



50 Bloomfield Avenue, Hartford, CT 06105
Tel: (860) 233-9897 • Email: firstunitarian@ushartford.com
Office Hours: Tuesday, Wednesday and Thursday 10:00 to 3:00
or call for appointment

USH-Enews ~ **May 20, 2020**
Building Community Since 1830
Sunday Service 10:30 AM
Revs. Cathy & Heather Rion Starr, Co-Ministers

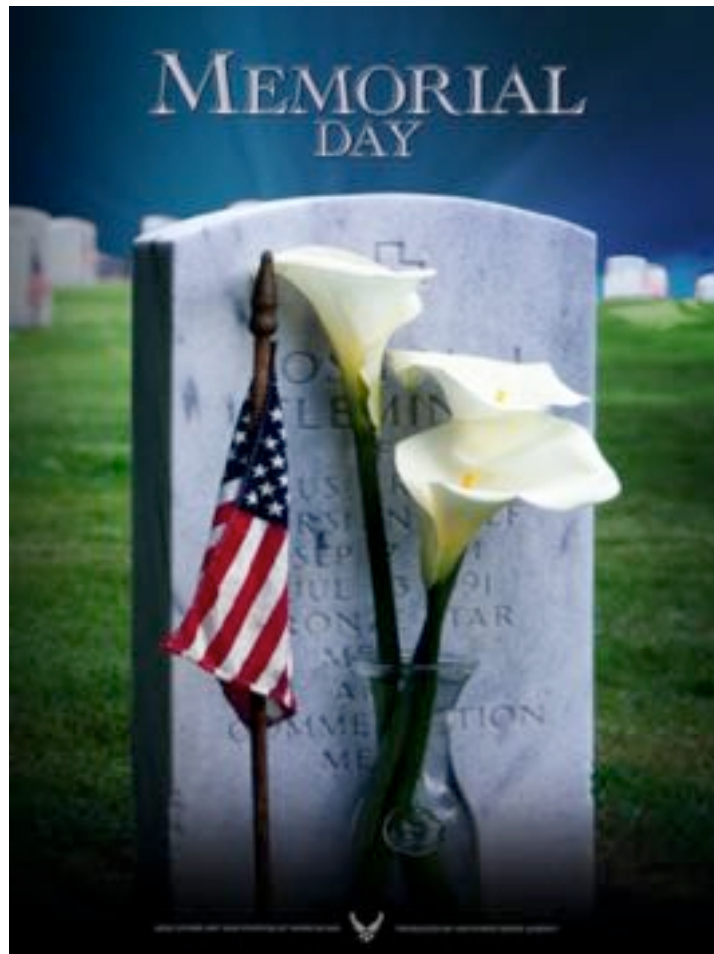


Image: lovethispic.com

Worship Service
May 24th, 2020, 10:30am
"Memorial Day - Honoring Those Who Gave Their Lives"
Rev. Dianne Daniels, Intern Minister & Rev. Cathy Rion Starr, Co-
Minister

Rayla D. Mattson, Director of Religious Education
Sam Moffett, Director of Music Ministries
Laurie Kelliher, Worship Associate

Honoring those who gave their lives in service to the country. How do we honor service beyond that which is related to the military?

10:30am - Worship - watch as usual at www.ushartford.com, and/or via our [USH Facebook Page](#)

11:30am - Fellowship Time - "Live" in Zoom room right after service.
Zoom

link: <https://us02web.zoom.us/j/89054382225?pwd=VmRhZHB6bnFBbGJqTXRSdkdLL256QT09>

Worship will be available to watch anytime on Sunday morning, but we encourage you to watch it together at 10:30am either on our homepage www.ushartford.com or join the "premiere watch party" on our [Unitarian Society of Hartford Facebook](#) page to worship and chat together.

We will continue to support folks in learning how to use Zoom – email Buffie at hartforduusociety@gmail.com if you have trouble getting in so we can get you set up for next time.

Zoom had major technological issues around the world on Sunday, May 17th. Many thanks to our staff and board leaders and many of you for helping us quickly pivot to a different Zoom room. We are glad that so many of you were able to join us, and know that some of you were not able to get in. The recording of Flower Communion and the Annual Meeting can be viewed [here](#), with the same password that you use for the Members Only section of the website.

Personal News of the Congregation



Congratulations Sam!!
Please join us in congratulating our very own Director of Music Ministries, Sam Moffett! Sam has just received a Master's Degree in Music Theory from the University of Hartford and what's even more impressive is the fact that this was achieved while working here at USH, and several other positions. We are so proud and look forward to continued contributions here at Unitarian Society of Hartford.

GO SAM!

