



50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews ~ **APRIL 22, 2020**
Building Community Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr, Co-Ministers



image: quotefancy.com

Worship Service
April 26th, 2020, 10:30am
"Just Show Up!"
Rob Spector & Laura Wagner, USH Youth Group Leaders
Revs. Cathy Rion Starr, Co-Minister
Rayla D. Mattson, Director of Religious Education
Sam Moffett, Director of Music Ministries
Doris Maldonado, Worship Associate

Join us this week for our annual USH Youth Service, presented to you through our new virtual format by our incredible Youth Group. This year's service is entitled, "Just Show Up!" and is focused on a discussion of the various service projects and field trips the Youth Group has participated in over the past Church Year. You will hear live music, interesting readings, powerful Reflections and moving stories which will undoubtedly bring hope to your heart. Despite all the challenges this pandemic has wrought, our Youth have joined together to present you with a service to remember.

Worship will be available to watch anytime on Sunday morning, but we encourage you to watch it together at 10:30am either on our homepage www.ushartford.com or join the "premiere watch party" on our [Unitarian Society of Hartford Facebook](#) page to worship and chat together.

After worship: Virtual Fellowship Time

There will be an online Fellowship Time in the Zoom Room following the service.

It should just work...but if it doesn't, fear not! We will continue to support folks in learning how to use Zoom – email Buffie at [**hartforduusociety@gmail.com**](mailto:hartforduusociety@gmail.com) if you have trouble getting in so we can get you set up for next time.

View Sunday's worship on our homepage at www.ushartford.com.



VIRTUAL RALLY FOR JOSE SOTO

As some of you may have heard, there has been a police shooting of an unarmed, young Latinx man in Manchester. With Moral Monday CT, UU Society:East is holding a virtual public witness in support of the family this Wednesday at 1:00 PM. Login/call-in info is below. There will be reporters. We need as large a turnout as we can possibly

get. Please share this information widely with anyone you believe

would be willing/able to attend. #Blacklivesmatter
#Brownlivesmatter #justiceforjay.

We're in fairly deep discernment about how to respond to this kind of racist police violence in the middle of a pandemic. One thing is clear--the typical modes of public action at police stations and town halls is not effective in the middle of a pandemic. We're hoping that virtual public witness is an effective tool. If you all have any thoughts about what may or may not be effective, please feel free to share.

Thank you!

Topic: #justiceforjay Online Public Witness

Time: Wednesday, Apr 22, 2020 01:00 PM Eastern Time

Join Zoom Meeting

<https://uuma.zoom.us/j/96233834004>

Or dial in at 1 646 876 9923, Meeting ID: 962 3383 4004#



Online Donations:

After some FAQ's regarding our online donations I did some digging and was informed that the online donating is a two step process requiring members to input their credit card information twice, once on our **USH** website and then again on **PayPal**. Pay Pal is the site that actually processes the transaction, but the office (Buffie) receives notifications when a donation is received. Please contact **Buffie Pinney** with any questions or concerns at hartforduusociety@gmail.com or **860-233-9897**.



Be Well, and Know That You Are LOVED~
--Revs. Heather & Cathy Rion Starr



From USH the Board:

Our transition to a new virtual reality has been amazingly quick and successful, thanks to Revs Cathy and Heather, Sam, our Director of Music Ministries, Rayla, our Religious Education Director, Dianne Daniels, our Intern Minister, all of our Worship Associates, and Lisa Galinski, our Zoom-meister. Attendance at our online services and coffee hours is robust and we hope it will continue to grow. If you need help in joining in, call or email

Buffie in the office and she'll help or direct you to help. We are also moving all other meetings and functions to the internet, and so far, it's working.

While there are many unknowns financially for all of us, our community, and the broader community, there is also some good news to share. First, our Emergency Appeal has already raised over **\$18,000!** Thanks to all who have already contributed. Additional contributions are still needed and welcome. Second, our congregation's application for a federal loan, ultimately convertible to a grant, under the federal stimulus Payroll Protection Act, has been tentatively approved for over \$51,000. Assuming we receive final approval, this will be of tremendous assistance in maintaining salaries for all of our staff and meeting other needs, especially in light of the loss of rental income, weekly in-person collections, Meeting House Presents income, and the probable reduction in pledge payments from members who are suffering financially. We owe huge thanks to our Treasurer, Phil Gardner, and our Bookkeeper, Brian Mullen, for their speedy work in navigating the complex application process.

