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 Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
 or call for appointment

**USH-Enews ~ November 13, 2019**  
**Building Community Since 1830**  
**Sunday Service 10:30 AM**  
**Revs. Cathy & Heather Rion Starr, Co-Ministers**



Image: [charlie.student.csu.edu.au](http://charlie.student.csu.edu.au)

**Worship Service, November 17, 2019, 10:30am**  
**“Pilgrimage – A Journey of Love, Truth, and Transformation”**  
**Rev. Dr. Jan Carlson-Bull**  
**Laurie Kelliher, Worship Associate**

A year ago, Rev. Jan was in Viet Nam. Just over fifty years ago, there was a knock at the door of her apartment in New York City’s East Village. The message was transformative, in the rawest way. Russell Flesher was yet another casualty of the American War that Jan had protested and for which Russ had enlisted. The previous June they were wed in the garden at Union Theological Seminary, where they were both students. It’s a long winding story that resonates for millions, including some of you. In word, image, music and meditation, Rev. Jan offers you a few chapters of hers.

**In This Week's Enews:**

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**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>  
**See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

Contacts: <http://www.ushartford.com/about-us/staff/>

To read the USH Blog click [HERE](#).

**E-News Contributors please take note: The deadline for USH E-News submissions is *Tuesday at 12 Noon*. Please include the dates that your submission should be included in the 'Subject' field.**

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**RE News You Can Use: Rayla D. Mattson, Director of Religious Education**


The service on Sunday was refreshing and many enjoyed the message conveyed by the 20's and 30's Group. Thank You to any and all for your contributions.

This week we will have a TFAA followed by age appropriate classes. Please note I do not always have enough teachers for all grade levels. Activity packets will be available for any classes that are canceled. The nursery will also be available during the morning worship hour.

Our Director of Religious Education is looking for teachers and assistants for the 2019-2020 church year. We need your help in the following grade levels: Prek-2nd, 3rd-5th and 6th-8th. I am still in need of at least 2 more teachers for each grade level. I promise I won't call on you more than once every 4-6 weeks! We have a great group of teachers to work with and I provide everything you need each week. We just need your love and enthusiasm. Please contact Rayla D. Mattson for more information at [dre@ushartford.com](mailto:dre@ushartford.com) or 860-233-9897 ext 104. Thank you! --Rayla



## Youth Group Soup Making

This coming Sunday the 17th will be soup making by the youth group for Church St. Eats. Please come join us down in the Fellowship Hall for some delicious soup and friendly conversations!

Images: farmviewmarket.com

Rayla D. Mattson, Director of Religious Education  
 860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday and Thursday.



**BIG HOLIDAY EVENT !!**  
**COMING SOON: THE BIG**  
**BASH AT THE USH**  
**SPACE SHIP! WINTER**  
**SOLSTICE SUNDAY**  
**12/22!**  
**SUPERNOVAS! MIGHTY**

### **METEORS! EVOLVING EARTH! CREEPING CRITTERS!**

Alien, hold on! What are you talking about?

After 13.8 billion years, we will land on December 22 at USH SPACE SHIP!

*But that's when the Earthlings have Worship!*

Perfect! Earthlings should worship their ancestors Gravity and Matter, ancient Hydrogen, their Supernova Grandmother and all that Earth evolved before the birth of these humans.

*But why arrive at this place on that day?*

Because these Earthlings already celebrate the winter solstice – a very small, local earth-type event – and we need to demonstrate the BIG, and I mean BIG, picture with them.

*How you going to do that?*

With costumes and masks, and props galore, and tons of imagination! There's a character for everyone in the parade during the BIG BASH UNIVERSE STORY!

*Sounds like fun, Alien. USH Earthlings, stay tuned for details about your role in THE BIG BASH!*

### Message from the Sabbatical Committee

Hello to all! We are now **6 weeks** into Rev Cathy and Rev Heather's sabbatical. Our Revs reminded us when they left "We don't be able to do everything as usual. And that's OK." The sabbatical team is proud that spiritual life at USH is strong and steady thanks to the efforts of so many staff, members and friends.

