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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for an appointment.

January 9, 2019

Building Community Since 1830

Revs. Cathy & Heather Rion Starr



Image: Kyle Loftus/unsplash.com

Worship Service: Sunday, January 13, 2019

10:30am

“Learning to Be Human”

Rev. Cathy Rion Starr, Co-Minister

Rick Tsukada, Worship Associate

Unitarian Universalism teaches that we are always a work-in-progress, never done with the unfolding of our souls. Let's play together with the joys and challenges of the lifelong journey of being human.

Lights in the Sanctuary Meeting

You are invited to an informational session concerning the nature of the Meeting House Sanctuary's pendant lights and fate of the central overhead "puck" light on January 13, this coming Sunday, fifteen minutes after the service ends, in the Sanctuary. Please remember, do not bring food or drink into the Sanctuary. All are welcome.

This will be a rare opportunity to express opinion about the nature of the lights at point in the process where such opinion will actually determine the nature of the subsequent process. This is a real opportunity, not the proforma attendance in planning processes so frequent in the business world. And, we all know how that goes!

To read more click [HERE](#).

In This Week's Enews:

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[Meeting House Presents: Friday, January 18 Hubby Jenkins \(of the Carolina Chocolate Drops\)](#)
[Get Involved at USH](#) / [Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

A Message From Stewardship

LOOKING FOR SOIREE HOSTS, NEW AND RETURNING!

The Annual Pledge Drive will be in March and the Stewardship Committee is inviting interested congregation members and friends to host a Stewardship Soiree (last year's Neighborhood Gatherings). Each Soiree is scheduled for approximately 2 hours, afternoon or early evening, during the month of March at the Hosts' convenience. Don't want to do it alone? Feel free to co-host with

someone else. Hosts can determine whatever the Soiree will be, traditional wine & cheese, light supper, lunch, etc. or do something activity-oriented, e.g. charades, bingo, etc. Host Training will be the afternoon of Sunday, February 3rd. The Stewardship Committee will provide you with ongoing staff support and assistance. Interested Hosts, new and returning, should email ushstewardship@gmail.com by January 15. -Submitted by Caron Lanouette

RE News You Can Use: Rayla D. Mattson, Director of Religious Education



This Sunday, January 13, there will be child-care for infants and toddlers ages birth to three and a *Time For All Ages* during the service followed by age appropriate classes.

Rayla D. Mattson, Director of Religious Education
[860-233-9897](tel:860-233-9897) ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



News from the USH Board of Directors

Board Debates Expenditures for an Intern

Dear USH Members,

I'm getting a jump start on my New Year's resolutions. This article will be the first in what will hopefully be regular communications from your Board.

At our December 4th Board meeting, the board voted to move forward and post for an intern minister for a 2-year period beginning January 2020. To receive partial funding from UUA, for which USH has already been approved, we need to post the position, interview candidates and make a commitment to our desired candidate by March 1, (2019). The position was posted within 24 hours of the Board vote and Reverend Heather and Marye Gail Harrison, as Spiritual Life Council Chair, will form a small task force to work through the interviewing and selection process.

The Board deliberated for quite some time regarding the additional cost of an intern minister. We ultimately decided that the energy of another voice in ministerial leadership, and involvement with adult spiritual life and programs and membership growth, were among the compelling reasons to proceed. The cost to USH of a part-time intern minister could be \$3,000 to \$4,000 in FY2021, a little more than double that in FY2022 and then dropping back down for the first six months of FY2023.

We are building off the foundational work that was done with the congregation when we attempted to hire an intern minister for September 2018. That individual decided last minute not to pursue an internship for personal reasons. So though our success in getting an intern in our desired timeframe is not assured, we will work towards this end and keep the congregation apprised of our progress.

Sherry Manetta, President

On behalf of your USH Board of Directors

Social Justice at USH



Women's March CT 2019

Start: January 19, 2019 • 1:00 PM

Location: Capitol North Steps • 210

Capitol Avenue, Hartford, CT

Host Contact Info:

sarah.Raskin@trincoll.edu

<https://actionnetwork.org/events/womens-march-ct-2019>. -Submitted by Caron Lanouette



Americans of Conscience Checklist

These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay engaged. Click [HERE](#) for past

checklists. -Submitted by Judy Sullivan, USH Social Justice Chair

Americans of Conscience Checklist, Week of January 6, 2018

By [Jen Hofmann](#)

112 weeks down, 95 weeks to the presidential election.

