

**50 Bloomfield Avenue, Hartford, CT 06105  
Tel: (860) 233-9897 • Email: [firstunitarian@ushartford.com](mailto:firstunitarian@ushartford.com)  
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00  
or call for appointment**

**USH-Enews ~ January 1, 2020  
Building Community Since 1830  
Sunday Service 10:30 AM  
Revs. Cathy & Heather Rion Starr, Co-Ministers**



**Image: [faithholland.org](http://faithholland.org)**

**Worship Service, January 5th, 2020 10:30am  
"Returning, Reconnecting"  
Revs. Cathy & Heather Rion Starr, Co-Ministers  
Doris Maldonado, Worship Associate  
We welcome the New Year and Reverends Cathy and Heather Starr  
back to USH after their 3-month sabbatical. They will have many  
stories and new perspectives to share with us in 2020.  
Join us to celebrate their return on January 5th!**

**Please note that the office will be closed from December 23rd until January 2nd, 2020.**



Personal News of the Congregation

We sadly report the passing of long time member M. Jane Christensen, 85, widow of the late Wesley R. Christensen, died Sunday, December 22, 2019, at Hartford Hospital. A celebration of Jane's life was held on Saturday, December 28, 2019, at the Wethersfield Country Club, 76 Country Club Road, Wethersfield, CT. Memorial contributions may be made in Jane's name to the Alzheimer's Association at [alz.org](http://alz.org). Burial will be private in the family plot in Village Cemetery. To share a memory with the family, please visit [www.dillonbaxter.com](http://www.dillonbaxter.com)

**Please watch for additional news and reach out to Janice Newton and Eve Pech with any questions. Thank You~**



Personal News of the Congregation

We sadly report the passing of long time member Edward "Ed" Richardson. Ed was a very active member here at USH and will be greatly missed. Ed was a great man, full of compassion with a true love of this world, especially it's trees and all it's dynamics. A Memorial Service and Reception will be held here on January 11th, 2020, at 11:00am to remember and celebrate his life.

**Please watch for additional news and reach out to Janice Newton and Eve Pech with any questions. Thank You~**



**Will you help with the Memorial Reception?** ~ On Saturday, January 11, we will have the Memorial Service and Reception remembering and celebrating the life of Ed Richardson. The service will be at 11 AM and the Reception will follow in Fellowship Hall. Finger foods, such as crackers/cheese, quick breads, cookies, bars, and other munchies are needed. We also need fruit and veggie platters. Food should be brought on the morning of the Reception, on plates ready to serve. Please be sure to label the plate and any utensils with your name and include a list of ingredients. Please take your plate with you when you leave or pick it up in the kitchen the next day. Please no peanuts or peanut products. We will supply the sandwiches, coffee, tea, and punch.

In order to help us plan, it is very important that we know what foods will be contributed ASAP. That way we will not have lots of veggies, no fruit, etc. and I will know what needs to be made or purchased. **Please contact Janice Newton (860/212-6923, 860/677-1121 or [janicecnewton\(at\)gmail.com](mailto:janicecnewton@gmail.com))** to sign up for a food contribution. Your food donations will be greatly appreciated. We can also use some help **during the reception** and with the **clean-up**. Please let me know if you can help. Thank you in advance for your help. We can't do this without you! - Submitted by Janice Newton

When the Meeting House Loses Electric Power

Please note that when there is a power outage **NO** water or sewer services should be used. This will cause a flood in Fellowship Hall.

Please refer questions or concerns to Buffie, Office Admin.

**Thank You for your cooperation during such events.**

**In This Week's Enews:**

[RE News You Can Use](#)

[News from the USH Board of Directors](#)

[Social Justice at USH](#)

[Church Business News: Sabbatical Update](#)

[Programs for Adults and Families](#)

[Connection Circles: Disability Focused Connection Circle](#)

[Events & News of Our Community](#)

[Meeting House Presents](#)

[Get Involved at USH](#)

[Upcoming Events & News in the Larger Community](#)

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may**

**have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events at the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request click [HERE](#).**

**Contacts: <http://www.ushartford.com/about-us/staff/>**

**To read the USH Blog click [HERE](#).**

**E-News Contributors please take note: The deadline for USH E-News submissions is *Tuesday at 12 Noon*. Please include the dates that your submission should be included in the 'Subject' field.**

## RE News You Can Use: Rayla D. Mattson, Director of Religious Education



The nursery will be available this week during the morning worship hour. There will be a Time For All Ages followed by age appropriate classes.

