



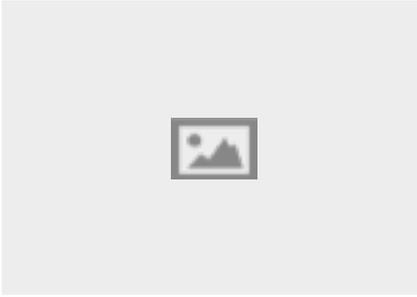
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Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment

USH-Enews ~ **September 11, 2019**  
**Building Community Since 1830**  
**Sunday Service 10:30 AM**  
**Revs. Cathy & Heather Rion Starr**



**Worship Service, September 15, 2019, 10:30am**  
**“Ingathering: Wade In the Water”**  
**Revs. Cathy and Heather Rion Starr, Co-Ministers**  
**Peter Meny, Worship Associate**

Join our Revs. Heather and Cathy for our Annual Ingathering and Water Ceremony Service. Remember to gather some water representing your summertime reflections and refreshments, whether they be at your own sink, a nearby park, or someplace far away, symbolic, or particularly meaningful. What's important about this service is our returning to be with one another again after summer breaks from routine, and our sharing with one another about how our spirit has been touched and nourished. Join us for a hymn-sing starting at around 10:15am!



**This Sunday, let's enjoy providing and delighting in our special GATHERING IN of marvelous foods to add a memorable taste to our IN-GATHERING Sunday!**

Deposit YOUR dish of sweets, meats, or tempting treats directly to the kitchen before the service. Remember that INGREDIENTS of all home made treats

should be written in legible form and attached to your dish. Knowing whether something is "Gluten Free" or "Peanut Free" or similar facts is essential for many peoples' health. ~Deb Meny

**Our Director of Religious Education is looking for teachers and assistants for the 2019-2020 church year. We need your help in the following grade levels: Prek-2nd, 3rd-5th, 6th-8th, and youth group. Please contact Rayla Mattson for more information at dre@ushartford.com or 860-233-9897 ext 104.**

**In This Week's Enews:**

[RE News You Can Use](#)

[News from the USH Board of Directors](#)

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[Upcoming Events & News in the Larger Community](#)

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/) To submit a Calendar Request click [HERE](#).**

Contacts: <http://www.ushartford.com/about-us/staff/>

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note:** The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.

**From the USH Caring Network:** Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

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## Update from the Stewardship Committee

The Stewardship Committee needs many hands on deck! It is rewarding and enjoyable to be a part of a committed and enthusiastic team, plus essential to the well-being of USH! The more hands, the less work for everyone! Please consider helping with one or more of the following:

**First up: Overall for the year, we need:**

- Someone to coordinate and schedule the Stewardship Table after services. You don't have to do it every Sunday, but be responsible for determining the theme of the table and scheduling someone from the team for each Sunday
- Someone to do various data analysis tasks throughout the year. You can do this from home and not even have to come to any meetings
- Someone to learn the credit card swiping and processing procedures and train others how to do it

### **Fall: The Auction! We need:**

- Someone to oversee the Auction website. It's a basic, simple database. You can do this from home and not have to come to meetings
- People to help plan the Auction and solicit skills and thrills from the congregation and friends
- A buffet lunch organizer (again, no meetings, unless you want to come)
- A Set-up Team leader, one, maybe two, meetings
- A wine & beer organizer and "bartenders"
- Cashiers for check-out and payments
- A Break-down Team leader, one, maybe two, meetings

### **Late Winter: The Pledge Drive. We need:**

- Someone to work with the Membership Committee to update the list of members and friends prior to the drive
- A small team to organize the Soirees, recruit hosts, schedule the Host Training and the Host Appreciation Lunch
- Someone to recruit congregants to do testimonials at the services
- A communications person to coordinate a congregational letter encouraging pledging and other communications between Stewardship and the congregation

**And Last but NOT LEAST,** we need a Chair for the Stewardship Committee to lead this fun, creative, dedicated group of people. Lots of support will be provided by the well experienced team. If you're interested please contact [USHStewardship@gmail.com](mailto:USHStewardship@gmail.com).

