

50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

August 29, 2018

Worshipping Together Since 1830

Revs. Cathy & Heather Rion Starr



**Worship Service: Sunday, September 2, 2018
10:30am**

"Connection in the Chaos"

**Worship Leaders: Ari Basche, Craig Best, Stephanie Briggs,
Adam Brown, Kim Craig, Alexa DeSocio, Lisa Galinski, Chris Wilt**

We are living in chaotic times. Information and events are moving and shifting all around us at every moment, we are engaging with technology on a constant basis, and the pace of our daily lives has become faster than ever before. In this sometimes dizzying environment it is easy to feel overwhelmed, adrift, and alienated. Yet we also know that as inherently social human beings, "connection is the cure." And so it is crucial for our well being that we each find tools and practices that help us get and stay connected with what nourishes us. The third annual 20s/30s-led service will explore practices around and an experience of connection.

"You're an interesting species. An interesting mix. You're capable of such beautiful dreams, and such horrible nightmares. You feel so lost, so cut off, so alone, only you're not. See, in all our searching, the only thing we've found that makes the emptiness bearable, is each other."
~Carl Sagan



First choir rehearsal, and an invitation to join!

The first choir rehearsal will be **Thursday, September 6th**, from 7:00 PM to 9:00 PM. If you have thought about joining the choir but have had a difficult time committing to Wednesdays, this

might be a great opportunity with the day change!

We are also making an effort to accommodate childcare for Thursday evenings. If this is a concern of yours and something you might be interested in, please contact Rayla at dre@ushartford.com. If you are interested in joining the choir, or are just wanting to find out more about it, e-mail Sam at smoffett@ushartford.com, or you can call him at (860) 371-8880.



September 16 is our annual **Ingathering and Water Communion** service. Remember to gather some water from wherever and however you spent your summer days for the service.

[image: tom crew ceranics.jpg](#)

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that the submission should be included in the 'Subject' field.

In This Week's Enews:

[Personal News of Our Community](#)
[RE News You Can Use](#)
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[Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>
See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [Here](#).

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

RE News You Can Use:

Rayla D. Mattson, Director of Religious Education



During the summer the nursery will be available during the morning worship service from 10:15—11:45am for infants and toddlers.

I am working on the RE schedule for this program year. There is still time to sign up and help. I am looking for additional help in Prek-2nd, 3rd-5th and middle school. The commitment would be one Sunday every 4-6 weeks. I also need additional nursery staff so please let me know if you know of anyone who would be a good fit. Thank you.

Please be advised that there will be a parent meeting led by Rob for the Youth Group on Ingathering Sunday, September 16, after the service. The meeting will be held in the Youth Group room and will be about ten minutes.

Rayla D. Mattson
 Director of Religious Education, Unitarian Society of Hartford
 860-233-9897 ext. 104 | dre@ushartford.com
 I only check my email on Tuesday, Wednesday, Thursday and Sunday.



Social Justice at USH



Hartford Pride 2018 is coming up!

Hartford Capital City Pride invites you to our 2018 PrideFest week celebrating the diversity and achievements of the Lesbian, Gay, Bisexual, Trans-gender and Queer (LGBTQ+) community across Connecticut. PrideFest 2017 was attended by over seven thousand people at a variety of venues. The events hosts speakers, entertainers and community events that make for a vibrant week in the city of Hartford. This year similar programming is planned and with more venues. **PrideFest will be on Saturday, September 8th, 2018** from

noon to 6pm in Hartford's historical Pratt Street (pictured in 2017!). The September dates for the week-long pride celebration will end on Saturday, September 8, 2018 with the PrideFest Celebration and after party. For more information, visit at www.hartfordpride.com. Judy Sullivan, USH Board Social Justice Chair, is coordinating our first-in-memory UUs of Greater Hartford booth! Members of the Fern Street (West Hartford), Manchester and Meridan UU congregations will all be joining us. Please let Judy know if you can participate on September 8 and "represent!" (jasully08(at)yahoo.com or (860) 719-9886.)

To sign up for Booth Volunteers click [HERE](#).

To sign up for *PrideFest Booth Activities* click [HERE](#).

HAVE A FABULOUS PRIDE 2018, GREATER HARTFORD!!



And then...come *keep nourishing* your spirit, *celebrating* your uniqueness, *building* multigenerational glbtq-positive community, and *showing up* for social justice throughout our communities and our country alongside one another, all year 'round.

