please feel free to contact our Choir Director Rebecca Pacuk at [rgpacuk@gmail.com](mailto:rgpacuk@gmail.com). (Formal music training is not required).**



**Hello USH Gardeners!** Thanks to all those of you who have done some weeding and tending, of any of the USH Gardens- the Memorial Garden, Pet Memorial Garden, or Community Garden plot and Labyrinth.

Walking the labyrinth means walking over dark, uneven terrain. Please only do this if it makes sense for you, and know that it is not currently accessible for all. Perhaps, someday, with your support!

Please sign up on the SignupGenius to "log" your efforts-just through October 30. <http://www.signupgenius.com/go/20f094cafa92ba1f49-ushgardeners>  
Additional Plantings that will winter over are welcome in the labyrinth. Thanks to all for your patience and participation. Come down and walk the red labyrinth path if you haven't already! **-Warmly, Rev. Heather**



### **The USH Wish List**

Hello Everyone! There are some items that we could really use at USH:

- A Folding Lightweight Table to use at various events
- 2 Microphone Stands (like this one pictured)
- 2 Floor Length Mirrors
- New collapsible functional easels

Staples gift cards

Please contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com) or 860-233-9897 x100 if you have one of these items and would like to donate it to USH. **Thank you.**

### **For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com)

For events for the online calendar please include the following information:

(Cut and Paste from the E news will work)

Put in the Subject: 'Calendar'

Event Title:

Room:

Time:  
Date(s):  
Contact Person:  
A Short Description:  
Cost: (if applicable)  
Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)  
Email Calendar Events to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com) Thank you.

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

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Brian Mullen, Bookkeeper  
Office Hours by Appointment  
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The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com)  
Please note in the subject line, "USH-Enews". Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Nuts and Bolts:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.