Our dedicated USH staff has been putting in extra time and energy to ensure that Sunday services, programs and classes continue as usual. Many generous volunteers, the Board, and sabbatical team are engaged in filling gaps while our co-ministers are away. Thank you to each and every person who has helped out, gone the extra mile, and/or stepped in when there was a need to get something done in a pinch! (Especially when we lost power in the storm with a memorial service and Meeting House Presents concert scheduled within 24 hours!)

As the holiday season approaches, we will all have extra responsibilities and pressures in our lives. During this busiest time of the church year, we ask you to also consider the impact of "extra requests" on the USH staff. It is a stressful time for many of us, and there will be plenty of activity at the Meeting House. Instead of stretching our staff thin, let us be inspired to consider how we can contribute to supporting and relieving stress on folks in our congregation, including our staff.

Again, thank you to all for supporting the life of this congregation both in spirit and in action during the Revs' sabbatical. Your generosity is truly wonderful.

Warmly,

Your Sabbatical Team

~Marye Gail Harrison, Lisa Galinski, Laurie Kelliher, Peter Meny

### **Staff News**



Please see our Office Administrator, Buffie Pinney with any administrative questions or concerns. Buffie will be here at USH through mid-February 2020. Office hours are now Sunday through Thursday, 9am-1pm. Please continue to welcome her to USH and let's support her getting acclimated to the Meeting House and the USH congregation!

### **News from the USH Board of Directors**



#### **Greetings from the Board:**

Our ministers will be on a well deserved Sabbatical leave until the beginning of January. Please see the Sabbatical brochure for full details. As always, our members and friends keep us going strong. If you would like to be more active and involved in any aspect of congregational life, please contact one of our ministers or any Board member today.

~Joe Rubin, USH Board President

### **From the USH Caring Network**

**Help Needed** ~ It was wonderful to see Valerie and Xavier at the Meeting House on Sunday. She has had a long battle with cancer. Valerie is getting stronger and is now able to drive and is working from home, but some help with meals would be most welcome. We have established a new Take Them a Meal website for Valerie Kloklow and her son, Xavier. We are hoping for one to two meals a week for Valerie and Xavier. Valerie is a vegetarian and loves fresh fruits. Veggies are

best cooked. Xavier enjoys pasta, chicken, beef, potatoes, beans, rice, pizza, lasagna, and Mexican foods. Please put foods in disposable containers so Valerie will not have to return them. Best time for delivery is between 3 PM and dinnertime. Apartment is on the second floor. Knock on the door, if there is no response, the food can be left outside the door. If you don't cook, take out meals, GrubHub or similar cards, or Stop and Shop gift cards would be welcome. Valerie's address is: 44 Fairview Street, West Hartford, CT 06119.

Go to the Take Them a Meal website: <https://takethemameal.com>.

Go to "FIND" and use **Klokow as last name and 1971 as the PASSWORD**. Then click on "find."

Thank you so much!! If you have difficulty accessing the Take Them a Meal website, please feel free to contact Janice Newton at [janicenewton@gmail.com](mailto:janicenewton@gmail.com). ~The Caring Network

## Social Justice at USH



### Americans of Conscience Checklist: Week of November 10, 2019.

#### 172 weeks down, 51 weeks to the presidential election.

The AoC Checklist features clear, well-researched actions for Americans who value democracy, equality, voting, and respect. To stay engaged through challenging times, we practice gratitude, self-care, and celebration.

I value equality.

Support the dignity of your rainbow of neighbors from every religion, race, ethnicity, culture, gender, sexual orientation, economic status, age, and ability.

Please see [HERE](#) for rest of the AoC checklist.

### GHIAA News

#### Greater Hartford Interfaith Action Alliance

Monday evening, Oct.28, USH participated with over 1,000 people in the Founding celebration of the Greater Hartford Interfaith Action Alliance. USH, with our own large group of enthusiastic supporters, was one of the 35 Founding Congregations and Institutions organizing together for justice in the greater Hartford region. The first slate of issues was presented in areas of education, housing, healthcare, criminal justice reform and gun violence. School superintendents, state legislators, CT State Treasurer Shawn Wooden and Mayor Luke Bronin were among the invited allies, pledging their commitment to work with GHIAA on specific actions for justice. Thank you to all who participated in this powerful evening! This is just the beginning – if you would like to become involved or just learn more about the organization, opportunities are listed below.

