

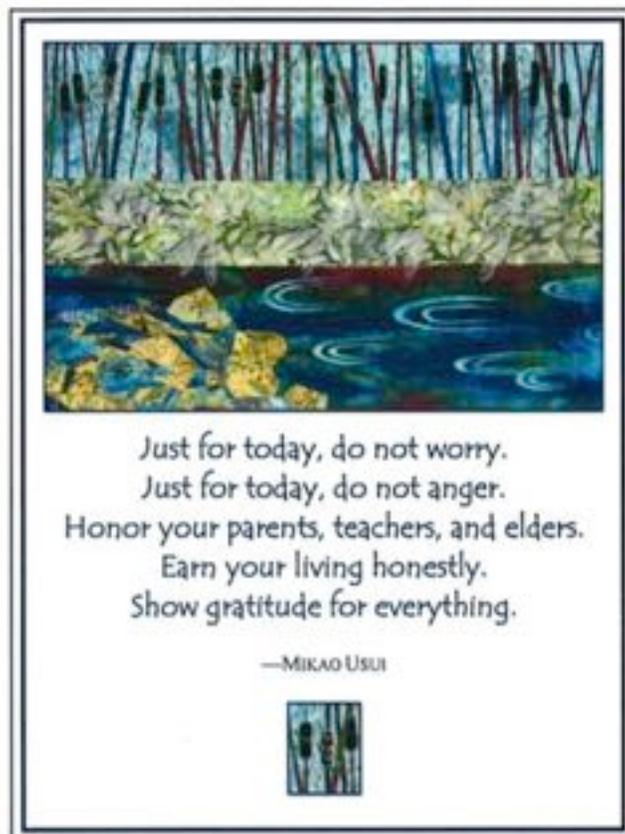


50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

June 13, 2018

Worshipping Together Since 1830

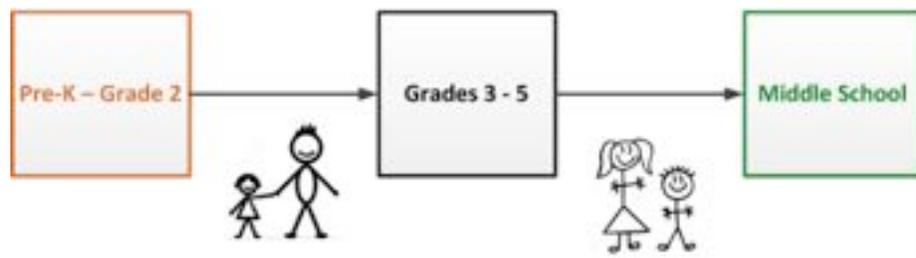
Revs. Cathy & Heather Rion Starr



Worship Service: Sunday, June 17, 2018
10:30am
"Strengthening Our Spirits"

Rev. Cathy Rion Starr, Co-Minister
Sue Smokski, Worship Associate

Strengthening Our Spirits: How goes it with your spirit? What's in your toolbox to tend to your hearts' longings and weather the storms of life? From whence do you get your inspiration? Where are you challenged to be more fully yourself and more fully in this broken and beautiful world of ours? Spiritual practices can provide much of this, and today RevCathy will explore the purpose, power, and challenges of spiritual practices to kick off our Spiritual Practices Summer Worship Series. Summer services begin in Fellowship Hall June 24th and continue through Labor Day (September 2nd). On this Father's Day, we'll also be dedicating 3 children into our community.



It's Graduation Day!

This coming Sunday, June 17, the youth in RE grades 2-5 will move on up to the next grade! The second graders will move up to the 3-5 classroom where they will be welcomed by their classmates for next year. And the fifth graders will graduate to the Middle School classroom and get to know their future classmates. So, if you hear a bit of commotion coming from the classrooms, you'll know that everyone is having a good time meeting their new friends!

Starting on June 24th, Sunday services will be held in the
 air-conditioned Fellowship Hall for the summer.

Spiritual Practices Summer at the Meeting House

This summer, our worship series will explore a wide variety of practices that help to ground, center, delight, inspire, and strengthen us in times of peace and times of anxiety or stress. We'll kick off the series on June 17th with a service by RevCathy that will explore the purpose, power, and challenges of spiritual practices. Summer services begin in Fellowship Hall June 24th and continue through Labor Day

(September 2nd). Come join us every Sunday at 10:30am for spiritual depth and exploration together!