We will not conduct a normal Stewardship campaign this year. Instead, we will ask everyone who can to at least maintain their current pledge, those who cannot to let us know as soon as possible, and those who can do so to increase their pledges by 5% - 25% to help make up for all our known and anticipated revenue reductions. You'll be hearing more details soon.

Our Annual Meeting and Election of Board members and officers will be held as scheduled on Sunday, May 17, but it will, of course, be on Zoom. Further details will follow.

We can't say this often enough - if you or someone you know in the congregation is struggling, psychically or financially, PLEASE let us know. Reach out to our Ministers or any member of the Caring Committee. We want to do what we can.

USH remains a strong, vibrant, caring community. Thanks for helping us stay that way!

Joe Rubin, President, on behalf of the Board of Directors

As a reminder, the Meeting House is closed for all "in-person" gatherings for now, and we ask your help in strengthening our connections during this time. Call someone in the congregation! Organize a Zoom hangout or Connection Circle! Keep telling us your good news – new babies and such, and challenges you wish to share in worship or simply hold in confidential

prayer and love.

Moving Events Online:

We are updating our online calendar with events that are moving to an online format during this time when all in-person gatherings are cancelled. If you are an event organizer, please let Buffie know if you would like to move your program online into our USH Zoom Room (and if you need help learning to use Zoom).

Resources for the food insecure and places to give:

These are tough times for many folks already living paycheck-to-paycheck and/or food insecure. If this is you, please reach out to the Revs so we can mobilize some financial and/or food support for you. Here are a few community resources for food in particular:

- Bloomfield food for kids: Carmen Arace Middle School food pick-up: Breakfast 8:00-9:00am and lunch 12:00-1:00pm. It's a drop-in pick-up only.

- West Hartford Meals for kids and adults: <https://www.smores.com/jxwvz>

- Hartford meals for kids: <https://ct-kids.org/>

- Foodshare has mobile sites for food pick up. Click here for more info: <http://site.foodshare.org/site/PageServer?pagename=coronavirus>

Foodshare welcomes your financial contributions and is in need of volunteers especially right now. They have extra safety precautions in place. If you are not already high risk, please consider signing up. The Universalist Church of West Hartford is working to keep their pantry functioning and could use volunteers who are not in the high risk categories (underlying pulmonary/cardiac/immune issues or diabetes...and/or 50+ years old). Call Jacob Lee, their food ministry coordinator, at 860-233-3669 x109 if you are interested in helping through the coming weeks and months.

For questions about Coronavirus in CT, call 211 to talk to a person 24-hours a day, 7 days a week. The hotline is for general questions about COVID-19. If you're experiencing symptoms, contact your medical provider.

Would You Like Support?

Worrying does not take away tomorrow's troubles; it takes away today's peace. These are strange times indeed. Our accustomed normalcy has been up-ended. It's natural to feel shaken under these circumstances. However if you find yourself unusually worn down by worry, nervousness or loneliness

during this pandemic, your ministers have assembled a small team of counseling professionals. They have volunteered to offer free, supportive, confidential, one-on-one phone calls. If a phone session or two would feel helpful to you, please do not hesitate to contact either Rev Cathy at revcathyrionstarr@gmail.com or Rev Heather at revheatherriersonstarr@gmail.com. We are all in this together and together we will stay strong.

May we all stay healthy, happy and connected.