Our Director of Religious Education is looking for teachers and assistants for the 2020 church year. We need your help in the following grade levels: Prek-2nd, 3rd-5th and 6th-8th. I am still in need of at least 2 more teachers for each grade level. I promise I won't call on you more than once every 4-6 weeks! We have a great group of teachers to work with and I provide everything you need each week. We just need your love and enthusiasm.

Please contact Rayla D. Mattson for more information at [dre@ushartford.com](mailto:dre@ushartford.com) or 860-233-9897 ext 104. Thank you! --Rayla

Youth Group carolers at local nursing homes  
December, 2019





### The Traveling Chalice

I like to thank everyone how has shown interest and excitement around our traveling chalice. It is with our first family and I'm excited to hear more about it! Please let me know if you'd like to be next!

As a reminder, I am asking families to take the chalice for a week or two to their home; decide how many days during that time you will engage as a family in developing your own spiritual practice. There is a book of reflections

to help you get started and reminders of our UU Principles. I am hoping this will lead to deeper conversations within our community on how we can more fully live into our principles on a daily basis.

**Offering this gift to you all with my love~**

Images: [farmviewmarket.com](http://farmviewmarket.com)

Rayla D. Mattson, Director of Religious Education

860-233-9897 ext. 104 | [dre@ushartford.com](mailto:dre@ushartford.com)

I only check my email on Tuesday, Wednesday and Thursday.



**Welcome Back card for our Revs in the Lobby.** Before the end of the year, please take a moment and write a short message on the gold glitter rimmed card in the Lobby to welcome our Revs back to the Meeting House when they return on January 5! We'll have another card for Robin and Brayden

available as well. ~**Marye Gail Harrison, Lisa Galinski, Laurie Kelliher, and Peter Meny**

**From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.**

### Staff News



Please see our Office Administrator, Buffie Pinney with any administrative questions or concerns. Buffie will be here at USH through mid-February 2020. Office hours are now Sunday through Thursday, 9am-1pm. Please continue to welcome her to USH and let's support her getting acclimated to the Meeting House and the USH congregation!



#### **Greetings from the Board:**

Our ministers will be on a well deserved Sabbatical leave until the beginning of January. Please see the Sabbatical brochure for full details. As always, our members and friends keep us going strong. If you would like to be more active and involved in any aspect of congregational life, please contact one of our ministers or any Board member today.

~Joe Rubin, USH Board President

#### **Your 2019-20 USH Board**

**—Especially while our ministers are on sabbatical until January, please take the opportunity to direct questions and comments about USH to any one of our Board members:**

**Joe Rubin: President**

**Martha Bradley: President-Elect**

**Phil Gardner: Treasurer**

**Sarah Harmon McKenzie: Secretary**

**Peter Meny: Spiritual Life Council Chair**

**Sue Tenorio: Administration Council Chair**

**Judy Sullivan: Social Justice Council Chair**  
**Carolyn Carlson: Community Within Council Chair**  
**Rev. Cathy Rion Starr, Co-Minister (ex-officio)**  
**Rev. Heather Rion Starr, Co-Minister (ex-officio)**

## Social Justice at USH



**January 1st, 2020**

The AoC Checklist features clear, well-researched actions for Americans who value democracy, equality, voting, and respect. To stay engaged through

challenging times, we practice gratitude, self-care, and celebration.

### **GHIAA News**

#### **Greater Hartford Interfaith Action Alliance**

Stay Tuned~

Anyone interested in more information please contact Judy Sullivan at [jasullivan57@gmail.com](mailto:jasullivan57@gmail.com).

