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Website: www.ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.
September 19, 2018
Building Community Since 1830

Revs. Cathy & Heather Rion Starr



Image: Photo by T. Charles Erickson; hartfordstage.org/make-believe/

Worship Service: Sunday, September 23, 2018
10:30am

"Chances for Healing"

Rev. Heather Rion Starr, Co-Minister

Judy Robbins, Worship Associate

"Sometimes a person you just met knows more about your own life
than you do.

When you're young you want to be old, when you're old you wish you
were young.

Maybe you're both all the time.

How is all of this possible? I don't know.
 Sometimes ghosts are more alive than real people.
 Sometimes real people are actually ghosts.
 What's the difference really, when you think about it?
 If you can figure it out, I say, 'Bravo!'"

~(Adult) Carl, in Bess Wohl's play *Make Believe*

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

In This Week's Enews:

Personal News of Our Community / RE News You Can Use

Social Justice at USH / Spiritual Life at USH

Sunday Service Photos / Church Business News

Programs for Adults and Families / Small Group Ministries

Events & More Personal News of Our Community

Meeting House Presents: **Up Next: Peter Mayer Saturday: Sept. 29th!**

Denominational Events to Consider Going To! / Get Involved at USH

Upcoming Events & News in the Larger Community

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may

have missed or find a link to the USH Facebook Page [Here](#).

Please consult our Online Calendar regularly for all upcoming events at the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

Personal News of the Community



Marion Cook's Memorial Service

Marion Cook's Memorial Service will be this Saturday, September 22nd at 11am here at USH. Please let Janice Newton know if you are contributing finger foods for the Reception. (more details below).

MEMORIAL RECEPTIONS AT THE MEETING HOUSE -- and you?!

Janice Newton, Nancy Reed, and Louise Schmoll, who have so ably created such beautiful memorial receptions for some years here at the Meeting House, will be stepping back from this role after Marion Cook's September 22 (11am) Memorial. They'll still be available for consultation and support, but we are going to need to identify some new folks to coordinate the Receptions if we wish to continue them in the way they've been.

For now, I want to let you know of this transition, make sure you are aware of the Marion Cook service in hopes that perhaps you can "shadow," provide some extra help, and/or lurk around (smile) during the Reception and know how they're done, and consider your own level of energy and interest in serving the USH in this significant way. Would you please consider helping maintain our tradition of lovely Memorial Receptions at the Meeting House?

We have a Memorials listserv and you can be added to it by e-mailing Linda Clark (or simply reply to this E-news) to ask to please "add me to the Memorials listserv." Many hands make light work, and we would love to have "more hands on deck" to care for families and our community in times of loss.

~Thoughtfully, RevHeather

From the Revs~

Rev's General Schedule and how to reach us

As a reminder as we begin another church year, here is our schedule of when we are generally working and available. We strive to be available while also protecting time for strategic thinking and worship planning, as well as our non-USH time for family, RevHeather's role as half-time Consulting Minister in Danbury, etc. It's easiest for us to

schedule with you a couple weeks (or more!) ahead, unless something comes up that is truly urgent.

To schedule with RevCathy, use the scheduler at this link:

<https://RevCathyRionStarr.as.me/> or email

(revcathy(at)ushartford.com) or call (860-233-9897x103). To schedule with RevHeather, email RevHeatherRionStarr(at)gmail.com or call 860-233-9897x103.

- **Sundays:** We are here and focused on worship and greeting members and newcomers, as we hope everyone is! (If you really must talk business, please save it until after the receiving line ends.) We are off one Sunday a month, and RevHeather will be in Danbury some Sundays as well.
- **Monday:** Sabbath. This is the one day that we are completely off and unavailable unless someone is in the hospital or the building is on fire. (Note that RevCathy often turns off her cell phone, and you'll occasionally see RevHeather catching up on work on Mondays.)
- **RevHeather is in the office Tuesday & Wednesday** and is available sporadically other days.
- **RevCathy is in the office Tuesday & Thursday.** Wednesday and Friday are reserved for sermon writing and not working.
- **Evenings and Saturdays:** We meet as needed with groups, though we try to limit our evening meetings to two per week. Saturdays we are available by phone for urgent matters, Sunday logistics, memorial services and weddings.