The Ordination of Margalie Belizaire

The Boards of The Unitarian Church in Westport (TUCW), where Margalie is completing her ministerial internship, and The Unitarian Society of Hartford (USH), Margalie's home congregation, are co-sponsoring her Ordination into Unitarian Universalist Ministry on Saturday, May 30th at 3pm. Due to COVID-19, the ordination will be moved online! Stay tuned for more precise details. This will be a joyful celebration of Margalie's successful journey to enter into UU ministry. Her Ministerial Committee at TUCW shares the following: Margalie Belizaire is the third Ministerial Intern at TUCW. She has greatly enriched their congregation through her sermons and the introduction of innovative forms of worship. Margalie has worked in partnership with the other TUCW ministers to develop her skills in Worship, Rites of Passage, Pastoral Care, Social Justice, and Administration. Concurrently, Margalie has been a Learning Fellow with our denomination's on-line congregation, The Church of the Larger Fellowship. In December 2019, the Ministerial Fellowship Committee of the Unitarian Universalist Association determined that Margalie completed all the necessary requirements to enter UU Ministry. Do plan to be part of celebrating the **Ordination of Margalie Belizaire on May 30th at 3pm online!**

In This Week's Enews:

[RE News You Can Use](#)

[News from the USH Board of Directors](#)

[Social Justice at USH](#)
[Church Business News](#)
[Programs for Adults and Families](#)
[Connection Circles](#)
[Events & News of Our Community](#)
[Meeting House Presents](#)
[Get Involved at USH](#)
[Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events coordinated by the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request click [HERE](#).

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is *Tuesday at 12 Noon*. Please include the dates that your submission should be included in the 'Subject' field.

RE News You Can Use: Rayla D. Mattson, Director of Religious Education



Hello families!!

As always, you and your well-being stay on my mind during these difficult times. I have enjoyed being in touch with many of you and look forward to still reaching out to others. You can also reach out to me! I'm looking forward to staying in touch with you all and enjoy hearing from you. I enjoy seeing some of you joining in with us for our online worship each week and look forward to having more of you join. I am excited to announce that our youth group will be leading our online service this Sunday, April 26th! They have worked hard through this new online format to pull together and change their service and I could not be more proud of them. Please tune in with me this week. During this time I appreciate so many things. While I was taking time off, I fell ill and am grateful for my returning health. I appreciate those of you who reached out to me during my illness. I continue to encourage you to

embrace the fact that we are in different times and maybe change your routine or find new and different ways to be and do. And just know that whatever you do or don't do, it's okay. There is no right or wrong way to get through this. Sending you lots of love, light, strength and health.

Rayla D. Mattson, Director of Religious Education

860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday and Thursday.



USH Spotlight - "Getting to Know You"

In this time of physical distancing, I thought it would be great to get to know one another a little more personally. Each week I am hoping to share with you all a little look into the lives of one our members or friends. **Tara Cote** (at left) gladly accepted the invitation to be our first Member/Friend Spotlight. I thank her for that and hope you enjoy getting to know her a little more. If you are willing to share with us something about yourself, please reach out to me and let me know. Thank You – Rayla D. Mattson, DRE

Hello everyone, I am Tara who you may have seen around USH over the years, not to be confused with Lisa Galinski (who I am confused with fairly often and who is super amazing!). I was raised in the UU faith, first at the UU society in Storrs, CT and then Newark, DE after my family moved to Pennsylvania (on the border of MD and DE). I was very active in the RE and Youth Groups at my church growing up and did service projects to South Dakota and Belize. I attended Ferry Beach, The Mountain and (my favorite) Unirondack UU summer camps. This is where I felt I was truly able to be

myself and this helped me survive the school year during my family's move and through middle school and early high school.

Therefore in my early - mid 20's when I was moving about every 6 months, I found the easiest way to meet people was going to the local UU congregation. I started attending USH in January of 2014 about a month after I first moved to Connecticut. Living in the West End at the time, there were two UU congregations very close by, so I decided to check out the 9am service at Fern Street and then come for the 10:30 service at USH and make my decision. Well, if you know me at all, you know I slept through the 9am Fern Street service and went to USH and enjoyed it, so I kept going and shortly after I started coming I was excited to meet the new ministers. I stayed in CT, even after the job I moved here for ended in November of 2014, because of the 20s and 30s group that started at USH.

