

50 Bloomfield Avenue, Hartford, CT 06105  
Tel: (860) 233-9897 • Email: [firstunitarian@ushartford.com](mailto:firstunitarian@ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment

USH-Enews ~ September 27, 2017  
Worshipping Together Since 1830  
Sunday Service 10:30 AM  
Revs. Cathy & Heather Rion Starr

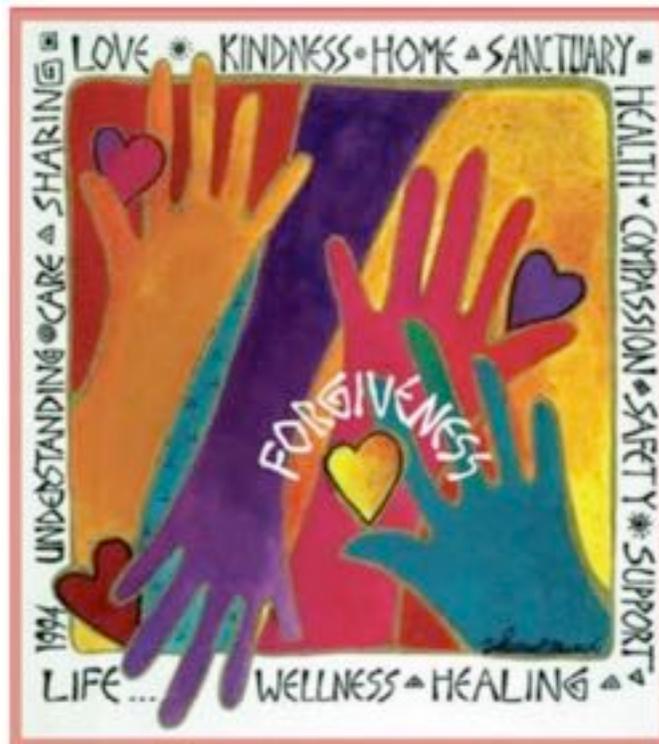


Image found at: **Forgiveness and Moral Repair: Rev. Christine Fry's Fall 2017 Syllabus**

**Worship Service: Sunday, October 1, 2017 ~ 10:30 AM ~ "Why Is It So Hard to Say 'I'm Sorry'?" ~ Rev. Cathy Rion Starr, Co-Minister ~ John Brancato, Worship Associate** ~ A service to wrestle with forgiveness, letting go, and atonement with humor and love, drawing on wisdom from Jewish observance of Yom Kippur and our own Unitarian Universalist history.

**CALLING FOR COORDINATION!  
FESTIVAL OF THE SEASON SEEKING  
COORDINATOR**

~ For well over 30 years, the Unitarian Society of Hartford has held an annual Festival of the Season at the beginning of December. Many hands have held, coordinated, and contributed to this Festival, and now we're seeking your's! Please help us to keep this tradition going! Are you willing to take on the coordination of this much-loved, joyful, one-afternoon-and-evening event for the USH community? There are thorough notes and many willing participants. All we need is someone to corral and coordinate the fete overall. Please let Community Within Council Chair Chris Wilt ([chris.wilt@gmail.com](mailto:chris.wilt@gmail.com)) or our Co-Ministers know if you'd be willing to take a coordinating role in keeping this show on the calendar!



**RE News You Can Use!**



This Sunday, October 1, the nursery will be available from 10:15-11:45AM for the morning worship service for infants and toddlers ages birth to 3. It will also be available after service until 1:45pm for any children under the age of 10 whose parents would like to attend any meetings or just for an extended coffee hour. There will be a Time For All Ages followed by age appropriate classes.

Attention: those of you who have signed-up to participate in our BUDDY BAGS...We will begin our secret buddies this Sunday. Please make sure you bring an item or a note to leave for your buddy. The DRE will contact you during the week to let you know the symbol you will be sharing with your buddy.

