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 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
 or call for appointment

**USH-Enews ~ September 4, 2019**  
**Building Community Since 1830**  
**Sunday Service 10:30 AM**  
**Revs. Cathy & Heather Rion Starr**



Image: <https://www.meadville.edu/fahs-collaborative/fahs-curriculum-catalogue/beloved-conversations/>

**Worship Service, September 8, 2019, 10:30am**  
**“Beloved Conversations”**

**Rev. Cathy Rion Starr with Beloved Conversation Participants**  
**Carol Simpson, Worship Associate**

In a world where avowed white supremacists are getting bolder and more vocal, we are called to do our part toward ending racism. Over 20 congregants participated in "Beloved Conversations: Meditations on Race and Ethnicity" last spring – come meditate, listen, pray, and sing as we reflect on our learning and ongoing spiritual work together.

*Please note: Services will resume in the Sanctuary for this service and those to follow!*

## Race Matters Conversation: New York Times 1619 Magazine Article

Following the September 8<sup>th</sup> Beloved Conversations USH service, **Race Matters** is hosting a gathering to read an article from the *New York Times* 1619 Project, which was published in the August 18, 2019 NYT Magazine. We will be reading aloud the article entitled *A Vast Wealth Gap, Driven by Segregation, Redlining, Evictions and Exclusion, Separates White and Black America*. For anyone who will be attending and wants to read the article in advance, it is on pages 82-83 of the NYT magazine entitled The 1619 Project. Here's a link to the PDF version of the 8/18/19 NYT

Magazine: [https://pulitzercenter.org/sites/default/files/full\\_issue\\_of\\_the\\_1619\\_project.pdf](https://pulitzercenter.org/sites/default/files/full_issue_of_the_1619_project.pdf). Hopefully, you will take the opportunity to read other articles as well within this remarkable publication. In the meantime, please join us after the September 8<sup>th</sup> service at noon to reflect upon the *Beloved Conversations* service and this article. **If you have any questions, feel free to contact Gloria Francesca Mengual at [gloriafmengual@gmail.com](mailto:gloriafmengual@gmail.com). Room: Emerson; Cost: Free**



### "Wade In the Water," Water Ceremony & Ingathering Service

Remember to bring some water from a place special to you for the Water Ceremony and Ingathering Service **on September 15**. Revs. Cathy and Heather Rion Starr will be leading the service.

**Our Director of Religious Education is looking for teachers and assistants for the 2019-2020 church year. We need your help in the following grade levels: Prek-2nd, 3rd-5th, 6th-8th, and youth group. Please contact Rayla Mattson for more information at [dre@ushartford.com](mailto:dre@ushartford.com) or 860-233-9897 ext 104.**

#### In This Week's Enews:

[RE News You Can Use](#) / [News from the USH Board of Directors](#) / [Social Justice at USH](#)  
[Church Business News: Sabbatical Update](#) / [Programs for Adults and Families](#)

#### [Sunday Service Recap](#)

[Connection Circles: Disability Focused Connection Circle starting Sept. 28th](#)  
[Events & News of Our Community](#)

[Meeting House Presents: New Season Starts Sept. 13!](#) / [Get Involved at USH](#)  
[Upcoming Events & News in the Larger Community](#)

#### Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may

have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)

To submit a Calendar Request click [HERE](#).

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

**From the USH Caring Network:** Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

## Update from the Stewardship Committee

The Stewardship Committee needs many hands on deck! It is rewarding and enjoyable to be a part of a committed and enthusiastic team, plus essential to the well-being of USH! The more hands, the less work for everyone! Please consider helping with one or more of the following:

### **First up: Overall for the year, we need:**

- Someone to coordinate and schedule the Stewardship Table after services. You don't have to do it every Sunday, but be responsible for determining the theme of the table and scheduling someone from the team for each Sunday
- Someone to do various data analysis tasks throughout the year. You can do this from home and not even have to come to any meetings
- Someone to learn the credit card swiping and processing procedures and train others how to do it

### **Fall: The Auction! We need:**

- Someone to oversee the Auction website. It's a basic, simple database. You can do this from home and not have to come to meetings
- People to help plan the Auction and solicit skills and thrills from the congregation and friends
- A buffet lunch organizer (again, no meetings, unless you want to come)
- A Set-up Team leader, one, maybe two, meetings
- A wine & beer organizer and "bartenders"
- Cashiers for check-out and payments