**We are your Greater Hartford-area
Unitarian Universalist congregations,
and we welcome you,
exactly as you wonderfully are!**

The Unitarian Society of Hartford, Revs. Cathy and Heather Rion Starr,
50 Bloomfield Avenue, ushartford.com

The Universalist Church of West Hartford, Rev. Dr. Adam Robersmith,
433 Fern Street, westhartforduu.org

The Unitarian Universalist Society: East, in Manchester,
Rev. Josh Pawelek, 153 Vernon Street W., uuse.org

The Unitarian Universalist Church in Meriden,
Rev. Dr. Jan Carlsson-Bull, 328 Paddock Avenue, ucentralct.org



Justice Chair

Americans of Conscience Checklist

The checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay engaged. Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social

Americans of Conscience Checklist Week of August 26, 2018

By [Jen Hofmann](#)

94 weeks down, [71 days](#) (ten weeks) to midterm elections.

I value democracy. *Guided by respect and collaboration, we create a government for the people, by the people.*

Action: Encourage your elected officials to hold town hall meetings.

Call: Your one [House](#) rep and two [senators](#) ([look up](#)).

Script: Hi. I'm a constituent from [ZIP]. Can you tell me when [name] is holding town hall meetings in my area during the September 17-24 recess?

— If no meetings planned: It's important for citizens to meet face-to-face with people who want our votes in November. Can you let me know when s/he plans to meet with his/her constituents?

— If meetings planned: Thank you—I plan to be there.

I value equality.

Stand with your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability. Out of many, we are one

Action: Speak up with Americans with disabilities. [Oppose Kavanaugh.](#)

Call: Your two senators ([look up](#)). Today.

Script: Hi. I'm calling from [ZIP] to oppose Brett Kavanaugh's Supreme Court nomination. I value equal opportunity for disabled people. Kavanaugh could undermine the federal regulations and programs, [including health-care](#), that have advanced prospects and access for our neighbors with disabilities. America needs a fair and moderate Supreme Court judge who truly supports "equal justice under the law." I urge [name] to vote against his confirmation.

Action: Support kids in school. [\[h/t\]](#)

Call: Or write your one House rep and two senators ([look up](#)).

Script: Hi. I'm from [ZIP], and I'm calling to oppose the [Dept. of Education spending my tax dollars to arm teachers](#). Schools need #BooksNotBullets. I want [name] to block this dangerous agenda. I value secure, convenient voting and fair elections.

Democracy thrives when citizens elect people who represent their values.

Action: Protect the integrity of our vote.

Action: Learn how paid foreign "trolls" make us lose faith in democracy—and what to do about it. Watch [this 3-minute video](#).

Bonus: Share the video on Facebook and Twitter:

<https://www.youtube.com/watch?v=psmpWVuCb8s&feature=youtu.be>...To read more click [HERE](#).

Turning Bad News into Positive Action...Click [HERE](#) to read more.
-Submitted by Judy Sullivan, USH Social Justice Chair

Spiritual Life at the Unitarian Society of Hartford



Thoughts on Spiritual Life by Marye Gail Harrison

-USH Spiritual Life Chair for the Board of Directors.

Daily I read Richard Rohr's blog. He is a Franciscan priest and leader of the Center for Action and Contemplation. This is from his August 26, 2018 blog.

"Let me begin with one of my favorite passages from the brilliant philosopher Ken Wilber [from *One Taste*, pp. 25-26]:
. . . 'Religion itself has always performed two very important, but very different functions. One, it acts as a way of creating meaning for the separate self: it offers myths and stories and tales and narratives and rituals that, taken together, help the separate self make sense of, and endure, the slings and arrows of outrageous fortune. This function of religion does not usually or necessarily change the level of consciousness in a person; it does not deliver radical transformation. ...[i]t consoles the self, fortifies the self, defends the self, promotes the self.

But two, religion has also served—in a usually very, very small minority—the function of radical transformation and liberation. This function of religion does not fortify the separate self, but utterly shatters it—not consolation but devastation, not entrenchment but emptiness, not complacency but explosion, not comfort but revolution—in short, not a conventional bolstering of consciousness but a radical transmutation and transformation at the deepest seat of consciousness itself.' [2]

This second function is the ultimate goal of all mature spirituality. This is the contemplative dimension of religion. As Thomas Keating says, "The primary purpose of religion is to help us move beyond the separate-self sense to union with God." [3]"

Our summer services at USH described (and sometimes enacted) spiritual practices our members use in their own spiritual nourishment. To what extent did they affirm what you already experience or did they provide glimpses of new perspectives of consciousness to you? In what ways do you agree and disagree with Thomas Keating's quote? During the coming year I will periodically offer Spiritual life conversations after the services. Look for the announcement if you are interested. To read more click [HERE](#). To read Marye Gail's previous article click [HERE](#).