This summer in RE the children and youth will explore what spirituality and spiritual practices mean to us. We will have several guests come speak about what spirituality means to them and also do some personal reflections. We will meet throughout the summer beginning on the 1st of July.

- **July 1** "The Art of Maintaining Positive Focus" -- John Bengston, Lay Leader; Sue Smolski, Worship Associate
- **July 8** "Small Group Ministry: Discovering and Sharing Our Collective Wisdom" -- Esther McKone, Lay Leader; Martha Bradley, Coordinator; Julie Grace, Worship Associate
- **July 15** "Tai Chi" -- Margaret Leicach and Laurie Kelliher, Lay Leaders/Worship Associates
- **July 22** "Inner and Outer Transformation: Spiritual, Societal and Environmental Practice" -- Mark Unno, Pulpit Guest; Julie Grace, Worship Associate
- **July 29** "A Transcendentalism For Today" -- Judy Robbins, Lay Leader; Rick Tsukada, Worship Associate
- **Aug. 5** "Living the Labyrinth" -- Rev. Cathy Rion Starr, Co-Minister; Doris Maldonado, Worship Associate
- **Aug. 12** "Art and Spirit at USH" -- Martha Bradley, Coordinator; Laurie Kelliher, Worship Associate
- **Aug. 19** "The Practice of Self-Compassion" -- Marye Gail Harrison, Lay Leader
- **Aug. 26** "Listening: Soaking In Another's Story and Song" -- Rev. Heather Rion Starr, Co-Minister; Peter Meny, Worship Associate
- **Sept. 2** "Connection in the Chaos" -- The 20-30s Group; Lisa Galinski, Coordinating and Worship Associate

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

In This Week's Enews:

[RE News You Can Use](#)

[Church Business News](#)

[Get Involved at USH](#)

[Sunday Service Photos](#)

[Programs for Adults and Families](#)
[Small Group Ministries](#)
[Events & Personal News of Our Community](#)

Upcoming Events & News in the Larger Community: The 2018 General Assembly

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [Here](#).

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford:

www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



This Sunday, June 17, the nursery will be available from 10:15-11:45am for the morning worship service. There will be also be after-care for those 10 and under until 1:45pm. This week is our last regular week of RE before we move into our summer program. Please come celebrate one last day with all your friends.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford
[860-233-9897 ext 104](tel:860-233-9897) | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



Church Business News

Please: Complete Your Pledge Commitment for the Current Fiscal Year!

The close of USH's fiscal year is approaching at the end of this month. This is a reminder to make sure you meet your pledge commitment for the year. The Giving Statement you recently received summarizes the status of your pledge. If for some reason you are having trouble meeting your pledge, please reach out to the ministers or a board member if you have not already done so. The income from our pledges accounts for 70% of the income in the church's annual budget. Each of our commitments forms an important segment of income and is relied upon to balance our annual budget. Our contributions to the church provide for a stimulating environment for all of us to engage in a variety of ways. We are grateful for your support for this beloved congregation.

-Submitted by Phil Gardner and Sherry Manetta

Congregational Vote for Spiritual Life Council Chair

The Nominating Committee has nominated Marye Gail Harrison as Spiritual Life Council Chair and a member of the Board of Directors for a one-year term 7.01.2018 to 6.30.2019. A congregational vote to elect Marye Gail will be held at the end of the Sunday service on June 24. -Submitted by Sherry Manetta

JOIN REVHEATHER FOR "GA THURSDAY"

What, you're not going to Kansas City this June 20-24 for our denominational national conference, General Assembly?! That's okay-- you can come to the Meeting House instead for "GA Thursday!" RevHeather enjoys participating as an off-site delegate and Thursday, June 21, will be hosting an interactive GA viewing session from 1:15pm until at least 4:15pm. There'll be light snacks and we'll have selections from the following workshops up on the big-screen in the air-cooled Library. RSVP to RevHeather at RevHeatherRionStarr@gmail.com, indicate your workshop (see options below) and snack preferences, and have a taste of GA without all the cost and travel. Come have fun with a self-identified "GA Geek" who's found ways to stay meaningfully connected without all the fuss.