- A Break-down Team leader, one, maybe two, meetings

### **Late Winter: The Pledge Drive. We need:**

- Someone to work with the Membership Committee to update the list of members and friends prior to the drive
- A small team to organize the Soirees, recruit hosts, schedule the Host Training and the Host Appreciation Lunch
- Someone to recruit congregants to do testimonials at the services
- A communications person to coordinate a congregational letter encouraging pledging and other communications between Stewardship and the congregation

**And Last but NOT LEAST**, we need a Chair for the Stewardship Committee to lead this fun, creative, dedicated group of people. Lots of support will be provided by the well experienced team. If you're interested please contact [USHStewardship@gmail.com](mailto:USHStewardship@gmail.com).

### **RE News You Can Use: Rayla D. Mattson, Director of Religious Education**



During the summer the nursery is open to infants and toddlers ages birth to age 3 every Sunday from 10:15am until 11:45am. The children and youth go directly to the Library each week for the summer. Our summer RE programming this year involves "green" activities and working in the community garden.

Going into next program year, a few of our long-term volunteers have had to step down because of other church-related obligations. This is a great time for new faces to join our RE team. There is space in our Prek-2nd grade class, our 3rd-5th grade class and middle school. I am also looking for one-time volunteers for holiday weeks when we will have one-room activities. I could also use some administrative help if working directly with the children and youth is not your forte. Please send me an email or give me a call, we'd love to have you on board!

**This September we will begin our next session of 7-9th grade Our Whole Lives (OWL).** OWL is a year-long human sexuality course. According to the Unitarian Universalist Association, OWL provides "honest, accurate information about sexuality that changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives."

There will be a mandatory parent session for those students who will be in grades 7th-9th or their equivalency this school year. The parent session will be held on Saturday, September 21st from 5:00-7:00pm at the Unitarian Society of Hartford. The first session for students will be on Friday, September 20th. A full schedule will be available at the parent orientation.

The fee for this year's session is \$25 for members and \$50 for non-members. The fee helps to off-set program supplies. If you would like to sponsor one or more students, please contact the DRE for more information. The fee can be made up-front or via installments. Please note no student will be turned away due to inability to pay.

The Director of Religious Education, Rayla D. Mattson, along with life-long UU Mariah Chadukiewicz will be co-facilitating this session. If you would additional information, please contact the DRE at [dre@ushartford.com](mailto:dre@ushartford.com) or 860-233-9897 ext. 104.

Rayla D. Mattson, Director of Religious Education  
860-233-9897 ext. 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



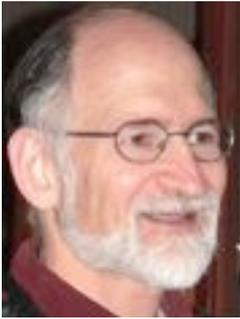
## Staff News



After 4+ years of service in the USH Office, Linda Clark has found another job closer to her home that she is excited about. We are sorry to see her go! Linda's last day with USH will be next Thursday, September 12. The USH Board will be working to ensure a smooth transition and will be and bringing on additional office support staff as soon as possible. Please wish Linda well! If there are aspects of Linda's work that you would enjoy helping out with in the coming weeks or months as our new Office Administrator gets settled in, please let RevHeather know. We will officially thank Linda and "send her off" on her next chapter during the service on Sunday, September 15.

*To everyone at USH: I would like to thank all the folks here who made me feel welcome and to all of those who helped me out throughout my time here. I truly appreciate the many amazing people I've met. Thank you! -Linda*

## News from the USH Board of Directors



### Greetings from the Board:

While individual board members have been working hard on various USH matters during the summer, the Board as a whole took August off and looks forward to returning full steam for our next meeting on September 10. We are grateful to our wonderful Worship Associates for all of our summer services. This coming Sunday, we look forward to returning to the sanctuary for our Sunday services.

Our ministers will be with us for all of September, and then on a well-deserved sabbatical leave until the beginning of January. Stay tuned for full details.

