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**Tel: (860) 233-9897 • Email: [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)**

**Website: [www.ushartford.com](http://www.ushartford.com)**

**Office Administrator's Hours (adjusted for COVID-19): Tuesdays,  
Wednesdays, Fridays and Saturdays, 9:00am to 1:00pm, or email/call for an  
appointment.**

**OCTOBER 28, 2020**

**Building Community Since 1830  
Revs. Cathy & Heather Rion Starr, Co-Ministers**



Image: istockphoto.com

**LIVE Worship Service**

**November 1st, 2020, 10:00am**

**"That Love Holding All"**

**Rev. Cathy Rion Starr, Co-Minister**

**Lisa Galinski, Worship Associate & Coffee Hour Host**

**10:00am LIVE Worship - Join us in Zoom [HERE](#).**

**Meeting ID: 848 4142 1909**

**Passcode: 826473**

**Come for a time of deep grounding in this time of uncertainty. Bring your spiritual toolkit as we ground down deep together. If you don't yet have the USH spiritual toolkit, please arrange with Buffie to get one this week at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) OR 860-233-9897. But don't worry if you don't have the physical one, because there are oh-so-many ways to access our grounding, to make meaning, to be held in that Love holding all. Come ready to sing, move, pray, laugh, love and share together.**

The Zoom room opens 9:50 am with music and a slide show; you will be admitted from the Waiting Room when you join. Please watch the recording **later** on our [USH webpage](#), [Facebook Page](#) or [USH Vimeo library](#)

**11:00am - Fellowship Time - LIVE in Zoom immediately following service.**

Join us and connect with the USH community!

[Fellowship Zoom](#) link.

We continue to support folks in learning how to use Zoom – email Buffie at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) if you have trouble getting in so we can get you set up for next time.



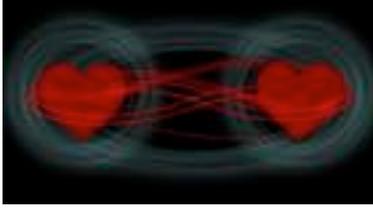
**Thursday October 29th at 11am**  
**Online Memorial Service for Betty Arnold**

Join us in Zoom as we remember Betty, our longest time member! <https://uuma.zoom.us/j/97563494121>

Betty Arnold, December 30, 1915 to October 1, 2020. Betty Arnold died peacefully in her sleep after declining over the last few weeks. What an incredible woman! At 104, she attended USH longer than anyone else alive -- for nearly 95 years! She ran our Sunday School and served in many leadership roles, but most of us probably remember her most recently for her hugs and ever-present smiles. Read more about Betty [HERE](#).

Her son Doug Arnold welcomes cards (no flowers please):

**Douglas M. Arnold, 3001 Veazey Terrace, NW, Apt 719, Washington, DC 20008**



### **Last Call to Join a New Connection Circle**

This is an invitation to participate in the Connection Circle experience. A new group will start on Thursday nights, **beginning October 29 from 7-8:30 pm** on Zoom. If you are interested, please contact Martha Bradley, ([marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com)).

Join us in making meaningful connections with others at USH through Connection Circles.



### **Daylight Savings Time**

**Nov 1, 2020 - Daylight Saving Time Ends.** On Sunday, November 1, 2020 at 2:00am clocks are turned backward 1 hour to 1:00am local standard time instead. Sunrise and sunset will be about 1 hour earlier on Nov 1, 2020 than the day before. There will be more light in the morning.

### **USH Post-Election Community Gathering on Zoom**

Please plan to join in a **USH post-election gathering on Zoom, Wednesday, November 4, from 7-9 pm** for community, sharing, music, movement and action plans to suit various scenarios.

Watch for an E-blast with more details and a Zoom link coming soon!