Who does what? RevCathy is Lead Minister for the Spiritual Life Council (Worship, Religious Education, Music, Chancel Arts) and the Social Justice Council and subcouncils. RevCathy is also lead minister for all things finance.

RevHeather is Lead Minister for Administration (Building, Art, Archives, Library), and Community Within (Membership, Adult Programs, Caring Network, and more).

We both share worship, pastoral care, and Board work. Feel free to contact either or both of us for any of these things.

RE News You Can Use:**Rayla D. Mattson, Director of Religious Education**

Please join us this Sunday, September 23, as we begin our first week of Religious Education classes! This should be a fun and exciting program year. All grade levels, except high school, will begin in the sanctuary at 10:30AM. After the *Time For All Ages*, they will depart to their classes.

The youth group will meet at 9:00am in the kitchen for soup making. Please contact Nina Elgo or Rob Spector with any questions on that. We're excited about youth group this year as it is one of the largest groups we have had in a long time.

The nursery will be available for infants and toddlers from 10:15-11:45am.

Buddy Bags: This year we are once again working to bridge the gap between our generations. We will partner one adult with one child as secret buddies. Each week both buddies will place get-to-know you items or letters into the buddy bag based on the symbol they share. Then at the October pancake breakfast, we will reveal everyone's secret buddy. Hopefully they will then get to know each other more at the pancake breakfast and at other events we will have throughout the year. Please send an email to dre@ushartford.com and let me know if you or your child would like to participate. Please note it is open to everyone regardless of whether you have a child in the program or not. Thanks.



On September 28th, the Mattson family will begin hosting an exchange student from Germany by the name of Hauke. He is participating in a UU exchange from his home UU congregation in Germany. While he is staying with us, he is hoping to learn more about American life, high schools here and what it means to be part of the USH community. I am hoping that some of our high school students can have him spend a day or two at their school with them and that some of our families will take him for a day trip or to an event with them so he can get to know our broader USH community. Please

let me know if any of you are interested in helping to support this amazing experience. Bradshaw will hopefully be going to spend part of next summer with Hauke and his family in Germany as part of the exchange. We will be looking for support later this year for this endeavor as well. Thank you.

Rayla D. Mattson

Director of Religious Education, Unitarian Society of Hartford
[860-233-9897 ext. 104](tel:860-233-9897) | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



Social Justice at USH



Americans of Conscience Checklist

The checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay engaged. Click [HERE](#) for past checklists. - Submitted by Judy Sullivan, USH Social Justice Chair

Americans of Conscience Checklist, Week of September 16, 2018

By [Jen Hofmann](#)

97 weeks down, seven weeks to midterm elections. **I value secure, convenient voting and fair elections.** *Democracy thrives when all citizens can freely elect those who represent their values.*

Action 1: Support your neighbors who can't afford a voter ID.

[Spread the Vote](#) is a nonprofit, empowering disenfranchised voters to vote. I'm issuing a challenge this week: Can we raise enough to provide 25 IDs-\$1000?

Donate: To [Spread the Vote](#).

Action 2: Get ready for midterms.

1 min: Share on social media: Sign our Midterm pledge to vote on November 6, 2018: <https://goo.gl/forms/jbridWNIVRs8UbVg1>.

3 min: Watch to avoid falling prey to foreign trolls and bots in [this short video](#).

1 hour: Participate in [When We All Vote's Week of Action](#).

1 day: Plan to serve as an unbiased, neighborly [poll worker on Election Day](#).

I value equality

Stand with your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability. Out of many, we are one.

Action 1: Support our neighbors with disabilities.

Call: Or write your two senators and one House rep ([look up](#)).

Script: Hi, I'm calling from [ZIP] to support the right of people with disabilities [to receive long-term care services at home](#) rather than an institution. It's more humane and cost-effective when the decision rests with an individual needing care. The bipartisan Disability Integration Act addresses this. Can I count on [name] to co-sponsor [S. 910/H.R. 2472](#)?