As always, our members and friends keep us going strong. If you would like to be more active and involved in any aspect of congregational life, please contact one of our ministers or any Board member today. ~Joe Rubin, USH Board President

### Your 2019-20 USH Board

—Have a question or comment or just want to chat about USH? Don't hesitate to talk with any one of your Board members:

Joe Rubin: President

Martha Bradley: President Elect

Phil Gardner: Treasurer

Sarah Harmon McKenzie: Secretary

Peter Meny: Spiritual Life Council Chair

Sue Tenorio: Administration Council Chair

Judy Sullivan: Social Justice Council Chair

Carolyn Carlson: Community Within Council Chair

Rev. Cathy Rion Starr, Co-Minister (ex-officio)

Rev. Heather Rion Starr, Co-Minister (ex-officio)

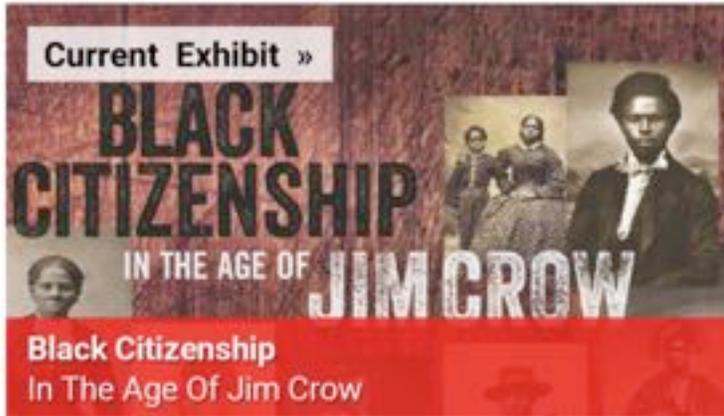
## Social Justice at USH

**Coming Up at USH: Citizens Climate Lobby** Meeting for Greater Hartford chapter. Sponsored by USH Green Sanctuary

**Room:** Library; **Dates:** Sept. 8, Oct. 13, Nov. 10, and Dec. 8.; **Time:** 3:00-5:00pm

**Contacts:** [ellen.castaldini@gmail.com](mailto:ellen.castaldini@gmail.com); [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com)

Event is Free and open to public



**Join Fellow USH Members for CT Historical Society Tour: Black Citizenship in the Age of Jim Crow**  
**Time:** 2:00 – 3:00 pm; **Date:** Saturday, September 14  
**Contact:** Gloria Francesca

Mengual: [gloriafmengual@gmail.com](mailto:gloriafmengual@gmail.com)

**Offsite:** The group will meet at the CT Historical Society [1 Elizabeth St., Hartford.](#)

Admission is FREE for CHS members and children 5 and under.

Admission to the museum galleries is FREE the first Saturday of the month.

One-day admission prices: \$12 Adults; \$10 Seniors (65 and over); \$8 Students (with valid college ID) and Youth (6-17)

A group from USH plans to visit The Connecticut Historical Society (CHS) on **September 14** for a guided tour of the exhibit *Black Citizenship in the Age of Jim Crow*. **The tour takes place from 2 – 3 pm. The CHS web site**

**notes:** "The exhibit explores the struggle for full citizenship and racial equality that unfolded in the 50 years after the Civil War. When slavery ended in 1865, a period of Reconstruction began, leading to such achievements as the Fourteenth and Fifteenth Amendments to the Constitution. By 1868, all persons born in the United States were citizens and equal under the law. A harsh backlash ensued, ushering in a half century of the "separate but equal" age of Jim Crow. The exhibition is organized chronologically from the end of the Civil War to the end of World War I and highlights the central role played by African Americans in advocating for their rights. It also examines the depth and breadth of opposition to black advancement. Art, artifacts, photographs, and media will help visitors explore these transformative decades in American history, and understand their continuing relevance today."

We will have the opportunity to reflect on this exhibit the next day, following the USH September 15 service, at noon. If you cannot make that September 14, the exhibit is open daily between now and then, with guided tours offered each Saturday at 3 p.m. If need be, catch it on your own and join the 9/15 conversation at USH. For more information, check out the CHS web site: <https://chs.org/>.



### **Thank You: The Village for Families and Children Uniform Fundraiser 2019**

The girls pictured here went back to school on August 27<sup>th</sup> in their new school uniforms, green tops and tan khakis. The Unitarian Society of Hartford helped make the purchase of school uniforms possible with your generous donation

of \$1,335 to the Uniform Fundraiser sponsored by The Village for Families and Children.

*THANK YOU FOR YOUR CONTINUED SUPPORT OF THE CHILDREN SERVED BY THE VILLAGE FOR FAMILIES AND CHILDREN.*

The children have few constants in their lives, for the seventh year USH has been a constant strong, caring community.