The seeds of truth

2018 was hard. Even people who've been justice advocates for decades told me this. It was a year of devastation and heartbreak. There's no sugar-coating it. And yet, even in this bleak period of our country's story, the seeds of truth are taking root. Awed, we notice how the newly-arrived members of the House of Representatives better reflect our nation's people. Now we are represented by more women, Native, biracial, Muslim, and bisexual people. Time and again, even when our calls for change go unheeded, our judicial branch upholds Constitutional values. A strategic investigation of our current president's actions perseveres--even when the outcome is yet unclear. Even if the foundation is shaken, the bones are still strong.

Hope is not lost. As we reenter from winter festivities and consider the year ahead, it's important to reflect. As you are able, take time for the two tools mentioned in the Checklist this week to consider your own well-being and your

priorities in 2019. Our democracy--and our future--will be better for your voice and presence.

I value democracy. *With respect and collaboration, we create a government for the people, by the people*

Action 1: Make an action plan for 2019.

Complete the [Action Worksheet](#) to get inspired and focused.

Action 2: Make a self-care plan for 2019.

Spend ten minutes with [this worksheet](#) to stay inspired throughout the year.

Action 3: Advocate for bipartisan cooperation and voting rights. [[h/t Brookings](#)]

Call: Or write your one House rep and two senators ([look up](#)).

Script: Hi. I'm a constituent from [ZIP]. Now that [the 116th Congress](#) has begun, I would like [name] to know my top two priorities. First, I would like [name] to cooperate in a bipartisan manner. Second, I want [them] to support [restoring the integrity](#) of our vote. (House rep only: Can I count on [name] to support [H.R. 1](#)?)

I value equality. ***Stand with your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability...*** To read more click [HERE](#).

Spiritual Life at the Unitarian Society of Hartford



Thinking Ahead: The very fact that we are here on Earth at all and that we think about it is a miracle to me. When I consider the 13.7 billion year journey of the universe and the odds against my being here at all, I am blown away by not only the fact that I am alive but that I am conscious of being alive and filled with questions. My 2019 goal is to face head-on what is real and happening right now for better or worse. And also to tell the story of the wonder and preciousness of our being here and to honor a responsibility to do what I can in my small sphere of

influence to preserve this living conscious opportunity for future generations. How about you? ~Marye Gail Harrison, Board Chair for Spiritual Life / To read past blogs, click [HERE](#).

Sunday Service Recap

Worship Service: Sunday, January 6, 2019

10:30am

“What Is Possible?”

Rev. Heather Rion Starr, Co-Minister

Doris Maldonado, Worship Associate

"Welcome to this place of possibility! This is love's hearth, the home of hope, a refuge for minds in search of truth unfolding, ever beautiful, ever strange. Here, compassion is our shelter, freedom our protection from the storms of bigotry and

hate. In this abode, may we find comfort and courage. Here may our sight become vision to see the unseen, to glimpse the good that is yet to be." ~Marianne Hachten Cotter



Photos by Warner Gardner

Sunday Service Recap

If anyone is interested in writing a regular or occasional synopsis of Sunday Services, please contact Linda Clark at ushlindaclark@gmail.com. Thank you.

Church Business News

Lighting up the Sanctuary

For several years USH members, including those who are long time members, yes, that means they are a bit older, have asked if there is a way to increase lighting levels for those in the pews. Reading words in the hymnals can be particularly problematic.

Currently, lighting is furnished by a specialized bulb in the puck, and peripheral lighting has been improved in the last year or so with the addition of LED lights arrayed along the peripheral walls. Increasing light levels is particularly challenging because of the height of the dome, nature of the rays, and ability of the ceiling structure to absorb light directed upward in hopes that it will both enhance the structure aesthetically while a portion of the light bounces back downward over the pews.