### **RE News You Can Use: Rayla D. Mattson, Director of Religious Education**



This week will be our Ingathering service. Please make sure you bring your water and join us as we worship together. On the 22nd we will begin our new program year and we have a great year planned! Saturday, September 21st will be our 7th-9th grade parent orientation of OWL. The program will then start the following day on the 22nd. Looking forward to seeing you all!

Going into next program year, a few of our long-term volunteers have had to step down because of other church-related obligations. This is a great time for new faces to join our RE team. There is space in our Prek-2nd grade class, our 3rd-5th grade class and middle school. I am also looking for one-time volunteers for holiday weeks when we will have one-room activities. I could also use some administrative help if working directly with the children and youth is not your forte. Please send me an email or give me a call, we'd love to have you on board!

**This September we will begin our next session of 7-9th grade Our Whole Lives (OWL).** OWL is a year-long human sexuality course. According to the Unitarian Universalist Association, OWL provides "honest, accurate information about sexuality that changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives."

There will be a mandatory parent session for those students who will be in grades 7th-9th or their equivalency this school year. The parent session will be held on Saturday, September 21st from 5:00-7:00pm at the Unitarian Society of Hartford. The first session for students will be on Friday, September 20th. A full schedule will be available at the parent orientation.

The fee for this year's session is \$25 for members and \$50 for non-members. The fee helps to off-set program supplies. If you would like to sponsor one or more students, please contact the DRE for more information. The fee can be made up-front or via installments. Please note no student will be turned away due to inability to pay.

The Director of Religious Education, Rayla D. Mattson, along with life-long UU Mariah Chadukiewicz will be co-facilitating this session. If you would additional information, please contact the DRE at [dre@ushartford.com](mailto:dre@ushartford.com) or 860-233-9897 ext. 104.

Rayla D. Mattson, Director of Religious Education  
860-233-9897 ext. 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday, Thursday and Sunday.



## Staff News



After 4+ years of service in the USH Office, Linda Clark has found another job closer to her home that she is excited about. We are sorry to see her go! Linda's last day with USH will be next Thursday, September 12. The USH Board will be working to ensure a smooth transition and will be and bringing on additional office support staff as soon as possible. Please wish Linda well! If there are aspects of Linda's work that you would enjoy helping out with in the coming weeks or months as our new Office Administrator gets settled in, please let RevHeather know. We will officially thank Linda and "send her off" on her next chapter during the service this Sunday, September 15.

*To everyone at USH: I would like to thank all the folks here who made me feel welcome and to all of those who helped me out throughout my time here. I truly appreciate the many amazing people I've met. Thank you! -Linda*



Please welcome our new Office Administrator, Buffie Pinney. Buffie came to us quickly through a professional temp agency, and we are so grateful for her positive energy, administrative expertise, and ability to hop on board as we zoom along into the congregational year. Buffie will be with us through at least mid-February 2020 which will enable the Revs to go on their long-planned sabbatical and the Board as a whole a chance to consider what staffing configuration best suits USH as we continue to move together into the complex 21st century. Buffie is married and lives with her husband and son in Simsbury. She and her family will be attending the Ingathering Service this Sunday -- please welcome her!

## News from the USH Board of Directors



### Greetings from the Board:

Our ministers will be with us for all of September, and then on a well-deserved sabbatical leave until the beginning of January. Stay tuned for full details. As always, our members and friends keep us going strong. If you would like to be more active and involved in any aspect of congregational life, please contact one of our ministers or any Board member today.

~Joe Rubin, USH Board President

### Your 2019-20 USH Board

—Have a question or comment or just want to chat about USH? Don't hesitate to talk with any one of your Board members:

Joe Rubin: President

Martha Bradley: President-Elect

Phil Gardner: Treasurer

Sarah Harmon McKenzie: Secretary

Peter Meny: Spiritual Life Council Chair

Sue Tenorio: Administration Council Chair

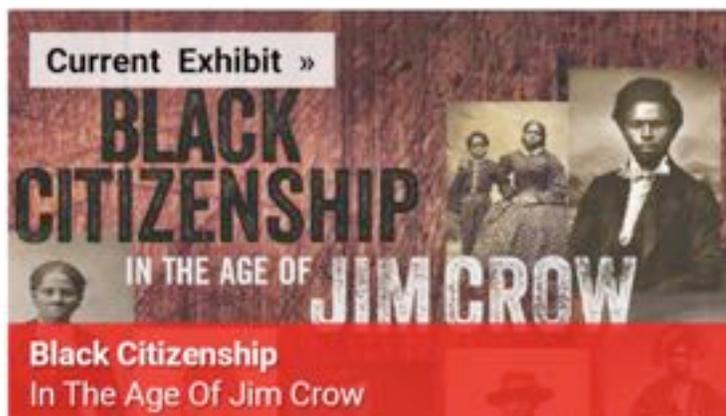
Judy Sullivan: Social Justice Council Chair

Carolyn Carlson: Community Within Council Chair

Rev. Cathy Rion Starr, Co-Minister (ex-officio)

Rev. Heather Rion Starr, Co-Minister (ex-officio)

## Social Justice at USH



**Join Fellow USH Members for CT Historical Society Tour: Black Citizenship in the Age of Jim Crow**  
**Time:** 2:00 – 3:00 pm; **Date:** Saturday, September 14  
**Contact:** Gloria Francesca

Mengual: [gloriafmengual@gmail.com](mailto:gloriafmengual@gmail.com)

**Offsite:** The group will meet at the CT Historical Society [1 Elizabeth St., Hartford](#).

Admission is FREE for CHS members and children 5 and under.

Admission to the museum galleries is FREE the first Saturday of the month.

One-day admission prices: \$12 Adults; \$10 Seniors (65 and over); \$8 Students (with valid college ID) and Youth (6-17)

A group from USH plans to visit The Connecticut Historical Society (CHS) on **September 14** for a guided tour of the exhibit *Black Citizenship in the Age of Jim Crow*. **The tour takes place from 2 – 3 pm.** **The CHS web site notes:**

"The exhibit explores the struggle for full citizenship and racial equality that unfolded in the 50 years after the Civil War. When slavery ended in 1865, a period of Reconstruction began, leading to such achievements as the Fourteenth and Fifteenth Amendments to the Constitution. By 1868, all persons born in the United States were citizens and equal under the law. A harsh backlash ensued, ushering in a half century of the "separate but equal" age of Jim Crow. The exhibition is organized chronologically from the end of the Civil War to the end of World War I and highlights the central role played by African Americans in advocating for their rights. It also examines the depth and breadth of opposition to black advancement. Art, artifacts, photographs, and media will help visitors explore these transformative decades in American history, and understand their continuing relevance today."

We will have the opportunity to reflect on this exhibit the next day, following the USH September 15 service, at noon. If you cannot make that September 14th tour, the exhibit is open daily between now and then, with guided tours offered each Saturday at 3 p.m. If need be, catch it on your own and join the 9/15 conversation at USH. For more information, check out the CHS web site: <https://chs.org/>.

**Coming Up at USH: Citizens Climate Lobby** Meeting for Greater Hartford chapter. Sponsored by USH Green Sanctuary

**Room:** Library; **Dates:** Oct. 13, Nov. 10, and Dec. 8.; **Time:** 3:00-5:00pm

**Contacts:** [ellen.castaldini@gmail.com](mailto:ellen.castaldini@gmail.com); [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com)

Event is Free and open to public



Youth across Earth call for global week of action  
September 20-27

## Rally at Capitol Friday, Sept. 20, Noon-3

Who should come?

All kids, all parents, all grandparents, all siblings,  
all aunts, all uncles, all teachers ...

Yes, it's a school day and work day.

**This is real schooling. This is our real work.**

Questions?  
jeff.howard.29@  
gmail.com

Sponsored by USH Green Sanctuary and 70 other organizations

### **REGISTER NOW FOR UNDOING RACISM TRAINING**

This training is offered twice a year and rotates between  
weekday and weekend dates. Training is open to everyone.