++++ There will be a Mandatory parent/guardian-only OWL (Our Whole Lives) orientation on Tuesday, October 10th from 6:00-8:30pm at USH in the Youth Group room. If you would like your child to attend OWL but cannot make this meeting, you must contact me prior to the 10th. Thank you. **Rayla D. Mattson** ~ **Director of Religious Education, Unitarian Society of Hartford**  
860-233-9897 ext 104 ~ [dre@ushartford.com](mailto:dre@ushartford.com) I only check my email on Tuesday, Wednesday, Thursday and Sunday.



**E-News Contributors Please Take Note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

**In This Week's Enews:**

RE News You Can Use

Sunday Service Recap

Puerto Rico Hurricane Relief Network Fundraiser Oct 1st

Church Business News: Approved Budget posted

Get Involved at USH: Many Ways to Volunteer

2017 Programs for Adults and Families

Fall Small Group Ministries

Circle Dinners

Meeting House Presents: Upcoming Events

Upcoming Events and Other News at USH

Upcoming Events & News in the Larger Community

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page Here.

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:

[www.ushartford.com/events/](http://www.ushartford.com/events/)

To submit a Calendar Request go [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

**Sunday Service Recap by Kayla Costenoble ~ September 24, 2017  
"Imagine That"**



**Photos: Harriet Gardner**

Rev. Heather voiced the disconnect many have been feeling between our lives here and the horrendous catastrophes we have witnessed during the past two weeks (so much in such a short time) in Texas, Florida, Mexico and Puerto Rico. She told us her own doctor said, "It's too much to take in!" There is a sense of "What could I do?" to overcome this disconnect between what's happening and our own lives. She said Puerto Rico, which is about the same population as Iowa, is mentioned in Doug Mack's February, 2017, book "The Not-Quite States of America: Dispatches from the Territories." He writes, "Everyone knows that America is 50 states...and some other stuff." When he was in Puerto Rico, he listened to debates on independence, statehood, or the status quo. When she and Robin were working on a puzzle of the United States, Puerto Rico was, of course nowhere to be found, Rev. Heather said.

Rev. Heather reminded us that our UU Principles are evolving ones, and she wondered if it was time to revisit our first principle: "The inherent worth and dignity of every person." She suggested that it does not stand alone in relation to the others and asked how are we to imagine and inhabit the experiences of other human beings?

Rev. Erica Richmond, our Affiliated Community Minister, celebrated the one-year anniversary today of her ordination, and led our weekly Turning Inward part of the service. She allowed that the past week had not been one of her best, but reminded us that the recent celebrations of New Year by Islamic and Jewish faiths were invitations to begin again and to turn towards our best selves. Rev. Erica offered words by writer Louise Erdrich as a prayer for "all those impacted by climate change:--Spirit of life, be in our grasp...may peace flow into me...Life will break you...You have to love, have to feel the reason you are here on earth."

An important part of the service was the annual Teacher Dedication Ceremony led by Rev. Cathy and RE Director Rayla Mattson. The 23 teachers and assistant volunteers, whose names were printed in the Order of Service, were called to the pulpit, and each dipped a hand into the water we have saved from many, many past rituals, as they and the congregation repeated "Through your hands, we create promise for tomorrow." An appeal from still-short-of-teachers-Rayla added an unexpected and happy ending to the ceremony as two members decided to volunteer, left their seats in the pews and joined those on the pulpit.

Among those crowding the Meeting House Sunday were the welcome members of our great choir. "Peace" was their lovely anthem during the Offering. Its words were by poet Sara Teasdale and one interpretation of them is that it describes an internal peace brought about by an outside source. Some words:

I am the pool of blue  
That worships the vivid sky;  
My hopes were heaven-high,  
They are all fulfilled in you.

And talk about multi-tasking. Director of Music Ministries Sam Moffett opened the service with “Organ Prelude No. 1,” which he not only wrote but also played on our not-often-enough-heard organ. Of course, he also accompanied our hymns, directed the choir and made himself generally useful. Wonderful, Sam!