As a historical note, the original design included lights in cannisters extending through the roof. They were never installed as roof problems, as you already know, were extensive from the date of the original construction. Some years

later, the puck light was added designed by the late Roy Cook to somewhat remedy the lighting problem. Obviously, any additional light solution will need to preserve the architectural beauty of our unique Meeting House design. The purpose of this article is to bring congregation members up to speed on the nature of actions underway at this time.

In the last year of so, B and G assisted by member and Architect Hugh Schweitzer (AIA, LEED AP Partner CloHessy, Harris & Kaiser, LLC) donating his time and expertise, have determined to press forward with a solution to the lighting problem. One generous donor has agreed to fund a significant portion of the cost of increasing lighting levels lending some urgency to getting on with the job.

You are invited to an informational session concerning the nature of the Meeting House Sanctuary's pendant lights and fate of the central overhead "puck" light on January 13, this coming Sunday, fifteen minutes after the service ends, in the Sanctuary. Please remember, do not bring food or drink into the Sanctuary. All are welcome. This will be a rare opportunity to express opinion about the nature of the lights at point in the process where such opinion will actually determine the nature of the subsequent process. This is a real opportunity, not the proforma attendance in planning processes so frequent in the business world. And, we all know how that goes!

At its meeting in November, B and G passed a motion outlining the steps proposed to move the project along. The steps included a preliminary comprehensive plan presented for Board Members' knowledge, a hierarchy of priorities beginning with number one, increasing light over the pews, and presenting an opportunity for the congregation to attend an informational session to register opinions on the nature of light fixtures, and fate of the puck. Subsequently, the plan will be refined informed by the opinions expressed. Then, the plan can be prepared for solicitation of bidders who show interest in competing for the project. When costs are known, the matter will return to the Board for approval(s), or adjustments prior to construction. During construction, at some point when access to the ceiling is in progress, we hope to refinish the rays.

During the Board meeting of December 4th, architect Hugh Schweitzer defined the current situation as a problem where the Sanctuary is under illuminated for reading, the chancel requires spotlighting at the pulpit and on the display wall and need for additional lighting for the choir. Further, there is no dimming ability with access from pulpit and at the rear of the sanctuary, no built-in chancel visual display and no master plan to address the problems.

He identified a range of solutions. They included, but were not limited to, removing or improving the puck in addition to adding pendant LED fixtures to increase light levels below and directing light above as well.

He proposed setting the top priority of improving lighting over the pews at a very rough estimate of \$34,000 including dimmer controls from pulpit and rear usher station. The job would be done in such a manner as to provide freedom to address other aspects of the comprehensive plan subsequently without drawbacks or redundancy from the portion of the improvements completed. As always, your time, interest, support and knowledge are appreciated.
-David Newton, Secretary Pro Tem, Building and Grounds

The latest financial reports for **July-Sept. 2018** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **December** have been posted, click [HERE](#) to view.

To view the USH Directory, reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.

Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below.



Living Your Faith!

Living Your Faith is an intensive 12-session program that invites participants to define and practice their own sacred lives of faith. This is currently a closed group, but the program is offered annually. For more information on this program, please contact Tom Gervais - 860-558-3000 or tom.j.gervais(at)gmail.com.

Programs

Emei Qigong Cultivation: Tuesdays at 11:00 PM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

Tai Chi Gigong: Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen “Lucky” Luckingham: 860-202-3404 or stephen.luckingham(at)gmail.com.

Authentic Connection & Communication: An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: drmarkafriedman(at)drmarkafriedman.com.

Meeting House Sing-A-Long: All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: ed(at)thesavagees.com.

Ballroom Dance: Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or rsfriedman41(at)gmail.com.

Dinner and a Movie at USH: Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

USH Book Club: Our next meeting will be Thursday, January 10, 2019: [The President is Missing](#) by James Patterson and Bill Clinton. President Bill Clinton and bestselling novelist James Patterson have written a spellbinding thriller. Off-site, contact Richard Groothuis for location: rgroopofus@icloud.com or 860-748-3532.