Sunday Service Photos

Worship Service: Sunday, August 26, 2018

10:30am

"Listening: Soaking In Another's Story and Song"

Rev. Heather Rion Starr, Co-Minister

Peter Meny, Worship Associate



Photos by Harriet Gardner

Church Business News



Building & Grounds Cleanup-Workday September 8, 9:00 AM - 12:00 PM

Each year in the spring and fall the Building and Grounds Sub-Council holds an official workday to which you are all invited! (They actually work on many other days as well). Our Fall 2018 B & G workday is scheduled on Saturday, 9/8 from 9 AM to Noon. Volunteers are solicited by the Building and Grounds Sub-Council for general clean-up work. We will be sprucing up the Memorial Garden for the pending interment of Marion Cook's ashes. There will also be general areas to clean up between the buttresses adjacent to the building, around the sign on Bloomfield Avenue, and a variety of other tasks.

If you can attend, it would be helpful if you would inform David Newton at [dnewton999\(at\)sign\)gmail.com](mailto:dnewton999(at)sign)gmail.com) or 860/335-3742 to help with the planning. Or, just come! All Are Welcome! If you have tools you believe would be helpful, bring them along.

~ **David Newton, Sec. Pro Tem B&G**

The latest financial reports have been posted, click [HERE](#) to view. The Board Meeting minutes for **July** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at [ushlindaclark\(at\)gmail.com](mailto:ushlindaclark(at)gmail.com) for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



New Program starting in September: Spirituality and Aging

As we age, existential questions can loom large. Is this all there is? Could I be happier? Could I wring more out of this life before it is over? These big questions (and others!) are the domain of spirituality. In a safe, friendly, informal setting, we will explore

Universalist truths, feeling our way to what is right for each of us. There will be experiential exercises and lots of opportunities for fun and lively conversation.

Where: USH Library and David's Den.

When: Six Wednesdays, Sept 19 - Oct 24, 2018

Time: 11:00-12:30 followed by a BYO lunch

Cost: \$10, includes registration fee, photocopies, etc.

To Enroll: please contact Judy Robbins judyrobb2@gmail.com or for questions, call Judy at 860-633-3348.

Facilitator: Judy Robbins, PsyD, a nearly-lifelong UU, is a seasoned facilitator with advanced degrees in both spirituality and psychology. Her courses tackle big issues with down-to-earth warmth and wit.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham@gmail.com.

Meditation & Dharma Group: No gatherings until September. Contact Fred Louis at 860-223-2407 for information for when they will resume.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Starting at USH in September, contact Mark Friedman for more information:

drmarkafriedman@drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

USH Book Club: Our first meeting will be Thursday, September 13, 2018 at the Groothuis' home, contact Richard Groothuis for address: rgroopofus@icloud.com.

Small Group Ministries:

What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space – a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: estmckone(at)aol.com, phone 860 677 6682.



Participation & Planning for Small Group Ministries:

I am encouraging all those who have an interest in the Small Group Ministry (SGM) program at USH to contact me. Members and friends who would like to have input into the readings that inspire us to share during the SGM sessions should contact Esther McKone, email - Estmckone(at)aol.com or call 860-677-6682.

Planning future SGMs: I am considering having more focused groups for the future encompassing such issues as (1) Disabilities, 2) Structural Racism, 3) Spirituality of nature-based, earth-centered faiths and 4) A gender identity focused SGM. So the ideas are plentiful, but I also need people willing to contribute their skills and talents toward the goal of continuing a robust Small Group Ministry program at the Unitarian Society of Hartford. Let me know if you can help! -Submitted by Esther McKone

Events and Personal News of Our Community

MEMORIAL RECEPTIONS AT THE MEETING HOUSE -- and you?!

Janice Newton, Nancy Reed, and Louise Schmoll, who have so ably created such beautiful memorial receptions for some years here at the Meeting House, will be stepping back from this role after Marion Cook's September 22 (11am) Memorial. They'll still be available for consultation and support, but we are going to need to identify some new folks to coordinate the Receptions if we wish to continue them in the way they've been.

For now, I want to let you know of this transition, make sure you are aware of the Marion Cook service in hopes that perhaps you can "shadow", provide some extra help, and/or lurk around (smile) during the Reception and know how they're done, and consider your own level of energy and interest in serving the USH in this significant way. Would you please consider helping maintain our tradition of lovely Memorial Receptions at the Meeting House?

