



**50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Website: www.ushartford.com**

**Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.**

**In wintertime, we always recommend that you consider your own safety
first.**

**We strive to have our doors open whenever possible and someone will
likely be here.**

Do what is best for you. Please check the website for updates.

**For events scheduled during inclement weather contact the facilitator
of the event before heading out.**

February 7, 2018

Worshipping Together Since 1830
Revs. Cathy & Heather Rion Starr



**Worship Service: Sunday, February 11, 2018
10:30am**

**Rev. Cathy Rion Starr, Co-Minister
Rayla D. Mattson, Director of Religious Education
Rev. Erica Richmond, Affiliated Community Minister
John Brancato, Worship Associate**

"Share the Love Sunday: Creating Communities of Courage"

"Love is the doctrine of this church..." we say every week. We seek to live that love every day, and seek to build a world of abundant love and justice...but it's hard to do! Together, we can support one another to live love, be love, and

share love. We'll exchange valentines to remind each other that we can build communities of courage to do and be more than we think possible. We'll award this year's Courageous Love Award to NARAL, Planned Parenthood, and Councilmembers Wildaliz Bermudez, Cynthia Jennings, and rJo Winch for their work for reproductive justice in Hartford.

Come celebrate the love and courage we build in community in our 3rd Annual Multi-generational Share the Love Sunday!

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**Good Neighbor Offering**

This Sunday's offering will benefit the [NARAL](#) and [Side With Love](#) (formerly Standing on the Side of Love). The total of all cash and checks received will be given to NARAL and Side With Love. Please make all checks out to USH. If you wish for your contribution to go to your USH pledge, please write 'pledge' in the memo line.

**Semi-Annual Meeting**

This Sunday, February 11, after the service, please join us downstairs in Fellowship Hall for our informal semi-annual congregational meeting. You'll have a chance to learn more about recent actions and ongoing plans by your Board of Directors, the exciting new approach to Stewardship this year, updates on social justice activities and opportunities, the possibility of a part-time ministerial intern starting in the fall, answers to your questions and more. Don't miss it! Childcare will be available. Bring a snack or sandwich if you wish. -Submitted by Joe Rubin

***E-News Contributors please take note:*** *The deadline for USH E-News submission is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.*

**In This Week's Enews:**

[RE News You Can Use](#)

[Church Business News](#)

[Get Involved at USH](#)

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[Programs for Adults and Families: The Meditation Group is Back](#)

[Small Group Ministries: New Small Group Ministry Starting in March](#)

[Meeting House Presents](#)

[Personal News of Our Community](#)

[Upcoming Events & News in the Larger Community](#)

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [Here](#).**

**Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:**

[www.ushartford.com/events/](http://www.ushartford.com/events/)

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

## RE News You Can Use:

**Rayla D. Mattson, Director of Religious Education**



This Sunday, February 11, the nursery will be available from 10:15-11:45AM for the morning worship service. There will also be extended care until 1:45PM for the semi-annual meeting. Please join us for the all ages *Share The Love* worship service this Sunday.

Rayla D. Mattson

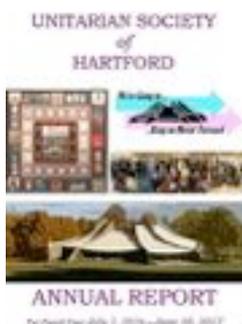
Director of Religious Education, Unitarian Society of Hartford

[860-233-9897](tel:860-233-9897) ext 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



## Church Business News



### Reminder: Annual Report

It's that time of year again! I will be sending notices to the different folks who are responsible for submitting information for the USH Annual Report. The Annual Meeting will be on Sunday, May 20th, following our Annual Flower Communion Service **The deadline for submissions is April 15.**

Contact me with any questions: [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com).

-Thank you, Linda Clark, Office Administrator.

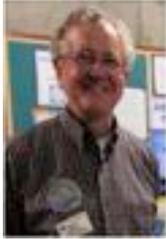
The December Board meeting minutes have been posted online. Click [HERE](#) to view.