Valerie Klokow asks for your positive thoughts and prayers as she deals with a lingering pneumonia; she is hopeful and welcomes your good energy in her healing process. She also wanted to thank all of you who have sent cards and good thoughts to her over the past year--those have helped her so much to get through "tough days and times."

We mourn the passing of USH member Kristine Glenney's big brother, **William Randolph Glenney**. Kristine and her siblings were devoted to their brother who was fondly known to the family as Chip. Chip passed away from Covid on May 5th. "It is particularly heartbreaking because Bill, who was intellectually disabled, died without any of his family by his side to comfort him. Chip, his siblings shared, "was jovial, with a heart

of gold, and an imposing figure at around six foot four or five. He was a real gentle giant who totally adored and could relate to children. He will be greatly missed."



With sadness, we share that longtime member **Ed Stockton** died on May 4th, not of Covid-19 but of a massive infection. Ed was a "*jewel of a guy*": a businessman, a public servant, father, grandfather, and so much more. Marilyn, his wife of 67 years, welcomes cards but not phone calls at this time. Please contact Buffie at [**hartforduusociety@gmail.com**](mailto:hartforduusociety@gmail.com) if you need address information.

From the USH Board:

We as Board, Ministers, and Staff have been taking in the recent recommendations of the UUA (you can read those for yourself, here: <https://www.uua.org/pressroom/press-releases/message-uua-president-updated-guidance-gathering>) and have been reflecting upon and appreciating this 4-minute video from UU parish minister Rev. Jake Morrill: <https://youtu.be/0uAKQXagwms>. You are welcome to join us in this real-life "thought experiment" about how to live together into this new era and the new formats of congregational life that we are being called to consider. There was some discussion of these topics during the Annual Meeting; please speak with the Board, Ministers, or Staff directly if there are areas of congregational life you'd like to be more involved in. --Submitted by Rev. Heather

USH Board:

Our transition to a new virtual reality has been amazingly quick and successful, thanks to Revs Cathy and Heather, Sam, our Director of Music Ministries, Rayla, our Religious Education

Director, Dianne Daniels, our Intern Minister, all of our Worship Associates, and Lisa Galinski, our Zoom-meister. Attendance at our online services and coffee hours is robust and we hope it will continue to grow. If you need help in joining in, call or email Buffie in the office and she'll help or direct you to help. We are also moving all other meetings and functions to the internet, and so far, it's working.

While there are many unknowns financially for all of us, our community, and the broader community, there is also some good news to share. First, our Emergency Appeal has already raised over **\$24,000!** Thanks to all who have already contributed. Additional contributions are still needed and welcome. Second, our congregation's application for a federal loan, ultimately convertible to a grant, under the federal stimulus Payroll Protection Act, has been approved for over \$51,000. This will be of tremendous assistance in maintaining salaries for all of our staff and meeting other needs, especially in light of the loss of rental income, weekly in-person collections, Meeting House Presents income, and the probable reduction in pledge payments from members who are suffering financially. We owe huge thanks to our Treasurer, Phil Gardner, and our Bookkeeper, Brian Mullen, for their speedy work in navigating the complex application process.

We will not conduct a "normal" Stewardship campaign this year. Instead, we will ask everyone who can to at least maintain their current pledge, those who cannot to let us know as soon as possible, and those who can do so to increase their pledges by 5% - 25% to help make up for all our known and anticipated revenue reductions. You'll be hearing more details soon.

We can't say this often enough - if you or someone you know in the congregation is struggling, psychically or financially, PLEASE let us know. Reach out to our Ministers or any member of the Caring Committee. We want to do what we can. USH remains a strong, vibrant, caring community. Thanks for helping us stay that way!

--Joe Rubin, President, on behalf of the Board of Directors

Please note that the 2020 Annual Meeting was held on May 17th following the morning service. The Nominating and Leadership Development Committee presented the following slate of candidates to the USH Board of Directors and they were unanimously affirmed at the Annual Meeting. Annual meeting recording [here](#).