Action 2: Speak up for the health of all our neighbors.

Call: Your two senators and one House rep ([look up](#)).

Script: Hi, I'm calling from [ZIP] about the Labor, Health and Human Services, and Education appropriations bill ([S. 3158/H.R. 6470](#)). Besides keeping programs that [serve people with HIV/AIDS, STD and hepatitis C](#), more [funding for research is needed](#), because the opioid epidemic is causing these infectious diseases to rise rapidly. Please ask [name] to only support a final bill that addresses both retaining programs and research.

Action 3: Support Native American equality.

Write: Muriel Bowser, Washington DC Mayor, and/or Phil Mendelson, DC City Council Chairman.

Script: I'm writing from [state] to urge the District of Columbia to require the city's NFL team to [change their name](#) before discussing any plan to [return to the RFK stadium site](#). The current mascot is a racial slur and deeply offensive. If DC retains this derogatory image, I will choose not to spend my entertainment dollars on football during my next visit. Thank you for doing the right thing.

Addresses:

MB: [Via website](#) or 1350 Pennsylvania Ave. NW, Washington, DC, 20004

PM: pmendelson@dccouncil.us or 1350 Pennsylvania Ave. NW, Washington, DC, 20004

I value showing respect for all people, no matter where they were born.

We oppose inhumane treatment of all people and the government agencies that perpetuate it. [People who immigrate to the US make our country stronger and are entitled to basic respect...](#) Click [HERE](#) to read more.

Turning Bad News into Positive Action... Click [HERE](#) to read more.
-Submitted by Judy Sullivan, USH Social Justice Chair

Spiritual Life at the Unitarian Society of Hartford



Thoughts on Spiritual Life by Marye Gail Harrison WELL BALANCED SPIRITUAL NOURISHMENT

We all know about the major food groups in our diets but what about the major nourishment groups in our spiritual life? Remember by spiritual life, I mean, that which makes you feel alive, worthwhile and connected to the larger whole of life. The Unitarian Universalist Association "*Tapestry of Faith*" web site identifies 8 areas of spiritual nourishment and growth...to read more, click [HERE](#). ~Marye Gail Harrison, Chair of Spiritual Life, USH Board.

Sunday Service Recap

Sunday Service Recap by Kayla Costenoble

Sunday, September 16, 2018

"Ingathering and Water Ceremony Service: Deepening and Connection"

Revs. Cathy and Heather Rion Starr, Co-Ministers

John Brancato, Worship Associate

Even after participating in 42 Ingatherings, it continues to be a ceremony I want to be part of. And, it appears, the Reverends, beginning their fifth year at the USH, feel the same way. Our 2018 Ingathering service was filled with good songs, good cheer and good words. It started with those already in their seats singing a bunch of water songs before the "formal" service.

During the service, there was one brief moment that brought tears to my eyes: watching "our" Betty Arnold accept a candle of memory and hope from "our" Robin Rion Starr.

Long lines of members, friends and guests inched their way down the outer aisles of the sanctuary to have their personal words about how water was a part of their 2018 summer read aloud as they poured water (real or virtual) into the lovely blue bowl already containing saved water from past, and for future, ceremonies. Travels described were from an incredible number of places visited, from the kitchen sink, to gardens, new homes, from a rehab unit to Lego World—and from tears.

There were many word gems that sparkled during the service. Here are just a few, in no particular order:

May we soak in the blessing of this day.

One is not a whole number.
Important conversations are made here.
Together what we create is powerful.
Bring a little of who you are to pour into our bowl.

“Amazing things happen when we have the strength to go deeper,” Rev. Cathy said as she announced the USH theme for this year: **Deepening and Connection**. She cautioned, however, “It is not safe to go into deep waters alone” and described a first challenge (and an opportunity for connection) to us—to fill out the cards in our Order of Service and (1) list our name and a good way to contact us (2) deposit these cards in a basket (3) choose a name from a basket (4) wait for a call/email from the “stranger” who picked our name and (5) make our own call to our own unknown (hopefully) person.