**Questions? Contact Martha Bradley or Lisa Galinski**



**Post-Election Vigil & Community Gathering  
SPIRITUAL GROUNDING**

**November 5, 2020 8:00 PM - 9:30 PM ET**

Save the date. No matter the results of the election this year, we know we will want to gather in community. Please save the date and join the UUA, UU the Vote, Side with Love, and UUA President Rev. Susan Frederick-Gray for this event. Hosted on **Zoom, Facebook Live, and YouTube.**

<https://secure.evervaction.com/1J9kFPUuJkygDKAVOSVM7q2>



**Putting the Fun in Fundraising  
USH 2020 Online Bidding has started &  
Live Zoom Auction will be November 15,  
11am**

**Check out the website**

– [togetherauction.com/ushartford](https://togetherauction.com/ushartford)

All sorts of items are there to bid on – a beautiful quilt, services (genealogy, create a will, ditch your cable and more), delicious holiday cookies, cakes, and pies, lessons for ballroom dancing, flower arrangements, even a COVID era necessity - infrared forehead thermometers!

Click the login button top right of the main website page to sign in so that you can enter your bids – be sure to check back each week for new items and to check if you’ve been outbid. Remember this is a fundraising and fun event for USH! Your winning bid helps support USH and you receive something of value you’d like, perhaps an opportunity to engage with someone new for a service-lesson-nature walk, or perhaps a holiday gift for someone.

**It’s not too late to enter more items for the Auction!**

The necessity of COVID precautions will certainly be the mother of invention - your creativity and imagination will bring smiles and fun. Some items involving meeting up will need to wait until we’ve turned the page on this public health challenge in 2021

You can enter donated item description on the auction website or re-use your description from the 2018 auction if you’d like to start there. Alternatively you can email us information about items you’d like to post on the auction site at **USH.auction2020@gmail.com** and cc our auction chairperson Jon Covault at **jncovault@hotmail.com**.

**Virtual Field Trip**

**Join Dianne Daniels, Intern Minister for a Virtual Field Trip with the topic being: "The art of being yourself" - Caroline McHugh - TEDx MiltonKeynesWomen**

***"You alone are enough. You have nothing to prove to anybody."***

Join me for this exploration into the art of being yourself in a time and a world where it sometimes seems that who you are is under analysis all the time.

**When: Wednesday, October 28th, 2020 5:30PM**

**Where:** <https://us02web.zoom.us/j/5702169062?pwd=QnJZWStUYnkyUmFMSnFOTXFnEtlZz09>

### **"CHOMP-N-CHAT"**

**We are doing something fun and new  
just because we miss YOU!!**

Come join your USH staff members on **Wednesday afternoons from 12:00pm-1:00pm starting on September 9th** for a bit of chit-chat while we *chomp* on our lunches on Wednesday afternoons. Click the [ZOOM link here](#) and use **passcode 949938** to register & enjoy some casual conversations and just plain old "catch up" with one another. Bring your snack and we will **"see"** you there!!



### **THE ANNUAL MEETING OF THE VILLAGE FOR FAMILIES AND CHILDREN**

On Thursday, October 22nd, The Village for Families and Children held its Annual Meeting. Like many organizations constrained by Coronavirus, the meeting was virtual.

Galo Rodriguez, The Village C.E.O., described the present work of The Village. Its residential facilities: Eagle House, S-Fit and the Intensive Community Program are fully functional. Counselors, psychologists and psychiatrists are providing virtual care, at no cost for those who can't afford it.

The focus of the meeting was the foster care program at The Village. Children who have been in residential facilities or who have been removed from traumatic home situations must be fostered before adoption or returning home. Foster care is provided in homes full of love and support. In a video a longstanding foster mom talked of her experiences. After her own children grew up and left home, she felt lonesome and decided that she wanted to be a foster mom. In talking about the children she has fostered, she spoke of the love she had for them and their expressions of love for her. The Village has a strong program to support families who foster children which she found very valuable. There is a great need for foster parents.

Galo spoke briefly about how the three thrift stores that provide significant financial help to The Village have been impacted by the Coronavirus. They had to close for months, they have now reopened.

The feeling of the meeting was one of optimism. Despite the Pandemic, despite the chaos in our world, the work of The Village for Families and Children continues. Families in Greater Hartford are supported by The Village, and organizations like USH, who contribute to The Village, help that to happen.  
 ~~Submitted by, Joanne Orlando

### RE News You Can Use: Rayla D. Mattson, Director of Religious Education

**Hello USH Family!!**  
 Join our DRE and Bean the cat for this week's story -  
<https://www.facebook.com/UnitarianSocietyOfHartford>  
 Additional RE information coming soon.  
 Be well, Rayla  
 Rayla D. Mattson, Director of Religious Education  
 860-233-9897 ext. 104 | dre@ushartford.com  
 I only check my email on Tuesday, Wednesday and Thursday.