## Church Business News

The latest financial reports for **July-September 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **July - September 2019** have been posted, click [HERE](#) to view. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) for the username and password.

For more information on current programs please check the [online calendar](#) often as schedules can change, or contact the facilitator for more information. Contact information for programs is listed

below. Also visit [www.ushartford.com/building-community/adult-family-programs/](http://www.ushartford.com/building-community/adult-family-programs/).

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## **Programs**

**USH Artists' Group:** Mondays at 6:30 PM; Sensing a call to be creative? To write or paint, to collage or sketch, to weave or quilt? Whatever your medium, the USH Artists' Group held its first meeting of the fall on **Monday, September 9 at 6:30pm** in the library, and you are all welcome to join us at future meetings! The group is using the book *Wild Ideas: Creativity from the Inside Out* by Cathy Wild as the stimulus for ongoing discussions. You can purchase the book on Amazon and bring it to the first meeting, when we will collaborate on planning the fall/winter program and begin building community with a simple-but-fun creative activity. All who are interested in exploring and nurturing their creative process are welcome to join these Monday evening gatherings. No need to pre-register - just come to the first meeting. For more information contact Marye Gail Harrison ([maryegailh@gmail.com](mailto:maryegailh@gmail.com)).

**Emei Qigong Cultivation:** Tuesdays at 11:00 AM and Wednesdays at 5:00 PM. Contact Diana Heymann: 860-200-8525.

**Tai Chi Gigong:** Wednesdays, 5:30 – 6:30 PM. Contact facilitator before attending: Stephen "Lucky" Luckingham: 860-202-3404 or [stephen.luckingham\(at\)gmail.com](mailto:stephen.luckingham(at)gmail.com).

**Authentic Connection & Communication:** An NVC Practice Group, Wednesdays, 7:15 – 9:15 PM. Contact Mark Friedman for more information: [drmarkafriedman@drmarkafriedman.com](mailto:drmarkafriedman@drmarkafriedman.com).

**Meeting House Sing-A-Long:** All Are Welcome: Meets on the 2nd Saturday of each month, in Emerson/Meditation room (or Memorial Garden if weather / memorial service permits.) For more information contact Ed Savage: [Esavage15@att.net](mailto:Esavage15@att.net).

**Ballroom Dance:** Thursdays, 6:00 – 7:45 PM. Contact Ron Friedman: 860-523-1105 or [rsfriedman41\(at\)gmail.com](mailto:rsfriedman41(at)gmail.com).

**USH Book Club:** Meets the second Thursday of the month September-June. Off-site, contact Richard Groothuis for more information: [rgroopofus@icloud.com](mailto:rgroopofus@icloud.com) or 860-748-3532. Books are selected by Members to raise social and life issues. We meet monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings will be on second Thursday of the month at 2:30 pm; we will skip December.



### **Faith Forward**

Faith Forward is the new adult religious education program that will be replacing UU and You this coming year. Faith Forward is a curriculum that was developed by the First Unitarian Church in Dallas, TX as a way to

increase engagement and involvement within their congregation. There will be nine individual modules on various aspects of our faith, congregation life, services, and opportunities available to USH members. Registration for each module will be open to anyone who is considering becoming a USH member or anyone who would like to learn more about the foundations of UU here at USH. You can participate in a many modules as you like, you do not have to enroll in all nine. ***Look for information on how to register coming soon!***



### **Green Sanctuary Sub-Council**

Stay tuned for future Green Sanctuary events!!

**Contacts: [mary.sherwin@gmail.com](mailto:mary.sherwin@gmail.com) or [jeff.howard.29@gmail.com](mailto:jeff.howard.29@gmail.com).**

## **Connection Circles (formerly known as Small Group Ministries)**



### **What are Connection Circles?**

This is a unique opportunity to strengthen your connections with USH members and friends by sharing your life experiences with them in a safe, confidential space —a covenant group. Watch for announcements of Connection Circles offerings in E-News, during coffee hour after the service at the Programs Table (when available) in Fellowship Hall, or at the Welcome Table in the main lobby.