Incoming new Board Members are:

President – Martha Bradley for a one-year term 7-01-2020 to 6-30-2021

President-Elect - Lisa Galinski for a one-year term 7-01-2020 to 6-30-2021

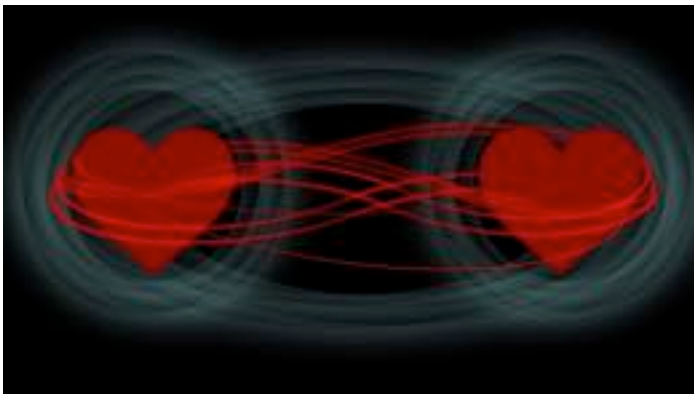
Treasurer - Bob Hewey for a two-year term 7-01-2020 to 6-30-2022

Chair, Administration Council - Jon Covault for a two-year term 7-01-2020 to 6-30-2022

Chair, Community Within Council - Tina Davies for a two-year term 7-01-2020 to 6-30-2022

View the 2020 Annual Report [here](#).

~Submitted by - Sarah McKenzie, Secretary



**Virtual
Community
Gatherings**

There is a Virtual Connection Circle starting on Wednesday, May 20 at 6:30 pm. Are you seeking deeper connections beyond coffee hour

conversations? Would you like a chance to explore some of life's big questions with other wonderful people? If so, then our Connection Circle may be what you're looking for!

A Connection Circle is a small group who covenant to come together for a series of meetings and provide the opportunity to

one another to develop deep and meaningful connections, safe community to explore and grow spiritually. A typical meeting combines personal check-ins, readings, guiding questions, and individual sharing focused on a particular theme.

Connection Circles typically run for 8 weeks for 2 hours per week. However, the group starting on May 20 will decide how long to meet (likely 60-90 mins) and how frequently. Meetings will be held by Zoom, and Zoom assistance is available if you need help getting set up. If you are interested in joining the circle starting next week, please text Martha Bradley at 860-305-3307 as soon as possible with your name and email/phone number.

If you are interested in participating in a Connection Circle or the Artist's Way Group, please text Martha Bradley at 860-305-3307 with your name, which group you're interested in, and your email/phone number. Your response will help us for planning purposes.

As a reminder, the Meeting House is closed for all "in-person" gatherings for now, and we ask your help in strengthening our connections during this time. Call someone in the congregation! Organize a Zoom hangout or Connection Circle! Keep telling us your good news – new babies and such, and challenges you wish to share in worship or simply hold in confidential prayer and love.

Moving Events Online:

We are updating our online calendar with events that are moving to an online format during this time when all in-person gatherings are cancelled. If you are an event organizer, please let Buffie know if you would like to move your program online into our USH Zoom Room (and if you need help learning to use Zoom).

Resources for the food insecure and places to give:

These are tough times for many folks already living paycheck-to-paycheck and/or food insecure. If this is you, please reach out to the Revs so we can mobilize some financial and/or food support for you. Here are a few community resources for food in particular:

- Bloomfield food for kids: Carmen Arace Middle School food pick-up: Breakfast 8:00-9:00am and lunch 12:00-1:00pm. It's a drop-in pick-up only.
- West Hartford Meals for kids and adults: <https://www.smore.com/jxwvz>
- Hartford meals for kids: <https://ct-kids.org/>
- Foodshare has mobile sites for food pick up. Click here for more info:
<http://site.foodshare.org/site/PageServer?pagename=coronavirus>

Foodshare welcomes your financial contributions and is in need of volunteers especially right now. They have extra safety precautions in place. If you are not already high risk, please consider signing up. The Universalist Church of West Hartford is working to keep their pantry functioning and could use volunteers who are not in the high risk categories (underlying pulmonary/cardiac/immune issues or diabetes...and/or 50+ years old). Call Jacob Lee, their food ministry coordinator, at 860-233-3669 x109 if you are interested in helping through the coming weeks and months.

For questions about Coronavirus in CT, call 211 to talk to a person 24-hours a day, 7 days a week. The hotline is for general questions about COVID-19. If you're experiencing symptoms, contact your medical provider.

Would You Like Support?

Worrying does not take away tomorrow's troubles; it takes away today's peace. These are strange times indeed. Our accustomed normalcy has been up-ended. It's natural to feel shaken under these circumstances. However if you find yourself unusually worn down by worry, nervousness or loneliness during this pandemic, your ministers have assembled a small team of counseling professionals. They have volunteered to offer free, supportive, confidential, one-on-one phone calls. If a phone session or two would feel helpful to you, please do not hesitate to contact either Rev Cathy at revcathyrionstarr@gmail.com or Rev Heather at revheatherionstarr@gmail.com. We are all in this together

and together we will stay strong.

May we all stay healthy, happy and connected.



Join us for the Ordination of Margalie Belizaire!