Leaves for the USH Tree  
 Your leaves from our September Ingathering mailing are in the Spiritual Tool Kits or click this **attachment** to print off leaves, get creative & color or add words, and mail them back so that Buffie can add them to the tree. Feel free to email her for a tool kit as well and she will be sure to reply ASAP as we all know how much Buffie **LOVES** this kind of artistic activity. Thank You~

### News from the USH Board of Directors

**Updated Building & Grounds Policy from the USH Board of Directors as of October 21, 2020**

The importance of human and community connections has only grown stronger as the Covid-19 pandemic continues. Recognizing that we will be living with this reality for the foreseeable future, the Board is pleased to open our grounds and Fellowship Hall for small groups of up to 15 people.

The safety of our members, friends and staff will continue to be paramount. Recognizing that the public health situation is likely to fluctuate in the colder months, our USH safety guidelines come from Connecticut business re-opening protocols and real-time public health data. We are also keeping group sizes small on purpose. This approach will allow us to adapt based on the reality of our local health data and help each person and groups to have up-to-date information to decide whether you choose to meet in person or virtually.

**If you would like to request meeting time for a group in Fellowship Hall or outdoors, please:**

- Have a **conversation** among group members to be mindful of how to plan your meeting to be inclusive of folks who are not comfortable or able to join in person. We are working on setting up a Zoom link for the large television in Fellowship Hall and will let everyone know when that is in place.
- Use the **Meeting Request Packet** (please email Buffie for the packet; it will be posted on our website later this week) to request space in Fellowship Hall or outdoors for group meetings of under 15 people. Relevant CT state safety guidelines are a part of the packet and we ask groups to follow all safety guidelines to keep one another safe.
- Please make your request **at least 5 business days in advance** of your desired meeting time, as advanced planning helps our small staff plan for the enhanced cleaning protocols.
- Unfortunately, singing creates an increased risk for airborne transmission of the virus and we cannot permit singing indoors at USH at this time for safety reasons.

**We are continuing these practices that have been in place since July 2020:**

- Individual and small family group visits to the memorial gardens can take place at any time.
- Continue to schedule any visits to the office or for contactless pickups and drop offs in advance with our Office Administrator, Buffie Pinney, and our Rentals Manager, Rayla Mattson.
- Members of the Building & Grounds sub-council and USH Sexton Kevin Girouard will continue maintenance activities.

- Other than Fellowship Hall, all other areas of the building remain closed to meetings and groups. The playground remains closed.
- We will gather virtually for Sunday Services at least through the end of the church year.

We appreciate that limited access to the USH building and grounds can be difficult. Advance planning for visits and meetings in Fellowship Hall helps us to avoid unsafe situations, unnecessary confusion and inequities. Thank you in advance for your continued cooperation in our efforts to find a balance.

**Thank you for your understanding during this challenging and ever-changing time!**  
**USH Board and Ministers**

### **USH Members are invited to attend our monthly Board Meetings**

**Next Meeting:** Tuesday, November 10 at 6:30 pm on Zoom.

Zoom

link: <https://us02web.zoom.us/j/89043045367?pwd=QlBGZUQ0bGVhUkFNQ3Q2dFVZSjZJdz09>

### **Letter from USH President, Martha Bradley, September 15th, 2020**

Dear Friends

Personally, I've never been a fan of the crazy, scary rides at amusement parks. I've always avoided the Hell Coaster and the Death Drop. Lately, though, it seems I haven't had a choice but to get on board. It has certainly been a crazy ride these last six months! Many certainties, givens and expectations have been vanquished and have yet to be replaced. For most of us, anxiety remains high as we await a vaccine to eliminate Covid-19, and an election that we hope can help alleviate a myriad of other ills that afflict our country and the world. Not being able to get together with family and friends adds to our malaise at a time when community matters more than ever.