The November and December financial reports have been posted online.

Click [HERE](#) to view.

To view reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the user-name and password.

**Get Involved at USH – Be part of a Great Team** ~ Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



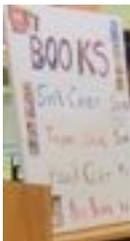
**The USH Sunday Welcome Team** ~ The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark@gmail.com), phone the office at 860-233-9897, or talk to Brian Harvey if you are interested in being part of this wonderful group of volunteers.



**Office Volunteers** ~ If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the Cover, Making Nametags, Basic updates to printed materials on the computer, Making copies of printed materials. Please let Linda Clark know if you're able to help out in the office during the week for an hour or two: email [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark@gmail.com) or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



**Join the Choir** ~ Director of Music Ministries, Sam Moffett, is excited to be working with our USH choir. To all in the community who have ever thought about joining the choir: come and sing! If you would like to join, just try it out, or for more information, e-mail Sam at [smoffett\(at\)ushartford.com](mailto:smoffett@ushartford.com).



**The Book Table During Coffee Hour** ~ Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: [clara.horn\(at\)comcast.net](mailto:clara.horn@comcast.net).



**Religious Education** ~ The DRE is very short-handed for teachers in our Pre-K3-2nd grade class and in our middle school class. We desperately need teachers and assistants. The commitment is 1-2 Sundays every 4-7 weeks. If you are interested, have any questions, or would like to see the curriculum, please let Rayla know: 860-233-9897 ext 104 | [dre@ushartford.com](mailto:dre@ushartford.com).

### **Programs for Adults and Families Sub-Council**

The Programs for Adults and Families Sub-Council needs members to continue doing its work coordinating the programs many of us participate in and enjoy at the Meeting House. Please step up and help if you are able! For more information and/or to join this Sub-Council, please contact Council on Community Within Chair, Christopher Wilt at [chris.wilt@gmail.com](mailto:chris.wilt@gmail.com)

**Sunday Service Recap**  
**Sunday, February 4, 2018**  
**“Being...Change”**  
**Rev. Heather Rion Starr, Co-Minister**  
**Sue Smolski, Worship Associate**



Photos by Harriet Gardner

**\*\* Help Wanted \*\***

**Are you looking for an unusual  
Opportunity to use your writing skills?  
Then read this.**

**Kayla is looking for a volunteer to take over her  
Job of many years:**

**Reporting on Sunday Services**

**Please contact her at: 860-243-2425 or  
kaylacostenoble(at)gmail.com to find out more  
or commit to a Sunday to summarize.**

**Personal News of Our Community**



Longtime USH member Ellie Revill passed away on Wednesday, January 31, 2018. We send our deepest condolences to her family. The Memorial Service and Reception for Ellie Revill will be Saturday, March 10, at 11am, with a Reception to follow.

Cards are welcome and may be sent to her children:  
Bill Revill: 40 Fairway Drive, Meriden, CT 06450  
Greg Revill: 4 Smith Street, Salem, MA 01970  
Barb Lund: 520 W. 6th Street, Bloomington, IN 47401

**Will you help with the Memorial Reception?** ~ On Friday, February 9, we will have the Memorial Service and Reception celebrating the life of Jan Bennett. The service will be at 11 AM and the Reception will follow in Fellowship Hall. Finger foods, such as crackers/cheese, quick breads, cookies, bars, and other munchies are needed. We also need fruit and veggie platters. Food should be brought on the morning of the Reception, on plates ready to serve. Please be sure to label the plate with your name and include a list of ingredients. Please no peanuts or peanut products. We will supply the sandwiches, coffee, tea, and punch.