It was so great to have our amazing choir back with us—18 persons strong!—as they belted out Coco Love Alcorn’s “The River.” Some words:

The river is a healer
The river is a sage
The river knows no end
And the river feels no age
The river is a leader





Photos by David Newton.

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Church Business News

The latest financial reports have been posted, click [HERE](#) to view. The Board Meeting minutes for **July** have been posted, click [HERE](#) to view (there was no August 2018 Board Meeting). To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



Living Your Faith!

Living Your Faith is an intensive 12 session program that invites participants to define and practice their own sacred lives of faith. This is currently a closed group, but the program is offered annually. For more information on this program, please contact Tom Gervais - 860-558-3000 or tom.j.gervais@gmail.com.

Programs

Emei Qigong Cultivation: Tuesdays and Wednesdays, 5:00 – 6:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi: Wednesdays, 5:30 – 7:00 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or stephen.luckingham@gmail.com.

Meditation & Dharma Group: No gatherings until September. Contact Fred Louis at 860-223-2407 for information for when they will resume.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Starting at USH in September, contact Mark Friedman for more information: drmarkafriedman@drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits), except June 2018. For more information contact Ed Savage: ed@thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41@gmail.com.

Meeting House Sing-a-Long: Saturday, September 8, 2:30pm, contact Ed Savage for more information: esavage15@att.net.

USH Book Club: Our first meeting will be Thursday, October 11, 2018 at the Groothuis' home, contact Richard Groothuis for address: rgroopofus@icloud.com. *The Fox Hunt: A Refugee's Memoir of Coming to America* by Mohammed Al Samaria.

Connection Circles (formerly known as Small Group Ministries)



Connection Circles (formerly known as Small Group Ministries) coming up!

There are still some spaces left for Fall Connection Circle groups. A group exploring general readings, facilitated by Martha Bradley, will meet on Tuesday evenings from 7-9 at Martha's home in West Hartford beginning October 9.

A disability focused group, facilitated by Don Hope, will meet on Saturday mornings from 10-12 at the Meeting House beginning September 29.

Sign-up sheets will be available after the services at the adult programs table (when possible) in Fellowship Hall until spaces are filled. Or you can sign up by contacting Martha Bradley at [marthabradley49\(at\)yahoo.com](mailto:marthabradley49(at)yahoo.com), or call or text 860-305-3307. Groups are generally limited to 10 members, so don't miss your chance to participate – sign up soon.

What is Small Group Ministry?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Contact Esther McKone to register or get more information on Small Group Ministry, email: [estmckone\(at\)aol.com](mailto:estmckone(at)aol.com), phone 860 677 6682.

Events and Personal News of Our Community



**UU
USH
&
YOU**

**3 Sunday sessions
(Oct 7, 28 & Nov 4)
12:00-1:30 pm**

Followed up with a
Membership Sunday on Dec 2nd

**A Path to
Membership**

**Free child care
provided.**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.




RevCathy will join us on Oct 28
RevHeather will be present Oct 7 and Nov 4

Contact Brian Harvey at
bharvey@ushartford.com



USH Skills & Thrills Auction

Silent Auction fundraiser featuring offerings of people's skills, interests, talents, hobbies, vocations and avocations
Cost: Whatever you want to bid

The 2018 **Skills & Thrills Auction** is coming soon! Mark your calendar for **Sunday, October 21, 2018 at 12:00 noon** for the Unitarian Society of Hartford's annual fundraising auction online and in-person. We need church members, visitors, friends and family, local businesses that provide services to you, etc. to donate their "Skills and Thrills" to this auction. What is a "Skills & Thrills Auction" you may ask... What kinds of skills are you willing to share with others? Do you have good construction experience? Or is serving scones your cup of tea? The thrills are all about fun experiences: Are you a terrific trail guide? Could you lead a kayaking trip? Offer a weekend stay at your second home? The possibilities are only limited by your creativity! This auction is one of the important ways for us to raise funds for this community and all get to know each other a little better. We can't wait to see what will be offered this year! Any questions? Email Caron Lanouette at ushstewardship@gmail.com.