November 15-17, 2019

**Dates/Times/Location: (Participants must be available  
for all of the training to register)**

- Friday, Nov. 15<sup>th</sup> | 6pm to 9pm
- Saturday, Nov. 16 and Sunday, Nov. 17<sup>th</sup> | 9am to 5pm

**Location:** Immanuel Congregational Church, 10 Woodland Street, Hartford.

**Food:** Snacks provided Friday. Breakfast and Lunch provided Saturday and Sunday.

**Cost:** The Cost is \$450 per person. Scholarships are available simply by requesting one. 100% of the fee goes to the training and food. Please check with your faith institution first to see if there are scholarships available. If not, Christian Activities Council will provide the scholarship.

**Group Size:** There is a maximum of 40 participants per training so register early!

**How to register:** Register online at <http://christianactivities.org/trainings/>. Send check made payable to Christian Activities Council to 47 Vine Street, Hartford, CT 06112 or pay through our web site at [www.christianactivities.secure.force.com/donate/](http://www.christianactivities.secure.force.com/donate/). Call 860-527-9860 with questions.

**About the Training: Training is offered by The People’s Institute for Survival and Beyond**

Undoing Racism® is our signature workshop. Through dialogue, reflection, role-playing, strategic planning and presentations, this intensive process challenges participants to analyze the structures of power and privilege that hinder social equity and prepares them to be effective organizers for justice. The multiracial team of organizers/trainers includes more than 100 men and women whose anti-racist organizing expertise includes years with civil, labor and welfare rights struggles, educational, foster care, social service and health reform movements, as well as youth and grassroots community organizing. An average of 30 groups per month participate in The People’s Institute Undoing Racism®/Community Organizing process.

Workshop participants will:

- Develop a common definition of racism and an understanding of its different forms: individual, institutional, linguistic, and cultural;
- Develop a common language and analysis for examining racism in the United States;
- Understand one’s own connection to institutional racism and its impact on his/her work;

- Understand why people are poor and the role of institutions in exacerbating institutional racism, particularly for people and communities of color;
- Understand the historical context for how racial classifications in the United States came to be and how and why they are maintained;
- Understand the historical context for how U.S. institutions came to be and who they have been designed to serve;
- Understand how all of us, including white people, are adversely impacted by racism every day, everywhere;
- Address surface assumptions about how your work is (or is not) affected by racism;
- Develop awareness and understanding about ways to begin Undoing Racism®
- **Contact Judy Sullivan with questions about financial support: jasullivan57@gmail.com.**



### **Americans of Conscience Checklist**

*These checklists feature clear, well-researched actions for Americans who value democracy, equality, voting, and decency. We also*

*practice gratitude, self-care, and celebration to stay engaged.*

Click [HERE](#) for past checklists. -Submitted by Judy Sullivan, USH Social Justice Chair; Source: <https://americansofconscience.com/>

### **Americans of Conscience Checklist**

163 weeks down, 60 weeks to the presidential election.

*The AoC Checklist features clear, well-researched actions for Americans who value democracy, equality, voting, and respect. To stay engaged through challenging times, we practice gratitude, self-care, and celebration.*

**I value democracy.**

*With respect and collaboration, we work to create a nation that welcomes all people, expands freedoms, and upholds the Constitution.*

□ **Action 1: Promote National High School Voter Registration Week.** [h/t [The Civics Center](#)]

**Contact:** Your local school board, high school principals, and high school civics teachers.

**Script:** Hi, I'm a resident of [SCHOOL DISTRICT] (if applicable, "and my child(ren) attend(s) school in [DISTRICT]") and I urge you to participate in [National High School Voter Registration Week](#), September 23-27, 2019. The Civics Center [provides free resources](#) to help your students run a [successful voter registration drive](#). Thank you.

**Bonus:** Donate to [The Civics Center here](#)...to read more click [HERE](#).

## Church Business News

The latest financial reports for **April-June 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **July 2019** have been posted, click [HERE](#) to view. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) for the username and password.



### Update from the Sabbatical Committee

Hello! Marye Gail Harrison (Chair), Laurie Kelliher (Worship Associate lead), Lisa Galinski (WA) and Peter Meny (Board Chair of Spiritual Life) are your Sabbatical Committee. We write to introduce ourselves to the congregation in this capacity, and give you an update about preparations for RevCathy and RevHeather's upcoming sabbatical from October 1 through December 31.