- **Made, Not Born: Cultivating Leaders in Our Congregations**
1:30 p.m. – 2:30 p.m.
UU Association of Membership Professionals

Waiting for leaders to "drop into our laps" is inefficient, frustrating, and ultimately unsuccessful. To meet the call for effective leadership, we need to be proactive and innovative. We will share strategies for cultivating leaders and discuss the challenges and solutions in meeting this critical need.

Mark Bernstein

Marie Luna

- **Business Mini-Assembly 1**

1:30 p.m. – 2:30 p.m.

UUA Board of Trustees

- **Reimagining Sundays: the Future of Faith Formation**

3:00 p.m. – 4:00 p.m.

Families and congregations are confronting a changing landscape. Sunday morning activities, limited time together, and new options and expectations for religious participation are altering the face of Sunday worship. Join two congregations and "Death of Sunday School" author Kim Sweeney for an exploration of what's next for faith formation.

Kim Sweeney

Rev. Jordinn Nelson Long

Bethany Giammalvo

Laura Kampa Thompson

- **Business Mini-Assembly 2**

3:00 p.m. – 4:00 p.m.

UUA Board of Trustees

See more (and campaign for a GA Friday if you're passionate!) at the following link:

<https://www.uua.org/ga/off-site/registrants/live-workshops>



Rev. Erika Hewitt, Minister of Worship Arts and Ministries & Faith Development, wanted to feature *Braver/Wiser* on this year's stickers at the upcoming [General Assembly](#) and asked colleagues to read through some fragments of prayers

from past *Braver/Wiser* reflections to choose those quotes. One of the

choices is from USH Director of Religious Education, Rayla D. Mattson!
Congrats and thank you, Rayla!

A Note from RevHeather about an Intern Ministry at USH--

First, thank you, each and all, who have expressed interest in, support and enthusiasm, for USH having an Intern Minister join us, 2018-2020. Sadly, our hoped-for Intern, Mark Robel, has experienced a change in circumstances and is not able to join us as we'd all hoped. We will be moving forward without an Intern Minister this fall but definitely holding on to the excitement and energy this possibility raised. I am confident that our work and discussion about having an Intern Minister at USH was not in vain -- it is just not to be in 2018-19. Let us work together to think about how and when we might more intentionally post (plan for, "advertise" through the UUA system) an Intern Ministry opportunity at USH. If this is something you feel especially strongly about, please speak with me and/or Board President Sherry Manetta or President-Elect Joe Rubin.

Warmly, RevHeather
RevHeatherRionStarr@gmail.com

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

Click [HERE](#) to read more...

The latest financial reports have been posted, click [HERE](#) to view.
The Board Meeting minutes for May have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

A note from the Revs about the Ministers' Discretionary Fund (MDF)~

We have used our Ministers' Discretionary Fund to support a number of families and individuals who are facing financial and/or emotional stress of late — due to job changes, health issues, family changes, and simply the stresses of trying to make ends meet. As those of you who have ever received a check from the MDF know, these families are incredibly grateful for the support of their fellow congregants in stressful times! The checks we write are a double gift: the gift of much-needed funds and the gift of knowing that this congregation loves and supports them. Because of the recent needs, our Ministers' Discretionary Fund is getting low. If you find yourself *not* struggling to pay the bills, we would be very grateful for gifts of any amount to the Fund. If you *do* find yourself struggling to pay the bills, please let us know so that perhaps we may be of some assistance. Together, we weave the fabric of love and community.

With gratitude, Revs. Heather and Cathy

Get Involved at USH - Be Part of a Great Team!

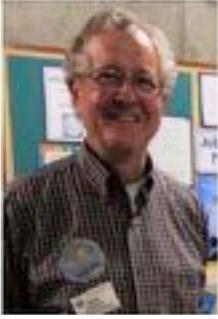
Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



Small Group Ministry Host, Advisor or Facilitator

If you have participated in Small Group Ministry, you might be a candidate for Facilitator training. It involves an afternoon of formal training plus working with mentors who can advise you on your first couple of assignments. Or maybe you'd be willing to host an SGM group in your home. You may want to help select readings as an SGM advisory group member. Contact Martha Bradley or Esther McKone, SGM Co-Chairs.