A Message from Rayla:

Due to unforeseen circumstances, the kids and I are needing to move after living in our rented home in Bloomfield for the last 5 years. As a result of circumstances from my divorce, I am running into some snags acquiring another place in town to reside. I am looking for some assistance in finding some creative solutions. I have some ideas and thoughts but need some help. We must stay in town due to the requirements of Sage's Special Education program and we rather like the town as well. If you are open to having some positive and healthy discussions on options, I'd love to hear from you. Thank you! ~Rayla D. Mattson, Director of Religious Education; 860-233-9897 ext 104 / dre@ushartford.com.

SPACE SHARING IN CROMWELL

Excellent Location! Lots of Space! Quiet and Friendly Atmosphere!
Looking for preferably (though not exclusively) female housemate,
non-smoker

Great for Graduate Student and/or Mature Person

- Fully Furnished Room
- All Utilities Included
- Free Wi-Fi
- Unit Features Balcony, Dishwasher
- Building Features On-Site Washer and Dryer
- Property Features Community Pool
- (+Entire condo to yourself 2-3 days on most weeks & periodically for longer periods)

Call, Text or Email USH Member Margalie for more information or to schedule a viewing.

216-856-5654 & mbeliza32@gmail.com



Unitarian Society of Hartford Community Garden Plot and Labyrinth in the KNOX Watkinson Community Garden

September: our final month of Labyrinth Tending 2018! It's the fourth summer gradually growing our Plant-based Labyrinth in the USH Plot of the Watkinson Community Garden! If you haven't ever made your way down to the base of the Meeting House parking lot, do.

There you will find an entrance to a magical world--a massive Community Garden where in the summertime, community and callaloo abound. Each of the past three summers, some progress has been made towards a plant-based labyrinth in our USH Community Garden Plot, and you can really feel that patience and perseverance down there, now! Take a walk, pull some weeds, ring the bell, breathe in deeply. If you are able and interested in getting your hands in the dirt and supporting this effort, your participation is welcome. Here's a sign-up sheet for these remaining days of September to help space out our efforts: <http://signup.com/go/mgdshSu>.

We continue to figure out how best to nurture this project in a low-key and sustainable summer way. Thanks to Susan Hope, Esther McKone, and Diane Cadrain for a lovely time gardening together in late June. Just a few people working together for just a few hours can lift each other's spirits and make a little more green magic happen! ~RevHeather

Meeting House Presents!

The next [Meeting House Presents](#) Concert on September 29th is a special Saturday performance with Unitarian Universalist singer-songwriter [Peter Mayer](#), author of the words for beloved hymn "Blue Boat Home," the song "Holy Now," and so many more. Don't miss this one!



**2018-2019
Season**



MHP concerts are co-produced by
The Sounding Board Coffee House

50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189



Peter Mayer

**Saturday, Sep 29, 2018
7:30 PM**

Peter Mayer writes songs for a small planet - songs about interconnectedness and the human journey. Whimsical, humorous, and profound, his music breaks the boundaries of "folk", and transcends to a realm beyond the everyday love song, to a place of wonder at the very fact of life itself.

Peter began playing the guitar and writing songs when he was in high school. In college he studied theology and music, and then spent two years in seminary. Afterward he took a part-time job as a church music director while performing at clubs and colleges, and writing and recording his music. In 1995, he quit his job and started performing full-time. Since then, Peter has gradually gained a dedicated, word-of-mouth following, playing shows from Minnesota to Texas, New England to California. He has ten albums to his credit, and has sold over 80 thousand of them independently.

More information online at: <http://bit.do/Meetinghouse>

Ticket prices: \$20, \$14 w/student id **Tickets available online at:** www.brownpapertickets.com

OTHER UPCOMING EVENTS



Friday, Oct 26, 2018 - Charlie King is a musical storyteller, labor historian and political satirist. He sings passionately about the extraordinary lives of ordinary people. Pete Seeger hailed him as "One of the finest singers and songwriters of our time."