We have been partnering with and meeting regularly with the Revs since early 2019 to plan for and support a smooth Sabbatical season that gives our Revs important time off for

rest and renewal while continuing a rich worship experience on Sundays.

We have been working on a worship calendar that opens us up to other UU ministers' voices as well as lay leader wisdom, including Hartford community leaders.

We are pleased to share that the worship calendar is nearly complete and we look forward to sharing details with the congregation in the coming weeks as the church year approaches.

*Keep an eye out here and in the Sunday OOS's for more information! To view the Sabbatical Brochure, with all sorts of wonderful details, click [HERE](#).*

Warm regards, Marye Gail, Laurie, Lisa and Peter

## Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

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### Programs

**USH Artists' Group:** Mondays at 6:30 PM; Sensing a call to be creative? To write or paint, to collage or sketch, to weave or quilt? Whatever your medium, the USH Artists' Group will held its first meeting of the fall on **Monday, September 9 at 6:30pm** in the library, and you are all welcome to join us! The group is using the book *Wild Ideas: Creativity from the Inside Out* by Cathy Wild as the stimulus for ongoing discussions. You can purchase the book on Amazon and bring it to the first meeting, when we will collaborate on planning the fall/winter program and begin building community with a simple-but-fun creative activity. All who are interested in exploring and nurturing their creative process are welcome to join these Monday evening gatherings. No need to pre-register - just come to the first meeting. For more information contact Marye Gail Harrison ([maryegailh@gmail.com](mailto:maryegailh@gmail.com)).

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen “Lucky” Luckingham: 860-202-3404 or [stephen.luckingham\(at\)gmail.com](mailto:stephen.luckingham(at)gmail.com).

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: [drmarkafriedman@drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: [Esavage15@att.net](mailto:Esavage15@att.net).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or [rsfriedman41\(at\)gmail.com](mailto:rsfriedman41(at)gmail.com).

**Dinner and a Movie at USH:** Meets the second Friday of the month September-June. Contact Nita for more information at 860-693-4269 (no texts).

**USH Book Club:** Meets the second Thursday of the month September-June. Off-site, contact Richard Groothuis for more information: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com) or 860-748-3532. Books are selected by Members to raise social and life issues. We meet monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings will be on second Thursday of the month at 2:30 pm; we will skip December. The September 12 meeting (at Richard’s and Jean’s) will cover books we’ve read over the summer.

**Beloved Conversations:** An experiential curriculum that provides a space to heal the spiritual and organizational wounds that racism causes in our faith communities. The program aims to foster cross-cultural relationships that nurture the spiritual health of program participants, congregations and communities beyond their walls. We plan to repeat this program in some way in coming years. Contact Judy Sullivan to be added to the list of those interested.

### **Connection Circles (formerly known as Small Group Ministries)**



#### **What are Connection Circles?**

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space — a covenant group. Get to know others better and you may also get to know *yourself* better too! A trained facilitator will have special readings and questions to guide your sharing and deep listening experience. Watch for announcements of Connection Circles offerings

in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby. Please text or email Martha Bradley at 860-305-3307, marthabradley49@yahoo.com for more information or click [HERE](#).



### **Disability Focused Connection Circle**

**Room:** David's Den and Library

**Time:** Saturday mornings from 10:00am to noon

**Date(s):** First meeting on September 28th. Dates of following meetings determined by participants' availability. The last meeting will be on November 30th at the latest.

**Cost:** \$5.00 collected at the first meeting

**Contact:** Susan Hope at 860 463 6407

or susanhope51@gmail.com or Briana Bittel at everaftr33@gmail.com for more info.

This popular event is being offered again for a third year. As in the past, all of the discussions will begin with a reading based on an essay written by someone who has issues related to a disability, published in a recent series in *The New York Times*.