#### **GHIAA 2.5 day Undoing Racism Training**

Friday, Nov 15, 6-9pm

Saturday, Nov 16

Sunday, Nov 17, 9am – 5pm

#### **90 minute GHIAA Orientation**

Thursday, Nov 21, 7pm  
or Wednesday, Dec 4, 1pm

Anyone interested in more information please contact Judy Sullivan at [jasullivan57@gmail.com](mailto:jasullivan57@gmail.com).

Race Matters Conversation

Sunday November 24, noon to 1:30 p.m. Meditation Room. **This conversation will continue our readings from the New York Times' "1619 Project". We will read and discuss the article "Why doesn't the United States have universal health care? The answer begins with policies enacted after the Civil War." Copies of the article are available at the Welcome Desk. Please join us for a lively discussion of this significant topic.**

**Facilitators: Diana Heyman at [heydiana42@gmail.com](mailto:heydiana42@gmail.com) & Judy Sullivan at [jasullivan57@gmail.com](mailto:jasullivan57@gmail.com).**

**REGISTER NOW FOR UNDOING RACISM TRAINING**

This training is offered twice a year and rotates between weekday and weekend dates. Training is open to everyone.

November 15-17, 2019

**Dates/Times/Location: (Participants must be available for all of the training to register)**

- Friday, Nov. 15<sup>th</sup> | 6pm to 9pm
- Saturday, Nov. 16 and Sunday, Nov. 17<sup>th</sup> | 9am to 5pm

**Location:** Immanuel Congregational Church, 10 Woodland Street, Hartford.

**Food:** Snacks provided Friday. Breakfast and Lunch provided Saturday and Sunday.

**Cost:** The Cost is \$450 per person. Scholarships are available simply by requesting one. 100% of the fee goes to the training and food. Please check with your faith institution first to see if there are scholarships available. If not, Christian Activities Council will provide the scholarship.

**Group Size:** There is a maximum of 40 participants per training so register early!

**How to register:** Register online at <http://christianactivities.org/trainings/>. Send check made payable to Christian Activities Council to 47 Vine Street, Hartford, CT 06112 or pay through our web site at [www.christianactivities.secure.force.com/donate/](http://www.christianactivities.secure.force.com/donate/). Call 860-527-9860 with questions.

**About the Training: Training is offered by The People's Institute for Survival and Beyond**

Undoing Racism® is our signature workshop. Through dialogue, reflection, role-playing, strategic planning and presentations, this intensive process challenges participants to analyze the structures of power and privilege that hinder social equity and prepares them to be effective organizers for justice. The multiracial team of organizers/trainers includes more than 100 men and women whose anti-racist organizing expertise includes years with civil, labor and welfare rights struggles, educational, foster care, social service and health reform movements, as well as youth and grassroots community organizing. An average of 30 groups per month participate in The People's Institute Undoing Racism®/Community Organizing process. Workshop participants will:

- Develop a common definition of racism and an understanding of its different forms: individual, institutional, linguistic, and cultural;
- Develop a common language and analysis for examining racism in the United States;
- Understand one's own connection to institutional racism and its impact on his/her work;
- Understand why people are poor and the role of institutions in exacerbating institutional racism, particularly for people and communities of color;
- Understand the historical context for how racial classifications in the United States came to be and how and why they are maintained;
- Understand the historical context for how U.S. institutions came to be and who they have been designed to serve;
- Understand how all of us, including white people, are adversely impacted by racism every day, everywhere;
- Address surface assumptions about how your work is (or is not) affected by racism;
- Develop awareness and understanding about ways to begin Undoing Racism® **Contact Judy Sullivan with questions about financial support: [jasullivan57@gmail.com](mailto:jasullivan57@gmail.com).**

**Sanctuary?**

**Discussion of USH becoming a sanctuary congregation.  
Please contact Virginia de Lima at [vadelima@yahoo.com](mailto:vadelima@yahoo.com) or put a card in the gray basket on the welcome table.  
All comments are welcome!**

## Church Business News

The latest financial reports for **July-September 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **July - September 2019** have been posted, click [HERE](#) to view. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at [hartfordusociety@gmail.com](mailto:hartfordusociety@gmail.com) for the username and password.