Thanks to my staying here, I met Paul in August of 2015, we were married by Reverend Cathy in August of 2018 in Newark, Delaware (at the first state park I worked at!). We are still active in the 20s and 30s group and many of our closest friends are from USH. I now live with Paul, our dog Cal and our cat Kismet in Cromwell, CT. I work as a Field Trip Coordinator and Environmental Educator at Common Ground in New Haven, where I get to do my dream job of working outdoors with students. I have the privilege of taking students hiking in the woods, on tours of our small urban farm or on playdates to our outdoor classroom. I have a passion for hiking, mushrooms and the 4 seasons in all of their glory. Later this spring, I hope to take anyone who wants to watch on a virtual Mushroom Hunt in the woods to see what we can find!

These past weeks have been rough for me, as an extrovert, a family of April birthdays, and because all of my trips have had to be canceled (in the middle of Maple Sugaring season and right as Spring is ramping up), but I know these are minuscule problems in the bigger picture. I have been able to stay employed through this thanks to finally becoming full-time this past September, so I have been working on revamping my curriculum, helping on the farm 2 days a week and hiking with Paul and our dog! I am currently healthy, with no children (yet) and younger, so if there is anyone who needs help with getting stuff from the grocery store, please let me know. I am trying to limit my exposure as much as possible and only try and go out once a week or week and a half, so if I can fit your shopping in with mine it would be ideal! I shop at Whole Foods, Trader Joes and Stop and Shop primarily.

Send me a photo of your favorite mushroom, some weird bug you find or just a hello, I love all things people and nature...yes even spiders and snakes! Thank you!

-- from USH member Tara Cote

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

News from the USH Board of Directors



Greetings from the Board:

As always, our members and friends keep us going strong. If you can be more active and involved in any aspect of congregational life, please contact one of our Ministers or any Board member today.

~Joe Rubin, USH Board President

Your 2020 USH Board

Joe Rubin: President

Martha Bradley: President-Elect

Phil Gardner: Treasurer

Sarah Harmon McKenzie: Secretary

Peter Meny: Spiritual Life Council Chair

Sue Tenorio: Administration Council Chair

Judy Sullivan: Social Justice Council Chair

Carolyn Carlson: Community Within Council Chair

Rev. Cathy Rion Starr, Co-Minister (ex-officio)

Rev. Heather Rion Starr, Co-Minister (ex-officio)

Social Justice at USH



Greetings Beloveds!

We hope this message reaches you surrounded by love and knowing that you are not

alone. Thank you so much for joining Side With Love and Love

Resists "In These Times." We wanted to provide you with ways that you can continue to be in motion right now. "In These Times" was a moment to assess what is at stake and how we can move together. We offer these highlights from various folx on the call and the following ways you can be in motion during our social distancing.

[Read the key points from our incredible panel of speakers as well as view the webinar and associated resources.](#)

Upcoming opportunities to Side With Love for these upcoming on-line offerings to be together:

Side With Love joins Unitarian Universalists Ministry for Earth to present a live streaming of The Condor & The Eagle on Earth Day, April 22, 2020. This is a great way to close out Earth Day 2020, [Register today!](#)

Choose love,

Everette R. H. Thompson, Side With Love Campaign Manager

P. S. We are on the Side of the Poor People Campaign and [We Must Do M.O.R.E. Tour!](#)

[DONATE](#) [Facebook](#)