The USH community has met many daunting challenges in its 170-year history. I have no doubt that we are resourceful and resilient enough to meet the current challenges as well, and to use what we learn in the process to make our community stronger. It will require each of us answering these two questions; **why is USH important to me, and how can I help to keep it that way?**

**Please don't misunderstand. I realize that we can't keep everything**

**as it was and expect to remain relevant in a world that, of necessity, has moved on into a significantly revised version of the future. That will require our collective imagination and willingness to innovate. But we can help to maintain the essence of what originally drew each of us to USH.** Maybe it was the compassion and welcome of a caring community, support in our spiritual search, the renewing inspiration drawn from Sunday service, an opportunity to join others in working for a social justice cause near to our heart.

How we do these things may look different going forward, but the reasons behind doing them remain: commitment to our seven principles, the wisdom drawn from our sources, and our need for one another. When you have your answer to the question of how you can help USH to remain an inspiring and supportive community going forward, don't keep it secret, share with the Board and ministers. We need to know where you see yourself helping, and what time, talents and resources you can bring to the effort. If you're not sure how to help, ask us. There are a variety of tasks large and small that might fit into and enrich your life and that of the USH community. It is definitely going to take all of us, working together through these challenging times, to realize a meaningful future for USH. Take care and be well.

All the best,  
Martha Bradley  
USH Board President  
[marthabradley49@yahoo.com](mailto:marthabradley49@yahoo.com)

#### Your 2020-2021 USH Board

**Martha Bradley: President**  
**Lisa Galinski: President-Elect**  
**Bob Hewey: Treasurer**  
**Sarah Harmon McKenzie: Secretary**  
**Peter Meny: Spiritual Life Council Chair**  
**Jon Covault: Administration Council Chair**  
**Judy Sullivan: Social Justice Council Chair**  
**Tina Davies: Community Within Council Chair**  
**Rev. Cathy Rion Starr, Co-Minister (ex-officio)**  
**Rev. Heather Rion Starr, Co-Minister (ex-officio)**

The latest financial reports for **July-August 2020** have been posted, click [HERE](#) to view.

The Board Meeting minutes for **July 2020** have been posted. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at [hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com) for the username and password.

## Social Justice at USH



### Americans of Conscience Checklist

We know it's a lot to ask in the run up to the election, but even one action can make a difference. This week's AoC Checklist helps you support Indigenous sovereignty, gun-free polls, pandemic relief, asylum-seeking

families, and more. Then reward yourself with our list of good news. See more info here: <https://americansofconscience.com/10-25-2020/>

## Hello Philadelphia, Connecticut, All Souls DC, UU Church of Arlington UUs, and more!

**Many thanks to the 50 CT UUs and dozen USHers who joined the All Ct phonebank this weekend. I have numbers to share with you:**

- \* On Sunday with Pennsylvania Stands Up, 60 or so of you made 24,007 calls and had 1,033 conversations with central PA voters.

### Holy cow!!

Many of you have heard me talk about making honey: that it takes 70 honey bees their lifetime's work to make enough honey for my morning tea (just 1/12 of a teaspoon each). Well, over 200 UUs each having just a few actual conversations each may not feel like much -- but it adds up to these numbers. We add our work to what UUtheVoters are doing across the country, for a total of over 2,700,000 voter contacts so far!

Thank you so much for coming out and trying phonebanking! A huge thanks to our Phonebank Squad and volunteers who helped folks get onto the phones and troubleshoot.

### So, what's next

#### Vote

Make sure you have voted if you are eligible, and check on your friends and family. (You can have fun doing it and win prizes with PA Stands Up's Motivote - join our UU team here, wherever you live).

#### Volunteer

We have phonebanks and textbanks nearly every day from now until the election! Browse our events and sign up here: <https://bit.ly/UUTHEVOTEPA>

In deep gratitude, appreciation, and commitment to keep building towards beloved community after November 3rd,

~~Rev. Cathy Rion Starr



I PLEDGE TO

# VOTE LOVE

in 2020!

Make your plan to vote!

Visit: [www.uuthevote.org](http://www.uuthevote.org)

I pledge to mobilize the electorate and UUs, understanding that we are unequivocally:

- Pro-Migrant
- Pro-Democracy
- Pro-Equity & Liberation Movements
- Pro-Human & Civil Rights for All
- Pro-Reparations
- Pro-Sustainability

Text VoteLove to 51555 for updates.