-Submitted by Martha Bradley



The USH Sunday Welcome Team

The Welcome Team makes USH outstanding in its open and friendly atmosphere and helps newcomers find their way around our Meeting House on Sundays. Choose your Sundays based on your schedule! Duties include: Front and Side Door Greeters before the Sunday Service, Ushers, and Greeting folks at the Welcome Table before the service, and the Downstairs Visitors Table during coffee hour. Contact Linda Clark at ushlindaclark@gmail.com, phone the office at 860-233-9897, or talk to Brian Harvey (pictured) if you are interested in being part of this wonderful group of volunteers.



An Invitation to Join the Choir

The music ministry is in the process of further building the choir. Sam would like to extend an invitation to members and friends of the congregation who are thinking, or have ever thought about, singing with

the choir. Anyone interested in singing with the choir, please contact Sam via e-mail at smoffett@ushartford.com.



Office Volunteers

If you are computer-comfortable and familiar with Microsoft Word, Gmail, and data entry, the office is in need of you. How you can help: Inserting the Happenings/Orders of Service into the cover, making nametags, basic updates to printed materials on the computer, making copies of printed materials. Please let Office Administrator Linda Clark know if you're able to help out in the office during the week for an hour or two: email ushlindaclark@gmail.com or call 860-233-9897. Pictured: Phil and Harriet Gardner with their son Bruce, helping out with the Order of Service.



The Book Table During Coffee Hour

Everybody enjoys browsing through the books for sale during coffee hour. In order to continue, we are in need of some help setting them up and putting them away. Please contact Clara Horn if you are able to help out with this: clara.horn@comcast.net.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Sunday Service Photos
Worship Service: Sunday, June 10, 2018
10:30am
"We Are All Called"
Rev. Heather Rion Starr, Co-Minister
Peter Meny, Worship Associate

"If Unitarian Universalism is to survive even the current century, we must actively counter forces of individual isolation and institutional dissolution even as we morph into new forms. We must revitalize that which connects us as individuals and religious communities. We must reanimate covenant."

~Rev. Sue Phillips, former New England Regional Lead,
Unitarian Universalist Association (2014)



The Annual USH Picnic was loads of fun.
Thank you to everyone who helped to make this happen
and all of those who joined in on the fun!



Photos by Mala Naticin.



Photos by Bob White.

Events and Personal News of Our Community

Social Justice Sub-Council Meeting

Noah Webster School Tutoring; Horace Bushnell Food Pantry; Race Matters; Upper Albany NRZ; The Village for Families & Children; Refugee Resettlement; AIM; Green Sanctuary

Thursday, June 21, 7pm at USH in Servetus

This meeting is open to all who are currently involved, would like to be involved, or are just interested in hearing what all the committees are doing. There is a lot going on and lots of planning for future activities so come share your ideas, interests and enthusiasm!

-Submitted by Judy Sullivan



A GRAND TIME WAS HAD BY ALL!

A group of children from The Village for Families and Children came to the Annual Picnic at USH this past Sunday and a Grand Time Was Had by All! The eight

children felt the food was good, had a terrific time playing all the games and thought our Blue Boat was absolutely awesome. For children who don't often have the opportunity to play outside in a welcoming community our Blue Boat truly did sail home. Once again, USH opened your hearts to the children from The Village. Thank you. - Submitted by Joanne Orlando

Turning Bad News into Positive Action

Like many of you, I have been overwhelmed by all the negative stories that we are faced with each day. Some days I feel paralyzed by not knowing exactly what to do while wondering if anything I do can make a difference.

A member of our congregation sent me the link to the **Americans of Conscience Checklist** which offers non-partisan action plans that offer precise instructions for simple tasks that we can do from home. I am attaching some general information about this site and will offer one or two "action opportunities" each week.

"I am only one, but still I am one.

I cannot do everything, but still I can do something.

And because I cannot do everything, I will not refuse to do the something that I can do."

~Edward Everett Hale

Americans of Conscience Checklist

In the Americans of Conscience Checklist , you get...

Clear, well-researched actions in support of:

- Democracy and Constitutional freedoms
- Voting access

- Equality for all Americans
- Respectful treatment of people who immigrate to the US

Acts of Gratitude to praise elected officials when they do something good for all people, no matter which side of the aisle.

Good News about our democracy and people doing kind things for each other.

A short reading list of quality articles.

Actions + hope = perseverance.

The AoC checklist helps you...