### Update from the Sabbatical Committee

To view the Sabbatical Brochure, with all sorts of wonderful details about the Revs' Sabbatical, click [HERE](#).

Warm regards, The Sabbatical Committee (Marye Gail Harrison, Laurie Kelliher, Lisa Galinski and Peter Meny)

## Programs for Adults and Families

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

### **Programs**

**USH Artists' Group:** Mondays at 6:30 PM; Sensing a call to be creative? To write or paint, to collage or sketch, to weave or quilt? Whatever your medium, the USH Artists' Group held its first meeting of the fall on **Monday, September 9 at 6:30pm** in the library, and you are all welcome to join us at future meetings! The group is using the book *Wild Ideas: Creativity from the Inside Out* by Cathy Wild as the stimulus for ongoing discussions. You can purchase the book on Amazon and bring it to the first meeting, when we will collaborate on planning the fall/winter program and begin building community with a simple-but-fun creative activity. All who are interested in exploring and nurturing their creative process are welcome to join these Monday



evening gatherings. No need to pre-register - just come to the first meeting. For more information contact Marye Gail Harrison ([maryegailh@gmail.com](mailto:maryegailh@gmail.com)).

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or [stephen.luckingham\(at\)gmail.com](mailto:stephen.luckingham(at)gmail.com).

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: [drmarkafriedman@drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: [Esavage15@att.net](mailto:Esavage15@att.net).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or [rsfriedman41\(at\)gmail.com](mailto:rsfriedman41(at)gmail.com).

**USH Book Club:** Meets the second Thursday of the month September-June. Off-site, contact Richard Groothuis for more information: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com) or 860-748-3532. Books are selected by Members to raise social and life issues. We meet monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings will be on second Thursday of the month at 2:30 pm; we will skip December.



### The USH Annual Regifting Sale is right around the corner!

It's time to check your basement, attic, closets and garages for great new or barely used items, fabulous art pieces or other treasures stashed away just awaiting a new home through regifting. Why re-gift?

It's an environmentally preferable alternative to buying new products, it provides an economical way to buy your holiday gifts, it's fun, and it is a

fundraiser for USH. The Green Sanctuary Committee invites all USH members, family, and friends to participate in this year's sale.

Re-gifting is easy. Bring your items to the USH lobby or Green Sanctuary table at coffee hour this November and then, on Sundays December 1, 8, and 15, shop at USH for holiday "re-gifts."

**We request that your Re-gifting Items be:**

- \* New, high quality items that you, your family, children, or friends received as gifts but which were not used because they just did not quite suit you – but are likely desirable by others;
- \* Barely used items that are like new and no longer needed or wanted;
- \* Fine craft or art pieces or jewelry in excellent condition;
- \* Theatre or concert tickets that you can't use.

Re-gifting sale success is dependent on volunteers so stay tuned for updates and watch for a volunteer sign-up sheet in Fellowship Hall. If you are interested in helping with this year's Regifting sale (it's lots of fun and rewarding and you get to work with some

great people) please contact Mary Sherwin or Jeff Howard on the Green Sanctuary Committee.

**Thank You and THINK REGIFTING!!!**



### **Green Sanctuary Sub-Council**

Green Sanctuary Sub-Council of the USH Social Justice Council  
Here are some things that GSS will be working on this fall--

**Title:** Open meeting —USH Green Sanctuary committee

**Date:** Sunday November 17

**Time:** Noon to 12:45 pm

**Room:** Library (or Servetus)

#### **Agenda**

1. Updates and next steps on climate action (20 min)
2. Finalizing Plans for the Holiday Regifting Sale (20 min)
3. Recycling for the Holidays at USH (10 min)
4. Other projects, news, updates, etc.

**RSVP** appreciated!

**Contacts:** [mary.sherwin@gmail.com](mailto:mary.sherwin@gmail.com) or [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com).



### **Ballroom Dancing with Wendy!**

Held here at USH. Ballroom dance classes are available to both members and general public. Dance is a fabulous way to exercise and explore a dramatic and exhilarating form of artistic expression. There are so many health benefits to this style of movement as well as a sense of joy and freedom in "the dance" itself. Consider this option to round out your personal fitness routine while having FUN at the same time!! The 'Swing' is a very popular easy, and fun dance which is especially good for beginners.