**Please Confirm Your Voter registration here:**

<https://www.usa.gov/confirm-voter-registration#item-214522>

### **GHIAA News Updates**

1. Read the update from GHIAA Executive Director Cori Mackey and including updates on GHIAA campaigns for anti-racism training, education, housing, criminal justice reform, healthcare and gun violence at <https://cljct.org/ghiaa-update-from-executive-director/>.

To get involved with GHIAA, contact Judy Sullivan ([jasullivan57@gmail.com](mailto:jasullivan57@gmail.com)).

### **BLACK LIVES MATTER**

USH has lawn signs available for a donation of any amount made to USH, or any other organization involved in this work.

Please email Virginia de Lima [vadelima@yahoo.com](mailto:vadelima@yahoo.com) to express interest and to arrange for pickup.

## Programs for Adults and Families

### Faith Forward-Inquirer Series update:

So sorry but we have to cancel "The Inquirer Series" this week on Wed. October 28. My hope is to reschedule for Wednesday, November 18 but will need to confirm later. We are on track for a good session on next Wednesday, Nov.4 with presentations and discussions about Adult Programs and the Caring Network.

Also, on Wednesday, Nov. 11 we have a session on Faith Development for Children, Youth and Being a Multigenerational Community. Please let me know if any of you will be interested in this session. If it is not a session of value to this group I will cancel it for this season. As far as I can tell, none of you have young children or youth who might be interested in attending USH. Let me know now if you are interested in this session.

Have a good week and I'll be in touch next week.



### Faith Forward - Inquirer Series

\*RESCHEDULED\* Adult Programs and Being a Caring Community  
11-11-20 Faith Development for Children, Youth and Being a Multigenerational Community and Becoming a member.

**There is no charge but pre-registration is requested by E-mailing Carolyn Carlson at [carlsoncjc@gmail.com](mailto:carlsoncjc@gmail.com).**

**The USH Book Club** meets **monthly**, on the **2nd Thursday**, 2:30 – 4:30, via Zoom. All adults in the USH community are welcome. Please contact Ginny Allen at [fiddlenurse1@gmail.com](mailto:fiddlenurse1@gmail.com) if you'd like more information or if you want to join. An email with Zoom link will be sent a day or two before the meeting.

### Books chosen for the year are:

**NOVEMBER 12** – *The Orphan's Train* – Christina Kline

**DECEMBER 10** – *Enemy of All Mankind: A True Story of Piracy, Power, and History's first Global Manhunt* – Steven Johnson

**JANUARY 14** – *The Devil’s Due* – Bonnie MacBird

**FEBRUARY 11** – *The Great Indoors: The Surprising Science of How Buildings Shape Our Behavior, Health, and Happiness* – Emily Anthes

**MARCH 11** – *A Peace to End All Peace: The Fall of the Ottoman Empire and the Creation of the Modern Middle East* – David Fromkin

**APRIL 8** – *The Gone Dead* – Chanelle Benz

**MAY 13** – *The Way of Gratitude: A New Spirituality for Today* – Galen Guengerich

**JUNE 10** – *White Fragility and Racism: Why it is hard for White People to talk About Racism* – Robin D’Angelo and Michael Dyson

**JULY 8** – *The Bear* – Andrew Krivak

### **Programs:**

**Artist’s Way Group:** Meets on Mondays 6:30 – 8 p.m. via [Zoom](#) using Mira Kirschenbaum’s book *The Gift of A Year* as the basis for our conversation. We focus on living creatively, with the appreciative eye of an artist; creative expression of all types and stripes is celebrated, though not required. If you’re interested in joining us, mark your calendar now, and look for contact info here in early September. Contact Tina Davies for more info at [daviesush@gmail.com](mailto:daviesush@gmail.com).

**Caring Network:** This year’s meeting dates via ZOOM. **2020:** 11/8, 12/13. **2021:** 1/10, 2/14, 3/14, 4/11, 5/16, 6/13. Meetings will be ZOOM meetings at **12:15pm**.

**20’s/30’s Group:** Get together with other 20s and 30s who are social distancing and feeling the need for connection! If you would like to join us for our next online gathering, please email Tara Cote at [tcote11@gmail.com](mailto:tcote11@gmail.com).