- Feel more encouraged and less overwhelmed.
- Tune out the noise and focus on what really matters.
- Take action easily.
- Make a difference even when you're busy.
- Feel purposeful and a little more at ease.
- Continue engaging with your democracy for the long run.

I value showing respect for all people, no matter where they were born.

We oppose inhumane treatment of all people and the government agencies that perpetuate it. [People who immigrate](#) to the US make our country stronger and are entitled to basic respect.

Action: Stand with people detained in ICE facilities.

Call: Your one House rep and two senators ([look up](#)).

Script: Hi. I'm calling from [ZIP] concerned about the [lack of oversight](#) in detention centers where thousands of families, [many with small children](#), are housed. To increase oversight and stop further construction of [lucrative immigrant prisons](#), will [name] commit to co-signing the DONE Act ([S. 2849/H.R. 5820](#))? Thank you.

Action: Stand with children separated from their families.

Call: Your one House rep ([look up](#)). Even if they already agree/don't care.

Script: The administration's "[zero tolerance](#)" [immigration policy](#) separates children from adults when they cross the border without authorizing documents or who (legally) present themselves as asylum seekers. I would like [name] to support two bills to stop this inhumane practice.

- The Child Citizen Protection Act ([H.R. 2508](#)) would allow judges to decline any order separating a non-citizen parent from a citizen child.

- The HELP Separated Children Act ([H.R. 5950](#)) would require states to provide separated children with foster care through welfare agencies or community organizations and require DHS personnel to undergo child welfare training.

Bonus: Donate to [legal representation fund](#) for unaccompanied kids. ([h/t](#))

Action: Stand with children and families being separated by ICE.

Write: The appointed officials listed below. ([Print out copies of this letter.](#))

Script: Our nation has a moral responsibility to protect children and treat them with basic decency, regardless of immigration status. The [inhumane practice](#) of separating children from parents as [an immigration deterrent](#) must stop. As a taxpayer funding this egregious neglect of duty, I urge you to take full and immediate responsibility for ensuring children's well-being and safety. Keep families together. Stop [locking them up](#). Sincerely, [name, state] ([h/t](#))

DHS Secretary Kirstjen Nielsen

Address: Secretary of Homeland Security, Washington, D.C. 20528

Acting ICE Director Thomas Homan

Address: [Immigration and Customs Enforcement](#), 500 12th St. SW, Washington, D.C. 20536

HHS Secretary Alex Azar

Address: Office of [Health and Human Services](#), 200 Independence Avenue, S.W., Washington, D.C. 20201

Acting Assistant ACF Secretary Steven Wagner

Address: [Administration for Children and Families](#), 200 Independence Avenue, S.W., Washington, D.C. 20201

ORR Director Scott Lloyd

Address: [Office of Refugee Resettlement](#), Mary E. Switzer Building, 330 C ST SW, Washington DC 20201

-Submitted by Judy Sullivan

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact Ginny Hedrick: 860-677-9272.

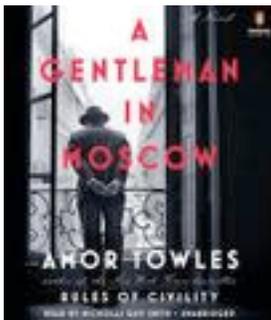
Meditation & Dharma Group: No gatherings from June 7th until September. Contact Fred Louis at 860-223-2407 for information when they will resume.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. **Off-site for the summer**, contact Mark Friedman for locations: drmarkafriedman@drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

USH Book Club: Next Meeting: Thursday, June 14, 5:30pm. A *Gentleman in Moscow* by Amor Towles. Off-site. For directions and more information contact Richard Groothuis: rgroopofus@icloud.com.



In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal, and is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. Rostov, an indomitable man of erudition and wit, has never worked a day in his life, and must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel's doors. Unexpectedly, his reduced circumstances provide him entry into

a much larger world of emotional discovery. Brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another, this singular novel casts a spell as it relates the count's endeavor to gain a deeper understanding of what it means to be a man of purpose. Ginny Allen has offered to host our meeting at Seabury. Details to follow.

-Submitted by Richard Groothuis

Living Your Faith! (formerly known as Building (and Living!) Your Own Theology) 2018-19, is an intensive and interactive 12-week program in which participants define/discuss their faith and its impact

on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become.