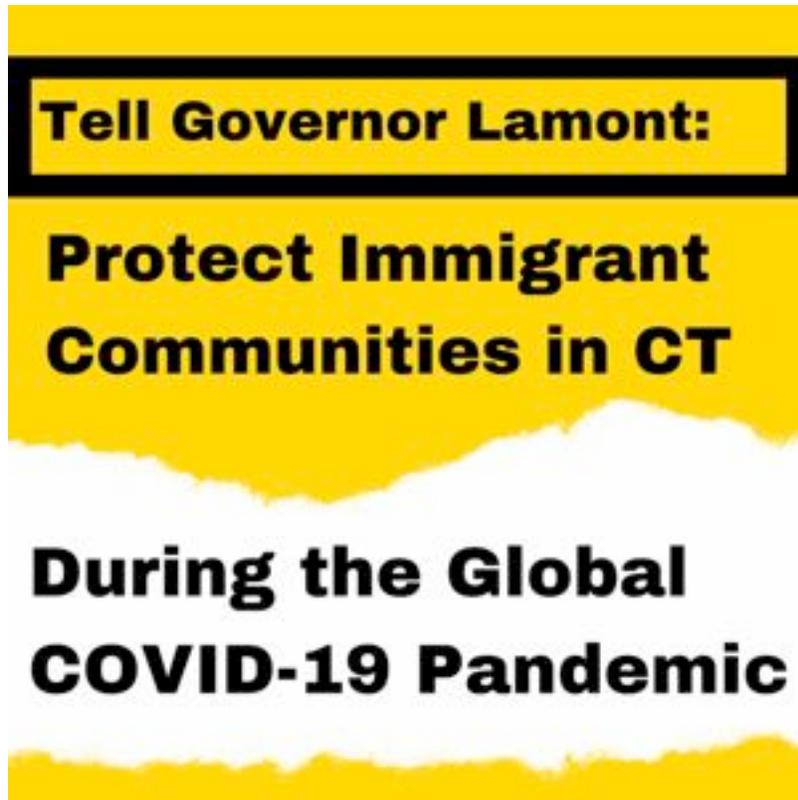
Americans of Conscience Checklist:

179 weeks down, 28 weeks to the presidential election. The AoC Checklist features clear, well-researched actions for Americans who value democracy, equality, voting, and respect. To stay engaged through challenging times, we practice gratitude, self-care, and celebration. **See [here](#) for more info.**

White People: Standing Up to Anti-Asian Racism During a Pandemic

After seeing multiple requests from Asian folks and other folks of color to interrupt the fear, ignorance and racism in the time of COVID-19, I feel called to reach out to my White community and ask us to do more. My humble offering comes from my perspective as a White woman working to end racism. I invite accountability from those targeted by racism to help us all reach a new, critical perspective in order to eliminate the pain and trauma racism causes and change our system for the better.

Click **here** for more info. -Submitted by Judy Sullivan



Tell CT Governor Ned Lamont and CT State Agencies - Protect Immigrant Communities in Connecticut during the global COVID-19 pandemic.

Click here to sign the letter: <https://actionnetwork.org/petitions/tell-gov-lamont-protect-immigrant-communities-in-connecticut-during-the-global-covid-19-pandemic?source=email&>.

Thank you for joining this community effort - Together we are strong. Undocumented immigrants are at the front lines of the COVID-19 pandemic. We are the health care workers, grocery store workers, janitors, business owners, and restaurant workers who are working tirelessly to keep our communities safe and running. Yet immigrant communities have been left out of most federal relief packages. We cannot continue to have our workers and families on the front lines, who already lack equitable access to healthcare, and who remain susceptible to a silent, widespread threat with the potential to decimate total population health. The state of CT has not yet acted to protect our state's immigrant community - this is unacceptable! Sign our petition link above to Governor Lamont and DEMAND that CT protects its immigrant community during the COVID-19 pandemic.

--Submitted by Rev. Cathy

Programs for Adults and Families

Programs:

20's/30's Group: Get together with other 20s and 30s who are social distancing and feeling the need for connection! If you would like to join us for our next onlibne gathering, please email Tara Cote at tcote11@gmail.com.

Despair & Empowerment Circles: Nourishing Our Spirits to Face the Climate Crisis:

Rescheduled online. Facilitator: Lisa Galinski, lisa.galinski@gmail.com, 860-518-0197.

Disability Support Group: This group has moved its gathering online. Please reach out to the facilitators for more info. In this group participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness) and the stresses of caretaking a loved one. What is said in the room stays in the group. Call Bill LaPorte-Bryan for more information at 860-308-2688 or email him at b37bryan@gmail.com.

USH Book Club: This group has moved its gathering online into the USH Zoom Room. Connect with USH Intern Minister Dianne Daniels for support in joining the Zoom Room discussion. Contact Richard Groothuis as usual about the Book Group in general: rgroopofus@icloud.com or 860-748-3532. Books are selected by Members to raise social and life issues. We were meeting monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings are on the 2nd Thursday of the month at 2:30 pm.