**Accessibility and Inclusion Ministry (AIM):** USH Member Doris Maldonado is in need of help with this ministry. Please contact her at [unicas.miracle@gmail.com](mailto:unicas.miracle@gmail.com) if you would like more info. The USH AIM task force, many of whom identify as having a disability, are charged with the following mission: To welcome, integrate, and support people with physical or psychological disabilities and their families in our congregation. For more info click [HERE](#).

**Disability Support Group:** This group has moved its gathering online. Please reach out to the facilitators for more info. In this group participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness) and the stresses of caretaking a loved one. What is said in the room stays in the group. Call Bill LaPorte-Bryan for more information at 860-308-2688 or email him at [b37bryan@gmail.com](mailto:b37bryan@gmail.com).

**Tai Chi:** is canceled at USH through December 31, 2020. However, the instructor Lucky Luckingham will be offering Tai Chi three days a week from his home in South Windsor. If interested please contact Lucky directly at [stephen.luckingham@gmail.com](mailto:stephen.luckingham@gmail.com).

### **Would You Like Support?**

Worrying does not take away tomorrow's troubles; it takes away today's peace. These are strange times indeed. Our accustomed normalcy has been up-ended. It's natural to feel shaken under these circumstances. However if you find yourself unusually worn down by worry, nervousness or loneliness during this pandemic, your ministers have assembled a small team of counseling professionals. They have volunteered to offer free, supportive, confidential, one-on-one phone calls. If a phone session or two would feel helpful to you, please do not hesitate to contact either Rev Cathy at [revcathyrionstarr@gmail.com](mailto:revcathyrionstarr@gmail.com) or Rev Heather at [revheatherionstarr@gmail.com](mailto:revheatherionstarr@gmail.com). We are all in this together and together we will stay strong.

**May we all stay healthy, happy and connected.**

### **Take Them A Meal for Rayla**

**Meals needed for the Mattsons:**

**Help feed Rayla, Bradshaw, Kennedy, and Sage while Rayla is dealing with chronic pain. Kid-friendly food for growing kiddos is most helpful.**

<https://www.TakeThemAMeal.com/NIBG1576>  
**password 1830**

**From the USH Caring Network:** Please inform the Caring Network of needs, or volunteer your services. If you know of any member experiencing some difficulty, please contact Eve Pech or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211.

## Church Business News



### New Member Welcome

Please welcome **Heidi Barter** as our new member. Heidi attended USH as a child and young adult with her parents, Edward and Marion Richardson. She is a life-long resident of Glastonbury and has a 29-year-old son, Nick, who also attended USH for years with his grandparents. Heidi has been employed at KPMG LLP in Hartford for almost 32 years. She loves dogs, especially her German Shephard, Timmy. She is an avid reader, enjoys walking and it's no surprise, she appreciates trees! Heidi is a fan of the beach and especially enjoys Martha's Vineyard where she vacations annually. She can be reached at **hbarter64@gmail.com**.

### Collegial Request from Rev. Tony Lorenzen:

Hello Dear Colleagues,

The Mattatuck UU Society in Woodbury, CT is looking for a part-time religious educator to help coordinate our efforts. If you know anyone who might be interested, please pass this along. If you are able to post it or include in any congregational communications, I'd be deeply grateful. See info **below**.

In Faith,

Rev Tony

Minister, The Unitarian Universalist Church in Meriden

and The Mattatuck Unitarian Universalist Society

**cell: 508-344-3668**

**revtonyuu@gmail.com**

Twitter @revtonyuu

Facebook facebook.com/RevTony

Website: <http://revtonyuu.com>

#### **JOB LISTING: Part-Time Religious Educator**

The Mattatuck Unitarian Universalist Society (MUUS) is seeking to hire a LIFESPAN FAITH DEVELOPMENT COORDINATOR (LFDC) for a quarter time position (10 hours per week). MUUS is a relatively small congregation located in Woodbury CT.

The position requires working in collaboration with the Minister, other staff and the Lifespan Faith Development Team. The LFDC will work with our volunteer and staff leaders to support our evolving vision and framework for a vibrant lifespan faith development program for all ages.