In order to help us plan, it is important that we know what foods will be contributed. Please contact Janice Newton (860/677-1121 or janicecnewton(at)gmail.com) to sign up for a food contribution. We are planning for a large number of attendees, so your food donations will be greatly appreciated. Thank you in advance for your help. We can't do this without you!  
-Submitted by Janice Newton



**DINNER FOR USH PEOPLE OF COLOR  
WITH THE REVS.  
SATURDAY, FEBRUARY 24  
FROM 5:00 PM TO 8:00 PM**

If you identify as a Person of Color/Latinx/Indigenous, please check your email for an invitation to dinner and conversation with the Revs. We have done our best to invite all those connected with USH who we know or think identify as People of Color – and we realize that

this is an imperfect process, so please let RevCathy know if you received the invitation and don't identify as a person of color or if we have missed you.

We know racism is real – in the world and at USH, especially in this era when we have a president who actively supports white supremacists. We are convening this space to hear from you about your experience as a person of color at USH as well as talking together about your dreams and desires for USH moving forward. Please RSVP on the Evite or to RevCathy by Monday, February 19th and let us know if you need childcare or have other accessibility needs.

With love, Revs Cathy and Heather, and USH members Gloria Francesca Mengual (Race Matters leader), Rayla Mattson (Director of Religious Education), and Margalie Belizaire (partner in developing this work together).



**The Drama Behind the Set**

A Program for All USH Members and Friends  
Sunday, February 25,  
12:15 - 1:15

Room: Chapel

Have you ever been awed by a theatrical set and wondered "*How do they do that?*" Come and listen to Aaron and Paula Bleck give you a bit of insight into what makes the "*Theatre Magic*" happen. Aaron is the Technical Director for Hartford Stage and Paula is the Scenic Artist for The Hartt

School. With more than 20 years in the business let them take you from the

designer's plans through fabrication and installation of a unique set for every show. After this you will have a whole new appreciation of what it takes to put on a show.

Reminder - the Youth Group will be selling soup on that Sunday during fellowship hour, or you may bring your own lunch. This program is another in the "Programs for All" series sponsored for many years by the USH Women's Alliance, to build community. Free for all, no reservations required, in the Chapel. Look for publicity for our March program!

-Submitted by Nita H.



**NAMI Basics**  
National Alliance on Mental Illness

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**What is the NAMI Basics Education Program?**

NAMI Basics is a free, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties. NAMI Basics helps parents and other family caregivers of children to understand the illnesses that are causing those behavioral difficulties, and the critical role families play in the treatment of those illnesses. The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties prior to age 13.

**NAMI Connecticut in collaboration with The Unitarian Society of Hartford will offer its NAMI Basics Education Program for the Winter/Spring 2018, beginning March 1<sup>st</sup>. It will be held on Thursdays from 6:00 to 8:30 PM at Unitarian Universalist Church**



**Participant Perspectives**

"This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all."

"The course is inclusive of almost all aspects of family and child resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward."

"NAMI Basics bridges the gap. It provides help that can't be found in a doctor's office."

**Contact us to register for this NAMI Basics class!**



**NAMI Basics - Hartford**  
**Start Date: Thursday, March 1<sup>st</sup>, 2018**  
**Time: 6:00 – 8:30 PM**  
**Location: Unitarian Universalist Church**  
**50 Bloomfield Ave, Hartford, CT 06105**  
**Contact & Registration:**  
**Doris at (860) 952-9118**



**About NAMI**  
NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Connecticut and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

**Lunch Bunch** ~ We will be meeting on Tuesday, February 20. Our speaker will be our member, Dr. Ted Johnson. If you plan to attend, please let me know by noon on Wednesday, February 14. Please call me at 860/677-1121 or email me at janicecnewton(at sign)gmail.com.