Friday, Nov 30, 2018 - Lula Wiles is a band deeply rooted in traditional folk music, but also deeply devoted to modern songcraft. They deliver love songs that are at once defiant and heartsick, as well as contributions of the folk ballad cannon and timely explorations of what it means to live in America today.



\$20 general admission. \$14 for students with ID.

Children under age 12 are free with paying parent.

To buy tickets online click [HERE](#).

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and this year we want to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2018-19 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they all are yet, but this will be an exciting season.) Click [HERE](#) to see what's coming up.

[The Sounding Board Coffeehouse](#), our sister music series, will present two September concerts at the Universalist Church: Bill Staines (Sept. 8, 2018) and David Mallett (Sept 22, 2018). Bill Staines is one of folk music's most durable and beloved singers. With 26 recordings and more than 300 original songs, Staines' music has been recorded by Peter, Paul, and Mary, Makem and Clancy, Nanci Griffith, Glen Yarborough, and many others. His music is sung at campfires and folk music gatherings, in homes and churches, all around the country. \$20 General, \$16 Sounding Board Members, \$10 Full Time College/High School Students, \$8 Children 12 and under with a parent/adult.

[Unitarian Universalist Society: East](#) presents:

The Charlie Braun Band

Saturday, September 22nd at 7 PM

Concert or a party? You get to choose! Dance, sing, or just kick back and feel the joy of the music! Singer, guitarist, and songwriter **Charlie Braun** is bringing his world, folk-rock and gospel-blues influenced music for a fun sing-along and dance party. Joining him will be **Jeff Olmstead**, keyboardist; **Charlie Shew**, percussionist and **Garrett Sawyer**, bassist. **\$20 adult; \$18 senior; \$10 student, under age 10: free.**

Get Involved at USH - Be Part of a Great Team!

USH Needs You—

Get Active with USH! Committee and Sub-Council Openings

We are in process of filling open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee.

Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Small Group Ministry Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

Denominational Events to Consider Going To!



Now that the program year is beginning, let's start it off right with a **Fall Leadership Day, October 13, 2018 9:30am- 4pm at the Community Unitarian Universalist Congregation in White Plains, NY:** <http://cucwp.org/>.

Registration will open shortly – until then, SAVE THE DATE!

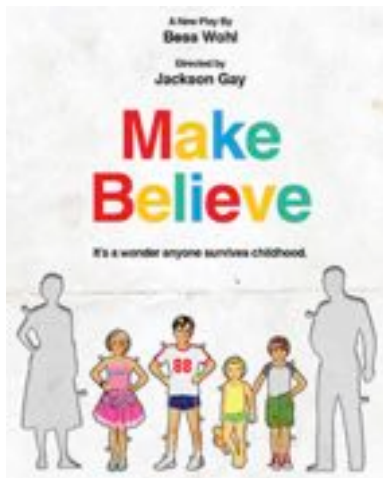
Keynote: Social Change Through Spiritual Transformation: Engaging Our Faith with Rev. Robin Tanner

Here's a clip from Robin's ministry in Charlotte, NC:
<https://www.youtube.com/watch?v=AfOnYNFqHuM>

Some of our Workshops:

- Where Did All the Children Go? Embracing Family Ministry with Rev. Emilie Boggis and Laura Beth Brown
- Reenergizing and Sustaining Annual Stewardship Drives with Liz Coit from Stewardship for Us
- Creating Graphics with Rev. Karen Johnston
- What's Going On? Congregational Conversations with Rev. Dr. Hope Johnson
- Crowdfunding with Chalice Lighters and Faithify with Andrea Lerner
- Congregational Safety and Disruptive Persons Policies with Patricia Infante
- Intercultural Competency with Rev. Evin Carvill-Ziemer

Upcoming Special Events and News in the Larger Community



Fall 2018 Collaboration with Hartford Stage: *Make Believe*

Continuing for the third year now, RevHeather will be leading a service inspired by a Hartford Stage production. This fall that production is the world premiere of "Make Believe," "Bess Wohl's uncanny, gently funny and touching play, set in the 1980's, which follows four young siblings as their childhood is upended by the mysterious problems of the adults in their lives and tracks how moments from our childhood resonate with us forever."