- Strong communication, leadership, organization and administrative skills are required.
- Programs in the near term are expected to be held online, and will require proficiency with Google Suite, MS Office Suite, Zoom, Website Content Management Systems (such as WordPress), Social Media (YouTube, Facebook, Twitter, Instagram, etc.), and basic visual and video editing programs;
- Trained/experienced educator, education administrator, or volunteer manager in related field preferred;
- Knowledge of and enthusiasm for Unitarian Universalism, including its education

philosophy preferred.

We offer compensation that meets fair compensation guidelines of the Unitarian Universalist Association.

**To apply: Submit Resume to [re@muusct.org](mailto:re@muusct.org)**

**For More information contact Rev. Tony Lorenzen at 508-344-3668**

### **A Message from Director of Music Sam Moffett**

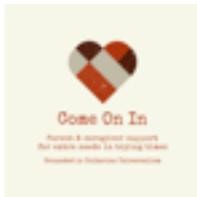
Hi USH! Due to certain USH responsibilities getting heavier and a lack of attendance, I'm going to suspend my bi-weekly concert series for now. I look forward to doing other concerts at USH in the future, and I'll see you all on Sundays for worship.



**CommunityNOW:** Please see this online calendar compiling what other UU churches and organizations are doing during this

pandemic. Check out some new programs [here!](#)

## News in the Larger Community



### **Come On In support group**

Providing care for loved ones who have extra needs\*\* can be an isolating experience in the best of times. And these are not the best of times. This group aims to lessen the isolation that caregivers of folks with extra needs experience, particularly during this pandemic time.

It is so easy to feel alone amidst friends & acquaintances whose charges have more typical needs & challenges. We each approach our situation in our own unique way; having the support & understanding of others who travel similar paths can bring much needed comfort and connection and can help relieve some of the stress you may feel.

My hope is to offer, within a UU context:

- An opportunity to care for yourself and receive some of the support you need.
- A chance to meet other caregivers
- A way to give & receive informal, structured support.

- A space that holds our complex emotions & experiences in confidence & respect.
- A group with clear guidelines & ground rules.
- Support and a chance to talk about how you're coping with the tougher aspects, if you want to. Anxiety, shame, sadness, guilt, fear & other challenging emotions arise for so many of us.

\*\*As defined by you: If you wonder whether or not your loved one fits into that category, they probably do; if you wonder whether you're a 'caregiver,' you probably are.

### **LOGISTICS**

- The group meets on zoom the 1st & 3rd Saturdays of the month, 9:30 - 10:40 a.m. EDT/EST.
- It's not a problem if you can only attend part of a session, or if you need to duck out to tend to your loved one, or if you're interrupted; this is the nature of our caregiving.
- Email uusupport@icloud.com for zoom link, questions & further guidelines.

**Bio:** Li Kynvi brings both personal & professional interest & experience to this support group. Li is working on their MDiv at the UU identity school Starr King School for the Ministry and is currently a Candidate for UU Ministry. They have also worked as a music therapist & licensed mental health counselor for 23 years. Li is the parent of two: a 16 year-old son who is delightful, musical, relational, non-verbal, blind, 4-5 months old developmentally, and does not sit or stand independently; and a 22 year-old daughter who also has a complex story. Li identifies as gender non-binary, uses they/them pronouns, and lives in Massachusetts.

### **Our sessions from now to the end of the year will be:**

Nov. 7

Nov. 21

Dec. 5

Dec. 19

<https://us02web.zoom.us/j/6291627339>

**Meeting ID: 629 162 7339**

**Mobile: +13017158592,,6291627339**



### **Paper Grocery Bags needed!**

Hartford Mutual Aid is collaborating with a Faith Based Alliance for Community Support with our sister churches in the North End: Urban Hope, St. Monica's, and Greater Refuge, to provide breakfast and groceries to families in need. They need lots and lots of paper grocery bags! Please drop yours off at USH (there's a bin at the front entrance) or at the Revs' home this week. They are also looking for volunteers to help with food distribution (with strict safety protocols and PPE provided) - sign up

at [www.mutualaidhartford.com](http://www.mutualaidhartford.com).