Program participants will be drawn from the three UU congregations in our area: The Universalist Church of West Hartford, the Unitarian Society of Hartford, and UU Society East. The group will be limited in size (like a Small Group) and meeting locations will rotate among the participating congregations. Sessions will be held twice a month, September - March on **Tuesdays**, from **7:30 – 9:00**. Contact Facilitator and USH member, Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com for more information and to register.

Small Group Ministries:

What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: estmckone(at)aol.com, phone 860 677 6682.



Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone,

email - Estmckone(at)aol.com or call 860-677-6682.

Planning future SGMs: I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, and 3) Spirituality of nature-based, earth-centered faiths and 4) A gender identity focused SGM. So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. Let me know if you can help! - Submitted by Esther McKone

Meeting House Presents!



**2017-2018
Season**



MHP concerts are co-produced by
The Sounding Board Coffee House

50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 1

Thank you Laura and Paul Cipriano and all the other volunteers who made the first season of 'Meeting House Presents' a success. More details about the 2018-19 season will be coming up. Stay Tuned!

Meeting House Presents – A concert series at the Unitarian Meeting House, 50 Bloomfield Avenue, Hartford. All events begin at 8:00 pm (doors open at 7:30).

Click [HERE](#) to read the Blog. Contact Laura and Paul Cipriano (MeetingHousePresents@gmail.com or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

Weekly Reminders



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

Upcoming Special Events and News in the Larger Community



General Assembly: "All Are Called"

General Assembly is the Annual Meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates. **The 2018 General Assembly will be June 20-24 in Kansas City, Missouri.**

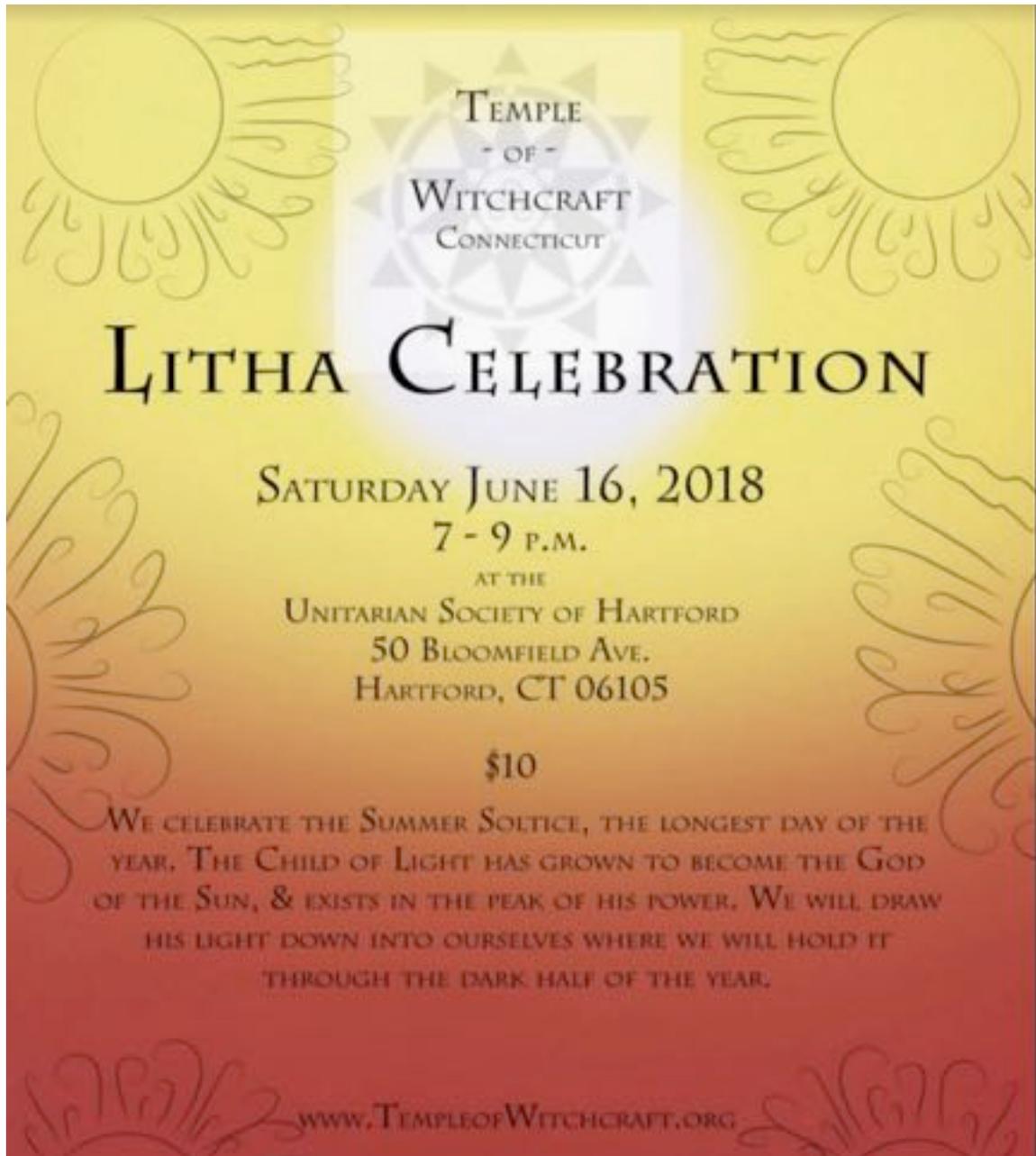
Please let Revs. Heather & Cathy know if you're planning to attend this or are interested in knowing about future GA's.