The Lunch Bunch will meet at Concetta's, Italian Restaurant, 22 Mountain Ave., Bloomfield. In addition to lunch, there will be a speaker. You will be able to order off the menu. Separate checks will be provided. There is convenient parking. We will meet at Concetta's on the third

Tuesday of the month through June. The dates are: 2/20, 3/20, 4/17, 5/15, and 6/19. Mark your calendars! We are looking for speakers for this year. Are you interested, or do you know someone who would be interested, in speaking to the group? If so, please contact Maggie Greene at turtlepoem(at)yahoo.com. Reservations are necessary! -Submitted by Janice Newton



**UU  
USH  
&  
YOU**

**A Path to Membership**

**3 Sunday sessions**  
**(Feb 4, 18 & Mar 4)**  
**12:00-1:30 pm**

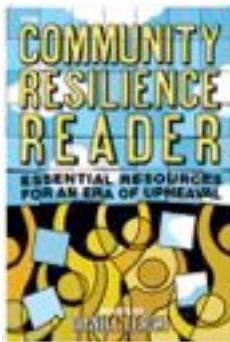
Followed up with a  
**Membership Sunday on May 6<sup>th</sup>**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

**Free child care provided.**

Rev. Heather will be present for all three sessions.

Sign up at the Programs Table or contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)



***The Community Resilience Reader***  
**Group discussion sponsored by Green Sanctuary Committee**

In this 5-week program, we will discuss an excellent new book produced by the Post Carbon Institute, a think-tank helping society learn how to survive and thrive in a world that is riven by climate change and transitioning to an energy economy without fossil fuels. The book focuses on building community in "an area of upheaval." All are welcome and encouraged to participate. All sessions meet 12:00 - 1:15 pm in

Emerson/Meditation Rooms.

Contact: Jeff Howard at [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com) or 860-921-4376.

**Feb. 18** — Part 1: Predicament — Chapters 2-6 (childcare scheduled)

**Feb. 25** — Part 2: Tools — Chapters 7-10 (soup available; childcare pending)

**March 4** — Part 3: Resilience in Action — Chapters 11-14 (childcare scheduled)

**March 11** — Part 3: Resilience in Action — Chapters 15-19 (childcare pending)

**March 18** — Extra date in case of inclement weather (childcare scheduled)

We will make arrangements for childcare on the remaining two dates if needed.

Food will be available for each session. Contact Jeff Howard to indicate your interest and get info on ordering the book. -Submitted by Jeff

Howard Image: <https://islandpress.org/books/community-resilience-reader>

## Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

### Programs

**Emei Qigong Cultivation:** Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-461-0908.

**Tai Chi:** Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

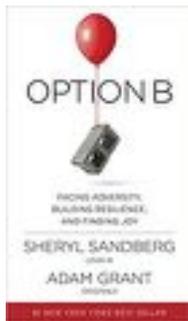
**Meditation & Dharma Group:** Thursdays, 6:30-7:45 PM. Contact Fred Louis for any questions: 860-223-2407.

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Any questions contact Mark Friedman: [drmarkafriedman@drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: [ed@thesavages.com](mailto:ed@thesavages.com).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact: Ron Friedman: 860-523-1105 or [rsfriedman41@gmail.com](mailto:rsfriedman41@gmail.com).

**USH Book Club:** Next Meeting: Thursday, February 8: [Option B: Facing Adversity, Building Resilience and Finding Joy, Sheryl Sandberg and Adam Grant](#). Off-site. For directions and more information contact Richard Groothuis: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com).



After the unexpected passing of her beloved husband, Facebook COO and bestselling author of *Lean In*, Sheryl Sandberg, feared that she and her children would never find joy again. Fortunately this fear was unfounded. *Option B: Facing Adversity, Building Resilience, and Finding Joy*--co-authored with psychologist and friend Adam Grant--shows you how Sandberg, and many others who have overcome a wide range of profound hardships, triumphed over tragedy. The book posits that it's helpful to think of resilience like a muscle, one that atrophies in the calm between the storms of our lives. But there

are things we can do to develop it, so we're better prepared when adversity strikes. In America, culture can put a kink in this plan.