Margalie Belizaire is completing her Master of Divinity Studies at Meadville Lombard Theological School. Once again she is breaking new ground. Her Ordination is scheduled for May 30th at 3pm, and will be completely virtual! It will be a joyful, celebratory worship service and includes, among others, congregants and ministers from our church and the Unitarian Church in Westport. Rev. Dr. Sofia Betancourt, Associate Professor of UU Theologies and Ethics at Starr King School for

the Ministry will deliver the sermon. All are invited to join in through Zoom. More information about accessing Zoom is provided below!

Margalie Belizaire will begin her ministry as the Second Minister at the First Unitarian Church of Rochester, NY in August, 2020. She will be responsible for Pastoral Care and Adult Religious Education, while sharing the duties for their Social Justice programs with the Senior Minister for this congregation of almost 700 members. In presenting her to the congregation, the search committee wrote, "We are convinced you will feel the same connection with and affinity toward Margalie, as we did". Those of us who know Margalie can certainly resonate with that sentiment. Do plan to be part of celebrating the **Ordination of Margalie Belizaire on May 30th at 3pm online!**

Link information for ordination hosted by UU Westport is noted below:

Topic: The Ordination of Margalie Belizaire

Time: May 30, 2020 03:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

**https://us02web.zoom.us/j/939460607?pwd=T0w4RkZvR1V4bzd
kRnFDMGFHK2dQQT09**

Meeting ID: 939 460 607

Password: 987157

One tap mobile:

+13126266799,,939460607#,,1#,987157# US (Chicago)

+16468769923,,939460607#,,1#,987157# US (New York)

More In This Week's Enews:

[RE News You Can Use](#)

[News from the USH Board of Directors](#)

[Social Justice at USH](#)

[Church Business News](#)

[Programs for Adults and Families](#)

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[Events & News of Our Community](#)

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[Upcoming Events & News in the Larger Community](#)

Missed Last Week's Enews? Click Below:

<http://www.ushartford.com/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may

have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events coordinated by the

Unitarian Society of Hartford: www.ushartford.com/events/

To submit a Calendar Request (also for an online USH Zoom Room gathering) click [HERE](#).

To read the USH Blog click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is *Tuesday at 12 Noon*. Please include the dates that your submission should be included in the 'Subject' field.

RE News You Can Use: Rayla D. Mattson, Director of Religious Education



Hello families!!

In the upcoming weeks, we will again offer online RE. The youth group continues to meet regularly and the OWL group has social online gatherings. We tried a chat with the DRE but didn't receive much participation as well as our parent and guardian online social. In the next few weeks, we will again try a gathering with our younger ones and some form of Popcorn Theology for our 6th-8th graders. We will also offer a parent/guardian group multi-week gathering. I am looking for 1-2 adults each week to work with me in the Zoom rooms. I am still working on the best times and days to offer our classes so if you are interested, please let me know what days and times work for you.

I also would like to continue our Traveling Chalice. I hope that those of you who have had a turn with it are finding you're able to incorporate some family spiritual practices into your week. If you have not had a turn and would like to use our chalice for a week or two, please reach out to me to I can make arrangements to get it to you. I'd love to see our chalice continue to travel (with all the COVID-19 precautions in place of course). If you've used it and find you are in need of your own chalice, please let me know so we can arrange to get you one. Thank you.

Rayla D. Mattson, Director of Religious Education

860-233-9897 ext. 104 | dre@ushartford.com

I only check my email on Tuesday, Wednesday and Thursday.

Youth Group Donations Needed

Due to the COVID-19 pandemic, the Youth Group has been unable to meet and make soup for the Church Street Eats soup kitchen. As result, the Youth Group is trying to organize some support for the soup kitchen. First, they are in need of snack items like granola bars, chips, juice boxes and fruit snacks. We are trying to encourage a weekly donation of these items which can be dropped off at USH, and then brought over to the Soup Kitchen on Saturdays. Second, they are in need of monetary donation which can be made at cccathedral.org at the Church Street Eats page, and would be a wonderful contribution to start making on a weekly basis for those who are not comfortable going to the store or who live far from the church. Third, they are in need of volunteers. They still do rely on a small number of volunteers who wear masks and gloves and

prepare bag lunches. The volunteer coordinator is Theresa and her number is **(860)655-6752**.

~Thank You, Rob & Laura, Youth Advisors

USH Spotlight - "Getting to Know You"

In this time of physical distancing, I thought it would be great to get to know one another a little more personally. Every few weeks I am hoping to share with you all a little look into the lives of one our members or friends. If you are willing to share with us something about yourself, please reach out to me and let me know. Thank You – Rayla D. Mattson, DRE.