Beloved Conversations: An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith community. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. The program begins with an Opening Retreat on Friday, January 18, 2019 at 6:00 pm and ends Saturday, January 19, 2019 at 5:00 pm. Contact Gloria Francesca Mengual at gloriafmengual@gmail.com or call her at 860-729-2093. Registrations are full, but please contact Gloria to get on the waiting list. (We will also repeat this program next church year.)

Death Cafe at USH: February 23, Time: 6-8pm; Contact: Miriam Byroade: byroade@gmail.com. A Death Cafe is a scheduled non-profit get-together for the purpose of talking about death. There will be light snacks, contact Miriam for info on if they will be provided or if folks should bring something light to share if they are able. There is no agenda, objectives or themes. It is a discussion group rather than a grief support or counseling session. Childcare to be determined.



Save-the-Date: On Sunday morning, March 24, 2019, during Women's History Month, RevHeather will speak about the significance of Harriet Beecher Stowe's message for our tumultuous times today. Following the morning's service and a little time for

coffee & nourishment, all who sign up in advance are invited to join in a group tour of the newly-remodeled and substantively-revised [Harriet Beecher Stowe Center](#). The tour, or tours (depending on the size of our group), will begin at the Stowe Center in Hartford around 12:30 or 1pm. Please RSVP to RevHeather at RevHeatherRionStarr(at)gmail.com with "Stowe Center Visit" in the subject line if you know you'd like to join in this community-building outing, drawing upon sources of wisdom in our own Hartford-area. The Stowe Center has graciously agreed to have USH's tour by free-will donation to the Center--contribute what you are able. All are welcome, of all ages. Letting RevHeather know soon that you're excited about this outing and able to participate will help with the collaborative organizational planning. Thanks so much! ~RevHeather

Connection Circles (formerly known as Small Group Ministries)



There will be new [Connection Circles](#) forming in the new year. If you would like to host a group or have questions about Connection Circles, please contact Martha Bradley marthabradley49@yahoo.com.

What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members

and friends by sharing your life experiences with them in a safe, confidential space—a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Small Group Ministry (now called Connection Circles) offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

Events and Personal News of Our Community

Ministerial Candidate in need of temporary housing in the Connecticut/Western Mass region from January through September 2019. Able to pay modest rent for guest room and provide own food. Quiet, mature, responsible, and respectful of personal space and boundaries. For more information please contact Beau Rivers at 207-712-0459.



New World Trio Concert Series January 13, 2019: The Influence of a Woman (Nadezhda von Meck)

Piano Trio in G major.....Claude Debussy
Trio, op. 50 in A minor....Peter I. Tchaikovsky

All concerts are held Sunday afternoons at 2pm at St John's Episcopal Church, 679 Farmington Ave., West Hartford.

For more info visit www.newworldtrio.org.



An All-Council Fair is scheduled for Sunday, January 27 during coffee hour in Fellowship Hall.

Each Sub-Council is encouraged to participate by staffing a table. This is an opportunity to share your enthusiasm about what you do at USH and what you contribute to our community. Also, it is an opportunity to recruit possible members to your committee. In addition to information, props and possibly food, please have a list of what types of things new folks could assist you with. We recommend putting together an 8.5" x 11" poster that can stand on the table. Many people may want to "try out" the group before signing up, so it would be great if you could have some small, or short-term ideas that they could help with. You might want to invite people to a meeting without the commitment of joining officially. If it is not possible to have a committee member present at the table, please prepare some written material which can be available for anyone interested. If you will be doing this, please let me know, and try to have some eye-catching object to entice people to take a look. For most groups, half

a table is sufficient—please email me to let me know if you will need more than this. To confirm your attendance and participation at the Council Fair, please enter your name in the following Doodle
 Poll: <https://doodle.com/poll/fw7u8yrpazi72svs>. Thank you very much for all you do for USH and for helping to engage our newer (and maybe some older) folks in the wonderful work of your committee! ~Marie
 Basche, [ambasche\(at\)gmail.com](mailto:ambasche(at)gmail.com)

Photos of USH to be Published

Recently, Arne Sattler, a photographer from Germany, contacted USH requesting to take some photos of our building to include in an upcoming book. To visit his website and see a preview of the photo he plans to use and to view some other beautiful photos of places of worship click [HERE](#).