### **COVID-19 Hartford Community Resources**

#### **A way for Hartford residents to connect with Hartford resources and beyond...**

For City of Hartford updates go to: <http://www.hartford.gov> and follow <https://www.facebook.com/Hartford311/>. See full article [here](#).

~Provided by USH member, Wildaliz Bermudez  
(<https://wizandjosh.org/>).

#### **Resources for the food insecure and places to give:**

These are tough times for many folks already living paycheck-to-paycheck and/or food insecure. If this is you, please reach out to the Revs so we can mobilize some financial and/or food support for you. Here are a few community resources for food in particular:

- Bloomfield food for kids: Carmen Arace Middle School food pick-up: Breakfast 8:00-9:00am and lunch 12:00-1:00pm. It's a drop-in pick-up only.
- West Hartford Meals for kids and adults: <https://www.smores.com/jxwvz>
- Hartford meals for kids: <https://ct-kids.org/>
- Foodshare has mobile sites for food pick up. Click here for more info: <http://site.foodshare.org/site/PageServer?pagename=coronavirus>

**Foodshare** welcomes your financial contributions and is in need of volunteers especially right now. They have extra safety precautions in

place. If you are not already high risk, please consider signing up. The Universalist Church of West Hartford is working to keep their pantry functioning and could use volunteers who are not in the high risk categories (underlying pulmonary/cardiac/immune issues or diabetes...and/or 50+ years old). Call Jacob Lee, their food ministry coordinator, at 860-233-3669 x109 if you are interested in helping through the coming weeks and months. See more here: <https://www.feedingamerica.org/research/coronavirus-hunger-research>

**For questions about Coronavirus in CT, call 211 to talk to a person 24-hours a day, 7 days a week. The hotline is for general questions about COVID-19. If you're experiencing symptoms, contact your medical provider.**



Please contact our Office Administrator, Buffie Pinney, with any administrative questions or concerns. Buffie is working on Tuesdays, Wednesdays, Fridays and Saturdays from 9am-1pm. While the church remains closed, please email at her at

**[hartforduusociety@gmail.com](mailto:hartforduusociety@gmail.com)**.

**Buffie's always happy to hear from you!**

**More In This Week's Enews:**

[RE News You Can Use](#)

[News from the USH Board of Directors](#)

[Social Justice at USH](#)

[Church Business News](#)

[Programs for Adults and Families](#)

[Connection Circles](#)

[Events & News of Our Community](#)

[Meeting House Presents](#)

[Upcoming Events & News in the Larger Community](#)

**Missed Last Week's Enews? Click Below:**

<http://www.ushartford.com/nourishing-spirit/newsletters/>

**See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).**

**Please consult our Online Calendar regularly for all upcoming events coordinated by the**

**Unitarian Society of Hartford: [www.ushartford.com/events/](http://www.ushartford.com/events/)**

**To submit a Calendar Request (also for an online USH Zoom Room gathering) click [HERE](#).**

To read the USH Blog click [HERE](#).  
**E-News Contributors please take note: The deadline for USH E-News submissions is Tuesday at 12 Noon. Please include the dates that your submission should be included in the 'Subject' field.**

**USH Staff:**

<http://www.ushartford.com/about-us/staff/>

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Dianne Daniels, Intern Minister (half time, through December 2021, & not in July or August)  
[USHInternDD@gmail.com](mailto:USHInternDD@gmail.com) | 860-233-9897 ext. 109

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***The deadline for USH-Enews submissions is Tuesday at 12 Noon.***

***Email to: hartforduusociety@gmail.com***

***Please note in the subject line "USH-Enews." Thank you for your submission!***

**Peace – as we come to the close of the USH-Enews week.  
 Be kind to others – and to yourself.**

**Our Unitarian Universalist Principles:** The member congregations of the Unitarian Universalist Association covenant to affirm and promote: the inherent worth and dignity of every person; justice, equity, and compassion in human relations; acceptance of one another and encouragement to spiritual growth in our congregations; a free and responsible search for truth and meaning; the right of conscience and the use of the

democratic process, within our congregations and in society at large; the goal of world community with peace, liberty, and justice for all; respect for the interdependent web of all existence, of which we are a part. Consider the proposed 8th Principle as well! <https://www.8thprincipleuu.org/>.