The September 23 service at USH will be

inspired by this play. **We've received a discount code from HartfordStage: UNITARIAN20 for 20% off all shows Sept 6-30, all seats, except the SuperSaver seats that are already only \$25.** Find out more and get your tickets, here: <https://www.hartfordstage.org/make-believe>.



Film, Food and Integrated Refugee & Immigrant Services (IRIS) Fundraiser 09/22 at USNH.

Please spread the word about this IRIS Fundraiser event - hosted by the **Unitarian Society of New Haven**, Saturday September 22nd at 6:00 pm. Join us for an evening of film, Persian cuisine and discussion at the Unitarian Society of New Haven - 700 Hartford Turnpike in Hamden!

Tickets \$25 - includes light Persian Fare, Film Screening of [SOUFRA](#) and post-performance talkback with IRIS

Exec. Director Chris George & Sam Rose, Owner Greenleaf Catering - All proceeds to benefit Integrated Refugee and Immigrant Services (IRIS) in New Haven.

Purchase tickets at...

<https://www.eventbrite.com/e/usnh-social-justice-cinema-presents-soufra-persian-cuisine-a-fundraiser-for-iris-tickets-48500831292>

The film, *Soufra*, follows the unlikely and wildly inspirational story of intrepid social entrepreneur, Mariam Shaar – a generational refugee who has spent her entire life in the Burj El Barajneh refugee camp just south of Beirut, Lebanon. Tickets include the film and light fare by Greenleaf Persian Catering. Greenleaf is owned and operated by a refugee family resettled from Iran by IRIS.

Facebook

Event: <https://www.facebook.com/events/2113690362036684/>

For more information contact: P.J. Deak, phungis@comcast.net.



Come Out and Connect!

Lesbian, Gay, Bisexual and Transgender (LGBT) Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among Senior Centers in the Greater Hartford area to connect the LGBT community to mind-body-spirit, to each other and to services and supports for healthy aging!

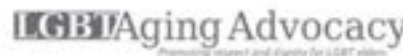
**The Marilyn Michaelson Senior Center
of Bloomfield (rear of building)
330 Park Avenue
Bloomfield, CT**

**RSVP by September 21
860-243-8361**

**Thursday, September 27
2:30*- 7:30 pm**

*12:00 noon-4:00 pm	*4-hour AARP Safe Driver Class available for anyone who would like to attend (advance registration required and \$15 member or \$20 nonmember fee applies)
2:30 - 3:45 pm	Welcome, meet and greet, social hour with scrabble, cards, Cranium, Hoopla, billiards, coloring, light refreshments
3:45 - 4:45 pm	ARTS in the Greater hARTford area. Speakers from Hartford Stage and Theater Works share information about their programs for the upcoming season and special LGBT events such as Pride & Play
5:00 - 6:00 pm	Mocktails and karaoke
6:15	Supper

The LGBT Moveable Senior Center is sponsored by CCC as part of "Getting it Right": Creating an LGBT-Inclusive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy



The Blue Hills Neighbor Revitalization Zone is a meeting of the Blue Hills community to discuss community development plans and issues. It includes reports from the Fire and Police department

Community Service Officers. **The October 4, November 1** dates have been moved from USH to another location, contact Ed Savage for more information at 860-966-8155. E-mail:

edsavage@ushartford.com. or

visit: www.facebook.com/pg/thebluehillsnrz/events/. -Submitted by Ed Savage



For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: dre(at)ushartford.com

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister
revheatherionstarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

Rev. Cathy has a new scheduler!

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

The deadline for USH-Enews submissions is Tuesday at 12 Noon.

Email to: ushenews@ushartford.com

Please note in the subject line "USH-Enews." Thank you for your submission!

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.