**Puerto Rico Hurricane Relief Network to hold fundraising event Oct 1st**

**The “Puerto Rico Hurricane Relief Network,”** formed in response to

Hurricane Irma’s impact with Puerto Rico will hold an all-day fundraiser to support the rebuilding efforts for Puerto Rico, and the surrounding Caribbean islands, on October 1st at the Center for Latino Progress, 95 Park Street, Hartford, from 12 noon to 7pm.

Many of Connecticut’s nearly 300,000 Puerto Rican residents remain closely tied to their families on the island and are looking for ways to assist their loved ones. In light of this need, numerous Connecticut non-profit agencies have come together to form The Puerto Rico Hurricane Relief Network with the help of the Hispanic Federation to serve as the fiduciary as the network develops.

The “Puerto Rico Hurricane Relief Network” is comprised of the CT Puerto Rican Agenda, The Center for Latino Progress, CICD Hartford Puerto Rican Day Parade, and The San Juan Center, working in tandem with the Hispanic Federation and the CT General Assembly’s Puerto Rican Caucus.

“On October 1st we will gather as a community to share information, offer support and better understand what has happened to our island and what we can do to help. We encourage everyone who cares about Puerto Rico to stop by and make a contribution, no matter how small. We need each other right now more than ever, and we’re honored to provide a space for our community to heal and take action.” -Ana Valentin-Jackson CICD Puerto Rican Day Parade Hartford

According to government officials in Puerto Rico, there is an immediate need for building materials and medical supplies. Organizations looking to co-sponsor should send inquiries to: [jasonjortiz@gmail.com](mailto:jasonjortiz@gmail.com)

For anyone looking to donate from home, there are three easy ways to do so:

~ Text UNITY to 41444

~ Use the donate button at <https://hispanicfederation.org/donate/> and designate donation to hurricane relief

~ Mail check to Hispanic Federation with CT-Irma Relief in the Memo section of the check and sent to Hispanic Federation, Connecticut State Office, 175 Main Street, 2nd Floor, Hartford, CT 06106

**Primary Contact: Elmer Rivera-Bello, Vice President CT Puerto Rican Agenda 203-887-5531, [egrivera1@gmail.com](mailto:egrivera1@gmail.com)**

**Secondary Contact: Ana Valentin-Jackson, CIGD Hartford Puerto Rican Day Parade 860-205-1526, [Mzvalentin@cox.net](mailto:Mzvalentin@cox.net)**

### Church Business News



**2017-18 Approved Budget** ~ The 2017-18 budget has been posted. Click [HERE](#) to view. If you need the user name and password contact Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). **If you have further questions about the budget or would like more information than is detailed here, please contact Treasurer Phil Gardner.**

**Get Involved at USH** ~ Be Part of a Great Team!

Staff and layleaders at USH are putting together another active year. We need your help to make this a spectacular year. Below are some areas where Volunteers are especially needed and welcome:

**Would you like to serve as a Worship Associate?** ~ We are recruiting a few new Worship Associates to begin a 2-year term this fall. Worship Associates provide a critical piece of lay leadership in our worship services, bringing your own creativity, spirituality, and sense of awe to co-create worship with the Revs, Rayla, and musicians. We strive to have our Worship Associates reflect the diversity in our congregation: men, women, and gender-non-conforming folks; young, old, and in the middle; racial diversity; people who bring a variety of perspectives, and more. Could you see yourself up on the chancel? If so, please contact Sue Smolski ([sue.smolski@gmail.com](mailto:sue.smolski@gmail.com)) or RevCathy (860-233-9897x103) by the end of September to explore whether this could be a good place for your gifts here at USH.



**The USH Sunday Welcome Team** ~ Contact Linda Clark at ushlindaclark(at sign)gmail.com, phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers. The Welcome Team makes USH outstanding in its open and friendly atmosphere, and helps newcomers find their way around our Meeting House.