Coping with the Coronavirus Crisis

The Village for Families and Children, our neighbors next door, has been providing behavioral health services to families in the Hartford area for over two hundred years. In response to the coronavirus pandemic The Village is offering support programs to the wider community. To access these resources, go to The Village COVID-19page at: <https://thevillage.org/covid-19-resources/> and click on COVID-19 resources.

Information Line Q&A

How can I find peace during this time?

How can I balance the many demands on me during this time?

How can I help my child who is sad about not returning to school/missing friends/etc.?

What can I do if I can't see my child right now?

Is my chest tightness anxiety or COVID-19?

What can I do when I feel panicked?

Additional resources: chat rooms, articles, instructions, information, You Tube videos, and games. Each major category has many links to additional resources:

For Families, Parents and Caregivers

For Children

For Providers/Professionals

For Communities

Addiction Recovery Resources

Fitness Resources

Journals, Articles, Chapters and Media

Misinformation about the Virus: Eliminating the Rumors

So: get information, play games, use exercise and meditation You Tubes, learn how to work and go to school online. Most of all learn how to take care of yourself and get help coping with this crisis. - Submitted by USH member

Joanne Orlando



CommunityNOW

Please see this online calendar compiling what other UU churches and organizations are doing during this pandemic. Check out some new programs [here!](#)

Church Business News

Sam Moffett: Virtual Concert, Tuesday, April 28th at 8:00 PM EST, USH Facebook Page

Hey everyone! For anyone craving some more music during this time apart from one another, I will be doing a live concert, streaming from the USH Facebook page this coming Tuesday, April 28 from 8:00 PM to 9:00 PM. I'm going to playing music from artists such as Bob Dylan, Lenny Kravitz, The Beatles, Jack Johnson, Grateful Dead and more! I hope to see some of you there

USH CHOIR - Music for these troubled times

I regret that I'm unable to see you all in the sanctuary on Sundays, as our practice of digitized worship continues and develops.

During troubled times such as these, I often turn to music as a way of spiritual practice and healing. Sometimes I focus in on a particular song, while other times I have it on in the background as I'm doing other life tasks. I have found a YouTube playlist from Davies UU Congregation in Camp Springs, Maryland. I hope that some of you might find this playlist comforting throughout these weeks: <https://www.youtube.com/playlist?list=PL6B257199CC44C6AB>.

Thank You, Sam Moffett, Director of Music Ministries



NO PHISHING
Don't take the bait!

Email Phishing Scam Hits Congregations

Many congregations are reporting that their members have received "phishing" emails appearing to come from their ministers, staff or other members asking for help. The email addresses look like legitimate addresses but are NOT. Please be aware that no one from USH will ever ask you to share sensitive or financial information via personal email or buy gift cards, etc. If you ever receive a suspicious email using US Hartford, USH, or the name of a staff member, please alert Buffie at hartforduusociety@gmail.com. You can find the correct emails for USH Staff, Members and Friends, in our Congregational Directory on the Members page of our website: www.ushartford.com.

The latest financial reports for **October-December 2019** have been posted, click [HERE](#) to view.

The Board Meeting minutes for February 2020 have been posted, click [HERE](#) to view. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at hartforduusociety@gmail.com for the username and password.

All gatherings at the Unitarian Meeting House facility are currently cancelled. Please stay home to the degree that you are able. If you would like to help organize a USH "Zoom Room Gathering" of a program you would typically participate in, please contact the usual leader or facilitator of that program.

Meeting House Presents!



**2019-2020
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

Save These Dates - Coming Up:

Our March show has been postponed. We are hoping to reschedule it next year.

We are already planning for next season. Here is a sneak preview:

Susan Werner – Friday, September 18, 2020
Vance Gilbert – Friday, October 16, 2020
Mad Agnes – Friday, November 20, 2020
Local Showcase – Friday, December 18, 2020
Lindsey Fyfe (Dec. 18)
The Wool Hats (Dec. 18)
Among the Acres (Dec. 18)
Friday, January 15, 2021 – TBA
Friday, February 19, 2021 – TBA
Abbie Gardner – Friday, March 19, 2021
Reggie Harris and Pat Wictor – Friday, April 16, 2021

We hope that you will join us then! Stay Healthy and Safe!
We are looking for people with a guest room willing to give band members a place to sleep the night of their show. Please help get the word out.