This success of this Fundraiser demonstrates that commitment to the larger community is part of life at USH. Let us continue to always be aware of the world around us, and care for our friends and neighbors next door. -Joanne Orlando



### **Americans of Conscience Checklist**

*These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also practice gratitude, self-care, and celebration to stay*

*engaged. Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social Justice Chair; Source: <https://americansofconscience.com/>*

### **Americans of Conscience Checklist**

September 1, 2019

162 weeks down, [61 weeks](#) to the presidential election.

**This week's AoC Checklist actions:** If you want to ensure that our nation has trustworthy election outcomes this November and in 2020, here's what we need:

[Click here for this week's list of actions](#) while our team is on summer schedule.

Gratefully, --Jen Hofmann and the AoCC team

## Church Business News

The latest financial reports for **April-June 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **July 2019** have been posted, click [HERE](#) to view. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Linda Clark at ushlindaclark(at)gmail.com for the username and password.



### Update from the Sabbatical Committee

Hello! Marye Gail Harrison (Chair), Laurie Kelliher (Worship Associate lead), Lisa Galinski (WA) and Peter Meny (Board Chair of Spiritual Life) are your Sabbatical Committee. We write to introduce ourselves to the congregation in this capacity, and give you the first update about preparations for RevCathy and RevHeather's upcoming sabbatical from October 1 through **December 31\***.

We have been partnering with and meeting regularly with the Revs since early 2019 to plan for and support a smooth Sabbatical season that gives our Revs important time off for rest and renewal while continuing a rich worship experience

on Sundays.

We have been working on a worship calendar that opens us up to other UU ministers' voices as well as lay leader wisdom, including Hartford community leaders.

We are pleased to share that the worship calendar is nearly complete and we look forward to sharing details with the congregation in the coming weeks as the church year approaches.

Keep an eye out here and in the Sunday OOS's for more information!

Warm regards, Marye Gail, Laurie, Lisa and Peter

\*correction from last E-news which stated Dec. 1.

## Sunday Service Recap



**Worship Service, September 1, 2019**  
**10:30am**  
**“Caring in Action”**  
**Pulpit Guests: Members of our Caring Network**  
**Sue Smolski, Worship Associate**

The title of the Caring Network service on September 1<sup>st</sup> with the attached quote, **“When the Storm Clears, I’ll be...”** rapidly became apparent as Caring Network Chair, Eve Pech introduced the service pointing out that adversity and challenges are part of life. This is exemplified by the related business of giving comfort shawls to those suffering life’s various trials and tribulations. She noted when we first gave out a few shawls in 2002, who knew by today the total number given would increase to 300, in our own congregation! This, if nothing else, clearly shows all of us, sooner or later, are going to endure the buffeting of inevitable life events, losses of loved ones, diseases, disabilities and related events, expected, inevitable, and frequently surprising.

Thus, there is a profound need in our dispersed modern society for dependable friends, the glue holding together our Unitarian community, indeed. Meetinghouse, our singing group, set the stage in the Prelude, **“Little Help from My Friends.”** As we say weekly in our Covenant, “Love is the spirit

of this Church and service is its law...”

Following the hymn, **The Human Touch Can Light the Flame** (Yes it was on point, but new to us, but just focus on the words please), began a few solicited comments from some of those on the receiving end of Caring Network outreach.

A cancer survivor pointed to the help and comfort arising during a time of severe need, extending to meals received, friendship, visits and even cleaning of the refrigerator, and you can surely relate to that.

Another was deeply moved by compassion on the lost of her father, including a comfort shawl with colors favored by her mother and her late father, and further help when the family went from one to three children with the arrival of twins and related hospital stay. And, this included the not insignificant, getting over the hump of establishing post birth adjustments. Meals were gratefully received and compassion noted.

Another couple noted extreme stress upon the sudden serious illness of one parent and, the concomitant death of two different parents all in the space of a few months. During this period, they felt not alone but surrounded by a community of caring folks, that would be you!

Turning inward drew upon a reading written by Margalie Belizaire, who we were honored and delighted to find attending our service. She has been preparing for the ministry and is looking forward to the next step in the coming year or so. Way to go Margalie!

*Stay connected and stay engaged.  
 There is so much suffering and violence  
 Coming at us daily that sometimes  
 We disconnect from our loved ones and disengage from the world.  
 My dear ones,  
 I encourage you to care.  
 To care for all of it.  
 To feel.  
 To feel for all of it.  
 To act.  
 To act with compassion.  
 For this is how we retain our humanity.  
 Take care of yourself.*

Margalie Belzaire, Learning fellow with the UU Church of the Larger Fellowship...