**Office Volunteers** ~ If you are computer-comfortable and comfortable with Microsoft Word, Gmail, and data entry, the office is in need of you. People to help with general office duties such as making copies, 'sweeping the pews' and refilling the welcome boxes are also welcome. Please let Linda Clark know if you're able to help out in the office during the week for an hour or two: ushlindaclark@gmail.com | 860-233-9897  
Pictured above: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



**Join the Choir** ~ Director of Music Ministries, Sam Moffett, is excited to work with the choir at USH this year. He would like to extend an invitation to all in the community who have thought about joining the choir, to come and sing! If you would like to join, or would like more info, please e-mail Sam at smoffett@ushartford.com.



**The Book Table During Coffee Hour** ~ Everybody enjoys browsing through the books during coffee hour. In order to continue we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: clara.horn@comcast.net

**Religious Education** ~ The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is 1-2 Sundays every 4-7 weeks. If you are interested, have any questions, or would like to see the curriculum, please let Rayla know: 860-233-9897 ext 104 | dre@ushartford.com



**Programs for Adults and Families Sub-Council ~** Nancy Reed and Janice Newton have stepped down from the Programs for Adults and Families Sub-Council. The Programs for Adults and Families Sub-Council needs members to continue doing its work coordinating the programs many of us participate in and enjoy at the Meeting House. Please step up and help if you are able! Nancy and Janice will be happy to help you get started. For more information and/or to join this Sub-Council, please contact Council on Community Within Chair, Christopher Wilt at [chris.wilt@gmail.com](mailto:chris.wilt@gmail.com). - Submitted by Christopher Wilt



### **The USH/Watkinson/KNOX Labyrinth: Transitioning To Fall**

The garden now has a mindfulness bell! This was the culmination of many hands to conceptualize, craft, position and plant. Thanks to Bill Simmons for his design and tooling, to the Knox gardeners Alvin DeLeon and Guarionex Vargas for skillfully cementing the pole in place, to Don Hope for crafting the bell from an oxygen cylinder and to Susan Hope for project oversight

and to many encouragers along the way.

The Labyrinth looks beautiful with its transition to fall and the herbs are full and pungent. Bring your scissors and a bag to the garden and snip some for wintry soups and stews. And if you're dividing plants this fall, think about adding some to this ever-evolving garden path. For those of you new to the community—the gardens are located at the far end of the parking lot to the left of the Meeting House.

We'll be adding a permanent path and more mulch at some point, but it's a lovely, contemplative walk to experience right now! - **Submitted by Susan Hope**





## 2017 Programs for Adults and Families

For more information on current programs click [HERE](#) to view the Adult Programs catalog. You can also pick up a printed catalog at the Welcome Table. Contact information for programs are listed below.

### Programs

**Building (and Living) Your Own Theology:** 12 Sessions, Tuesdays, 7:30 – 9:00 PM, start date September 12. (waiting list.) Contact: Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com

**Arc of the Universe is Long: UU (Anti-) Racism History:** 4 sessions beginning September 27, 7:00-9:00 PM. Contact: Rev. Cathy: revcathy@ushartford.com

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM, For questions contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

**Tai Chi:** Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

**Emei Qigong Cultivation:** Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-461-0908.

**Meditation and Dharma Gathering:** Wednesdays, 5:45 – 7:00 PM. Any questions please contact Jan Bennett: chair2clinic@juno.com.

**Authentic Connection & Communication: An NVC Practice Group,** Wednesdays, 7:15 – 9:15 PM. Any questions please contact Jan Bennett: chair2clinic@juno.com

**Meeting House Sing-A-Long - All Are Welcome:** Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except December 2017 & June 2018. For more information contact Ed Savage: ed@thesavagees.com.

**USH Book Club:** Next Meeting: "The Underground Railroad" by Colson Whitehead.

Our next Book Club meeting will be held at 58 Hitchcock Lane, Avon. 5:30 pm on Thursday, October 12. It would be helpful if you RSVP so we know how many to expect. For more information contact Richard Groothuis: rgroopofus@icloud.com.

### Great Decisions 2018 Topics

For many years, the Meeting House has sponsored a Foreign Policy/ Public Affairs discussion group called Great Decisions at 9 am Sundays in the spring. The topics for 2018's briefing books (about \$25 each) have been published and we'd like to see how many books we could pre-order. **Please contacted Ed Savage (edsavage@ushartford.com) or go to the Programs table on Sunday to indicate your interest.**

We're pleased to announce the topics for Great Decisions 2018!