The class is \$15 for one or both classes (per evening). I offer a special price to members at only \$10 in November. \*Each class is 45 minutes long there's a 15 minute break in between for refreshments or practice. No class on November 28 (Thanksgiving)  
Please contact Wendy at [wendy1017@sbcglobal.net](mailto:wendy1017@sbcglobal.net) for scheduling a session.



### **Benjamin Dix**

**14th annual holiday piano concert**  
**Held here at USH Sanctuary**  
**Benjamin Dix, Piano Soloist - Sat. 11/16/2019 @ 1 pm.**

**Admission is FREE!**



**UUUSH & YOU**

**A Path to Membership**

**3 Sunday sessions (Oct 6, Nov 3 & 17) 12:00-1:30 pm**

Followed up with a **Membership Sunday on Dec 8, 2019**

Join us in our three-session workshop and examine how Unitarian Universalism and the Unitarian Society of Hartford relates to your spiritual growth, sense of community, and everyday life.

**Free child care provided.**

Contact Brian Harvey at [bharvey@ushartford.com](mailto:bharvey@ushartford.com)

### Connection Circles (formerly known as Small Group Ministries)



#### What are Connection Circles?

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Watch for announcements of Connection Circles offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

Please text or email Martha Bradley at 860-305-3307, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com) for more information or click [HERE](#).



USH member **Peter Upton** has generously continued to offer the gift of any one of his paintings (currently on display in the Meeting House ambulatory) to anyone who wishes to have one, in exchange for a financial gift to USH of any amount you feel appropriate. Our great thanks to Peter! Please come and choose your painting through the rest of 2019!! ~Buffie Pinney, Office Administrator.

### Meeting House Presents!



**2019-2020  
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

## **Save These Dates--Coming Up:**

**Friday, Nov. 22, 2019** [Louise Mosrie](#) Audience members would tell her that they enjoyed the stories between the songs as much as the songs and her strong expressive voice was described as "...like listening to Patty Griffin and Susan Tedeschi at the same time."

**Friday, Dec. 27, 2019** [Hartford Hot Several Brass Band](#) is bringing their party to USH for a pre-New Year's blast. Since 2012 they have been Hartford's much-needed funky marching band to bring brass, ruckus, and joy to all. Mid-winter joyful noise sure to raise a smile and make you want to dance.

**Friday, Jan. 24, 2020** TBA (This show might be rescheduled to a date in May to be determined.)

**Friday, Feb 28, 2020** [Belle of the Fall](#) lead singer, Julia Autumn Ford possesses the voice of an angel is beyond obvious. Soft, tender and raw all at once; Julia's vocal delivery is light as a feather yet powerful enough to knock down an entire city block with one turn of a phrase. Her partner in crime, bassist Tracy Walton rounds out Belle of the Fall's folky yet modern sound.

**Friday, March 27, 2020** [Seán Heely Celtic trio](#) Experience the magic music of Scotland and Ireland with the Seán Heely Celtic Trio. The group features U.S National Scottish Fiddle champion Seán Heely, acclaimed multi-instrumentalist Kevin Elam, and Highland bagpiper Tracy Jenkins. The three gents bring together multiple different instruments to perform fiery dance tunes and ancient, soaring melodies from Scotland and Ireland. They perform original compositions and have rich vocal harmonies in their solid song repertoire that features ballads, sea shanties, and songs in Irish and Scots Gaelic.

**Friday, April 17, 2020** [Scott Cook](#) has managed to distill the stories collected over eleven years touring across Canada, the USA, Europe, Asia, Australia and elsewhere into straight-talking, keenly observant verse. Road-worn, painfully honest, and deeply human, his tunes weave threads of folk, roots, blues, soul and country over spacious fingerstyle guitar and clawhammer banjo arrangements.

***We sure hope that you will join us!***

**Click [HERE](#) for more info or e-mail us  
at [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com)**

- Phone Laura and Paul Cipriano at (860) 298-9984

- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: MeetingHousePresents@gmail.com. Put "subscribe" in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

## **Get Involved at USH - Be Part of a Great Team!**

### **USH Needs You—**

#### **Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

**Get more connected with this congregation through volunteering.**

**Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:**



The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.