Later in the service an extended appreciation came from a cancer survivor, who suffered cancer of spine, and bones elsewhere resulting in inability to walk. Hospital visits, chemo and radiation on a regular basis followed, with CN help with trips to and from treatments, meals and a very special volunteer USH family who took in her son, for a considerable time caring for him as their own. Help included packing up the apartment for a move that never could occur, followed by setting up the existing apartment yet again for the happy recovery of limited mobility while treatments continue to this day. She noted it was the first time in her life she had a community in which requests for help would be answered, a first experience of what it would be like to have a "real" family.

Meetinghouse's performance of "**You've Got a Friend**," underscored the point. As did the closing hymn, "**We Would Be One**."

As the photos show, Worship Associate, Sue Smolski, and presenters/readers Edith Savage, Eve Pech, and JoAnne Bauer, as well as the extraordinarily talented Meetinghouse group put on a marvelous and coordinated service for an appreciative and substantial audience for a Labor Day weekend service. Members of the Meetinghouse group, Caring Network members and friends, supporters and related folks will not be listed here as they are numerous. And, that, dear friends and members, is really the point, would you not agree? Cookies for all. -Submitted by David Newton

## Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

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### Programs

**USH Artists' Group:** Mondays at 6:30 PM; Sensing a call to be creative? To write or paint, to collage or sketch, to weave or quilt? Whatever your medium, the USH Artists' Group will hold its first meeting of the fall on **Monday, September 9 at 6:30pm** in the library. The group will use the book *Wild Ideas: Creativity from the Inside Out* by Cathy Wild as the stimulus for ongoing discussions. You can purchase the book on Amazon and bring it to the first meeting, when we will collaborate on planning the fall/winter program and begin building community with a simple-but-fun creative activity. All who are interested in exploring and nurturing their creative process are welcome to join these Monday evening gatherings. No need to pre-register - just come to the first meeting. For more information contact Marye Gail Harrison ([maryegailh@gmail.com](mailto:maryegailh@gmail.com)).

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or [stephen.luckingham\(at\)gmail.com](mailto:stephen.luckingham(at)gmail.com).

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. **Offsite during the summer**, contact Mark Friedman for more information: [drmarkafriedman@drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: [Esavage15@att.net](mailto:Esavage15@att.net).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or [rsfriedman41\(at\)gmail.com](mailto:rsfriedman41(at)gmail.com).

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

**USH Book Club Resumes in the Fall**, Off-site, contact Richard Groothuis for more information: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com) or 860-748-3532. Books are selected by Members to raise social and life issues. We meet monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings will be on second Thursday of the month at 2:30 pm; we will skip December. The September 12 meeting (at Richard's and Jean's) will cover books we've read over Summer.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith communities. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. We plan to repeat this program in some way in the coming year. Contact Judy Sullivan to be added to the list of those interested.

### Connection Circles (formerly known as Small Group Ministries)



#### What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Connection Circles offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com) for more information or click [HERE](#).



#### Disability Focused Connection Circle

**Room:** David's Den and Library

**Time:** Saturday mornings from 10:00am to noon

**Date(s):** First meeting on September 28th. Dates of following meetings determined by participants' availability. The last meeting will be on November 30th at the latest.

**Cost:** \$5.00 collected at the first meeting

**Contact:** Bill LaPorte-Bryan at [b37bryan@gmail.com](mailto:b37bryan@gmail.com) or Briana Bittel at [everaftr33@gmail.com](mailto:everaftr33@gmail.com) for more info.

This popular event is being offered again for a third year. As in the past, all of the discussions will begin with a reading based on an essay written by someone who has issues related to a disability, published in a recent series in *The New York Times*.

## Events and News of Our Community



### **Building & Grounds Cleanup- Workday Saturday September 7, 9:00 AM - 12:00 PM**

Each year in the spring and fall the Building and Grounds Sub-Council holds an official workday to which you are all invited! (They actually work on many other days as well). Our Fall 2019 B & G workday is Saturday, 9/7 from 9 AM to Noon. Volunteers are solicited by the Building and Grounds

Sub-Council for general clean-up work. We will be sprucing up the bays and gardens. There will be general areas to clean up between the buttresses adjacent to the building, around the sign on Bloomfield Avenue, and a variety of other tasks.