Click [HERE](#) for more info or e-mail us at MeetingHousePresents@gmail.com

- Phone Laura and Paul Cipriano at (860) 298-9984.

- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: **MeetingHousePresents@gmail.com**. Put “subscribe” in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Get Involved at USH - Be Part of a Great Team!



Accessibility and Inclusion Ministry (AIM)

USH Member Doris Maldonado is in need of help with this ministry. Please contact her at **unicas.miracle@gmail.com** if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation.

For more info click **[HERE](#)**.

News in the Larger Community

COVID-19 Hartford Community Resources

A way for Hartford residents to connect with Hartford resources and beyond...

For City of Hartford updates go to: <http://www.hartford.gov> and follow <https://www.facebook.com/Hartford311/>.

See full article [here](#).

~Provided by USH member, Wildaliz Bermudez
(<https://wizandjosh.org/>)

UPDATE:

Water, gas, and electricity service to residential homes will not be shut-off, regardless of payment status, until the end of the public health emergency.



Visit CT.gov/coronavirus for up-to-date information from all state agencies





Sew....Can You Help Us Out?
We Need You to Make Face Masks!

The Hartford Gay & Lesbian Health Collective is asking all of our friends who are handy with a needle and thread or a sewing machine to help meet the challenge of making Reusable Face Masks for Health Care Providers in our community. We don't need to tell you the urgency of the situation – unfortunately it is only going to get worse. There is a critical shortage here in Connecticut. YOU can do your part to make a difference! The Health Collective is asking talented individuals to help make Reusable Face Masks. We will provide material, elastic and sewing instructions. They are very easy to make. We ask that you come to the Health Collective to pick up the components and bring back the completed Face Masks. We even provide roadside delivery when you come to our Hartford office. For more questions, contact Dan Millett at (860)278-4163 x118 or danm@hglhc.org. Your help is needed in these critical times. THANK YOU!

Hartford Gay & Lesbian Health Collective 1841 Broad St. Hartford, CT 06114 (860)278-4163 www.hglhc.org OR info@hglhc.org. - Submitted by Robert Reader



Please contact our Office Administrator, Buffie Pinney, with any administrative questions or concerns. Buffie is working on Tuesdays, Wednesdays, Fridays and Saturdays from 9am-1pm during the state- imposed restrictions. While the church remains closed, please email at her at **hartforduusociety@gmail.com**. **Buffie's always happy to hear from you!**

USH Staff:

<http://www.ushartford.com/about-us/staff/>

Rev. Cathy Rion Starr, Co-Minister
revcathyrionstarr@gmail.com | 860-233-9897 ext. 103

Rev. Heather Rion Starr, Co-Minister
revheatherionstarr@gmail.com | 860-233-9897 ext. 103

Dianne Daniels, Intern Minister (half time, through December 2021)
USHInternDD@gmail.com | 860-233-9897 ext. 109

Rayla D. Mattson, Director of Religious Education and Rentals Manager
dre@ushartford.com | 860-233-9897 ext. 104

Sam Moffett, Director of Music Ministries
smoffett@ushartford.com | 860-233-9897 ext. 108

Buffie Pinney, Office Administrator
hartforduusociety@gmail.com | 860-233-9897 ext. 100

Brian Mullen, Bookkeeper
 Office or Phone by Appointment | bmullen@ushartford.com

***The deadline for USH-Enews submissions is **Tuesday at 12 Noon.**
 Email to: ushenews@ushartford.com OR hartforduusociety@gmail.com
 Please note in the subject line "USH-Enews." Thank you for your submission!***

Peace – as we come to the close of the USH-Enews week.

Be kind to others – and to yourself.

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part. Consider the proposed 8th Principle as well! <https://www.8thprincipleuu.org/>.