This year's topics are as follows:

The waning of Pax Americana?

Russia's foreign policy  
 China and America: the new geopolitical equation  
 Media and foreign policy  
 Turkey: a partner in crisis  
 U.S. global engagement and the military  
 South Africa's fragile democracy  
 Global Health: progress and challenges  
**-Submitted by Ed Savage**



**USH Dinner & Movie on Friday, October 13  
 PRIZE-WINNING PLAY & ACTING: POWERFUL,  
 TRIUMPHANT  
 "FENCES" by August Wilson with Viola Davis  
 & Denzel Washington**

"The two lead performances are stunningly complex and deeply human achievements from two of the finest actors working today."\*

". . . the power of the story lies not in its tragedy, but in how it finds the good in the bad, the seed of hope in the moments of despair, the strength of character in those most deeply and fundamentally flawed."\*

"Washington gives a magnetic, layered performance, backed by a largely superb cast, most of whom reprise their roles from the Broadway revival of Wilson's classic."\*

"Some people build fences to keep people out - and other people build fences to keep people in."^

Even if/especially if ~ you were fortunate enough to see "Fences" at Hartford Stage several years ago or on Broadway, you owe it to yourself to see this stunning award-winning movie adaptation. If you missed it when it opened last Christmas Day, come to see it with a friendly group at USH Dinner & Movie night on Friday, October 13. This will be the first film in the 2017-18 series, on the second Friday of each month October through June.

You can watch a trailer here: <https://youtu.be/a2m6Jvp0bUw>. The film will be shown with captions; it is rated PG13.

We will follow a revised time schedule because the movie is over 2 hours long. We will gather at 5:15 PM for popcorn and beverages, 5:45 pizza and salad, 6:30 movie, followed by optional discussion. **Please reserve, \$10 each, by**

**Wednesday noon, October 11. New policy - reserve by calling Nita (860-693-4269) and leaving a voice message (no texting); be sure to specify your choice of meat or veg pizza topping. Pay at the event with cash or check. If you reserve but find on Oct 13 that you cannot attend, please leave a voice message by noon so the pizza order can be adjusted. As with all courses, workshops and programs offered at the Meeting House, there is a \$5 registration fee for the Friday Night Pizza and a Movie Nights. The \$5 is a one time fee for the 2017-2018 year. For the first movie you attend this year, you will pay \$10 for the Pizza and Movie and \$5 for the annual registration fee. For all the other movies you attend during the year, you will only pay \$10. Questions? Call 860-693-4269 or email [bonnieandroberta\(at sign\)comcast.net](mailto:bonnieandroberta(at sign)comcast.net).**

**\*from Rotten Tomatoes website**

**^from DVD box**

**Small Group Ministries this Fall: What is Small Group Ministry?** This is an opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a covenant group. Your facilitator will have special readings and questions to guide your sharing and deep listening experience. You may sign up for this at the program table during coffee hour or contact Esther McKone, email: [estmckone \(at sign\)aol.com](mailto:estmckone(at sign)aol.com), phone 860 677 6682. There is a \$5 registration fee for the whole series.

The Fall Small Group Ministry at the home of Kathie Ferguson is now full, so all those who missed signing up for this one can contact Esther McKone by email - [ESTMCKONE\(at sign\)AOL.com](mailto:ESTMCKONE(at sign)AOL.com) or call 860-677-6682 to let me know you are interested in joining a Small Group Ministry. If there is enough interest, I will try to get another group started for the Fall. If there are not enough people interested, there will be more SGMs starting up in January or February 2018. Thank you all for your interest in Small Group Ministry. -Submitted by Esther McKone

Attention: For the first time ever, USH will offer an intergenerational family friendly SGM. It is open to anyone age 10 and up. There will be 2 sessions running together at the same time. Children and youth can choose to be in the session with their parents or in the other one running at the same time. Younger siblings can attend as there will be childcare for those 9 and under. Dinner will be from 6:30-7:00pm and the SGM will run from 7:00-8:30PM. You can sign up at the programs table or contact Esther McKone or Rayla Mattson. The cost is \$5 per family (total) for the series of sessions.