[-Erin Kodicek, The Amazon Book Review](#). -Submitted by Jean Groothuis



### The Meditation & Dharma Group

**is back** and will meet on Thursdays, 6:30-7:45 PM in Emerson. Contact Fred Louis for more information: 860-223-2407.



### Circle Dinners

Circle Dinners give all participants an opportunity to expand their social circles at USH and learn more about some of the interesting people who call USH their spiritual home. The dinners are scheduled to be held on the 2nd Saturday of every odd-numbered month. **(Still ahead:**

**May 12).** The purpose of these Dinner Parties is to foster social camaraderie among new and more established members of USH. For participants, eight to ten adults are randomly assigned in different groupings for each dinner. The host furnishes the entree, beverage and bread. Guests are assigned to bring appetizers, salad, side dish or dessert. Right now we are gauging the interest and demand for dinner locations. We anticipate 2 to 3 locations for each date. Please let Chris Wilt know as soon as possible if you would be willing to host a dinner party at your home.

**Registration:** Participants can sign up for as many or as few dates as they wish. Registration can be done online, using the following link: <https://goo.gl/forms/qkbiZBQzZbWTLpQF3>

The registration form contains a space for: 1) listing dietary restrictions, and 2) if you plan to bring your children. We will try to group families with kids together so that they have some playmates for the evening. We will discuss providing supervision for children where appropriate. You are not required to be a host in order to participate in this program. **Questions:** Contact Chris Wilt, 603-401-5704. -Submitted by Brian Harvey

### **Small Group Ministries:**

#### **Sign-up is open for a new Small Group Ministry**

A new Small Group Ministry session will begin on Tuesday, March 13, 7:00-9:00pm at the home of Martha Bradley, contact Martha for address. Sessions typically run for 8 weeks. Participation is limited to 10 people. There is a \$5 registration fee. If you would like to be a part of this group, a sign-up sheet will be available at the welcome table in the lobby, and the information table in Fellowship Hall beginning this Sunday, February 11, or you can contact Martha Bradley, marthabradley49(at)yahoo.com, or 860-305-3307, to register online or by phone.

#### **What is Small Group Ministry?**

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space - a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News and during coffee

hour after the service at the Programs Table in Fellowship Hall or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone\(at\)aol.com](mailto:estmckone(at)aol.com), phone 860 677 6682.



### **Participation & Planning for Small Group Ministries:**

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone, email - [Estmckone\(at\)aol.com](mailto:Estmckone(at)aol.com) or call [860-677-6682](tel:860-677-6682).

**Planning future SGMs:** I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, and 3) Spirituality of nature-based, earth-centered faiths and 4) A gender identity focused SGM.

So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. -Submitted by Esther McKone

### **Meeting House Presents!**



**2017-2018  
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

### **Meeting House Presents!**

**Meeting House Presents** – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30). All the concerts for this season can be purchased in advance online through brown paper tickets which they can access directly from this link- [www.brownpapertickets.com/browse.html](http://www.brownpapertickets.com/browse.html)- or go to brown paper tickets and just search for the artist, or use the Meeting House Presents page at USH which has links for all the concerts to brown paper tickets- [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

**Prices unless otherwise noted:**

**Tickets \$20 at the door/\$12 for students with ID.**

**Members children under age 12 are free with parent.**

Click [HERE](#) to read more about upcoming events at USH. Click [HERE](#) to read the Blog.

Contact Laura and Paul Cipriano ([MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com) or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

## UPCOMING SHOWS



### Friday, Feb 23, 2018 - Dennis McCorkle

Dennis McCorkle's guitar repertoire encompasses classical, jazz, ragtime, blues, and Brazilian music. He is a prolific composer, performer, scholar, and teacher. Somehow he manages to do all that and still be humble and g



### Friday, Mar 23, 2018 - JP Cormier

J.P. Cormier is a Canadian bluegrass/folk/Celtic singer-songwriter and instrumentalist. He has released more than a dozen records, an impressive work that has earned him a vast and loyal fan base and multiple awards.

Feb. 23: [Dennis McCorkle](#)

March 23: [JP Cormier](#)

March 30: [Susie Burke and David Surette](#)

Apr. 27: [An Evening with Mary Gauthier](#)

Co-produced with the Sounding Board Coffee House



### Lost and Found

Lost and found items at the Meeting House have historically been left on the shelf at the entrance to the main office. There is now a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. Thank you.