### **Accessibility and Inclusion Ministry (AIM)**

USH Member Doris Maldonado is in need of help with this ministry. Please contact her at [unicas.miracle@gmail.com](mailto:unicas.miracle@gmail.com) if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation.

For more info click [HERE](#).

## **Upcoming Special Events and News in the Larger Community**

**Coming Up at USH: Citizens Climate Lobby Meeting** for Greater Hartford chapter. Sponsored by USH Green Sanctuary

**Room:** Library

**Dates:** Dec. 8.

**Time: Meeting is 2 - 4p.m. (1:30 - 4:30 includes pre-meeting set-up and post meeting clean-up)**

Citizens Climate Lobby Meeting for Greater Hartford chapter. Sponsored by Green Sanctuary

Contacts: [ellen.castaldini@gmail.com](mailto:ellen.castaldini@gmail.com); [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com)

Event is free and open to public



### **Second Discussion of Black Autonomy: Race, Gender, and Afro-Nicaraguan Activism.**

The second part of Black Autonomy: Race, Gender, and Afro-Nicaraguan Activism by Jennifer Goett will be the topic of the Wed., Nov. 20 reading group program of the Hartford Public Library and Hartford/Ocotal Sister City Project. The Nov. discussion of Chapters 3, 4, and 5 and the Epilogue on pp. 85-185 follows the October discussion of pp. 1-84. The Nov. program will be

held in Room 141 on the main floor of the library at 500 Main St. from 12:30-1:30 P.M. Light refreshments will be available, and participants may bring a brown bag lunch if they wish. All are welcome at this free program in the library's Bridging Cultures Series. For info see [FLYER](#).

Contact Kate and Sherwood Anderson at:

[kqanderson@snet.net](mailto:kqanderson@snet.net) or [sanderson03@snet.net](mailto:sanderson03@snet.net).



### **Celtic Community Contemplative Walk on November 24.**

November is an exquisite month to experience the subtle hues of the great outdoors. Come join us on our Celtic Community Contemplative Walk in the

Simsbury woods on November 24 at 12:45 PM. This gentle hike will be mostly in silence. Occasionally, we will pause to hear a brief reading or

reflection and to acknowledge our connection to sacred ground. Save this date on your calendar! For info see [FLYER](#). Contact David at DHADDEN@rc.com.

[For Access to the Members Only Section on the Web Page:](#)

For the username and password for the Members Only section of our USH website, please email **Buffie Pinney** at [hartfordusociety@gmail.com](mailto:hartfordusociety@gmail.com).

To submit a **Calendar Event Request**, cut and paste the text below into an email and send to: [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please look at the calendar the day you email a request to make sure the space is available; this will help to avoid double booking rooms. Double check the calendar for your event 1 to 2 weeks prior to make sure it's correctly posted. Email any corrections to [calendarchanges@ushartford.com](mailto:calendarchanges@ushartford.com). Please make sure you also coordinate with our Rentals Manager, Rayla Mattson, if this is a one-time-open-to-the-public event. Thank you! ~Buffie

Put in the Subject: 'Calendar'

Also: Cc Rayla Mattson requests: [dre\(at\)ushartford.com](mailto:dre(at)ushartford.com)

Event Title:

Room:

Time:

Date(s):

Is This A Private Event?

Include in Happenings/Enews?

Contact:

A Short Description:

Cost: (if applicable)

Is Childcare Provided?: (Note if childcare will be provided you must arrange it with the DRE.)



**Lost and Found**

**Someone dropped a Welsh and American Service pin and I will keep it until it is claimed as it is quite nice actually!!**

I will be donating the lost and found items to a local Goodwill or Salvation Army at the end of every month so please come and visit my "treasure trove" of articles!! ~Buffie Pinney, Office Administrator

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

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Our Co-Ministers, Revs Cathy and Heather Rion Starr, are on a well-deserved Sabbatical for October, November and December 2019. If you wish to set up an appointment with Rev. Cathy in January, you may do that here: <https://RevCathyRionStarr.as.me>. If you aren't sure who to contact right now, please see the [Sabbatical Brochure](#).

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com) OR [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)  
Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.**

**Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.