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

News from the USH Board of Directors



Greetings from the Board:

As always, our members and friends keep us going strong. If you can be more active and involved in any aspect of congregational life, please contact one of our Ministers or any Board member today. Stay safe and be well.

~Joe Rubin, USH Board President

Your 2020 USH Board**Joe Rubin: President****Martha Bradley: President-Elect****Phil Gardner: Treasurer****Sarah Harmon McKenzie: Secretary****Peter Meny: Spiritual Life Council Chair****Sue Tenorio: Administration Council Chair****Judy Sullivan: Social Justice Council Chair****Carolyn Carlson: Community Within Council Chair****Rev. Cathy Rion Starr, Co-Minister (ex-officio)****Rev. Heather Rion Starr, Co-Minister (ex-officio)****Social Justice at USH****Americans of Conscience Checklist:**

Open this week's edition of the Americans of Conscience Checklist and remember that to stay engaged through challenging times, we practice gratitude, self-care, and celebration. See [here](#) for more info.

**GHIAA****SOLIDARITY TUESDAY**

May 26, 2020. RENTAL MARKET STABILIZATION FUND Action Alert! See informational PDF [here!](#)



The 1619 Project

We will be reading the article entitled *'American Democracy has never shared an undemocratic Assumption Present at its Founding: that Some People are*

Inherently Entitled to more Power than Others,' by NYT columnist Jamelle Bouie (pages 50 - 55 of *The NYT 1619 Project* magazine). See [here](#) for more information. Also, two short videos from the show 'Prime Time' with Diane Sawyer clearly bring to life the impact of systemic racism on the life of a black man. The videos demonstrate ways that whites and blacks are treated very differently and the impact this systemic racism has not only on quality of life, but one's ability to succeed. They are worth the watch: https://www.youtube.com/watch?v=3DrZDm8XWB_I and https://www.youtube.com/watch?v=h9zoz_plfOg.

During next Monday's discussion, we will be reflecting on these types of systemic roadblocks and how they impact people of color to this day. The other short video worth watching is from Robin DiAngelo, the sociologist who wrote the book *White Fragility*. In it, she describes how we need to move away from defensiveness and a 'blame game' that disrupts our equilibrium as whites so that we can concentrate on how to change the present system: <https://www.youtube.com/watch?v=kzLT54QjclA&t=208s>. Looking forward to discussing both the articles and videos with you.

Please call Judy Sullivan with questions at 860-719-9886 or email at jasullivan57@gmail.com. ~Submitted by USH member, Gloria Francesca Mengual.

Monday, May 25, 7 - 8:30pm

The 1619 Project link for Zoom:
[1619](#)

Project: <https://zoom.us/j/98606828162?pwd=WHJtU1J6aG9IS0dUcEU2OStlQU5EZz09>

Deportation Defense Hartford

A few links in case you're inspired to share your resources with immigrant families in Greater Hartford:

La Bodeguita de la Gente: Donaciones para comprar comida y distribuir en nuestra comunidad migrante / donate to help give out food to migrant families at

<https://www.facebook.com/donate/983390322099276/102718231435458/>.

CT UndocuFund: Donaciones para dar apoyo monetario a personas indocumentadas en todo CT / Relief fund for undocumented community in CT:

<https://charity.gofundme.com/o/en/campaign/ct-undocufund1?fbclid=IwAR3w27IbNNw8NRDjLgqQoR4Ahoch2uXTC H3z-E r7J1T2ZcPq-UnKlg8 kw.>

Hartford Deportation Defense Community

Funds: Donaciones para necesidades básicas de personas en nuestro grupo Hartford Deportation Defense, y proyectos de apoyo mutuo que estamos realizando / General funds for basic needs, Hartford Deportation

Defense: <https://donate.democracengine.com/GreaterHartfordImmigrationFund/?fbclid=IwAR0dOTF-hgx6OndFq7wz27qDmlSpslUILT9f37gLC85XAZI0mgFf6uK-rMM.>

CT Immigrant Bail Fund: We have received reports of terrible conditions and violence inside ICE detention centers in our area (Boston). You can donate to our local community bail fund to get people out of there as soon as they're granted bond. The Ct Immigrant bail Fund has completely depleted our funds since COVID-19 hit. See

here: <https://ctbailfund.z2systems.com/np/clients/ctbailfund/donation.jsp?campaign=3&>.