**The new USH Directory  
is now available!**

It is on our website. Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the user-name and password.

Or pick up a hard copy in the church office during business hours  
TU-TH (10AM-3PM) or Sundays (10am-noon) for **\$5**.

**20'S/30'S BRUNCH**

Join us on the **3rd Sunday of each month**  
@ 12 PM in the Meeting House Library  
for a **potluck brunch gathering**

 **VISITORS AND NEWCOMERS WELCOME!**  
CONTACT: Allie Pistolessi [a.pistol17@gmail.com](mailto:a.pistol17@gmail.com)



### Upcoming Special Events and News in the Larger Community Get involved with the Puerto Rican Issue & Helping Families at the Red Roof Inn:

- **Feb. 28th-** March in front of the State Capitol to demand more help for the displaced families arriving to CT. 1-4pm.
- General volunteers needed to help out with transportation to look for apartments and volunteers to help translate resumes and other documents.

For any questions or inquiries please contact Pedro Bermudez at  
939-277-3708; [pedrobermudez82@yahoo.com](mailto:pedrobermudez82@yahoo.com) -Submitted by Wildalez Bermudez



## Agricultural Re\$ource Fair

2nd Annual

First time  
coming to  
central CT!

**Saturday, February 10th**

(snow date Feb 17th)

A.I. Prince Tech High School  
401 Flatbush Ave. Hartford

**FREE  
EVENT  
8:30-1:30**

TO RSVP, PLEASE SEND NAME AND EMAIL TO:  
events@ctnofa.org or call the office at 203-308-2584

- **Environmental Quality Incentives Program**

Federal funding to implement conservation practices. Farmer story: **Marti Zhigailo of Melrose Place Farm, with Adam Maikshilo (USDA-NRCS).**

- **Microloans Program** - Federal credit for purchasing land and operating expenses. Farmer story: **Jonathan Janeway of Sweet Acre Farm, with Ron Clark (USDA-FSA)**

- **Farmland Restoration Program** State funding to restore farmland into working condition. Farmer story: **Jennifer Gaskins of Farming 101, with Kip Kolesinskas (for CT Dept. of Agriculture).**

- **Farm Transition Grants Program**

State funding to expand/transition your farm into a new enterprise. Farmer story: **Rachel Berg of Four Root Farm with Kip Kolesinskas (for CT Dept. of Agriculture).**

- **Online fundraising/crowdsourcing**

Fundraising for your farm's growth and capital projects. Farmer story: **Chris Horne of Horne Family Farms.**

- **Legal Food Hub** - free legal services for farmers and food entrepreneurs with Client story: **Joey Listro (New Britain Roots) with Brian Fink (Legal Food Hub).**

Event sponsored by the USDA-NIFA Beginning Farmer and Rancher Development Program Award #2016-70017- 25416

# College Scholarships for LGBTQ Students

## Diverse Resources that Support LGBTQ Students on Campus

LGBTQ resource centers are popping up on college campuses all over the United States. Even in areas that may lack legal protections for LGBTQ students, academic institutions are providing welcome space and offering LGBTQ-specific scholarships to encourage applicants from all backgrounds and identities and create a rich tapestry of college life. There are also regional scholarships for LGBTQ students and various organization, foundation and community funds that students in the spectrum can apply to for aid. In this overview of LGBTQ scholarship opportunities, discover community connections that can support you through your academic career and beyond!



For more information click [HERE](http://www.affordablecollegesonline.org). [www.affordablecollegesonline.org](http://www.affordablecollegesonline.org).

-Submitted by Caitlin Stewart, Communications, Center for School, College & Career Resources. [caitlin@cscrr.org](mailto:caitlin@cscrr.org).

### For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

**To submit a Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

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Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

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***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: ushenews@ushartford.com  
Please note in the subject line "USH-Enews." Thank you for your  
submission!***

**Peace – as we come to the close of the USH-Enews week.  
Be kind to others – and to yourself.**

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