If you can attend, it would be helpful if you would inform David Newton at [dcnewton999\(at sign\)gmail.com](mailto:dcnewton999(at sign)gmail.com) or 860/335-3742 to help with the planning. Or, just come! All Are Welcome! If you have tools you believe would be helpful, bring them along.

~David Newton, Sec. Pro Tem B&G



### **The Labyrinth Garden has a new pathway!**

A crew turned 1000 pounds of concrete mix into 80 stepping stones. They look great and are a creative solution for marking the winding path. Another 40 or so stones will complete the job. Thank you Kevin Girouard, David and Janice Newton, Esther McKone, Don and Susan Hope!

The path will be completed on Sept 7<sup>th</sup>—B&G fall work day—additional helpers are welcome :)

-Submitted by Don Hope



**UUUSH & YOU**

**A Path to Membership**

**3 Sunday sessions (Oct 6, Nov 3 & 17) 12:00-1:30 pm**

Followed up with a **Membership Sunday on Dec 8, 2019**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

**Free child care provided.**

Contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)

Lunch Bunch ~ **We will be meeting on Tuesday, September 17 at 12 Noon.** If you plan to attend, please let me know by noon on **Wednesday, September 11.** Please call me at 860/677-1121 or email me at [janicecnewton\(at\)gmail.com](mailto:janicecnewton@gmail.com).

The Lunch Bunch will meet at Concetta's, Italian Restaurant, 22 Mountain Ave., Bloomfield. In addition to lunch, there will be a speaker. You will be able to order off the menu. Separate checks will be provided. There is convenient parking. We will meet at Concetta's on the third Tuesday of the month September through June (**excluding December**). The dates for this year are: 9/17, 10/15, 11/19, **no Lunch Bunch in December**, 1/21/20, 2/18, 3/17, 4/21, 5/19, and 6//16.

We are looking for speakers. Are you interested, or do you know someone who would be interested, in speaking to the group? If so, please contact Maggie Greene at [turtlepoem\(at\)sign@yahoo.com](mailto:turtlepoem(at)sign@yahoo.com). Reservations are necessary! Hope to see you on the 17th! -Janice Newton



USH member **Peter Upton** has generously offered the gift of any one of his paintings (currently on display in the Meeting House ambulatory) to anyone who wishes to have one, in exchange for a financial gift to USH of any amount you feel appropriate. Our great thanks to Peter! Please come and choose your painting through the month of September!



### **USH Labyrinth Garden Update**

Summertime, and the living...involves gardening! If you have any extra energy or time to spare, there is always a spring-summer-fall need for gardening help at the Meeting House--in the Memorial Garden and all around the Meeting House, and then also in our USH Labyrinth Plot of the Watkinson Community Garden which is below USH's lower parking lot and

immediately adjacent to the Meeting House grounds to the east. Especially on warm days such as those that are predicted this week, watering is crucial to keep existing plantings alive and well. Watering is the primary need. Any additional weeding, planting, or tending of the Labyrinth Path that you are able to do is a bonus!

This is now our 5th summer of having and tending our USH Labyrinth Plot in the Watkinson Community Garden, and we keep trying to simplify a system of upkeep so that those among you who'd like to help can most easily jump in. Here are **The Remaining Weeks of Summer 2019** (below) -- please let RevHeather and Linda Clark (for updating this E-news posting) know if you can "take a week" to stop by once or twice that week and water the plot. If you have time to do more, that's great too, but just knowing that someone is stopping by to check on the garden each week will be a delight and a relief!

Week of September 8 - 14 Gardener Needed: \_\_\_\_\_

Let me know if you have questions or would like to get involved in tending the USH Labyrinth Garden but are not sure how to get started! You can also speak with USH members Diane Cadrain, Esther McKone, or Susan Hope for gardening tips and plant wisdom. --RevHeather

## Meeting House Presents!



### Save These Dates--Coming Up in September:

**Friday, Sept. 13, 2019:** [Mad Agnes](#) --Mad Agnes is Margo Hennebach, Adrienne Jones and Mark Saunders. Each member arrived at the trio from a staggering list of solo accomplishments, including songwriting competitions, recordings, and the ability to sleep on any surface. Multi-instrumentalists all, Hennebach is classically trained in piano, Jones is self-taught on guitar and bass, and Saunders adds color with a vintage mandolin and subtle electronic processing on his guitar. The sound can be full as a concert hall or delicate as three voices singing a cappella. Harmony-driven performance of contemporary singer-songwriter material influenced by classical, Celtic, folk/rock, PDQ Bach, and a touch of street theatre. Their lyrics, vocal intricacies and instrument prowess are unforgettable.