**Circle Dinners** – The first convening of the Membership Sub-Council's Circle Dinners was held on Saturday, July 8th in the homes of Bruce Robbins and Virginia de Lima. Sixteen people attended and had a great time by all accounts. The dinners give all the participants an opportunity to expand their social circles at USH and learn more about some of the interesting people who call USH their spiritual home. The dinners are scheduled to be held on the 2nd Saturday of every odd-numbered month. (still ahead: Nov 11, Jan 13, Mar 10 and May 12).

The purpose of these Dinner Parties is to foster social camaraderie among new and more established members of USH. For participants, eight to ten adults will be randomly assigned in different groupings for each dinner. The host furnishes the entree, beverage and bread. Guests are assigned to bring appetizers, salad, side dish or dessert. Right now we are gauging the interest and demand for dinner locations. We would anticipate 2 to 3 locations for each date. Please let Chris Wilt know as soon as possible if you would be willing to host a dinner party at your home.

**REGISTRATION:** Participants can sign up for as many or as few dates as they wish. Register in Fellowship Hall during Coffee Hour or by contacting Brian Harvey: harvey.b@comcast.net or Chris Wilt: chris.wilt@gmail.com The registration fee is \$5.00 per household for the church year (July 2017- June 2018).

**QUESTIONS:** Contact Chris Wilt, 603-401-5704.

The registration form contains a space for: 1) listing dietary restrictions, and 2) if you plan to bring your children. We will try to group families with kids together so that they have some playmates for the evening. We will discuss providing supervision for children where appropriate. You are not required to be a host in order to participate in this program. **-Submitted by Brian Harvey**



### **Meeting House Presents!**

Meeting House Presents – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30).

Tickets \$20. \$12 for students with ID. Children under 12 – free with parent. Click [HERE](#) for Advance tickets. Proceeds benefit the Unitarian Society of Hartford.

Click [HERE](#) to read more about upcoming events at USH. Contact Laura and Paul Cipriano ([MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com) or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

### Coming Up:



#### Friday, October 27, 2017 – The Sam Moffett Quartet

A gathering of young jazzmen seen around New England and New York – all in one place.--the Meeting House Presents Series. Sam Moffett – Saxophone, Boston studio musician and composer.

Mike Biagio Carabello – Keyboard

Kirk Woodard, Drums – frequently at Black-Eyed Sally's in Hartford

Matt Dwonszyk – Bass, based in Brooklyn, last played Integrity 'N Music in September, BRIC Arts Festival in October.

<https://www.sammoffett.com/>

### Other News of Our Community and Upcoming Special Events

#### Dear Friends of Co-Housing~

We regret that it is necessary for Greater Hartford Co-housing to suspend our effort to create a co housing community in the Hartford area for the time being. One of our lynchpin members has had to drop out for health reasons, leaving us without the necessary resources to continue our effort.

However, we are still eager to support the growth of co-housing with education and information sharing. Please track what's new with cohousing on our website. We are also available to speak to your organization about cohousing.

We appreciate your interest and support, and hope to resume our efforts in the future as resources permit. ~ **Submitted by Martha Bradley**



#### Implicit vs. Explicit Bias -- How our Unconscious Opinions Impact our Actions ~

Understanding implicit bias is important because of its connection to structural inequity. Because implicit associations arise outside of conscious awareness, these associations do not necessarily align with our openly-held beliefs or even reflect stances we would explicitly endorse. This disconnect between implicit and

explicit - known as dissociation - matters because everyone possesses these

unconscious associations, and they affect our decisions, behaviors, and interactions with others and can have harmful effects when they influence our decision-making. Participants attending the presentation, readings and discussion taking place in the meditation room on Sunday, October 15, from Noon – 1:30 pm will learn more about implicit racial bias - those attitudes and stereotypes that affect our understanding, decisions and actions in an unconscious manner. Light refreshments/snacks will be available. For more information, contact Gloria Francesca Mengual at [gloriafmengual@gmail.com](mailto:gloriafmengual@gmail.com). Please check the Programs table during coffee hour to sign up. ~ **Submitted by Gloria Francesca Mengual**