We have a Memorials listserv and you can be added to it by e-mailing Linda Clark (or simply reply to this E-news) to ask to please "add me to the Memorials listserv." Many hands make light work, and we would love to have "more hands on deck to care for families and our community in times of loss."

~Thoughtfully, RevHeather

SPACE SHARING IN CROMWELL

Excellent Location! Lots of Space! Quiet and Friendly Atmosphere!
Looking for preferably (though not exclusively) female housemate,
non-smoker

Great for Graduate Student and/or Mature Person

- Fully Furnished Room
- All Utilities Included
- Free Wi-Fi
- Unit Features Balcony, Dishwasher
- Building Features On-Site Washer and Dryer
- Property Features Community Pool
- (+Entire condo to yourself 2-3 days on most weeks & periodically for longer periods)
- Call, Text or Email USH Member Margalie for more information or to schedule a viewing.

216-856-5654 & mbeliza32@gmail.com



Unitarian Society of Hartford Community Garden Plot and Labyrinth in the KNOX Watkinson Community Garden

It's the fourth summer gradually growing our Plant-based Labyrinth in the USH Plot of the Watkinson Community Garden! If you haven't ever made your way down to the base of the Meeting House parking lot, do. There you will find an entrance to a magical world--a massive

Community Garden where in the summertime, community and callaloo abound. Each of the past three summers, some progress has been made towards a plant-based labyrinth in our USH Community Garden Plot, and you can really feel that patience and perseverance down there, now! Take a walk, pull some weeds, ring the bell, breathe in deeply. If you are able and interested in getting your hands in the dirt and supporting this effort, your participation is welcome. Here's a sign-up sheet for this summer to help space out our efforts (and most importantly, water the plants): <http://signup.com/go/mgdshSu>.

We continue to figure out how best to nurture this project in a low-key and sustainable summer way. Thanks to Susan Hope, Esther McKone, and Diane Cadrain for a lovely time gardening together in late June. Just a few people working together for just a few hours can lift each other's spirits and make a little more green magic happen! ~RevHeather



2018-2019 Season



MHP concerts are co-produced by
The Sounding Board Coffee House

50 Bloomfield Avenue, Hartford, CT 06105 -The Intersection of Routes 44 & 189

Join us on Friday, September 14, 2018 at 7:30.

Meeting House Presents second season starts with an eclectic mix of music to get your mind working and your feet tapping.

Building on a Pete Seeger style sing-along the show will segue to rap and hip hop from **Tang** and **Self-suffice aka Khaiim the RapOet**, to **Jill Free's** jazz, blues and soul, to inspirational flute and sax from **Mixashawn Rozie** and Spanish guitar from **David Giardina**. Something for everyone and maybe something you love that you have never heard before. Join us on **Friday, September 14, 2018 at 7:30**. Tickets are available at **Brown Paper**

Tickets and season tickets will be available at church starting the last week of August. **Click [HERE](#) to read the Blog.**

Contact Laura and Paul Cipriano (MeetingHousePresents@gmail.com or 860-298-9984) to contribute your ideas, volunteer time, pledge financial backing for the series, or find out more!

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and this year we want to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2018-19 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they are yet, but this will be an exciting season.) Coming up:

- Saturday, Sept. 29, 2018 Peter Mayer
- Friday, October 26, 2018 Charlie King
- Friday, November 30, 2018 Lula Wiles
- Friday, December 28, 2019 Special Concert Event – Artists to be announced
- Friday, January 25, 2019 Special Concert Event – Artist to be announced
- Friday, February 22, 2019 Special Concert Event – Artist to be announced
- Friday, March 22, 2019 Hubby Jenkins
- Friday, April 19, 2019 Special Concert Event – Artist to be announced
- May 3, 2019 Pete Seeger 100th Birthday Party- Artists to be announced

Get Involved at USH - Be Part of a Great Team!

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Small Group Ministry Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Upcoming Special Events and News in the Larger Community

8:00 - 9:30 AM

THOUSANDS OF DOORS FOR JUSTICE

TDJ is a day of action for activists and volunteers across the state to step up and fight for issues of economic, racial, social, women's, environmental, disability, and immigrant justice. Advocates will be knocking on doors, making calls, registering voters, training volunteers, recruiting new activists, and more. We all contribute in the best ways we can and embrace our collective struggle.

RSVP online at: www.ccag.net - or call Ann Pratt: 860.209.1234

#DoorsForJustice

KICKOFF on September 8th is at 9:30 AM where we will meet, greet and rally before conducting trainings for those who need it and then heading out to take action.