**Friday, Sept. 27, 2019:** [Moonfruits](#) --Fronted by partners Alex Millaire and Kaitlin Milroy, Ottawa-based Moonfruits are makers of art-folk bilingue. In a forest of banjo, guitar, kalimba and glockenspiel, their voices burrow and soar. Here is a reverie, tender and powerful, beckoning listeners to elevate the stuff of everyday life. Four-time 2019 Trille Or nominees<sup>1</sup>, Moonfruits have toured Canada coast to coast, moving audiences with a live show that mixes French and English organically, playfully, intentionally. Their début full-length Ste-Queuepart (2017) \saint-kehk-pahr or Saint Somewhere\ is an elaborate small town fiction that explores the faces of gentrification, isolation and community.

**Click [HERE](#) for more info e-mail us  
at [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com)**

- Phone Laura and Paul Cipriano at (860) 298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com). Put "subscribe" in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season.

We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

## Get Involved at USH - Be Part of a Great Team!

### USH Needs You—

#### Get Active with USH! Committee and Sub-Council Openings

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.



**Accessibility and Inclusion Ministry (AIM):** USH Member Doris Maldonado is in need of help with this ministry. Please contact her at unicas.miracle@gmail.com if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).

## Upcoming Special Events and News in the Larger Community



**Coming Up: September 14th, Noon-6pm. Hartford Pride 2019 on Hartford's historic Pratt Street! For more info**

**visit:** [www.hartfordpride.org/](http://www.hartfordpride.org/).

While we did not have the people power to coordinate a Greater Hartford UU Booth this year, we hope to see you at Pride on Pratt Street anyway! If you'd be interested in coordinating a UU presence at Hartford Pride in 2020, please let RevHeather or Social Justice Chair Judy Sullivan know.



**Help us turn the wheel once again as we celebrate the fruit harvest.**

**Saturday, September 14th, 2019**

**Time: Ritual 7pm, followed by potluck.**

**Please feel free to bring a dish to share with community.**

**Unitarian Society of Hartford  
50 Bloomfield Ave., Hartford, CT  
Enter at the main door, front of building.**

-Submitted by Rayla Mattson

## Earthkeepers Corner

September is a very busy month as we step into action to save our environment. Please join us at one or more of these informative and inspiring events:

- **Sun. Sept. 15, 2:00PM:** "Let there be Light, "A Green Forum on Solar Power, Temple B'Nai Israel, Windham CT
- **Fri. Sept 20: *Climate Strike!* 12 noon:** Capitol steps in Hartford, all over the world, all day. Stand up for the climate anywhere you are....insist on sustainability!
- **Fri. September 20-Sun. September 22:** Walk, Bike, Bus or Carpool to Worship and reduce your carbon output!
- **Sun. Sept. 22, 12 noon to 4PM:** 8th Annual Electric Car Festival at CCSU, 1615 Stanley ST, New Britain CT
- **Sunday, September 22 5:00PM:** "From Paris to Pittsburg" A film of Americans developing solutions to climate change, St John's Episcopal Church in Vernon.
- **Tues. September 24 6:30PM:** "Drowning in Plastic," A Green Forum on Plastic Pollution, Higganum Congregational Church, Higganum, CT.

Let's rescue Creation! More info [www.IREJN.org](http://www.IREJN.org).

--Submitted by Jeff Howard on behalf of "Earthkeepers Corner"



### For Access to the Members Only Section on the Web Page:

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

**To submit a Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Linda Clark's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

#### **USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister  
revcathy@ushartford.com | 860-233-9897 ext 103\*(see below to schedule)

Rev. Heather Rion Starr, Co-Minister  
RevHeatherRionStarr@gmail.com | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager  
dre@ushartford.com | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries  
smoffett@ushartford.com | 860-233-9897 ext 108

Linda Clark, Office Administrator  
ushlindaclark@gmail.com | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
Office Hours by Appointment | bmullen@ushartford.com

#### **\*Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: ushenews@ushartford.com  
Please note in the subject line "USH-Enews." Thank you for your  
submission!***

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.