~Submitted by Rev. Cathy Rion Starr



Action Alert: Protect Your Right to Vote

According to the Centers for Disease Control and Prevention, the coronavirus will remain a threat during our November elections. Millions of Americans with a wide range of political views will

avoid going to the polls because it is not safe. We need to make it as easy as we can for them to vote from the safety of their own homes. This is especially true for at-risk populations and those who have transportation difficulties. The \$400M for elections in the CARES Act was a welcome start but is woefully insufficient to cover the cost of preparing all of our states to put in place the needed solutions to keep us safe: voting by mail, early voting, and having easily accessible and safe polling places. See full article [here](#).

~Submitted by Judy Sullivan

Tell CT Governor Ned Lamont and CT State Agencies - Protect Immigrant Communities in Connecticut during the global COVID-19 pandemic.

Click here to sign the letter: <https://actionnetwork.org/petitions/tell-gov-lamont-protect-immigrant-communities-in-connecticut-during-the-global-covid-19-pandemic?source=email&>.

Thank you for joining this community effort - Together we are strong.

Undocumented immigrants are at the front lines of the COVID-19 pandemic. We are the health care workers, grocery store workers, janitors, business owners, and restaurant workers who are working tirelessly to keep our communities safe and running. Yet immigrant communities have been left out of most federal relief packages. We cannot continue to have our workers and families on the front lines, who already lack equitable access to healthcare, and who remain susceptible to a silent, widespread threat with the potential to decimate total population health. The

state of CT has not yet acted to protect our state's immigrant community - this is unacceptable! Sign our petition link above to Governor Lamont and DEMAND that CT protects its immigrant community during the COVID-19 pandemic.

--Submitted by Rev. Cathy

Programs for Adults and Families

Programs:

20's/30's Group: Get together with other 20s and 30s who are social distancing and feeling the need for connection! If you would like to join us for our next online gathering, please email Tara Cote at tcote11@gmail.com.

Despair & Empowerment Circles: Nourishing Our Spirits to Face the Climate Crisis: Rescheduled online. Facilitator: Lisa Galinski, lisa.galinski@gmail.com, 860-518-0197.

Disability Support Group: This group has moved its gathering online. Please reach out to the facilitators for more info. In this group participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness) and the stresses of caretaking a loved one. What is said in the room stays in the group. Call Bill LaPorte-Bryan for more information at 860-308-2688 or email him at b37bryan@gmail.com.

USH Book Club: This group has moved its gathering online into the USH Zoom Room. Connect with USH Intern Minister Dianne Daniels for support in joining the Zoom Room discussion. Contact Richard Groothuis as usual about the Book Group in general: rgroopofus@icloud.com or 860-748-3532. (Books are selected by Members to raise social and life issues. We are continuing to meet monthly with the objective to discuss the books as literature but with particular emphasis on how the issues relate to us personally and as UUs. Our discussions follow the Small Group goals of seeking input from all in attendance. Our hope is that those attending will make an effort to make as many meetings as possible. Membership is open to all. Meetings are on the 2nd Thursday of the month at 2:30 pm.)

Tai Chi: is canceled at USH through December 31, 2020. However, the instructor Lucky Luckingham will be offering Tai Chi three days a week from his home in South Windsor. If interested please contact Lucky directly at stephen.luckingham@gmail.com.



Check out some new programs [here!](#)

CommunityNOW:

Please see this online calendar compiling what other UU churches and organizations are doing during this pandemic.

Church Business News



USH Choral Program Update

Director of Music Ministries Sam Moffett has been working on plans to bring back the choral program at USH through technological innovations.

During the quarantine, Sam has been learning more about audio and video editing, and has just finished a project with the USH Choral Scholars that will be featured in worship this coming Sunday.

Sam plans to continue these projects when the Fall season comes around, and is hoping to start expanding it to include the full USH choir as well.

Please note that the Sam Moffett Concert Series Continues

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Director of Music Ministries Sam Moffett will be continuing their bi-weekly concert series this coming Tuesday, May 26 at 8:00 PM

Eastern time. Sam will be broadcasting the concert live through the **USH Facebook page**.



Online Donations:

After some FAQ's regarding our online donations (via our website) I did some digging and was informed that the online donating is a 2-step process requiring members to input their credit card information twice, once on our

USH website and then again on **PayPal**. Pay Pal is the site that actually processes the transaction, but the office (Buffie) receives notifications when a donation is received. Please contact **Buffie Pinney** with any questions or concerns at **hartfordusociety@gmail.com** or **860-233-9897**.



NO PHISHING
Don't take the bait!

Email Phishing Scam Hits Congregations

Many congregations are reporting that their members have received "phishing" emails appearing to come from their ministers, staff or other members asking for help. The

email addresses look like legitimate addresses but are NOT. Please be aware that no one from USH will ever ask you to share sensitive or financial information via personal email or buy gift cards, etc. If you ever receive a suspicious email using US Hartford, USH, or the name of a staff member, please alert Buffie at hartfordusociety@gmail.com. You can find the correct emails for USH Staff, Members and Friends, in our Congregational Directory on the Members page of our website: www.ushartford.com.