Grounded in a deep belief that we are all prophets, Unitarian Universalists ask, "How can we faithfully meet the demands of our time?" The call to witness and act for justice in our

society and in the world is clear. So, too, is the call to examine our structures and practices, dismantling and transforming those which fail to recognize the full humanity of all people and to honor the interdependent web of life. Join us in Kansas City as we dive deeply into questions of mission for our Unitarian Universalist Association, for our congregations and communities, and for each of us as individuals.

Excellent Programming: GA will offer more than 175 programming selections over the course of five days. Major worships this year will be lead by UUA President Rev. Susan Frederick-Gray and Rev. Sofia Betancourt. More programming details are available at www.uua.org/ga.

Consider being an Off-Site Delegate--from your home! General Assembly is getting more-and-more enjoyable without all the expense of travel and lodging--you can live-stream more and more of the workshops and worship services right from your home. Please let RevHeather (revheatherrionstarr@gmail.com) know as soon as possible if you are interested in fully participating as an Off-Site Delegate--and mark off your calendar for June 20-24, because there are programs to view, vote in, and be inspired by, almost all day every one of these days!



The poster features a central logo for the Temple of Witchcraft Connecticut, which is a stylized sun with rays. The text is centered and reads: "TEMPLE OF WITCHCRAFT CONNECTICUT", "LITHA CELEBRATION", "SATURDAY JUNE 16, 2018", "7 - 9 P.M.", "AT THE UNITARIAN SOCIETY OF HARTFORD", "50 BLOOMFIELD AVE.", "HARTFORD, CT 06105", "\$10", and a paragraph of text describing the celebration. The background is a gradient from yellow to red, with decorative sun motifs in the corners.