Please text or email Martha Bradley at 860-305-3307, [marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com) for more information or click [HERE](#).



### **Featured Artist**

USH members have generously offered the donation of their artwork (which will be on display in the Meeting House ambulatory) to anyone who wishes to have one, in exchange for a financial gift to USH of any amount you feel appropriate. Our great thanks to these members! Please come and choose your piece through the new year once we begin to feature artwork!!

~**Buffie Pinney, Office Administrator.**

## Meeting House Presents!



**2019-2020  
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189



*Reggie Harris*

SONGWRITER · STORYTELLER · LECTURER

**Friday, Jan. 24, 2020 7:30pm - Reggie Harris**

A well-traveled performer, lecturer and cultural ambassador, Reggie has earned wide acclaim and respect from peers and audiences alike throughout the U.S., Canada, Europe and around the world. He combines spirituals and roots music, historic inspiration, and moving original songs, often in the themes of unity and social justice. Knowing this, audiences have bestowed upon him a fitting slogan: "Songs of Joy, Hope, and Freedom."

**Save These Dates - Coming Up:**

**Friday, Feb 28, 2020** [Belle of the Fall](#) lead singer, Julia Autumn Ford possesses the voice of an angel is beyond obvious. Soft, tender and raw all at once; Julia's vocal delivery is light as a feather yet powerful enough to knock down an entire city block with one turn of a phrase. Her partner in crime, bassist Tracy Walton rounds out Belle of the Fall's folky yet modern sound.

**Friday, March 27, 2020** [Seán Heely Celtic trio](#) Experience the magic music of Scotland and Ireland with the Seán Heely Celtic Trio. The group features U.S National Scottish Fiddle champion Seán Heely, acclaimed multi-instrumentalist Kevin Elam, and Highland bagpiper Tracy Jenkins. The three gents bring together multiple different instruments to perform fiery dance tunes and ancient, soaring melodies from Scotland and Ireland. They perform original compositions and have rich vocal harmonies in their solid song repertoire that features ballads, sea shanties, and songs in Irish and Scots Gaelic.

**Friday, April 17, 2020** [Scott Cook](#) has managed to distill the stories collected over eleven years touring across Canada, the USA, Europe, Asia, Australia and elsewhere into straight-talking, keenly observant verse. Road-worn, painfully honest, and deeply human, his tunes weave threads of folk, roots, blues, soul and country over spacious fingerstyle guitar and clawhammer banjo arrangements.

***We hope that you will join us!***

**Click [HERE](#) for more info or e-mail us at [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com)**

- Phone Laura and Paul Cipriano at (860) 298-9984
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: [www.ushartford.com/nourishing-spirit/music/meetinghousepresents/](http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/)

### **Sign Up for Meeting House Presents email list:**

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com). Put "subscribe" in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at [MeetingHousePresents@gmail.com](mailto:MeetingHousePresents@gmail.com) to volunteer. Come be part of the fun.

### **Get Involved at USH - Be Part of a Great Team!**

#### **USH Needs You—**

#### **Get Active with USH! Committee and Sub-Council Openings**

We are continually striving to fill open positions on various Board committees and sub-councils. If you are interested in becoming more engaged at USH, or just learning more about the activities of our congregation, we encourage you to reach out to a Board member, one of the Ministers, or the Chair of a particular Council, Sub-council or Committee. Click [HERE](#) to read more...

#### **Get more connected with this congregation through volunteering.**

**Below are some areas, both seasonal and year-round, where Volunteers are especially needed and welcome:**





The USH Sunday Welcome Team; Join the Choir; Office Volunteers; Connection Circles Host, Advisor or Facilitator; The Book Table During Coffee Hour. Click [HERE](#) to find out more.