## Events and News of Our Community




**3 Sunday sessions**  
**(Oct 6, Nov 3 & 17)**  
**12:00-1:30 pm**

**A Path to Membership**

Followed up with a **Membership Sunday on Dec 8, 2019**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

**Free child care provided.**

Contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)



USH member **Peter Upton** has generously offered the gift of any one of his paintings (currently on display in the Meeting House ambulatory) to anyone who wishes to have one, in exchange for a financial gift to USH of any amount you feel appropriate. Our great thanks to Peter! Please come and choose your painting through the month of September!



### **USH Labyrinth Garden Update**

If you have any extra energy or time to spare, there is always a spring-summer-fall need for gardening help at the Meeting House--in the Memorial Garden and all around the Meeting House, and then also in our USH Labyrinth Plot of the Watkinson Community Garden

which is below USH's lower parking lot and immediately adjacent to the Meeting House grounds to the east. Especially on warm days such as those that are predicted this week, watering is crucial to keep existing plantings alive and well. Watering is the primary need. Any additional weeding, planting, or tending of the Labyrinth Path that you are able to do is a bonus!

Let me know if you have questions or would like to get involved in tending the USH Labyrinth Garden but are not sure how to get started! You can also speak with USH members Diane Cadrain, Esther McKone, or Susan Hope for gardening tips and plant wisdom. --  
RevHeather

## Meeting House Presents!



### Save These Dates--Coming Up in September:

**Please Note: The Sept. 13 event had to be postponed due to performer illness. Mad Agnes will perform at 7:30 on Friday, October 4, 2019 at the Unitarian Society of Hartford Meeting House.**

**Friday, Sept. 27, 2019** [Moonfruits](#) is fronted by partners Alex Millaire and Kaitlin Milroy. Ottawa-based Moonfruits are makers of art-folk bilingue. In a forest of banjo, guitar, kalimba and glockenspiel, their voices burrow and soar. Here is a reverie, tender and powerful, beckoning listeners to elevate the stuff of everyday life.

**Friday, Oct 4, 2019** [Mad Agnes](#) is Margo Hennebach, Adrienne Jones and Mark Saunders. Each member arrived at the trio from a staggering list of solo accomplishments, including songwriting competitions, recordings, and the ability to sleep on any surface. Multi-instrumentalists all, **Hennebach** is classically trained in piano, **Jones** is self-taught on guitar and bass, and **Saunders** adds color with a vintage mandolin and subtle electronic processing on his guitar. The sound can be full as a concert hall or delicate as three voices singing *a cappella*.

We hope to see you at both shows.

Click [HERE](#) for more info or e-mail us at [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com)

- Phone Laura and Paul Cipriano at (860) 298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: MeetingHousePresents@gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

### **Get Involved at USH - Be Part of a Great Team!**

#### **USH Needs You—**

#### **Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

*Get more connected with this congregation through volunteering. Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:*



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.



### **Accessibility and Inclusion Ministry**

**(AIM):** USH Member Doris Maldonado is in need of help with this ministry. Please contact her at [unicas.miracle@gmail.com](mailto:unicas.miracle@gmail.com) if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To

welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).

## **Upcoming Special Events and News in the Larger Community**



**Coming Up: September 14th, Noon-6pm. [Hartford Pride 2019](#) on Hartford's historic Pratt Street! For more info**

**visit:** [www.hartfordpride.org/](http://www.hartfordpride.org/).

While we did not have the people power to coordinate a Greater Hartford UU Booth this year, we hope to see you at Pride on Pratt Street anyway! If you'd be interested in coordinating a UU presence at Hartford Pride in 2020, please let RevHeather or Social Justice Chair Judy Sullivan know.

# Mabon Ritual

## Temple of Witchcraft CT

Help us turn the wheel once again as we celebrate the fruit harvest.

Saturday, September 14th, 2019

Time: Ritual 7pm, followed by potluck.

Please feel free to bring a dish to share with community.

Unitarian Society of Hartford

50 Bloomfield Ave., Hartford, CT

Enter at the main door, front of building.