TEMPLE
- OF -
WITCHCRAFT
CONNECTICUT

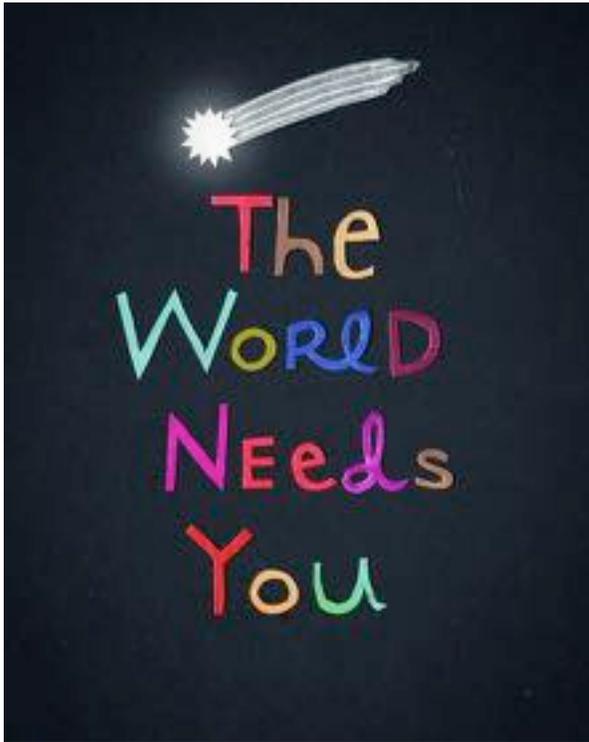
LITHA CELEBRATION

SATURDAY JUNE 16, 2018
7 - 9 P.M.
AT THE
UNITARIAN SOCIETY OF HARTFORD
50 BLOOMFIELD AVE.
HARTFORD, CT 06105

\$10

WE CELEBRATE THE SUMMER SOLTICE, THE LONGEST DAY OF THE YEAR. THE CHILD OF LIGHT HAS GROWN TO BECOME THE GOD OF THE SUN, & EXISTS IN THE PEAK OF HIS POWER. WE WILL DRAW HIS LIGHT DOWN INTO OURSELVES WHERE WE WILL HOLD IT THROUGH THE DARK HALF OF THE YEAR.

WWW.TEMPLEOFWITCHCRAFT.ORG



The past week has been a somber reminder that we have to undo mental health stigma and build real structures to love and care for each other.

It's hard to process and absorb devastating breaking news announcements over and over again. It's hard to remember to be gentle with ourselves and each other at a time when the stakes are so high, when we are fighting for our lives. That kindness and gentleness is more important in times like these. All we have is each other, and as a community of women, femmes, and allies, we must care for each other. The world needs you.

Check on your loved ones, and if you need someone to check on you, please call the National

Suicide Prevention Hotline: 1-800-273-8255.

In community and with love, [Women's March](#) -Submitted by Judy Sullivan; Artwork by Molly Costello



Come Out and Connect!

Call 860.693.5811 x4 to Reserve Your Seat!

Lesbian, Gay, Bisexual and Transgender (LGBT) Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

Thursday, June 28, 2018
12:30-3:00PM
Canton Senior Center
40 Dyer Avenue, Canton CT 06019

12:30PM

Welcome! Tour of the Senior Center!
 Tea & Coffee & Desserts Served

1:00PM



Tree of Life artwork © copyright 2017 Donna Gentile. All rights reserved.

Join us for **ZENTANGLE fun** and deepening connections! Learn how to draw Zentangle patterns in the shape of a tree, and then add your positive intentions and favorite colors! The "Wisdom Tree" holds much meaning. We'll focus on the symbolism of rebirth and a fresh start on life, positive energy, good health and a bright future as well as the symbolism of your growth into a beautiful and unique person who has weathered hardships and who has broad experiences in life, which have made you who you are! You'll receive guided instruction for drawing a tree, creating tangle patterns and techniques for applying colors, textures and power words. Recharge your battery, manifest positive changes and celebrate awesome you!

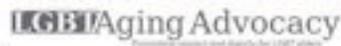
Instructor: Donna Gentile, conscious artist, designer and musician is the founder of Community Mandala Project, an initiative offering Mandala and other Meditative Art Workshops to inspire, empower, strengthen and transform people and communities by combining the power of our stories and creativity to vision, manifest, honor and celebrate our authentic selves, divine beauty and natural gifts.

ALSO!



Kindness Rocks Project –Create Kindness and Cultivate Compassion: <https://www.thekindnessrocksproject.com/> BYOR (Bring Your Own Rock(s))! Paint an inspirational Rock or two or three and then drop them randomly- let's see how far the LGBT MSC can spread kindness! (all other supplies included)

The LGBT Moveable Senior Center is sponsored by CCC as part of "Getting it Right": Creating an LGBT-Inclusive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy





Poor People's Campaign:

A National Call for Moral Revival is uniting tens of thousands of people across the country to challenge the evils of systemic racism, poverty, the war

economy, ecological devastation and the nation's distorted morality. Unitarian Universalists and people of faith across the country are showing up together. The Connecticut Poor People's Campaign is doing actions at the Capitol Building every Monday at 3 pm, and culminating in a huge march on Washington on Sunday, June 23rd (let RevCathy know if you're interesting in a bunch of us going to that together). Please join us if you can! More info about the [CT campaign here](#) and the [national campaign here](#).



For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister
revheatherriostarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals
Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

Rev. Cathy has a new scheduler!

No, we haven't hired a personal assistant for the Revs, but I am trying out a new online scheduler. If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.