The latest financial reports for **January-March 2020** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **April 2020** have been posted. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at hartforduusociety@gmail.com for the username and password.

All gatherings at the Unitarian Meeting House facility are currently cancelled. Please stay home to the degree that you are able. If you would like to help organize a USH "Zoom Room Gathering" of a program you would typically participate in, please contact the usual leader or facilitator of that program.

Meeting House Presents!



**2019-2020
Season**



50 Bloomfield Avenue, Hartford, CT 06105 -The intersection of Routes 44 & 189

Save These Dates - Coming Up:

We are already planning for next season. Here is a sneak preview:

Susan Werner – Friday, September 18, 2020

Vance Gilbert – Friday, October 16, 2020

Mad Agnes – Friday, November 20, 2020

Local Showcase – Friday, December 18, 2020

Lindsey Fyfe (Dec. 18)

The Wool Hats (Dec. 18)

Among the Acres (Dec. 18)

Friday, January 15, 2021 – TBA

Friday, February 19, 2021 – TBA

Abbie Gardner – Friday, March 19, 2021

Reggie Harris and Pat Wictor – Friday, April 16, 2021

We hope that you will join us then! Stay Healthy and Safe!

We are looking for people with a guest room willing to give band members a place to sleep the night of their show. Please help get the word out.

Click [HERE](#) for more info or e-mail us at MeetingHousePresents@gmail.com

- Phone Laura and Paul Cipriano at (860) 298-9984.
- Check our web page or subscribe to our email list for notification if shows are sold out or rescheduled: www.ushartford.com/nourishing-spirit/music/meetinghousepresents/

Sign Up for Meeting House Presents email list:

Our email includes concert announcements, updates, and info about folk music events in the area. Subscribe to Meeting House Presents Email— send a message to: [**MeetingHousePresents@gmail.com**](mailto:MeetingHousePresents@gmail.com). Put "subscribe" in the subject line. We send one or two emails each month.

Meeting House Presents is always looking for volunteers to help out. You decide if you want to help out three nights, one night, or the entire season. We need help with refreshments, tickets, communications, hosting performers if you have a spare room, and we'd like to have a "street team" to post flyers. Best of all, the commitments are for the evening of the show and you won't have to attend meetings. Contact Laura Cipriano at MeetingHousePresents@gmail.com to volunteer. Come be part of the fun.

Get Involved at USH - Be Part of a Great Team!



Accessibility and Inclusion Ministry (AIM)

USH Member Doris Maldonado is in need of help with this ministry. Please contact her at [**unicas.miracle@gmail.com**](mailto:unicas.miracle@gmail.com) if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation.

For more info click [HERE](#).

News in the Larger Community

COVID-19 Hartford Community Resources

A way for Hartford residents to connect with Hartford resources and beyond...

For City of Hartford updates go to: <http://www.hartford.gov> and follow <https://www.facebook.com/Hartford311/>. See full article [here](#).

~Provided by USH member, Wildaliz Bermudez
(<https://wizandjosh.org/>).

COVID-19 Y Gente de Color

¿Tiene preguntas sobre COVID-19?
Visítalo: 211ct.org
Llama: 211
Textea: CTCOVID al 898211

Se siente mal?
Llame a su médico de atención primaria: se necesita un referido para la prueba

Si no tiene un médico de atención primaria
Llame al 211



¡Comparte lo que sabes sobre el crisis de COVID-19 con los demás!

¿Cómo se transmite COVID-19?

- A través de gotas producidas cuando una persona infectada tose o estornuda
- Al tocar una superficie que tiene el virus y luego tocarse la boca, la nariz o los ojos
- Las personas que no tienen síntomas pueden transmitir COVID-19

¿Quiénes pueden contraer COVID-19?
¿Cualquier persona? Gente de todas edades, razas y etnias pueden contraer COVID-19. Incluso las personas sanas pueden contraer COVID-19 y sufrir complicaciones graves.

¿Cuáles son los síntomas de COVID-19?
Los síntomas pueden ser leves o suficientemente graves como para requerir hospitalización. Pueden incluir:

- Fiebre
- Tos
- Dificultad para respirar

Es más probable que tenga síntomas graves, o que muera, si usted:

- Es mayor de 60 años
- Está embarazada
- Tiene condiciones de salud crónicas como diabetes, enfermedades cardíacas, alta presión o asma.