-Submitted by Rayla Mattson, Rentals Manager on behalf of the  
Temple of Witchcraft CT group

### Earthkeepers Corner

September is a very busy month as we step into action to save our environment. Please join us at one or more of these informative and inspiring events:

- **Sun. Sept. 15, 2:00PM:** "Let there be Light, "A Green Forum on Solar Power, Temple B'Nai Israel, Windham CT
- **Fri. Sept 20: *Climate Strike!* 12 noon:** Capitol steps in Hartford, all over the world, all day. Stand up for the climate anywhere you are....insist on sustainability!
- **Fri. September 20-Sun. September 22:** Walk, Bike, Bus or Carpool to Worship and reduce your carbon output!
- **Sun. Sept. 22, 12 noon to 4PM:** 8th Annual Electric Car Festival at CCSU, 1615 Stanley St., New Britain CT
- **Sunday, September 22 5:00PM:** "From Paris to Pittsburg" A film of Americans developing solutions to climate change, St John's Episcopal Church in Vernon.
- **Tues. September 24 6:30PM:** "Drowning in Plastic," A Green Forum on Plastic Pollution, Higganum Congregational Church, Higganum, CT. Let's rescue Creation! More info: [www.IREJN.org](http://www.IREJN.org).

--Submitted by Jeff Howard on behalf of "Earthkeepers Corner"



## **Womensphere 2019 Fall Retreat at Senexet House!**

276 Senexet Road  
Woodstock, CT

Saturday, September 28th - Sunday, September 29th

*Womensphere, a group of Unitarian Universalist women in south-eastern New England, invites all women to a fun and relaxing weekend filled with singing & dancing, meditation & sharing, crafts & games.*

*We will learn about the importance of ritual in our daily lives and honor Gaia and her world.*

*Our fall retreat will take place at Senexet House, a beautiful Victorian retreat center nestled in the forest of Woodstock, Connecticut. All of the delicious meals are provided by Senexet House. No need to cook!*

Cost - \$130 - Partial scholarships available  
Questions? Email [bcdwomensphere@gmail.com](mailto:bcdwomensphere@gmail.com)

[Use link below for more details and to print the registration form](#)

**More Details and Registration Form**

Thanks to everyone who has registered.

Reminder -- The registration deadline is Sept 18th, so if you haven't done so yet and want to come -- please send in your form.

**BONUS NIGHT** - some women have requested to come on Friday so they will be more relaxed on Saturday. The extra night is \$45 with no Friday dinner or Saturday breakfast. Some women will go out for dinner on Friday or get pizza and there will be coffee and muffins on Saturday morning.

If interested in staying Friday night, email [bcdwomensphere@gmail.com](mailto:bcdwomensphere@gmail.com)

**For Access to the Members Only Section on the Web Page:**

For the username and password for the Members Only section of our USH website, please email Linda Clark at [ushlindaclark@gmail.com](mailto:ushlindaclark@gmail.com). It's easy and if you're interested, please say so.

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**To submit a Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms.

Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Linda

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



### Lost and Found

There is a 'Lost & Found' box in the office on the bottom shelf of a storage rack near Buffie Pinney's desk. Items found in the building will be placed there. Please check in the office if you have misplaced something. **Please note: Items will be donated or recycled if no one claims them after a few weeks.** Thank you.

#### **USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister

[revcathy@ushartford.com](mailto:revcathy@ushartford.com) | 860-233-9897 ext 103\*(see below to schedule)

Rev. Heather Rion Starr, Co-Minister

[revheatherriostarr@gmail.com](mailto:revheatherriostarr@gmail.com) | 860-233-9897 ext 103

Rayla D. Mattson, Director of Religious Education and Rentals Manager

[dre@ushartford.com](mailto:dre@ushartford.com) | 860-233-9897 ext 104

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Brian Mullen, Bookkeeper

Office Hours by Appointment | [bmullen@ushartford.com](mailto:bmullen@ushartford.com)

#### **\*Rev. Cathy has an online scheduler:**

If you'd like to set up a meeting, pastoral visit, or other conversation with me, you can see my availability and sign up for a time here:

<https://RevCathyRionStarr.as.me>. Try it out, and let me know if you have any trouble!

-RevCathy

**The deadline for USH-Enews submissions is Tuesday at 12 Noon.**

**Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com)**

**Please note in the subject line "USH-Enews." Thank you for your submission!**

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.