STATEWIDE LAUNCHING LOCATIONS: Doors Open: 8:45 AM

Tabling & Local Programs: 8:45-9:25 AM

Statewide Program (Connected by Video Streaming): 9:30 AM to 10:00 AM

Reaching out to voters- Doors/Tabling/Trainings: 10:00 AM to 1:00 PM

Danbury: Western CT State University-Science Building, Rm 125
181 White St., Danbury CT

Hartford: Capital Community College-Auditorium, 950 Main St.,
Hartford CT

Middletown:

Middlesex Community College-Chapman Hall, 100 Training Hill Rd.,
Middletown CT

New Haven-Begins at 9:00 am

Summerfield United Methodist Church, 425 College St, New Haven CT

New London: All Souls Unitarian Church, 19 Jay St., New London CT

Waterbury: Long Hill Bible Church, 131 Garden Circle, Waterbury CT

Willimantic: Generations Health Center, 40 Mansfield Ave.,
Willimantic CT

RSVP TODAY AT WWW.CCAG.NET FOR MORE DETAILS ON EACH LOCATION

Or contact Ann Pratt: 860.209.1234 | ann.prattccag@gmail.com

~Submitted by Judy Sullivan, USH Social Justice Chair



We Cannot Be Silent About Our Environment!

All of us need to speak out against willful attacks on our environment. We cannot allow federal government officials (prompted by oil, gas, and coal company lobbyists) to rollback critically important environmental mandates (e.g., reducing power plant carbon emissions).

On Sunday, September 9, Connecticut will accordingly come together to "Rise up for the Climate, Jobs and Justice Rally" on the New Haven

Green at 1:00 PM. Go to <https://350ct.org/riseup2018/> for more information. The goal is to build a worldwide movement ahead of the Global Climate Action Summit in San Francisco, September 12-14.

As a prelude to the Rally, the Interreligious Eco-Justice Network, 350ct.org, the Sierra Club, and many other environmental organizations have coordinated a week of free education events (September 2-8). You can choose from over 20 events focusing on the healing of our environment. Please go to irejn.org for a list of possibilities. Contact Mike Winterfield at mikewinterfield@comcast.net or (860-232-5528) for more information. -Submitted by Mike Winterfield

GOLDEN HILL UNITED METHODIST CHURCH
AND CANTICO NUEVO CHOIR PRESENT

MANOS

INDOCUMENTADAS

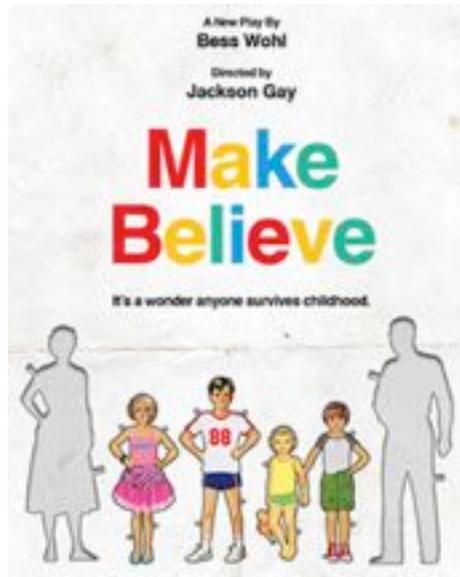
UNDOCUMENTED HANDS

A Biblical Cantata on Immigration

**cántico
nuevo**

Any immigrant who lives with you must be treated as if they were one of your citizens. You must love them as yourself, because you were immigrants in the land of Egypt; I am the Lord your God.
Leviticus 19:34

Saturday, September 8th, 2018 • 7 PM
Golden Hill United Methodist Church
210 Elm St. Bridgeport, CT 06604
Suggested donation \$10



Fall 2018 Collaboration with Hartford Stage: *Make Believe*

Continuing for the third year now, RevHeather will be leading a service inspired by a Hartford Stage production. This fall that production is the world premiere of "Make Believe," "Bess Wohl's uncanny, gently funny and touching play, set in the 1980's, which follows four young siblings as their childhood is upended by the mysterious problems of the adults in their lives and tracks how moments from our childhood resonate with us forever." The September 23 service at USH will be inspired by this play.

We've received a discount code from HartfordStage: UNITARIAN20 for 20% off all shows Sept 6-30, all seats except the SuperSaver seats that are already only \$25. Find out more and get your tickets, here: <https://www.hartfordstage.org/make-believe>.

For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. ***Please note: Items will be donated or recycled if no one claims them after a few weeks.*** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister
revheatherriostarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals
Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

Rev. Cathy has a new scheduler!

No, we haven't hired a personal assistant for the Revs, but I am trying out a new online scheduler. If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!
-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.