**LUNCH BUNCH** - For the 2017-2018 year, the Lunch Bunch will meet at Concetta's, Italian Restaurant, 22 Mountain Ave., Bloomfield. In addition to lunch, there will be a speaker. You will be able to order off the menu. Separate checks will be provided. There is convenient parking. We will meet at Concetta's on the third Tuesday of the month through June (EXCEPT for the December Christmas party to be held at the Meeting House). The dates are: 10/17, 11/21, 1/16, 2/20, 3/20, 4/17, 5/15, 6/19. Mark your calendars!

We will be meeting on Tuesday, October 17. Our speaker will be Peter Meny. If you plan to attend, please let me know by noon on Wednesday, October 11. If you wish to attend you must see, call me at 860/677-1121 or email me at [janicecnewton\(at sign\)gmail.com](mailto:janicecnewton(at sign)gmail.com).

We are looking for speakers for this year. Are you interested or do you know someone who would be interested in speaking to the group? If so, please contact Maggie Greene at [turtlepoem\(at sign\)yahoo.com](mailto:turtlepoem(at sign)yahoo.com). Reservations are necessary! **Submitted by: Janice Newton.**

### Weekly Reminders



In The Library  
@ The Meeting House

RSVP to  
[adambrown6@gmail.com](mailto:adambrown6@gmail.com)

Every Sunday after worship – 12:00 PM

## 20s/30s Sunday Brunch

The 20's/30's Group is hosting a weekly potluck brunch Sundays at noon. It's open to existing members, friends, newcomers, and visitors in their 20's and 30's. Members and guests are encouraged to bring something to share. - Adam Brown (860) 847-0940

*We look forward to seeing you!*



**On sale Sunday during Fellowship Hour (11:30-12:15)**

**Suggested donation:** Lawn sign - \$20  
Window sign - \$5 - Car sign - \$2

### While our supply lasts!

Available in 3 sizes:  
Lawn sign - 18" x 24" (2 sided)  
Window sign - 11" x 17"  
Car sign - 5.5" x 8.5"



Contacts:  
Lindsey Jones-Rowell lejrowell@gmail.com or  
Kristine Glenney kristineglenney@comcast.net

### Upcoming Special Events and News in the Larger Community



Lesbian, Gay, Bisexual and Transgender (LGBT) Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

**Charles N. Enes Community Center**  
150 Nevers Road  
South Windsor, CT 06074

**Please RSVP to Missy Rankin by October 9. All towns are welcome!**  
860-648-6361 ext.339

**Friday, October 13, 2017**  
1:00 – 3:00 (ish)

1:00	Welcome, beverages-water/juice, coffee/tea, snack
1:15-2:15	<p>"Another Kind of Coming Out: Life with Early to Moderate Stage Dementia"</p> <p>People from our community will share factual information about dementia, the value of early diagnosis, and some of the challenges that exist for an LGBT person living with dementia and their care partner. There will be an opportunity for discussion following the presentation.</p>
2:20-3:00 (ish)	Sound-Meditation by the Conduit Center of East Hartford....Relax and let go

The LGBT Moveable Senior Center is sponsored by CCC as part of "Getting it Right": Creating an LGBT-Inclusive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy






**Undoing False and Destructive Myths: The Connection between Mental Illness and Gun Violence is THE topic of a symposium to be held SATURDAY, OCTOBER 14, 9 AM – 3 PM**

**AT THE UNITARIAN SOCIETY OF NEW HAVEN, 700 HARTFORD TURNPIKE, HAMDEN.**

Symposium will explore how Connecticut citizens can build new relationships and community coalitions to dispel the myth that mental illness and gun violence go hand-in-hand.