Green Forum—Upcoming State Legislation

Date: Tuesday January 22; **Room:** Fellowship Hall; **Time:** 6:30 to 8:00 pm
 This is a Green Sanctuary/Interreligious Eco-Justice Network ([IREJN](#)) event. There is no charge, but donations are welcome! Light dinner snacks will be available.

Contact: [Mary.Sherwin\(at\)gmail.com](mailto:Mary.Sherwin(at)gmail.com) or [Jeff.Howard.29\(at\)gmail.com](mailto:Jeff.Howard.29(at)gmail.com) for details. Need childcare to attend? Please contact us! -Submitted by Mary Sherwin

Meeting House Presents!



Friday, January 18, 2019 [Hubby Jenkins \(of the Carolina Chocolate Drops\)](#)

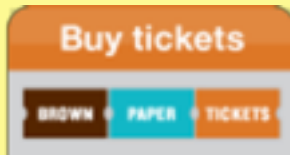
Friday, February 22, 2019 [Citizen U \(Antonio Alcorn and Chris Freeman\)](#)

Come for the music, camaraderie and an all-around good time. Come for the cookies. Bring friends. Bring family. Bring neighbors. What the heck—bring strangers. Everyone will have a great time. Promise. Click [HERE](#) for more info.

- Buy tickets at [Brown Paper Tickets](#) or at the door if the show is not sold out
- Email us at [MeetingHousePresents\(at\)gmail.com](mailto:MeetingHousePresents(at)gmail.com)
- Phone Laura and Paul Cipriano at (860)298-9984

- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list: Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email—send a message to MeetingHousePresents(at)gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.



\$20 general admission. \$14 for students with ID.

Children under age 12 are free with paying parent.

To buy tickets online click [HERE](#).

Meeting House Presents is looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Save the dates for 2019 Upcoming Meeting House Presents Concerts (We are still in negotiations with performers. We can't tell you who they all are yet, but this will continue to be an exciting season.) Click [HERE](#) to see what's coming up.

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.

Upcoming Special Events and News in the Larger Community

Watkinson Invitation

You are invited to Watkinson School to join Teri Schrader for coffee and conversation on Wednesday, February 20 from 7:30-8:30am for updated information on Watkinson's Senior Project.

In the fall of 2019, Watkinson School will launch a newly re-imagined Senior Year, one which keeps the ideas of deep learning, student voice, and the belief that sometimes the most powerful learning experiences take place in all kinds of classrooms. Each member of our senior class will have the opportunity to choose, design, and explore a topic based on an Essential Question of deep interest to them.

Each student will work alongside a mentor who may or may not already be connected to the school. In October of 2018, we hosted an initial meeting about being a mentor and had an extraordinary response. We received great feedback and questions that we have taken to heart in the design process. This meeting will be an update for those who attended in October and an introduction for those who were unable to attend in the fall.

Please join us on February 20. You or a representative from your organization would be an incredible asset to our students. I hope you will join us for this exciting conversation about the power of mentors in the lives of our young adults.

Attending this meeting is not a commitment, but rather an opportunity to learn more about Watkinson and how you can help shape a program that will connect our young people to our city and region in meaningful and remarkable ways.

Kindly RSVP to [April Rivera](#) by Wednesday, February 13.



For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at ushlindaclark@gmail.com. It's easy and if you're interested, please say so.

To submit a Calendar Event Request, cut and paste the text below into an email and send to: calendarchanges@ushartford.com. Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to calendarchanges@ushartford.com. Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact Person:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathy@ushartford.com | 860-233-9897 ext 103

Rev. Heather Rion Starr, Co-Minister
revheatherriostarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper
Office Hours by Appointment | bmullen@ushartford.com

Rev. Cathy has an online scheduler:

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.
Email to: ushenews@ushartford.com
Please note in the subject line "USH-Enews." Thank you for your
submission!***

**Peace – as we come to the close of the USH-Enews week.
Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.