Llame al 911 si tiene síntomas que señalan una emergencia

Manténgase al día con las guías del CDC, visite: bit.ly/CDCsupp



COVID-19 and People of Color

People of color get - and die from - COVID-19 at higher rates than whites.

Protect yourself!


Have COVID-19 questions?
Visit: 211CT.org

Call: 211

Text: CTCOVID to 898211

Do you feel sick?
Call your Primary Care Doctor—you need their referral for testing, if appropriate

If you don't have a Primary Care Doctor, call 211



What you should know:

COVID-19 is affecting People of Color (POC) at higher rates. POC are more likely to get COVID-19 and to die from COVID-19 complications.

What is COVID-19?
COVID-19 is a respiratory illness that can spread from person to person. It is caused by a new type of coronavirus.

Why are POC at higher risk?
People of Color are more likely to:

- Work in high risk essential jobs (healthcare, nursing homes, retail, grocery stores)
- Live in crowded communities with lower air and water standards
- Have higher rates of pre-existing conditions like diabetes, heart disease and asthma caused by or made worse by systemic racism
- Lack access to affordable, healthy food
- Face barriers in accessing quality healthcare
- Lack access to COVID-19 testing

What can I do right now to stay safe?

- Stay home, whenever possible
- Not gather with anyone outside of the people you live with
- Wear a mask whenever you go out – it's legally required during the crisis
- Wash your hands with soap and water often and for at least 20 seconds
- Eat more foods that boost your immune system, like fruits and vegetables

What can I do moving forward?
Reach out to local organizations that work on issues affecting POC: racism, environmental injustice, access to healthcare, immigration rights, economic issues, and access to healthy foods.

Stay up-to-date with CDC guidelines by visiting bit.ly/CDC999

Share what you know about the COVID-19 crisis with others!

How is COVID-19 spread?

- Through droplets produced when an infected person coughs or sneezes
- By touching a surface that has the virus on it and then touching your mouth, nose, or eyes
- **People who have no symptoms can spread COVID-19**

What can get COVID-19?
Anyone! People of all ages, races, and ethnicities can get COVID-19. Even healthy people can get COVID-19 and have serious complications.

What are COVID-19 symptoms?
Symptoms may be mild or severe enough to require hospitalization. They may include:

- Fever
- Cough
- Shortness of breath

You may be more likely to have severe symptoms, including death, if you:

- Are over 60 years old
- Are pregnant
- Have chronic health conditions such as diabetes, heart disease, high blood pressure, or asthma

Emergency warning signs include, but are not limited to:

- Trouble breathing
- Pain or pressure in the chest that does not go away
- New confusion or inability to wake


Call 911 if you are experiencing emergency warning signs

What are other ways to prevent getting COVID-19?

- Stay at least 6 feet away from other people if you don't stay home
- Avoid touching your eyes, nose, mouth
- Frequently clean and disinfect touched surfaces daily (door knobs, light switches, faucets, keyboards, phones)
- Use hand sanitizer with at least 60% alcohol if you can't wash your hands
- Make your own mask. For instructions for making a no-sew mask, visit bit.ly/CDCfacem
- Wash your cloth mask regularly

What do you do if you feel sick?
Call your primary care doctor - you need their referral for testing, if appropriate. If you don't have a primary care doctor, call 211

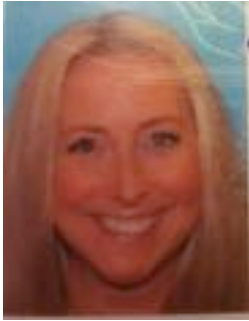
- Stay home and away from other people you are living with, if possible
- Practice the prevention strategies above
- Cough and sneeze into a tissue or your elbow



UPDATE:

Water, gas, and electricity service to residential homes will not be shut-off, regardless of payment status, until the end of the public health emergency.

Visit CT.gov/coronavirus for up-to-date information from all state agencies



Please contact our Office Administrator, Buffie Pinney, with any administrative questions or concerns. Buffie is working on Tuesdays, Wednesdays, Fridays and Saturdays from 9am-1pm. While the church remains closed, please email at her at **hartforduusociety@gmail.com**. **Buffie's always happy to hear from you!**

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*The deadline for USH-Enews submissions is **Tuesday at 12 Noon.**
 Email to: ushenews@ushartford.com OR hartforduusociety@gmail.com
 Please note in the subject line "USH-Enews." Thank you for your submission!*



Image: dragongirlart/deviantart.com

**Peace – as we come to the close of the USH-Enews week.
 Be kind to others – and to yourself.**

Our Unitarian Universalist Principles: The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part. Consider the proposed 8th Principle as well! <https://www.8thprincipleuu.org/>.