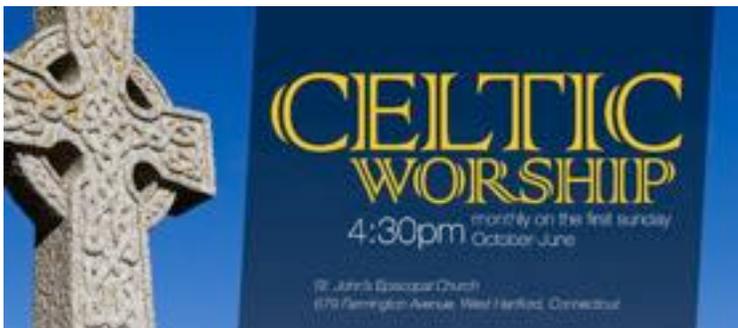
**Accessibility and Inclusion Ministry (AIM)**

USH Member Doris Maldonado is in need of help with this ministry. Please contact her

at [unicas.miracle@gmail.com](mailto:unicas.miracle@gmail.com) if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).



Seasons Greetings from your Friends and Neighbors at  
The Village for Families and Children



### Celtic Worship

Our next Celtic worship is Sunday, January 5 at 4:30 pm at St. John's Episcopal Church in West Hartford. Our service is

contemplative, composed of communal silent prayer, chanting, and singing. It is created and led by a talented team of lay folks – musicians, poets, and artists. Our theme this month is "Meditation". (Due to inclement weather, we cancelled our December service. So our January service celebrates the theme planned for our snowed-out December meeting.) Celtic worship is held at St. John's Episcopal Church in West Hartford every first

Sunday of the month through June. Join us at St. John's Church, 679 Farmington Avenue (near Prospect) in West Hartford. Find out more about Celtic Worship by checking out our video: <https://sjparish.net/celtic-worship/> Follow us on Facebook: [www.facebook.com/CTCelticWorship](http://www.facebook.com/CTCelticWorship)



**NEW WORLD  
TRIO:  
ENSEMBLE-IN-  
RESIDENCE AT  
THE RED**

**DOOR.** JANUARY 12, 2020 @ 2:00pm St. John's Episcopal Church. For more than three decades, the New World Trio has brought the excitement and intimacy of chamber music to live audiences throughout New England. Founded in 1985 by violinist Anhared Stowe, New World provides a unique experience for music lovers with its mix of both standard repertoire and contemporary works.

These concerts are free admission, suggested donation \$20. Checks payable to New World Trio. A reception follows in the church hall. Details at [www.newworldtrio.org](http://www.newworldtrio.org).

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

Rayla D. Mattson, Director of Religious Education and Rentals Manager  
[dre@ushartford.com](mailto:dre@ushartford.com) | 860-233-9897 ext 104

Sam Moffett, Director of Music Ministries  
[smoffett@ushartford.com](mailto:smoffett@ushartford.com) | 860-233-9897 ext 108

Buffie Pinney, Office Administrator  
[hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) | 860-233-9897 ext 100

Brian Mullen, Bookkeeper  
 Office Hours by Appointment | [bmullen@ushartford.com](mailto:bmullen@ushartford.com)

**Our Co-Ministers, Revs Cathy and Heather Rion Starr, are on a well-deserved Sabbatical for October, November and December 2019. If you wish to set up an appointment with Rev. Cathy in January, you may do that here: <https://RevCathyRionStarr.as.me>. If you aren't sure who to contact right now, please see the [Sabbatical Brochure](#).**

**Lost and Found**

Someone dropped an iPhone charger in the USH parking lot, I found a Land's End tote, and I still have the Welsh and American Service pin. I will be donating the lost and found items to a local Goodwill or Salvation Army at the end of every month so please come and visit my container of articles! Thank You! Buffie Pinney, Office Admin~

***The deadline for USH-Enews submissions is Tuesday at 12 Noon.  
 Email to: [ushenews@ushartford.com](mailto:ushenews@ushartford.com) OR [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)  
 Please note in the subject line "USH-Enews." Thank you for your submission!***



**May you move into the New Year with this child's level of joyous abandon, and enthusiasm!**  
**Image: Courtesy of Rayla**

**Peace – as we come to the close of the USH-Enews week.**  
**Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part.