**For further information, please contact:** Claire Bien, 203 804-5507, [clairebien1128@yahoo.com](mailto:clairebien1128@yahoo.com); or Graziela Reis, (203) 824-2278, [grazreis@hotmail.com](mailto:grazreis@hotmail.com)

On Saturday, October 14, 2017, the Unitarian Society of New Haven in Hamden, CT will hold a symposium on mental health awareness to explore the truth behind the popular beliefs that mental illness and gun violence go hand in hand and that acts of mass violence are inevitably committed by “madmen.” In fact, the most rigorous, recent study found that only 4 percent of gun violence is caused by people with diagnosed mental illness, and people with mental illness are far more likely to be victims than perpetrators, and research suggests that suicide accounts for two-thirds of the 30,000 gun deaths each year in the U.S. Free-will donations will be gratefully accepted.

**During the day, three expert panels will address the following questions:**

- \* Are people with mental illness at increased risk for violence?
- \* Is it true that people with mental illness are at greater risk of suicide than homicide?
- \* How do stigma and shame contribute to gun violence?
- \* Can legislation and public health education reduce gun violence?

Panelists during the day include: Dr. Larry Davidson, PhD, Professor of Psychology, Yale School of Medicine; Scott Jackson, Commissioner, Department of Labor; former Chair, Sandy Hook Commission; Annita Perez Sawyer, PhD, Psychologist and Author; Paul Hammer, President, Bicycle Education, Entrepreneurship & Enrichment Programs, Person in Recovery; Nicole Hockley, Managing Director, Sandy Hook Commission; Emily McCave, PhD, LMSW, Associate Professor of Social Work at Quinnipiac University, Former President of the Southern CT Chapter of the American Foundation for Suicide Prevention and Certified Mental Health First Aid Trainer; Ann and Allie Nelson, Ann Nelson Advocacy, Yale Child Study Center; Robert Rudewicz, Talk Saves Lives-Firearms and Suicide Prevention & Question Persuade Refer Institute Gatekeeper Trainer, and former Hartford Police Officer; Trish Buchanan, Mental Health Advocate; Jonathan Perloe, Director, Programs and Communications, CT Against Gun Violence.

**The symposium is sponsored by the Unitarian Society of New Haven’s Mental Health Awareness and Preventing Gun Violence Task Forces - Submitted by: Jane Ferrall, Unitarian Society of New Haven**



Sponsored by the Connecticut Council for Interreligious Understanding

# Love Thy Neighbor Dinner

Monday, October 2, 2017 • 6:00PM

Marriott Hotel • 200 Columbus Blvd. • Downtown Hartford • More info: [www.ccfiu.org](http://www.ccfiu.org)

Join 16 Community Leaders in  
Conversation on what it means to  
**Love Thy Neighbor**



\$100 per person

Islamic Association of Greater Hartford, Berlin, **Imam Refai Arefin**  
 Senior Pastor, Faith Congregational Church, Hartford, **Rev. Stephen W. Camp**  
 Hartford Courant Columnist, **Susan Campbell**  
 Executive Editor, WNPR & New England News Collaborative, **John Dankosky**  
 CT State Police Information Officer, **Trooper First Class Kelly Grant**  
 MetroHartford Alliance, CEO and President, **Oz Griebel**  
 Hartford Seminary President, **Dr. Heidi Hadsell**  
 Wadsworth Atheneum Museum of Art, Director and CEO, **Thomas J. Loughman**  
 Hartford Archdiocese, **Deacon Art Miller**  
 Goodwin College President, **Mark Scheinberg**  
 Institute of Living, Psychiatrist-in-Chief, **Harold Schwartz, M.D.**  
 Engineer and Consultant, **Ripi Singh**  
 Webster Bank, Chairman and CEO, **James C. Smith**  
 Jewish Federation of Greater Hartford President, **Howard Sovronsky**  
 Hartford Public Schools Superintendent, **Dr. Leslie Torres-Rodriguez**  
 Connecticut Lieutenant Governor, **Nancy Wyman**

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Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.